

Wintering The Power Of Rest And Retreat In Difficult Times

Island of Wings Confessions of a Scary Mommy Alright, Alright, Alright Take Back the Block The Rise Keowee Valley The Girl who Chased the Moon Wages of Rebellion The Liar's Dictionary How to Be Animal Wintering Vesper Flights Wintering Dusk, Night, Dawn Burning Out The Golfer's Carol Wintering The Between Splinters Are Children of Wood Good Morning, Monster Wintering World of Wonders Devotions The Art of Rest Rest and Be Thankful The Way Past Winter Wintering The Wintering The Contented Soul Wintering The Power of Rest Wintering Loved and Wanted Niksen This Is Not My Memoir A Rhythm of Prayer The Cost of Living The Lighthouse Road Facing Codependence A Crooked Tree

Island of Wings

An inspirational and heartwarming novel for lovers of Mitch Albom and Andy Andrews, blending elements of It's a Wonderful Life and Field of Dreams into a moving story all its own. Four rounds. Four heroes. Four life-changing lessons. On the morning of his fortieth birthday, Randy Clark believes the only way he can help his family is to end it all. Standing on the Tennessee River Bridge in Decatur, Alabama, with his dreams of a pro golf career long gone, his marriage struggling, and facing financial ruin, Randy sees no other alternative to help his

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

wife and daughter but to jump, which he plans to do in the next twenty-four hours. But his plans are put on hold when the ghost of his best friend--who did live out the fantasy of playing the PGA tour--reveals to Randy that he will be given a wonderful gift: four rounds of golf with his four heroes, the champions he's looked up to his whole life, each with a life-changing lesson to impart. For anyone who has ever dealt with tragedy, adversity, or failure, *The Golfer's Carol* will bring grace that stays with you long after you've turned the last page.

Confessions of a Scary Mommy

An irreverent assessment of the dark side of parenting combines original essays and anonymous confessions as posted on the ScaryMommy.com site to encourage women to embrace their own parenting approaches without competing with other moms who only seem to have everything under control.

Alright, Alright, Alright

Violet has a good job, a luxury apartment, a successful life. But she feels drained and pressurised and, on the verge of snapping, retreats to her home town. There, she meets a girl: carefree, sassy, vivacious and everything Violet wishes she was. Slowly, though, comes the realisation that this girl is living Violet's own past. Haunted by her past self, Violet knows that history will repeat itself - and knows that it will have catastrophic consequences.

Take Back the Block

The bestselling exploration of the dimensions of love, marriage, mourning, and kinship from two-time Booker Prize finalist Deborah Levy. A New York Times Notable Book A New York Public Library Best Nonfiction Book of 2018 What does it cost a woman to unsettle old boundaries and collapse the social hierarchies that make her a minor character in a world not arranged to her advantage? This vibrant memoir, a portrait of contemporary womanhood in flux, is an urgent quest to find an unwritten major female character who can exist more easily in the world. Levy considers what it means to live with meaning, value, and pleasure, to seize the ultimate freedom of writing our own lives, and reflects on the work of such artists and thinkers as Simone de Beauvoir, James Baldwin, Elena Ferrante, Marguerite Duras, David Lynch, and Emily Dickinson. *The Cost of Living*, longlisted for the Andrew Carnegie Medal in Nonfiction, is crucial testimony, as distinctive, witty, complex, and original as Levy's acclaimed novels.

The Rise

Moving in with the grandfather she never knew after the death of her mother, 17-year-old Emily witnesses bizarre supernatural activities in her new North Carolina community while befriending its remarkable residents. By the author of *The Sugar Queen*. Reprint.

Keowee Valley

An intimate, revelatory book exploring the ways we can care for and repair ourselves when life knocks us down. Sometimes you slip through the cracks: unforeseen circumstances like an abrupt illness, the death of a loved one, a break up, or a job loss can derail a life. These periods of dislocation can be lonely and unexpected. For May, her husband fell ill, her son stopped attending school, and her own medical issues led her to leave a demanding job. Wintering explores how she not only endured this painful time, but embraced the singular opportunities it offered. A moving personal narrative shot through with lessons from literature, mythology, and the natural world, May's story offers instruction on the transformative power of rest and retreat. Illumination emerges from many sources: solstice celebrations and dormice hibernation, C.S. Lewis and Sylvia Plath, swimming in icy waters and sailing arctic seas. Ultimately Wintering invites us to change how we relate to our own fallow times. May models an active acceptance of sadness and finds nourishment in deep retreat, joy in the hushed beauty of winter, and encouragement in understanding life as cyclical, not linear. A secular mystic, May forms a guiding philosophy for transforming the hardships that arise before the ushering in of a new season.

