

Year Of Yes How To Dance It Out Stand In The Sun And Be Your Own Person

The Power of YES Eat Move Sleep Close to the Edge: The Story of Yes Year of Yes The Time of Our Lives The Year of Saying Yes Yes Man Year of Yes Presence Between the Stops The Gatecrasher The Little Book of Yes! Things Are What You Make of Them Nigger Shadow and Bone Summary of Year of Yes The Year of Yes The Year of Yes Journal Brideshead Revisited Say Yes Summer Yes to Life Letter to My Daughter Jeffrey Gitomer's Little Gold Book of Yes! Attitude Girl Code Your Next Level Life Third Girl from the Left Welcome to Shondaland, An Unauthorized Biography of Shonda Rhimes The Gratitude Diaries Twintuition: Double Trouble Why We Write About Ourselves Year of Yes Yes Day! The Year of Less Legacy Smash It! Sorry I'm Late, I Didn't Want to Come The Last Wish Every You, Every Me A Mango-Shaped Space How To Win Friends and Influence People

The Power of YES

A picture is worth a thousand lies in this psychological thriller by bestselling author David Levithan (Every Day; Will Grayson, Will Grayson with John Green). In this high school-set psychological tale, a tormented teen named Evan starts to discover a series of unnerving photographs—some of which feature him. Someone is stalking him . . . messing with him . . . threatening him. Worse, ever since his best friend Ariel has been gone, he's been unable to sleep, spending night after night torturing himself for his role in her absence. And as crazy as it sounds, Evan's starting to believe it's Ariel that's behind all of this, punishing him. But the more Evan starts to

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unravel the mystery, the more his paranoia and insomnia amplify, and the more he starts to unravel himself. Creatively told with black-and-white photos interspersed between the text so the reader can see the photos that are so unnerving to Evan, Every You, Every Me is a one-of-a-kind departure from a one-of-a-kind author. From the Hardcover edition.

Eat Move Sleep

Once in a while, a book comes along that changes how you think, feel, and act every day. In *Eat Move Sleep*, #1 New York Times bestselling author Tom Rath delivers a book that will improve your health for years to come. While Tom's bestsellers on strengths and well-being have already inspired more than 5 million people in the last decade, *Eat Move Sleep* reveals his greatest passion and expertise. Quietly managing a serious illness for more than 20 years, Tom has assembled a wide range of information on the impact of eating, moving, and sleeping. Written in his classic conversational style, *Eat Move Sleep* features the most proven and practical ideas from his research. This remarkably quick read offers advice that is comprehensive yet simple and often counterintuitive but always credible. *Eat Move Sleep* will help you make good decisions automatic in all three of these interconnected areas. With every bite you take, you will make better choices. You will move a lot more than you do today. And you will sleep better than you have in years. More than a book, *Eat Move Sleep* is a new way to live.

Close to the Edge: The Story of Yes

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Year of Yes

Soon to be a Netflix Film in March 2021! From the beloved New York Times bestselling author of *I Wish You More*, Amy Krouse Rosenthal, a funny look at the one day of the year that can compete with Christmas for children's affection: YES DAY! No matter how silly the request, there is one day a year when kids always receive a positive response: Can I have pizza for breakfast? YES! Can we have a food fight? YES! Can I stay up really late? YES! Amy Krouse Rosenthal's simple text coupled with Tom Lichtenheld's delightful illustrations will send kids on a journey into their wildest wishes. With humor and appreciation for life's little pleasures, *Yes Day!* captures the excitement of being a kid. Jennifer Garner uses *Yes Day!* as inspiration for an annual magical day of all things YES with her children. She was a little worn out after 24 hours of pure YES in 2017, but she still praised *Yes Day!* as "a fantastic children's book."

The Time of Our Lives

The New York Times hailed Martha Southgate's previous novel, *The Fall of Rome*, as "powerful," *O, the Oprah Magazine* called it "quietly accomplished," and *Essence* lauded it as "a bracingly honest look at race, class, and self-acceptance." With *Third Girl from the Left*, Southgate brings her acute vision and emotional scope to a larger canvas. This enormously entertaining yet serious novel tells a story of African-American women struggling against all odds to express what lies deepest in their hearts. Like Michael Chabon's *The Amazing Adventures of Kavalier and Clay* or E. L. Doctorow's *Ragtime*, it ranges freely through time, fact, and fiction to weave an enthralling story about history and art

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and their place in the lives of three women. "My mother believed in the power of movies and the people in them to change a life, to change her life." So explains Tamara, daughter of Angela, granddaughter of Mildred — the three women whose lives are portrayed in stunning detail in this ambitious novel spanning three generations of one family. Tulsa, Oklahoma, in 1970 is not a place a smart black girl wants to linger. For Angela, twenty years old and beautiful, the stifling conformity is unbearable. She heads to Los Angeles just as blaxploitation movies are pouring money into the studios and lands a few bit parts before an unplanned pregnancy derails her plans for stardom. For Mildred, movies have always been a blessed diversion in a life marked by the legacy of the 1921 Tulsa race riots. But after Angela leaves Tulsa following a bitter fight, the distance between them grows into a breach that remains for years. It falls to Tamara, a budding documentarian — raised in LA by Angela as though they have no family, no history — to help mother and grandmother confront all that has been silenced and left unsaid in their lives. A bold, beautifully written, and deeply involving novel, *Third Girl from the Left* deftly examines the pull of the movies, the power of desire, and the bonds of family in a quintessentially American story.

