

Warrior A Memoir

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Education Warrior

OVER 500,000 COPIES SOLD! In these pages, New York Times bestselling author Shauna Niequist invites you to consider the landscape of your own life, and what it might look like to leave behind the pressure to be perfect and begin the life-changing practice of simply being present, in the middle of the mess and the ordinariness of life. As she puts it: "A few years ago, I found myself exhausted and isolated, my soul and body sick. I was tired of being tired, burned out on busy. And, it seemed almost everyone I talked with was in the same boat: longing for connection, meaning, depth, but settling for busy. "I am a wife, mother, daughter, sister, friend, neighbor, writer, and I know all too well that settling feeling. But over the course of the last few years, I've learned a way to live, marked by grace, love, rest, and play. And it's changing everything. "Present

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Over Perfect is an invitation to this journey that changed my life. I ' ll walk this path with you, a path away from frantic pushing and proving, and toward your essential self, the one you were created to be before you began proving and earning for your worth." Written in Shauna's warm and vulnerable style, this collection of essays focuses on the most important transformation in her life, and maybe yours too: leaving behind busyness and frantic living and rediscovering the person you were made to be. Present Over Perfect is a hand reaching out, pulling you free from the constant pressure to perform faster, push harder, and produce more, all while maintaining an exhausting image of perfection. Shauna offers an honest account of what led her to begin this journey, and a compelling vision for an entirely new way to live: soaked in grace, rest, silence, simplicity, prayer, and connection with the people that matter most to us.

Raised a Warrior

The riveting story of how a young boy's upbringing with outlaw culture and charismatic role models forged him into an elite Marine and a decorated Pararescueman. "Absence of self is my sword" comprises the final line in "The Warrior's Creed," a 14th century poem written by an unknown Japanese Samurai, and this is the code Master Sergeant Roger Sparks embodied as a Recon Marine turned Alaskan Pararescueman. A living legend in the military, Sparks first made a name for himself within elite Marine Reconnaissance units. He went on to become an instructor where he trained future Reconnaissance Marines with unorthodox and ancient indigenous warrior techniques. A decade later, the same methods would keep him and others alive, when he hoisted into a maelstrom of violence to rescue an embattled platoon in the rugged mountains of eastern Afghanistan. Introduced to a tough code of honor, family, and brotherhood from birth, Roger Sparks rose to become a distinguished instructor in Marine Reconnaissance and a Silver Star recipient as an Alaska

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Pararescueman. A raw and exhilarating tale of guts, grit, and heart, *Warrior's Creed* recounts the hidden side of special operations training, heroic and heartbreaking Alaskan wilderness rescues, and the surreal and deadly rescues during Operation Bulldog Bite in Afghanistan 's Watapur Valley. This powerful and inspirational story is as much of a self-help book as it is an edge of your seat military memoir. *Warrior's Creed* reveals a motivating and mindful approach to overcoming the odds, facing the impossible, and finding mercy and grace in the aftermath.

Yesterday's Warrior

If you want to make your recovery process more peaceful & meaningful, *The Addiction Recovery Journal* is your perfect companion. This empowering one-year journal is thoughtfully created and based on real-life experiences, by a former addict. Each day it offers you a thought-provoking question or practical short exercise. With this guided journal, you can create a simple daily habit that will truly improve your recovery process. The questions will help you to better understand your addiction, turn obstacles in opportunities in every area of life and feel a sense of calmness, while new thoughts and ideas are discovered. If you're looking for a complete, daily motivational guide during recovery, *The Addiction Recovery Journal* is the perfect buy.

Mothers of Sparta

In her award-winning book *The Woman Warrior*, Maxine Hong Kingston created an entirely new form—an exhilarating blend of autobiography and mythology, of world and self, of hot rage and cool analysis. First

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published in 1976, it has become a classic in its innovative portrayal of multiple and intersecting identities—immigrant, female, Chinese, American. As a girl, Kingston lives in two confounding worlds: the California to which her parents have immigrated and the China of her mother's "talk stories." The fierce and wily women warriors of her mother's tales clash jarringly with the harsh reality of female oppression out of which they come. Kingston's sense of self emerges in the mystifying gaps in these stories, which she learns to fill with stories of her own. A warrior of words, she forges fractured myths and memories into an incandescent whole, achieving a new understanding of her family's past and her own present.

March Forward, Girl

Eve Anderson is darned tired of Kenzie Gregor meddling in her business. She might be struggling to keep herself and her ailing mother financially afloat, but she's no princess in need of a strong, capable knight in a black SUV to rescue her -- even if he is easy on the eyes. Besides, there's something very odd about him and she's sure the strange events occurring in their small coastal Maine town are linked to his recent arrival. Once an immortal warrior cursed to live as a panther, Kenzie is finally free to live and die as a man, and his destiny is to help other displaced souls. Of course, if he can get tiny, blue-eyed, curly blond Eve out of the deal, well life doesn't get any better. But she's as stubborn and fierce as a lioness, and in order to win her love, he must tempt her with forbidden desires.