The Girl who Chased the Moon

From beloved, award-winning poet Aimee Nezhukumatathil comes a debut work of

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

nonfiction—a collection of essays about the natural world, and the way its inhabitants can teach, support, and inspire us. As a child, Nezhukumatathil called many places home: the grounds of a Kansas mental institution, where her Filipina mother was a doctor; the open skies and tall mountains of Arizona, where she hiked with her Indian father; and the chillier climes of western New York and Ohio. But no matter where she was transplanted—no matter how awkward the fit or forbidding the landscape—she was able to turn to our world’s fierce and funny creatures for guidance. “What the peacock can do,” she tells us, “is remind you of a home you will run away from and run back to all your life.” The axolotl teaches us to smile, even in the face of unkindness; the touch-me-not plant shows us how to shake off unwanted advances; the narwhal demonstrates how to survive in hostile environments. Even in the strange and the unlovely, Nezhukumatathil finds beauty and kinship. For it is this way with wonder: it requires that we are curious enough to look past the distractions in order to fully appreciate the world’s gifts. Warm, lyrical, and gorgeously illustrated by Fumi Nakamura, *World of Wonders* is a book of sustenance and joy.

Wages of Rebellion

Longlisted for the Orange Prize for Fiction July, 1830. On the ten-hour sail west from the Hebrides to the islands of St. Kilda, everything lies ahead for Lizzie and Neil McKenzie. Neil is to become the minister to the small community of islanders, and Lizzie, his new wife, is pregnant with their first child. As the two adjust to life on an exposed archipelago on the edge of civilization, where the natives live in squalor and subsist on a diet of seabirds, and babies

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

perish mysteriously in their first week, their marriage -- and their sanity -- is threatened. Is Lizzie a wilful temptress drawing him away from his faith? Is Neil's zealous Christianity unhinging into madness? And who, or what, is haunting the moors and cliff-tops? Exquisitely written and profoundly moving, *Island of Wings* is a richly imagined novel about two people struggling to keep their love, and their family, alive in a place of terrible hardship and tumultuous beauty.

The Liar's Dictionary

An extended personal essay on one New England winter chronicles the transformations of the natural world--plants, animals, and the earth itself--from autumn into early spring

How to Be Animal

The Way Past Winter is a riveting adventure about magic, an eternal winter, and one girl's unbreakable determination to reunite her family. Mila, her sisters, and her brother, Oskar, live in a small forest cabin, surviving in a world gripped by frost and snow. When a mysterious man shows up on her doorstep, Mila and her family grant him shelter for the night. But in the morning, the man is gone—and he's taken Oskar with them. • Written by award-winning and internationally recognized author Kiran Millwood Hargrave • Inspired by European folklore • Middle grade novel that explores deeper topics—grief, inner strength, and the unbreakable

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

bonds of family Determined to save their brother, Mila and her sisters set out on a mission to rescue him. But challenges await them at every turn: wolves with the speed of demons, tempestuous gold, an untrustworthy mage—and always the relentless, stinging freeze of winter. *The Way Past Winter* is a classic adventure story in the vein of Phillip Pullman, Anne Ursu, and Kelly Barnhill that evokes the best of the middle grade fantasy genre. • A beautifully written, smartly paced tale of riveting adventure with a focus on family • Perfect for children ages 10 and up who love fantasy and magic • You'll love this book if you love books like *Greenglass House* by Kate Milford, *Nevermoor: The Trials of Morrigan Crow* by Jessica Townsend, and *The Girl Who Drank the Moon* by Kelly Barnhill.

Wintering

“Anne Lamott is my Oprah.” -Chicago Tribune From the bestselling author of *Help, Thanks, Wow* comes an inspiring guide to restoring hope and joy in our lives. In *Dusk, Night, Dawn*, Anne Lamott explores the tough questions that many of us grapple with. How can we recapture the confidence we once had as we stumble through the dark times that seem increasingly bleak? As bad news piles up—from climate crises to daily assaults on civility—how can we cope? Where, she asks, “do we start to get our world and joy and hope and our faith in life itself back . . . with our sore feet, hearing loss, stiff fingers, poor digestion, stunned minds, broken hearts?” We begin, Lamott says, by accepting our flaws and embracing our humanity. Drawing from her own experiences, Lamott shows us the intimate and human ways we can adopt to move through life’s dark places and toward the light of hope that still burns ahead for all of us.

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

As she does in *Help, Thanks, Wow* and her other bestselling books, Lamott explores the thorny issues of life and faith by breaking them down into manageable, human-sized questions for readers to ponder, in the process showing us how we can amplify life's small moments of joy by staying open to love and connection. As Lamott notes in *Dusk, Night, Dawn*, “I got Medicare three days before I got hitched, which sounds like something an old person might do, which does not describe adorably ageless me.” Marrying for the first time with a grown son and a grandson, Lamott explains that finding happiness with a partner isn't a function of age or beauty but of outlook and perspective. Full of the honesty, humor, and humanity that have made Lamott beloved by millions of readers, *Dusk, Night, Dawn* is classic Anne Lamott—thoughtful and comic, warm and wise—and further proof that Lamott truly speaks to the better angels in all of us.