The Year of Saying Yes

Discover the power of "yes" and all the amazing things it can do for you. So often we are afraid of failure, of disappointment, of being vulnerable, that we settle for "no". The practical tips and inspirational advice within these pages will help you embrace positivity and find a new sense of freedom in each area of your life, from your career, to your relationships, to your dreams and ambitions.

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Yes Man

Refreshingly authentic and bold— Don't miss this smashing #ownvoices novel from Francina Simone! Filled with heart, humor and a heroine to root for, *Smash It!* is a perfect read for fans of Julie Murphy, Ibi Zoboi and Ashley Poston. Olivia "Liv" James is done with letting her insecurities get the best of her. So she does what any self-respecting hot mess of a girl who wants to SMASH junior year does— After Liv shows up to a Halloween party in khaki shorts—why, God, why?—she decides to set aside her wack AF ways. She makes a list—a F*ck-It list. 1. Be bold—do the thing that scares me. 2. Learn to take a compliment. 3. Stand out instead of back. She kicks it off by trying out for the school musical, saying yes to a date and making new friends. Life is great when you stop punking yourself! However, with change comes a lot of missteps, and being bold means following her heart. So what happens when Liv's heart is interested in three different guys—and two of them are her best friends? What is she supposed to do when she gets dumped by a guy she's not even dating? How does one Smash It! after the humiliation of being friend-zoned? In Liv's own words, "F*ck it. What's the worst that can happen?" A lot, apparently. #SMASHIT

Year of Yes

PLEASE NOTE: This is a summary, analysis and review of the book and not the original book. Famed television producer and author Shonda Rhimes provides simple, yet life-changing insight in her book, "Year of Yes: How to Dance It Out, Stand in the Sun and Be Your Own Person" This FastReads Summary offers supplementary material to "Year of Yes" to help you distill the key takeaways, review the book's content,

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and further understand the writing style and overall themes from an editorial perspective. Whether you'd like to deepen your understanding, refresh your memory, or simply decide whether or not this book is for you, FastReads Summary is here to help. Absorb everything you need to know in under 30 minutes! What does this FastReads Summary Include? Executive overview of the original book Chapter-by-chapter summaries Key Takeaways from each chapter Original Book Summary Overview Shonda Rhimes is a mega TV star having created such hit shows as "Grey's Anatomy" and "Scandal." But even being famous and successful doesn't make you happy. When you avoid new experiences and withdraw from personal connections, loneliness and unhappiness are easy to fall into. In Shonda Rhimes, Year of Yes she explains how even though she was a well-known screen writer and successful television producer, had a large and stable family, as well as a happy childhood, she found herself quite miserable. Two unique situations created the opportunity to reform her entire outlook on life. After realizing she had a problem with saying "yes" to "scary things," she endeavored to change. BEFORE YOU BUY: The purpose of this FastReads Summary is to help you decide if it's worth the time, money and effort reading the original book (if you haven't already). FastReads has pulled out the essence-but only to help you ascertain the value of the book for yourself. This analysis is meant as a supplement to, and not a replacement for, "Year of Yes."

Presence

The 2017 Pulitzer Prize Winner for Commentary and conservative icon Peggy Noonan offers her most insightful work, including her Wall Street Journal columns about the

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2016 Election. New York Times bestseller *The Time of Our Lives* travels the path of Peggy Noonan's remarkable and influential career, beginning with a revealing essay about her motivations as a writer and thinker. It's followed by an address to students at Harvard University on the drafting of President Reagan's speech the day the space shuttle Challenger exploded. Then comes one surprising chapter after the next including: "People I Miss" -- memorable salutes to the likes of Tim Russert, Joan Rivers, Margaret Thatcher, and others. "Making Trouble" -- Peggy's sharpest, funniest and most critical columns about Democrats and Republicans, the idiocracy of government, and Beltway disconnect. "I Just Called to Say I Love You" -- Peggy's most poignant writing capturing the country's grief and recovery in the wake of 9-11, and clear-eyed foresight on what lay ahead in terms of war and sacrifice. "The Loneliest President Since Nixon" -- tracking hope and change as it became disillusionment and disappointment with President Obama. And other sections where Peggy discerns the mood of the country ("State of the Union"), the melodrama of the historic 2008 election ("My Beautiful Election"), her battles with the Catholic Church ("What I Told the Bishops") and lighter meditations on baseball, a snowy afternoon in Brooklyn, and motherhood ("Having Fun"). Annotated throughout, *The Time of Our Lives* articulates Peggy's conservative vision, demonstrating why she has been awarded the Pulitzer Prize, journalism's highest honor.