Present Over Perfect

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David Donovan arrived in the Mekong Delta in April 1969, a raw and idealistic first lieutenant fresh from Special Warfare School. He was assigned to an isolated four-man team operating alone in a remote rural area of the Delta which was sent there to co-operate with village chiefs and local militia against the Vietcong. As chief commanding officer of his unit Donovan led patrol and combat missions, and he vividly re-creates the suspense of night ambushes and the high-pitched emotion of surprise attacks and man-to-man warfare in the swamps and jungles of the Delta. But Donovan was also involved with the lives of the local people in a role beyond that of military advisor, and ultimately he was inducted into a Vietnamese brotherhood - the honorary 'warrior kings'.

Once a Warrior

Warrior Pose

Recounts the story of how the author overcame a tough and abusive childhood to fulfill his dream of joining the exciting and dangerous world of the Navy SEALs by becoming a Special Forces sniper. By the authors of SEAL Team Six. Original.

Peace Warrior

“ Davies' collection of essays soars. It's a memoir that locates the profound within the ordinary. ”

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—Entertainment Weekly If you ' re looking for a typical parenting book, this is not it. This is not a treatise on how to be a mother. This is a book about a young girl who moves to a new town every couple of years; a misfit teenager who finds solace in a local music scene; an adrift twenty-something who drops out of college to pursue her dream of making cheesecake on a stick a successful business franchise (ah, the ideals of youth). Alone in a new city, she summons her inner strength as she holds the hand of a dying stranger. Davies is a woman who finds humor in difficult pregnancies and post-partum depression (after reading “ Pie ” you might never eat Thanksgiving dessert the same way). She is a divorcee who unexpectedly finds second love. She is a happily married suburban wife who nevertheless makes a mental list of all the men she would have slept with. And she is a parent who finds herself tested in ways she could never imagine. In stories that cut to the quick, Davies explores passion, loss, illness, pain, and joy, told from her singular, gimlet-eyed, hilarious perspective. Mothers of Sparta is not a blow-by-blow of Davies ' life but rather an examination of the exquisite and often painful moments of a life, the moments we look back on and say, That one, that one mattered. Straddling the fence between humor and, wellnot humor, Davies has written a book about what it ' s like to try to carve a place for oneself in the world, no matter how unyielding the rock can be.

Untamed

The highly anticipated new memoir by bestselling author Glennon Doyle Melton tells the story of her journey of self-discovery after the implosion of her marriage.

Way of the Peaceful Warrior

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Former Congresswoman Katie Hill shares her experience with misogyny and double standards in politics to help women topple the longstanding power structures that prevent them from achieving equality. Powerful women who dare to make mistakes still face swifter and more brutal consequences than men, as the events that precipitated Congressional representative Katie Hill's resignation, in which she was the victim of revenge porn, clearly demonstrate. But Katie Hill does not want women to be discouraged from taking positions of power -- in fact, the rampant misogyny we see is all the more reason for women to lead, to work to change the systems that have kept old, wealthy, white men in power for far too long. In this book, to be published on the 100th anniversary of the ratification of the 19th amendment (which gave women the right to vote), Katie Hill looks back on the progress we've made and outlines her battle plan for our future. She details how we can overcome the obstacles holding women back from achieving equal representation in positions of power to create the change we want for the next century. What challenges do women face in the modern era, and what battles will we need to fight in the years to come? Katie Hill is ready to equip readers for the front lines of leadership in all arenas, to guide women in becoming the warriors we need to shape this country for the better.

The Woman Warrior

So much to read, so little time? This brief overview of *Love Warrior* tells you what you need to know—before or after you read Glennon Doyle Melton's book. Crafted and edited with care, Worth Books set the standard for quality and give you the tools you need to be a well-informed reader. This short summary and analysis of *Love Warrior* by Glennon Doyle Melton includes: Historical context Chapter-by-chapter summaries Character analysis Important quotes Fascinating trivia Supporting material to enhance your

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understanding of the original work About Love Warrior by Glennon Doyle Melton: Written with unflinching honesty and hard-earned wisdom, Glennon Doyle Melton ' s memoir, Love Warrior, is the story of one woman ' s journey from devastating heartbreak after her husband ' s infidelity to a new understanding of what it means to love, to marry, and to be a woman. The summary and analysis in this ebook are intended to complement your reading experience and bring you closer to great work of nonfiction.