Vesper Flights

This is the story of a woman forging a new life for herself after her marriage has foundered, shutting up her beloved Devonshire house and making a home for her two young children in London, elated at completing the collection of poems she foresees will make her name. It is also the story of a woman struggling to maintain her mental equilibrium, to absorb the pain of her husband's betrayal and to resist her mother's engulfing love. It is the story of Sylvia Plath. In this deeply felt novel, Kate Moses recreates Sylvia Plath's last months, weaving in the background of her life before she met Ted Hughes through to the disintegration of their relationship and the burst of creativity this triggered. It is inspired by Plath's original ordering

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

and selection of the poems in *Ariel*, which begins with the word 'love' and ends with 'spring,' a mythic narrative of defiant survival quite different from the chronological version edited by Hughes. At *Wintering's* heart, though, lie the two weeks in December when Plath finds herself still alone and grief-stricken, despite all her determined hope. With exceptional empathy and lyrical grace, Moses captures her poignant, untenable and courageous struggle to confront not only her future as a woman, an artist and a mother, but the unbanished demons of her past.

Wintering

"Catherine Gildiner is nothing short of masterful—as both a therapist and writer. In these pages, she has gorgeously captured both the privilege of being given access to the inner chambers of people's lives, and the meaning that comes from watching them grow into the selves they were meant to be." —Lori Gottlieb, *New York Times* bestselling author of *Maybe You Should Talk to Someone* In this fascinating narrative, therapist Catherine Gildiner's presents five of what she calls her most heroic and memorable patients. Among them: a successful, first generation Chinese immigrant musician suffering sexual dysfunction; a young woman whose father abandoned her at age nine with her younger siblings in an isolated cottage in the depth of winter; and a glamorous workaholic whose narcissistic, negligent mother greeted her each morning of her childhood with "Good morning, Monster." Each patient presents a mystery, one that will only be unpacked over years. They seek Gildiner's help to overcome an immediate challenge in their lives, but discover that the source of their suffering has been long buried. As in such recent classics as *The Glass Castle* and *Educated*, each patient embodies self-

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

reflection, stoicism, perseverance, and forgiveness as they work unflinchingly to face the truth. Gildiner's account of her journeys with them is moving, insightful, and sometimes very funny. Good Morning, Monster offers an almost novelistic, behind-the-scenes look into the therapist's office, illustrating how the process can heal even the most unimaginable wounds.

Dusk, Night, Dawn

THE NEW YORK TIMES BESTSELLER 'A beautiful, gentle exploration of the dark season of life and the light of spring that eventually follows' Raynor Winn, bestselling author of The Salt Path 'A peaceful rebuff to life in fast-forward' Guardian Wintering is a poignant and comforting meditation on the fallow periods of life, times when we must retreat to care for and repair ourselves. Katherine May thoughtfully shows us how to come through these times with the wisdom of knowing that, like the seasons, our winters and summers are the ebb and flow of life. 'Every bit as beautiful and healing as the season itself' Elizabeth Gilbert 'Absolutely beautiful' Cheryl Strayed, author of Wild

Burning Out

Encourages people to slow down to savor moments and days in the midst of their busy lives, calling them back to a simpler way of life that is characterized by an intimate connection with the Creator, authentic relationships with others, and a profound hope for peace.

The Golfer's Carol

The autobiography-of-sorts of André Gregory, an iconic figure in American theater and the star of *My Dinner with André*. This is Not My Memoir tells the life story of André Gregory, iconic theatre director, writer, and actor. For the first time, Gregory shares memories from a life lived for art, including stories from the making of *My Dinner with André*. Taking on the dizzying, wondrous nature of a fever dream, *This is Not My Memoir* includes fantastic and fantastical stories that take the reader from wartime Paris to golden-age Hollywood, from avant-garde theaters to monasteries in India. Along the way we meet Jerzy Grotowski, Helene Weigel, Gregory Peck, Gurumayi Chidvilasananda, Wallace Shawn, and many other larger-than-life personalities. *This is Not My Memoir* is a collaboration between Gregory and Todd London who together create a portrait of an artist confronting his later years. Here, too, are the reflections of a man who only recently learned how to love. What does it mean to create art in a world that often places little value on the process of creating it? And what does it mean to confront the process of aging when your greatest work of art may well be your own life?

Wintering

Pia Mellody creates a framework for identifying codependent thinking, emotions and behaviour and provides an effective approach to recovery. Mellody sets forth five primary adult symptoms of this crippling condition, then traces their origin to emotional, spiritual, intellectual, physical

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

and sexual abuses that occur in childhood. Central to Mellody's approach is the concept that the codependent adult's injured inner child needs healing. Recovery from codependence, therefore, involves clearing up the toxic emotions left over from these painful childhood experiences.