Between the Stops

"Recounts how the author spent a year living gratefully, drawing on advice from psychologists, academics, doctors, and philosophers to gain a fresh outlook that transformed her

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relationships, work, health, and daily life, "--Novelist.

The Gatecrasher

From the creative mind and heart of Adam J. Kurtz comes this quirky, upbeat rallying cry for creators of all stripes. Expanding on a series of popular guides he's created for Design*Sponge, this handwritten and heartfelt little book shares wisdom and empathy from one working artist to others. The advice is organized by topic, including- - (How to Get Over Comparing Yourself to Other Creatives - Seeking & Accepting Help from Others - How to Get Over Common Creative Fears (Maybe) - How to Be Happy (or Just Happier) As wry and cheeky as it is empathic and empowering, this deceptively simple, vibrantly full-color book will be a touchstone for writers, illustrators, designers, and anyone else who wants to be more creative--even when it would be easier to give up act normal.

The Little Book of Yes!

What would happen if a shy introvert lived like a gregarious extrovert for one year? If she knowingly and willingly put herself in perilous social situations that she'd normally avoid at all costs? Writer Jessica Pan intends to find out. With the help of various extrovert mentors, Jessica sets up a series of personal challenges (talk to strangers, perform stand-up comedy, host a dinner party, travel alone, make friends on the road, and much, much worse) to explore whether living like an extrovert can teach her lessons that might improve the quality of her life. Chronicling the author's hilarious and painful year of misadventures, this book explores what happens when one introvert fights her natural tendencies,

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takes the plunge, and tries (and sometimes fails) to be a little bit braver.

Things Are What You Make of Them

The Secret Is Out! Madeleine Wickham is Sophie Kinsella, and The Gatecrasher is just as delicious as her internationally bestselling Shopaholic series. Everything's coming up roses for Fleur Daxeny, as she goes through more rich men than she does designer hats. Beautiful and utterly irresistible, her success at crashing funerals to find wealthy men is remarkable. Fleur wastes no time in seducing her latest conquest, the handsome and rich widower Richard Favour. His children are caught up in a whirlwind as their father's new girlfriend descends on the family estate. Fleur is not one to wear her heart on her Chanel sleeves, but she soon finds herself embracing Richard and his family. But just as Fleur contemplates jumping off the gold-digger train for good, a long-buried secret from her past threatens to destroy her new family. Take a wild and marvelous ride with The Gatecrasher, whose clever, chic, and sassy style will leave you desperately wanting more wonderful Wickham!

Nigger

Brideshead Revisited, The Sacred and Profane Memories of Captain Charles Ryder is a novel by English writer Evelyn Waugh, the life and romances of the protagonist Charles Ryder, most especially his friendship with the Flytes, a family of wealthy English Catholics who live in a palatial mansion called Brideshead Castle. Ryder has relationships with two of the Flytes: Sebastian and Julia. The novel explores themes including nostalgia for the age of English aristocracy,

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Catholicism, and the nearly overt homosexuality of Sebastian Flyte and 's coterie at Oxford University. A faithful and well-received television adaptation of the novel was produced in an 11-part miniseries by Granada Television in 1981.

Shadow and Bone

Illusions shatter—and Sophie and her friends face impossible choices—in this astonishing eighth book in the New York Times and USA TODAY bestselling Keeper of the Lost Cities series. Sophie Foster wants answers. But after a lifetime of lies, sometimes the truth is the most dangerous discovery. Even the smallest secret comes with terrifying new responsibilities. And Sophie's not the only one with blank spots in her past, or mysteries surrounding her family. She and her friends are part of something much bigger than they imagined—and their roles have already been chosen for them. Every clue drags them deeper into the conspiracy. Every memory forces them to question everything—especially one another. And the harder they fight, the more the lines blur between friend and enemy.