The Between

From the New York Times bestselling author of *H is for Hawk* and winner of the Samuel Johnson Prize for nonfiction, comes a transcendent collection of essays about the natural world. Animals don't exist in order to teach us things, but that is what they have always done, and most of what they teach us is what we think we know about ourselves. Helen Macdonald's bestselling debut *H is for Hawk* brought the astonishing story of her relationship with goshawk Mabel to global critical acclaim and announced Macdonald as one of this century's most important and insightful nature writers. *H is for Hawk* won the Samuel Johnson Prize for Nonfiction and the Costa Book Award, and was a finalist for the National Book Critics Circle Award and the Kirkus Prize for Nonfiction, launching poet and falconer Macdonald as our preeminent nature essayist, with a semi-regular column in the New York Times Magazine. In *Vesper Flights* Helen Macdonald brings together a collection of her best loved essays, along with new pieces on topics ranging from nostalgia for a vanishing countryside to the tribulations of farming ostriches to her own private vespers while trying to fall asleep. Meditating on notions of captivity and freedom, immigration and flight, Helen invites us into her most intimate experiences: observing the massive migration of songbirds from the top of the Empire State

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

Building, watching tens of thousands of cranes in Hungary, seeking the last golden orioles in Suffolk's poplar forests. She writes with heart-tugging clarity about wild boar, swifts, mushroom hunting, migraines, the strangeness of birds' nests, and the unexpected guidance and comfort we find when watching wildlife. By one of this century's most important and insightful nature writers, *Vesper Flights* is a captivating and foundational book about observation, fascination, time, memory, love and loss and how we make sense of the world around us.

Splinters Are Children of Wood

The members of the Eide family find themselves changed forever after their elderly, demented patriarch runs into the wilderness of northern Minnesota in an attempt to reenact a similar adventure sixty years earlier.

Good Morning, Monster

But when a real estate developer makes an offer to buy Kensington Oaks, the neighborhood Wes has lived his whole life, everything changes. The grownups are supposed to have all the answers, but all they're doing is arguing. Even Wes's best friends are fighting. And some of them may be moving. Wes isn't about to give up the only home he's ever known. Wes has always been good at puzzles, and he knows there has to be a missing piece that will solve this

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

puzzle and save the Oaks. But can he find it before it's too late? Exploring community, gentrification, justice, and friendship, *Take Back the Block* introduces an irresistible 6th grader and asks what it means to belong to a place and a movement—and to fight for what you believe in.

Wintering

The new season begins. The geese return. The arrival of huge flocks of geese in the UK is one of the most evocative and powerful harbingers of winter; a vast natural phenomenon to capture the imagination. So Stephen Rutt found when he moved to Dumfries one autumn, coinciding with the migration of thousands of pink-footed geese who spend their winter in the Firth. Thus began an extraordinary odyssey. From his new surroundings in the north to the wide open spaces of his childhood home in the south, Stephen traces the lives and habits of the most common species of goose in the UK and explores the place they have in our culture, our history and, occasionally, on our festive table. *Wintering* takes you on a vivid tour of the in-between landscapes the geese inhabit, celebrating the short days, varied weathers and long nights of the season during which we share our home with these large, startling, garrulous and cooperative birds.

World of Wonders

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The Dutch people are some of the happiest in the world. Their secret? They are masters of nixsen, or the art of doing nothing. Nixsen is not a form of meditation, nor is it a state of laziness or boredom. It's not scrolling through social media, or wondering what you're going to cook for dinner. Rather, to niks is to make a conscious choice to sit back, let go, and do nothing at all. With this book, learn how to do nothing in the most important areas of your life, such as: AT HOME: Find a comfy nook and sit. No technology or other distractions. AT WORK: Stare at your computer. Take in the view from your office. Close your eyes. IN PUBLIC: Forget waiting for the bus, enjoy some relaxing nixsen time. Backed with advice from the world's leading experts on happiness and productivity, this book examines the underlying science behind nixsen and how doing less can often yield so much more. Perfect for anyone who feels overwhelmed, burnt out, or exhausted, NIKSEN does not tell you to work harder. Instead, it shows you how to take a break from all the busyness while giving you sincere, heartfelt permission to do nothing.

Devotions

Humans are the most inquisitive, emotional, imaginative, aggressive and baffling animals on the planet. But how well do we really know ourselves? How to Be Animal writes a remarkable story of what it means to be human and argues that at the heart of our psychology is a profound struggle with being animal. As well as piecing together the mystery of how this psychology evolved, this book examines its wide-reaching effects on our lives, from our politics to the ways we distance ourselves from other species. We travel from the origins of Homo

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

sapiens through the agrarian and industrial revolutions, the age of the internet, and on to futures of AI and human–machine interface. We examine how technology influences our sense of our own animal nature and our relationship with the other species with whom we share this fragile planet. Drawing on new evidence from a wide range of disciplines, Challenger proposes that being an animal is a process, beautiful and unpredictable, and that we have a chance to tell ourselves a new story, to realise that if we matter, so does everything else.

The Art of Rest

Shortlisted for the British Psychological Society Book Award for Popular Science Much of value has been written about sleep, but rest is different; it is how we unwind, calm our minds and recharge our bodies. The Art of Rest draws on ground-breaking research Claudia Hammond collaborated on: ‘The Rest Test’, the largest global survey into rest ever undertaken, completed by 18,000 people across 135 different countries. The survey revealed how people get rest and how it is directly linked to your sense of wellbeing. Counting down through the top ten activities which people find most restful, Hammond explains why rest matters, examines the science behind the results to establish what really works and offers a roadmap for a new, more restful and balanced life.

Rest and Be Thankful

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

'Gorgeously written It's heartbreaking but beautiful, and perfect for escaping into' FLORENCE WELCH 'Haunting yet beautifully written. I couldn't put it down. A masterpiece' POPPY DELEVINGNE Laura is a nurse in a paediatric unit. On long shifts she cares for sick babies, carefully handling their exquisitely breakable bodies. Laura needs a rest. When she sleeps, she dreams of drowning; when she wakes, she can't remember getting home. And there is a strange figure dancing in the corner of her vision, with a message, or a warning. 'Blends gnawing tension and surging tenderness Glass's battlefield prose calls to mind the literature of the trenches. This, though, is a trauma-generating war on death and despair fought for us in every city, every day' i paper 'Touching, devastating, almost absurdly pertinent What, Glass asks, do we expect from our caregivers, and how do we repay them for the burdens we lay on them?' Times Literary Supplement 'The ward scenes, with their crystalline descriptions of the vertiginous business of care, exquisitely beat out the ceaseless rhythms of life on a hospital front line' Metro 'Thrusts the reader into the pulse-raising fear, frenzy and relief of work in a paediatric intensive-care unit A battlefield atmosphere arises from Glass's prose as she recounts the time-stopping teamwork that aims to preserve tiny, fragile lives' Economist

The Way Past Winter

"Throughout her celebrated career, Mary Oliver has touched countless readers with her brilliantly crafted verse, expounding on her love for the physical world and the powerful bonds between all living things. Identified as "far and away, this country's best selling poet" by Dwight Garner, she now returns with a stunning and definitive collection of her writing from the last fifty

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

years. Carefully curated, these 200 plus poems feature Oliver's work from her very first book of poetry, *No Voyage and Other Poems*, published in 1963 at the age of 28, through her most recent collection, *Felicity*, published in 2015"--

Wintering

"The Liar's Dictionary is the book I was longing for. So eudaemonical, so felicific and habile! A harlequinade of cachinnation! It's hilarious and smart and charming and I loved it. Read it. It's the book you're longing for." --Andrew Sean Greer, 2018 Pulitzer Prize winner for *Less* An exhilarating and laugh-out-loud debut novel from a prize-winning new talent which chronicles the misadventures of a lovelorn Victorian lexicographer and the young woman put on his trail a century later to root out his misdeeds while confronting questions of her own sexuality and place in the world. Mountweazel n. the phenomenon of false entries within dictionaries and works of reference. Often used as a safeguard against copyright infringement. Peter Winceworth, Victorian lexicographer, is toiling away at the letter S for Swansby's multivolume *Encyclopaedic Dictionary*. His disaffection compels him to insert unauthorized fictitious entries into the dictionary in an attempt to assert some sense of individual purpose and artistic freedom. In the present day, Mallory, a young intern employed by the publisher, is tasked with uncovering these mountweazels before the work is digitized. She also has to contend with threatening phone calls from an anonymous caller. Is the change in the definition of marriage really that upsetting? And does the caller really intend for the Swansby's staff to 'burn in hell'? As these two narratives combine, both Winceworth and Mallory discover how they might

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

negotiate the complexities of the often nonsensical, relentless, untrustworthy, hoax-strewn, and undefinable path we call life. An exhilarating debut novel from a formidably brilliant young writer, *The Liar's Dictionary* celebrates the rigidity, fragility, absurdity, and joy of language.

The Wintering

Rage. That's the feeling engulfing the car as Ellen's mother swerves over to the hard-shoulder and orders her daughter out onto the roadside. Ignoring the protests of her other children, she accelerates away, leaving Ellen standing on the gravel verge in her school pinafore and knee socks as the light fades. What would you do as you watch your little sister getting smaller in the rear view window? How far would you be willing to go to help her? The Gallagher children are going to find out. This moment is the beginning of a summer that will change everything.

The Contented Soul

An antidote for our age of anxiety--thoughtful, moving prayers from Barbara Brown Taylor, Amena Brown, Nadia Bolz-Weber, and other artists, creatives, and thinkers, curated by the author Glennon Doyle calls "my favorite faith writer." It's no secret that we are overworked, overpressured, and edging burnout. Unsurprisingly, this fact is as old as time--and that's why we see so many prayer circles within a multitude of church traditions. These gatherings are a trusted space where people seek help, hope, and peace, energized by God and one another.