Summary of Year of Yes

Perfect for fans of Morgan Matson and Netflix/Hallmark Channel rom-coms, this is the story of a girl who decides to give in to the universe and just say yes to everything, bringing her friendship, new experiences, and, if she lets her guard down, true love. The perfect book to kick off summer! For as long as Rachel Brooks can remember, she's had capital-G Goals: straight As, academic scholarship, college of her dreams. And it's all paid off--after years of following the rules and acing every exam, Rachel is graduating at the top of her

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class and ready to celebrate by . . . doing absolutely nothing. Because Rachel Brooks has spent most of high school saying no. No to dances, no to parties, and most especially, no to boys. Now, for the first time in her life, there's nothing stopping Rachel from having a little fun--nothing, that is, except herself. So when she stumbles on a beat up old self-help book--A SEASON OF YES!--a crazy idea pops into her head: What if she just said yes to . . . everything? And so begins a summer of yes. Yes to new experiences and big mistakes, yes to rekindled friendships and unexpected romances, yes to seeing the world in a whole new way. This book is a fresh and fun take on the coming-of-age novel that explores the quintessential themes of growing up: taking risks, making mistakes, and, of course, love. And who knows? Lindsey Roth Culli's hilarious and heartwarming debut may just inspire your own SAY YES SUMMER.

The Year of Yes

New York Times bestseller Wall Street Journal bestseller USA Today bestseller Publishers Weekly bestseller Forbes "15 Best Business Books of the Year" People "Book of the Week" AARP Editor's Pick Translated into 34 languages and counting "Presence feels at once concrete and inspiring, simple but ambitious--above all, truly powerful." -- New York Times Book Review Have you ever left a nerve-racking challenge and immediately wished for a do over? Maybe after a job interview, a performance, or a difficult conversation? The very moments that require us to be genuine and commanding can instead cause us to feel phony and powerless. Too often we approach our lives' biggest hurdles with dread, execute them with anxiety, and leave them with regret. By accessing our personal power, we can achieve

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"presence," the state in which we stop worrying about the impression we're making on others and instead adjust the impression we've been making on ourselves. As Harvard professor Amy Cuddy's revolutionary book reveals, we don't need to embark on a grand spiritual quest or complete an inner transformation to harness the power of presence. Instead, we need to nudge ourselves, moment by moment, by tweaking our body language, behavior, and mind-set in our day-to-day lives. Amy Cuddy has galvanized tens of millions of viewers around the world with her TED talk about "power poses." Now she presents the enthralling science underlying these and many other fascinating body-mind effects, and teaches us how to use simple techniques to liberate ourselves from fear in high-pressure moments, perform at our best, and connect with and empower others to do the same. Brilliantly researched, impassioned, and accessible, *Presence* is filled with stories of individuals who learned how to flourish during the stressful moments that once terrified them. Every reader will learn how to approach their biggest challenges with confidence instead of dread, and to leave them with satisfaction instead of regret.

The Year of Yes Journal

Geralt the Witcher -- revered and hated -- holds the line against the monsters plaguing humanity in this collection of adventures in the New York Times bestselling series that inspired the Netflix show and the hit video games. Geralt is a Witcher, a man whose magic powers, enhanced by long training and a mysterious elixir, have made him a brilliant fighter and a merciless assassin. Yet he is no ordinary murderer: his targets are the multifarious monsters and vile fiends that ravage the land and attack the innocent. But not

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everything monstrous-looking is evil and not everything fair is good. . .and in every fairy tale there is a grain of truth. The Last Wish story collection is the perfect introduction to a one of a kind fantasy world. And look out for The Tower of Fools, book one of Andrzej Sapkowski's Hussite Trilogy, coming in October 2020!

Brideshead Revisited

Recently single, Danny Wallace was falling into loneliness and isolation. When a stranger on a bus advises, "Say yes more," Wallace vows to say yes to every offer, invitation, challenge, and chance. In Yes Man, Wallace recounts his months-long commitment to complete openness with profound insight and humbling honesty. Saying yes takes Wallace into a new plane of existence: a place where money comes as easily as it goes, nodding a lot can lead to a long weekend overseas with new friends, and romance isn't as complicated as it seems. Yes eventually leads to the biggest question of all: "Do you, Danny Wallace, take this woman . . ." Yes Man is inspiring proof that a little willingness can take anyone to the most wonderful of places.

Say Yes Summer

An award-winning book from the author of Jeremy Fink and the Meaning of Life and The Candymakers for fans for of Wonder and Counting by Sevens Mia Winchell has synesthesia, the mingling of perceptions whereby a person can see sounds, smell colors, or taste shapes. Forced to reveal her condition, she must look to herself to develop an understanding and appreciation of her gift in this coming-of-age novel.

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Yes to Life

The creator of "Grey's Anatomy" and "Scandal" details the one-year experiment with saying "yes" that transformed her life, revealing how accepting unexpected invitations she would have otherwise declined enabled powerful benefits.

Letter to My Daughter

Yes have now been on the rock circuit for an incredible 34 years. Jon Anderson, Steve Howe, Rick Wakeman, Chris Squire and Bill Bruford are just some of the star players who helped to make the band one of the greatest-ever names in classic rock. Their turbulent story spans the early days of pub and club gigs, international supergroup status in the heyday of rock, and various line-ups since. Chris Welch's definitive biography of Yes is once again updated to include the historic return of Rick Wakeman to the classic Yes line up during 2002 and their subsequent highly successful tour of America.