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

This book, curated by acclaimed author Sarah Bessey, celebrates and honors that prayerful tradition in a literary form. A companion for daily inspiration, this collection gives women permission to recognize the weight of all they carry, while also offering a broadened imagination of hope--of what can be restored and made new. Each prayer is an original piece of writing, with a short introduction from Bessey sharing exactly why she loves and looks up to the writer. This book is a literary hug, an invitation for respite, and a chance for readers to pause and celebrate who they are, beyond what they do.

Wintering

The definitive oral history of the cult classic *Dazed and Confused*, featuring behind-the-scenes stories from the cast and crew and written with the cooperation of Oscar-nominated director Richard Linklater. *Dazed and Confused* not only heralded the arrival of filmmaker Richard Linklater, it introduced a cast of unknowns who would become the next generation of movie stars. Embraced as a cultural touchstone, the 1993 film would also make Matthew McConaughey's famous phrase—alright, alright, alright—ubiquitous. But it started with a simple idea: Linklater thought people might like to watch a movie about high school kids just hanging out and listening to music on the last day of school in 1976. To some, that might not even sound like a movie. But to a few studio executives, it sounded enough like the next *American Graffiti* to justify the risk. *Dazed and Confused* made almost no money at the box office and seemed destined to disappear. Then something weird happened: Linklater turned out to be right. This wasn't the kind of movie everybody liked, but it was the kind of movie certain people

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

loved, with an intensity that felt personal. No matter what their high school experience was like, they thought *Dazed and Confused* was about them. *Alright, Alright, Alright* is the story of how this iconic film came together and why it worked. Combining behind-the-scenes photos and insights from nearly the entire cast, including Matthew McConaughey, Parker Posey, Ben Affleck, Joey Lauren Adams, and many others, and with the full cooperation of Linklater himself, it offers an inside look at how a budding filmmaker and a cast of newcomers made a period piece that would feel timeless for decades to come.

The Power of Rest

In this rip-roaring, world-bending adventure across the grand multiverse, one girl will stop at nothing to bring her best friend home. Seventeen-year-old Ana Moon is having a rough week. It starts with a fight after school, then suspension, followed by mandatory psych visits. Still, Ana hopes therapy will help her with another problem--the disturbing feeling that someone, or something, is following her. Then, during a shocking train crash, life goes from bad to bizarre. In the space of mere seconds, Ana's best friend is gone—taken right in front of her eyes by an incredible, terrifying beast. Seeking answers, Ana joins forces with the mysterious Malik and his covert clan to find her friend and return home. But there's a larger war under way, and unimaginable evil lurks in the shadows. If they hope to make it home, Ana and her friends must gather the strength to fight—or face the collapse of the universe as they know it.

Wintering

This poignant tale of a young woman's affair with a famous writer is based on Joan Williams's real-life relationship with William Faulkner. For Amy Howard, the novels of Jeffrey Almoner are a refuge from the uncertainty of life. His books are full of the questions—about the nature of justice, the necessity of suffering, and the meaning of the past—that occupy her thoughts, but that no one else seems interested in asking or able to answer. When she and two friends make a pilgrimage to Almoner's house, she expects the world-famous author to be tall, dark, and mysterious, and to find in him the mirror to her soul. Instead, the encounter is too brief and awkward for Amy to even introduce herself. Back at home, she pours out everything she had hoped to say in a letter, sharing with Almoner her belief that, despite the difference in their ages, they are spiritually connected. His surprisingly personal response marks the beginning of an intense relationship that soon progresses from epistolary flirtation to secret meetings in Mississippi bus stations, fancy Memphis hotels, and New York publishing houses. For the married Almoner, Amy's youthful beauty and devotion are irresistible. For Amy, the great artist is a source of wisdom and experience whose support gives her the courage to pursue her dream of becoming a writer. As their love affair moves from its exhilarating beginning to its inevitable, heartrending conclusion, Amy discovers that finding the answers to her questions will be more painful than she ever thought possible. *Wintering* is a bittersweet coming-of-age story, an exquisite account of a beautiful yet fleeting romance, and one of the most intimate portraits of William Faulkner ever written. Included in this ebook is "Twenty Will Not Come Again," Joan Williams's honest and revealing essay, first published in the *Atlantic*

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

Monthly, on the subject of her relationship with one of the twentieth century's greatest artists.

Loved and Wanted

A NEW YORK TIMES BESTSELLER! “Every bit as beautiful and healing as the season itself. . . This is truly a beautiful book.” —Elizabeth Gilbert “Proves that there is grace in letting go, stepping back and giving yourself time to repair in the dark” May is a clear-eyed observer and her language is steady, honest and accurate—capturing the sense, the beauty and the latent power of our resting landscapes.” —Wall Street Journal “May writes beautifully....A contemplative, hopeful, consoling book.” —NPR An intimate, revelatory book exploring the ways we can care for and repair ourselves when life knocks us down. Sometimes you slip through the cracks: unforeseen circumstances like an abrupt illness, the death of a loved one, a break up, or a job loss can derail a life. These periods of dislocation can be lonely and unexpected. For May, her husband fell ill, her son stopped attending school, and her own medical issues led her to leave a demanding job. Wintering explores how she not only endured this painful time, but embraced the singular opportunities it offered. A moving personal narrative shot through with lessons from literature, mythology, and the natural world, May's story offers instruction on the transformative power of rest and retreat. Illumination emerges from many sources: solstice celebrations and dormice hibernation, C.S. Lewis and Sylvia Plath, swimming in icy waters and sailing arctic seas. Ultimately Wintering invites us to change how we relate to our own fallow times. May models an active acceptance of sadness and finds nourishment in deep retreat, joy in the hushed beauty of winter, and encouragement in

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understanding life as cyclical, not linear. A secular mystic, May forms a guiding philosophy for transforming the hardships that arise before the ushering in of a new season.

Niksen

From celebrated art historian, curator, and teacher Sarah Lewis, a fascinating examination of how our most iconic creative endeavors—from innovation to the arts—are not achievements but conversions, corrections after failed attempts. The gift of failure is a riddle: it will always be both the void and the start of infinite possibility. *The Rise*—part investigation into a psychological mystery, part an argument about creativity and art, and part a soulful celebration of the determination and courage of the human spirit—makes the case that many of the world’s greatest achievements have come from understanding the central importance of failure. Written over the course of four years, this exquisite biography of an idea is about the improbable foundations of a creative human endeavor. Each chapter focuses on the inestimable value of often ignored ideas—the power of surrender, how play is essential for innovation, the “near win” can help propel you on the road to mastery, the importance of grit and creative practice. *The Rise* shares narratives about figures past and present that range from choreographers, writers, painters, inventors, and entrepreneurs; Frederick Douglass, Samuel F.B. Morse, Diane Arbus, and J.K. Rowling, for example, feature alongside choreographer Paul Taylor, Nobel Prize-winning physicists Andre Geim and Konstantin Novoselov, and Arctic explorer Ben Saunders. With valuable lessons for pedagogy and parenting, for innovation and discovery, and for self-direction and creativity, *The Rise* “gives

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the old chestnut 'If at first you don't succeed...' a jolt of adrenaline" (Elle).

This Is Not My Memoir

In the wilds of early-twentieth-century Duluth, Minnesota, the orphan son of a immigrant woman tries to build a life for himself and the woman he loves.

A Rhythm of Prayer

"A glorious debut from a gifted author." - Adriana Trigiani, bestselling author of Big Stone Gap and The Shoemaker's Wife On the edge of the wilderness, her adventure began. "Keowee Valley is a terrific first novel by Katherine Scott Crawford--a name that should be remembered. She has a lovely prose style, a great sense of both humor and history, and she tells about a time in South Carolina that I never even imagined." --Pat Conroy, bestselling author of The Prince of Tides and South of Broad. She journeyed into the wilderness to find a kidnapped relative. She stayed to build a new life filled with adventure, danger, and passion. Spring, 1768. The Southern frontier is a treacherous wilderness inhabited by the powerful Cherokee people. In Charlestown, South Carolina, twenty-five-year-old Quincy MacFadden receives news from beyond the grave: her cousin, a man she'd believed long dead, is alive--held captive by the Shawnee Indians. Unmarried, bookish, and plagued by visions of the future, Quinn is a woman out of place . . . and this is the opportunity for which she's been longing. Determined to save

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two lives, her cousin's and her own, Quinn travels the rugged Cherokee Path into the South Carolina Blue Ridge. But in order to rescue her cousin, Quinn must trust an enigmatic half-Cherokee tracker whose loyalties may lie elsewhere. As translator to the British army, Jack Wolf walks a perilous line between a King he hates and a homeland he loves. When Jack is ordered to negotiate for Indian loyalty in the Revolution to come, the pair must decide: obey the Crown, or commit treason . . . Katherine Scott Crawford was born and raised in the blue hills of the South Carolina Upcountry, the history and setting of which inspired Keowee Valley. Winner of a North Carolina Arts Award, she is a former newspaper reporter and outdoor educator, a college English teacher, and an avid hiker. She lives with her family in the mountains of Western North Carolina, where she tries to resist the siren call of her passport as she works on her next novel. Visit her at: www.katherinescottcrawford.com.