Jeffrey Gitomer's Little Gold Book of Yes! Attitude

It's the nuclear bomb of racial epithets, a word that whites have employed to wound and degrade African Americans for three centuries. Paradoxically, among many black people it has become a term of affection and even empowerment. The word, of course, is nigger, and in this candid, lucidly argued book the distinguished legal scholar Randall Kennedy traces its origins, maps its multifarious connotations, and explores the controversies that rage around it. Should blacks be able to use nigger in ways forbidden to others? Should the law treat it as a provocation that reduces the culpability of those who respond to it violently? Should it cost a person his job, or

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a book like Huckleberry Finn its place on library shelves? With a range of reference that extends from the Jim Crow south to Chris Rock routines and the O. J. Simpson trial, Kennedy takes on not just a word, but our laws, attitudes, and culture with bracing courage and intelligence.

Girl Code

From actresses Tia and Tamera Mowry comes the second book in their delightful Twintuition series about the superspecial—and sometimes supernatural—bond between sisters! In *Double Trouble*, identical twins Cassie and Caitlyn Waters have adjusted to small-town life in Aura, Texas, but they're still not used to seeing visions of the future. And their Sight is only getting stronger as their twelfth birthday nears! But even with this new gift, neither girl could have predicted what the mysterious package they received would contain—a connection to the father they know nothing about and the grandmother they never knew they had. As the twins struggle to discover more about their own history, they distract themselves by planning a birthday bash with their new friends. But when the visions of the upcoming party show it will be more of a catastrophe than a celebration, the girls work together to keep it fiasco-free. Tia Mowry-Hardrict and Tamera Mowry-Housley gained initial fame on the '90s sitcom *Sister, Sister*. Tia can now be seen starring in and producing the Nickelodeon series *Instant Mom* and on the Cooking Channel's show *Tia Mowry at Home*. Tamera is a host and producer on the hit daytime talk show *The Real*, currently airing on FOX. Together they've created a magical series about twin sisters with a powerful gift and an even stronger connection.

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Your Next Level Life

This long-awaited memoir from one of Britain's best-loved celebrities - a writer, broadcaster, activist, comic on stage, screen and radio for nearly forty years, presenter of QI and Great British Bake Off star - is an autobiography with a difference: as only Sandi Toksvig can tell it. 'Between the Stops is a sort of a memoir, my sort. It's about a bus trip really, because it's my view from the Number 12 bus (mostly top deck, the seat at the front on the right), a double-decker that plies its way from Dulwich, in South East London, where I was living, to where I sometimes work - at the BBC, in the heart of the capital. It's not a sensible way to write a memoir at all, probably, but it's the way things pop into your head as you travel, so it's my way'. From London facts including where to find the blue plaque for Una Marson, 'The first black woman programme maker at the BBC', to discovering the best Spanish coffee under Southwark's railway arches; from a brief history of lady gangsters at Elephant and Castle to memories of climbing Mount Sinai and, at the request of a fellow traveller, reading aloud the Ten Commandments; from the story behind Pissarro's painting of Dulwich Station to performing in Footlights with Emma Thompson; from painful memoirs of being sent to Coventry while at a British boarding school to thinking about how Wombells Travelling Circus of 1864 haunts Peckham Rye; from anecdotes about meeting Prince Charles, Monica Lewinsky and Grayson Perry to Bake-Off antics; from stories of a real and lasting friendship with John McCarthy to the importance of family and the daunting navigation of the Zambezi River in her father's canoe, this Sandi Toksvig-style memoir is, as one would expect and hope, packed full of surprises. A funny and moving trip through memories, musings and the many

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delights on the Number 12 route, Between the Stops is also an inspiration to us all to get off our phones, look up and to talk to each other because as Sandi says: 'some of the greatest trips lie on our own doorstep'.

Third Girl from the Left

This year-long quest is divided into a chapter for each month of the year and takes you on a hilarious journey through Headley's oddest dates as well as her gradual development from being deeply judgmental to being open to any type of guy (or woman, for that matter) who expresses an interest in her.

Welcome to Shondaland, An Unauthorized Biography of Shonda Rhimes

In the voices of twenty landmark memoirists—including New York Times bestselling authors Cheryl Strayed, Sue Monk Kidd, and Pat Conroy—a definitive text on the craft of autobiographical writing, indispensable for amateur and professional writers alike. For readers of Mary Karr's *The Art of Memoir* and Judith Barrington's *Writing the Memoir*, this follow-up to editor Meredith Maran's acclaimed writers' handbook, *Why We Write*, offers inspiration, encouragement, and pithy, practical advice for bloggers, journal-keepers, aspiring essayists, and memoirists. Curated and edited by Maran, herself an acclaimed author and book critic, these memoirists share the lessons they've learned through years of honing their craft. They reveal what drives them to tell their personal stories and examine the nuts and bolts of how they do it. Speaking frankly about issues ranging from turning oneself into an authentic, compelling character to exposing

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hard truths, these outstanding authors disclose what keeps them going, what gets in their way, and what they love most—and least—about writing about themselves. It's possible that *Why We Write About Ourselves* is the first compilation of memoirists at the top of their game seriously and thoughtfully considering the genre. — LA Times From the Trade Paperback edition.