The Cost of Living

In the face of modern conditions, revolution is inevitable. The rampant inequality that exists between the political and corporate elites and the struggling masses; the destruction wreaked upon our environment by faceless, careless corporations; the steady stripping away of our civil liberties and the creation of a monstrous surveillance system—all of these have combined to spark a profound revolutionary moment. Corporate capitalists, dismissive of the popular will, do not see the fires they are igniting. In *Wages of Rebellion*, Chris Hedges—a renowned chronicler of the malaise and sickness of a society in terminal moral decline—investigates what social and psychological factors cause revolution and resistance. Focusing on the stories of radicals and

Free Reading Wintering The Power Of Rest And Retreat In Difficult Times

dissenters from around the world and throughout history, and drawing on an ambitious overview of prominent philosophers, historians, and novelists, Hedges explores what it takes to be a rebel in modern times. Hedges, using a term coined by the theologian Reinhold Niebuhr, cites “sublime madness” as the essential force that guides the actions of rebels—the state of passion that causes the rebel to engage in an unwavering fight against overwhelmingly powerful and oppressive forces. From South African activists who dedicated their lives to ending apartheid, to contemporary anti-fracking protestors in Canada, to whistleblowers in pursuit of transparency, *Wages of Rebellion* shows the cost of a life committed to speaking truth to power and demanding justice. This is a fight that requires us to find in acts of rebellion the sparks of life, an intrinsic meaning that lies beyond the possibility of success. For Hedges, resistance is not finally defined by what we achieve, but by what we become.

The Lighthouse Road

Look Younger, Be Healthier, and Experience a New Kind of Energy Sluggishness. Boredom. Lack of concentration. Too many of us pour another cup of coffee and accept fatigue as the inevitable side effect of hectic lives. Dr. Matthew Edlund shows us there is a better way. (and it's not just sleeping more!) This groundbreaking program will rewire your body, improving your productivity, creativity, and sense of well-being. Experience the extraordinary benefits—including dramatically decreased stress and increased energy—of the four types of rest: Physical: From deep breathing to the "UnNap," learn how to vanquish stress in seconds. Mental: Practice key strategies of relaxed concentration, and marvel at how much more you

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can accomplish. Social: See how even walking to lunch with a coworker creates a new sense of security and support. Spiritual: Experience a connection to something greater than the self, the key to internal balance. The Power of Rest introduces one powerful technique each day, many of which can be accomplished in a minute or less. Rediscover the feeling of being truly alert and engaged with your body, your work, and the people you love.

Facing Codependence

The wildly unrestrained poems in *Splinters Are Children of Wood*, Leia Penina Wilson's second collection and winner of the Ernest Sandeen Prize in Poetry, pose an increasingly desperate question about what it means to be a girl, the ways girls are shaped by the world, as well as the role myth plays in this coming of age quest. Wilson, an afakasi Samoan poet, divides the book into three sections, linking the poems in each section by titles. In this way the poems act as a continuous song, an ode, or a lament revivifying a narrative that refuses to adopt a storyline. Samoan myths and Western stories punctuate this volume in a search to reconcile identity and education. The lyrical declaration is at once an admiration of love and self-loathing. She kills herself. Resurrects herself. Kills herself again. She is also killed by the world. Resurrected. Killed again. These poems map displacement, discontent, and an increasing suspicion of the world itself, or the ways people learn the world. Drawing on the work of Bhanu Kapil, Anne Waldman, Alice Notley, and Mei-mei Berssenbrugge, Wilson's poems reveal familiarity and strangeness, invocation and accusation. Both ritual and ruination, the poems return again and again to desire, myth, the sacred, and body

A Crooked Tree

"Haunting, wild, and quiet at once. A shimmering look at motherhood, in all its gothic pain and glory. I could not stop reading." —Lisa Taddeo, #1 New York Times bestselling author of *Three Women* A stressed family, an unplanned pregnancy, and a painful, if liberating, awakening from the author of the lauded memoir *Her* Christa Parravani was forty years old, in a troubled marriage, and in bad financial straits when she learned she was pregnant with her third child. She and her family were living in Morgantown, West Virginia, where she had taken a professorial position at the local university. Haunted by a childhood steeped in poverty and violence and by young adult years rocked by the tragic death of her identical twin sister, Christa hoped her professor's salary and health care might set her and her young family on a safe and steady path. Instead, one year after the birth of her second child, Christa found herself pregnant again. Six weeks into the pregnancy, she requested an abortion. And in the weeks, then months, that followed, nurses obfuscated and doctors refused outright or feared being found out to the point of, ultimately, becoming unavailable to provide Christa with reproductive choice. By the time Christa understood that she would need to leave West Virginia to obtain a safe, legal abortion, she'd run out of time. She had failed to imagine that she might not have access to reproductive choice in the United States, until it was too late for her, her pregnancy too far along. So she gave birth to a beautiful baby boy named Keats. And another frightening education began: available healthcare was dangerously inadequate to her newborn son's needs; indeed, environmental degradations and poor healthcare endangered Christa's older children as well. *Loved and Wanted* is the passionate story of a woman's love

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for her children, and a poignant and bracing look at the difficult choices women in America are forced to make every day, in a nation where policies and a cultural war on women leave them without sufficient agency over their bodies, their futures, and even their hopes for their children's lives.

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