The Gratitude Diaries

'Hannah's writing makes me laugh and laugh and LAUGH I am officially a fan girl' Lucy Vine Welcome to Izzy's rollercoaster year of saying yes. Get ready for non-stop hilarity, unadulterated entertainment and the journey of a lifetime. *The Year of Saying Yes* was originally published as a four-part serial. This is the complete story! For fans of Anna Bell and Zoe May Dear Readers, I hold my hands up: I'm stuck in a rut. For three years and counting I've been hopelessly in love with the same guy - and the closest we've ever got is a drunken arse grab (NB: this doesn't count). My favourite hobby is googling cats for spinsters and I'm sick of my shoestring salary that barely pays for my shoebox flat. I need a head-to-toe life makeover. Enter my 'Year of Saying Yes', which is where you come in. To help me sort out my sorry life, I need you to #DareIzzy. For the next 12 months I'll be saying 'yes' to your challenges, no matter how wild, adventurous or plain nuts they are. 'No' is not an option! Here goes Wish me luck! I'm going to need it. Love, Izzy x Readers love THE YEAR OF SAYING YES: 'Prepare yourself readers, you will be in hysterics in laughter until your belly hurts. I FREAKING LOVED THIS I feel like I have reunited with my old love. *happily sighs*' A Crave For Books Blog 'Move over Bridget Jones there's a new girl in town!' Goodreads reviewer

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'A hilarious read' Bella magazine 'The most excellent and humorous book I have read in a very long time' Dreaming With Open Eyes 'I loved loved this book, it was fun, hilarious and witty' Escapades of a Bookworm 'SO good full of laugh-out-loud moments' On My Bookshelf 'A bundle of laughs' The Book Magnet '4% in, I was already laughing out loud and snorting the other 96% just kept getting better' The Writing Garnet 'A fabulous and fun read' By The Letter Book Reviews 'A hilarious, light hearted read' BrizzleLass Books 'A breath of fresh air, that made me laugh and smile the whole way through I will be telling anyone who will listen to me, just how great this story really is' Kelly's Book Corner 'Hannah Doyle's witty writing had me hook, line and sinker' Shaz's Book Blog 'I highly encourage everyone to pick up this story' Alba In Bookland 'Ultimate beach read' Reveal magazine 'This is a laugh out loud level of funny an all around fun book to read ' Rachel's Random Reads Blog 'Prepare yourself readers you will be in hysterics in laughter until your belly hurts' A Grave For Books Blog

Twintuition: Double Trouble

Women around the world have responded to Cara Alwill Leyba's Girl Code with a resounding YES. Companies like Kate Spade and Macy's have brought her in to teach "the Code." Inc. magazine named Girl Code one of the "Top 9 Inspiring Books Every Female Entrepreneur Should Read" alongside Lean In, #Girlboss, and Thrive. A few years ago, I made a crazy claim in the first edition of Girl Code: that in today's competitive marketplace, the fiercest thing a female entrepreneur can do is to support other women. Something dynamic happens when women genuinely show up for each other. When we lose the facades, cut the bullsh*t, and truly

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have each other's backs. When we stop pretending everything is perfect, and show the messy, beautiful parts of ourselves and our work—which all look awfully similar. When we talk about our fears, our missteps, and our breakdowns. And most importantly, when we share our celebrations, our breakthroughs, and our solutions. I'm convinced that there's no reason to hoard information, connections, or insight. Wisdom is meant to be shared, so let's start sharing what we've learned to make each other better. Let's start building each other up. Let's live up to our potential and start ruling the world. *Girl Code* is a roadmap for female entrepreneurs, professional women, "side hustlers" (those with a day job plus a part-time small business), and anyone in between. This book won't teach you how to build a multimillion-dollar company. It won't teach you about systems or finance. But it will teach you how to build confidence in yourself, reconnect with your "why," eradicate jealousy, and ultimately learn the power of connection. Because at the end of the day, that's what life and business are all about.

Why We Write About Ourselves

NEW YORK TIMES BESTSELLER — Maya Angelou shares her path to living well and with meaning in this absorbing book of personal essays. Dedicated to the daughter she never had but sees all around her, *Letter to My Daughter* transcends genres and categories: guidebook, memoir, poetry, and pure delight. Here in short spellbinding essays are glimpses of the tumultuous life that led Angelou to an exalted place in American letters and taught her lessons in compassion and fortitude: how she was brought up by her indomitable grandmother in segregated Arkansas, taken in at thirteen by her more worldly and less religious mother, and

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grew to be an awkward, six-foot-tall teenager whose first experience of loveless sex paradoxically left her with her greatest gift, a son. Whether she is recalling such lost friends as Coretta Scott King and Ossie Davis, extolling honesty, decrying vulgarity, explaining why becoming a Christian is a "lifelong endeavor," or simply singing the praises of a meal of red rice—Maya Angelou writes from the heart to millions of women she considers her extended family. Like the rest of her remarkable work, *Letter to My Daughter* entertains and teaches; it is a book to cherish, savor, re-read, and share. "I gave birth to one child, a son, but I have thousands of daughters. You are Black and White, Jewish and Muslim, Asian, Spanish speaking, Native Americans and Aleut. You are fat and thin and pretty and plain, gay and straight, educated and unlettered, and I am speaking to you all. Here is my offering to you."—from *Letter to My Daughter*

Year of Yes

Documents Cait's life from July 2014 to June 2015, during which time she challenged herself not to shop and bought only consumables: groceries, toiletries, gas for her car. Along the way, she found the less she consumed, the more fulfilled she felt.

Yes Day!

Orphaned by the Border Wars, Alina Starkov is taken to become the protégée of the mysterious Darkling, who trains her to join the magical elite in the belief that she is the Sun Summoner, who can destroy the monsters of the Fold.

The Year of Less

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Welcome to Shondaland: An Unauthorized Biography Shonda Rhimes is the reigning Queen of Network Television. On the strength of the hit television series Grey's Anatomy, Private Practice, Scandal and How to Get Away with Murder, she has turned the staid and repetitive halls of network television on its collective ear with shows that feature tough and realistic storylines, expertly drawn characters and, perhaps most importantly, have featured women in predominant lead roles. For Shonda, getting to the top has not been easy. She has met and conquered long held stereotypes of race and gender, has fought to singlehandedly raise the realistic and creative bar in media and has ultimately won over the viewing masses with her straight-forward middle-American attitude that has successfully cut through the B.S. and misconceptions like a knife through butter. In Welcome To Shondaland: The Unauthorized Biography of Shonda Rhimes, New York Times Bestselling Author Marc Shapiro follows the trail of a young idealistic girl who grew up on hopes, dreams and possibilities, would not take no for an answer, and found that success is the ultimate weapon in silencing doubters. Shonda Rhimes has proven a success story of classic proportions, a life that finally inspires and encourages, a life that tells the world to follow their passion. Welcome To Shondaland: The Unauthorized Biography Of Shonda Rhimes tells the reader that it is okay to meet life head on and to take a chance.

Legacy

You can go after the job you want—and get it! You can take the job you have—and improve it! You can take any situation—and make it work for you! Dale Carnegie's rock-solid, time-tested advice has carried countless people up the ladder of success in their business and personal lives. One of

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the most groundbreaking and timeless bestsellers of all time, *How to Win Friends & Influence People* will teach you: -Six ways to make people like you -Twelve ways to win people to your way of thinking -Nine ways to change people without arousing resentment And much more! Achieve your maximum potential—a must-read for the twenty-first century with more than 15 million copies sold!

Smash It!

A beautiful, illustrated, aspirational companion journal to Shonda Rhimes's New York Times bestselling memoir *Year of Yes*. In her mega-hit book *Year of Yes*, Shonda Rhimes transformed her life by saying one small word: YES. Now, in the perfect complement to that instant New York Times bestseller, *The Year of Yes Journal* allows you to chronicle your own Year of Yes. The journal is broken out month by month, day by day, with each month highlighting a theme ("Yes to Doing," "Yes to Help," "Yes to Who I Am"). Daily, you can track what you say YES to and keep notes about how that decision has made a unique impact; monthly, you will find journaling prompts for reflection around that specific theme. With a check-in section at the six-month mark, as well as at year end, and encouragement from Shonda along the way, you will have ample opportunity to track how YES has transformed your daily life. This inspirational—and aspirational—journal is bound with a beautiful, gold foil-stamped blue case. With memorable aphorisms from *Year of Yes* placed throughout and gorgeously illustrated, this stunning journal is a must-have keepsake that brings a bit more YES to your life.

Sorry I'm Late, I Didn't Want to Come

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Extraordinary uncovered work by the 16 million copy bestselling author of *Man's Search For Meaning* published in English for the first time Eleven months after his liberation from Auschwitz, Viktor E. Frankl held a series of public lectures in Vienna. The psychologist, who was to become world famous, explained his central thoughts on meaning, resilience and the importance of embracing life even in the face of great adversity. Published for the very first time, Frankl's words resonate as strongly today as they did in 1946. He offers an insightful exploration of the maxim 'Live as if you were living for the second time', and unfolds his basic conviction that every crisis also includes an opportunity. Despite the unspeakable horrors in the camp, Frankl learnt from his fellow inmates that it is always possible to say 'yes to life', - a profound and timeless lesson for us all.

The Last Wish

In this poignant, hilarious and deeply intimate call to arms, Hollywood's most powerful woman, the mega-talented creator of *Grey's Anatomy* and *Scandal* and executive producer of *How to Get Away with Murder* and *Catch*, reveals how saying YES changed her life - and how it can change yours too. With three hit shows on television and three children at home, Shonda Rhimes had lots of good reasons to say no when invitations arrived. Hollywood party? No. Speaking engagement? No. Media appearances? No. And to an introvert like Shonda, who describes herself as 'hugging the walls' at social events and experiencing panic attacks before press interviews, there was a particular benefit to saying no: nothing new to fear. Then came Thanksgiving 2013, when Shonda's sister Delorse muttered six little words at her: You never say yes to anything. Profound, impassioned and laugh-

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out-loud funny, in Year of Yes Shonda Rhimes reveals how saying YES changed - and saved - her life. And inspires readers everywhere to change their own lives with one little word: Yes.

Every You, Every Me

Winner NAACP Image Award for Outstanding Instructional Literary Work — How Big Do You Want to Live? Channel your black girl magic: If you're feeling stuck or trapped by other people's expectations of what you can achieve, it's time to stop playing small and start redefining what success can mean for you. It's time to get that upgrade. Karen Arrington—founder of the Miss Black USA Pageant, creator of the Next Level Women's Summit, and mentor to thousands of confident, successful young black women—is your guide to getting your next level life. Leave a legacy of black excellence: With the seven simple rules, you'll learn how to bring your career, income, and lifestyle to that next level. Don't settle for a life of invisibility and mediocrity. Set ambitious goals, reach for bigger opportunities, and know that you are brave enough to get what you deserve. The rules of success in Your Next Level Life will show you how to: Create all the money you need Position yourself like a star Connect with other powerful women Give a gift of confidence: For anyone looking for inspirational gifts for women in their lives, Your Next Level Life is unlike other self-help books for women. It's a guide to opportunity that recognizes and celebrates the true magic of ambitious black women. Your Next Level Life is where Gay Hendricks's The Big Leap meets Shonda Rhimes's Year of Yes. If you liked personal development books like Believe Bigger and Don't Settle for Safe, you'll love Your Next Level Life: 7 Rules of Power,

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Confidence, and Opportunity for Black Women in 2merica.

A Mango-Shaped Space

The instant New York Times bestseller from the creator of Grey's Anatomy and Scandal and executive producer of How to Get Away With Murder shares how saying YES changed her life. "As fun to read as Rhimes's TV series are to watch" (Los Angeles Times). She's the creator and producer of some of the most groundbreaking and audacious shows on television today. Her iconic characters live boldly and speak their minds. So who would suspect that Shonda Rhimes is an introvert? That she hired a publicist so she could avoid public appearances? That she suffered panic attacks before media interviews? With three children at home and three hit television shows, it was easy for Shonda to say she was simply too busy. But in truth, she was also afraid. And then, over Thanksgiving dinner, her sister muttered something that was both a wake up and a call to arms: You never say yes to anything. Shonda knew she had to embrace the challenge: for one year, she would say YES to everything that scared her. This poignant, intimate, and hilarious memoir explores Shonda's life before her Year of Yes—from her nerdy, book-loving childhood to her devotion to creating television characters who reflected the world she saw around her. The book chronicles her life after her Year of Yes had begun—when Shonda forced herself out of the house and onto the stage; when she learned to explore, empower, applaud, and love her truest self. Yes. "Honest, raw, and revelatory" (The Washington Post), this wildly candid and compulsively readable book reveals how the mega talented Shonda Rhimes finally achieved badassery worthy of a Shondaland character. Best of all, she can help motivate even the most

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determined homebody to get out and try something new (Chicago Tribune).

How To Win Friends and Influence People

From the authors of the international bestseller *Yes!* This travel-sized handbook will become your go-to key for ensuring that the world says 'yes' to you, your ideas and your requests. We all want to hear 'yes'. 'Yes' connects us to the world, and carries us into the future. So why do we find it so hard to get others to agree? And how can we improve our chances? *The Little Book of Yes* contains 21 short essays that outline a range of effective persuasion strategies, each proven to increase the chances that someone will agree to your request. That someone could be a friend, a colleague, a partner, a lover, a manager, a sibling, a parent, even a stranger. The timeless principles and practical lessons in this collection can be used to tackle a variety of everyday challenges, from repairing a soured relationship to negotiating a higher fee for your work, from convincing a dithering friend to take action, to building your social network and personal brand. Full of wisdom from the leaders in influence, with carefully curated advice, this little book is essential reading for any freelancer, manager, entrepreneur, parent or person who wants more from their world.

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