She Will Rise

This is a story of a hero who returned from Vietnam with severe post traumatic stress disorder that went undiagnosed and untreated for decades. It is not his biography. It is my memory of time spent in his life, with some biographical details pulled in as needed. It is the story of a warrior hero who came home to nightmares, homelessness and ever-present bottles of self-medication and forgetfulness. It is also a story of survival, compassion and self-measured personal success.

I Am a SEAL Team Six Warrior

Presents the author's personal account of his spiritual quest to unite the diverse realms of body, mind, and spirit by combining Eastern philosophy with Western fitness routines to become an example of the peaceful warrior.

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Warrior Soul

The author describes the threats and emotional abuse she endured from white student and adults along with her fears of endangering her family as she committed to being one of the first African American students to integrate Central High School in Little Rock, Arkansas in 1957.

Warrior King

A star athlete shares her trailblazing account of triumph in the face of sexism, self-doubt, and injury, gives a remarkable global tour of the women's soccer world, and presents a stirring call-to-action to secure equal pay and conditions. When Susie Petruccelli won a place on Harvard University's soccer team, she felt on top of the world--talented, strong, and worthy. Unfortunately, after sustaining injuries and developing health problems, she felt her worth slip away. In this remarkable memoir, Petruccelli reveals how she battled her way back onto the field and continued to fight even after she hung up her cleats. She distills the significance of not giving up on oneself and inspires players of all sports who've faced injuries to persevere. She also brings to light the inequities and discrimination female athletes face that she's traveled the world to see and document firsthand, and introduces the international athletes and activists fighting for equal pay and conditions. In so doing, she reveals the progress made, as well as the battles ahead and the force of the movement. Raised a Warrior is the winner of the Vikki Orvice Prize and has been praised by a wide range of sports icons from Pel é to Billie Jean King.

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Reluctant Warrior

In a memoir both heartbreaking and disturbing, Heather Harrison gives us the account of her teenage years with grit and unflinching honesty. A gifted girl expelled from school at fourteen, Harrison is alienated from her family and friends, struggling with addiction, street living, the dispassionate reality of government institutions, and puzzling psychological events. On her own, the world becomes her battlefield and this memoir is her brutally candid account of how she came to survive.

Moonlight Warrior

From the legendary civil rights activist and author of the million-copy selling *Warriors Don't Cry* comes an ardent and profound childhood memoir of growing up while facing adversity in the Jim Crow South. Long before she was one of the Little Rock Nine, Melba Pattillo Beals was a warrior. Frustrated by the laws that kept African-Americans separate but very much unequal to whites, she had questions. Why couldn't she drink from a "whites only" fountain? Why couldn't she feel safe beyond home—or even within the walls of church? Adults all told her: Hold your tongue. Be patient. Know your place. But Beals had the heart of a fighter—and the knowledge that her true place was a free one. Combined with emotive drawings and photos, this memoir paints a vivid picture of Beals' powerful early journey on the road to becoming a champion for equal rights, an acclaimed journalist, a best-selling author, and the recipient of this country's highest recognition, the Congressional Gold Medal.

Compassionate Warrior

The former Assault Element Commander with top-secret SEAL Team 6 offers a firsthand account of previously classified SEAL operations around the world, clandestine operations involving combat patrol, reconnaissance missions, counterterrorist operations, and more along the Mosquito Coast, in the heart of Beirut, and other locales. Reprint.

The Anti-Warrior

“ A tour de force combining a commanding mastery of historical fact and detail, a comprehensive understanding of the human spirit, and a poetic quality of expression that transforms the hearts of all those it touches. ” —The Japan Foundation Newsletter Kumagai Naozane was a Japanese warrior famous for having taken the head of the young and handsome samurai Atsumori. This episode has become one of the best-known and best-loved stories in the Japanese historical classic, The Heik é Story (Heike Monogatari). This book is a fictionalized version of Kumagai ’ s own attempt to come to terms with his past—that real past which is his and that other past which he hears the monks inventing as they compose the text which will eventually become The Heik é Story. As the warrior remembers his past and compares it to its fictional parallel, he evokes the wonders of the city of Heiankyo (Kyoto); the wars which raised the Taira (Heike) clan to power and later reduced it to ruin at the hands of the Genji clan; the battles at the Uji River; life in the imperial court of the retired emperor Go-Shirakawa; and the celebrated final Taira battle—the naval encounter at Dannoura, where the infant emperor Antoku was delivered to the depths of the sea. Among the

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many pleasures of this brilliantly colored chronicle is how the common humanity of this honest, hopeless man transcends his time and milieu to speak to us, here and now.

Summary and Analysis of Love Warrior: A Memoir

Love Warrior

#1 NEW YORK TIMES BESTSELLER • Over one million copies sold! “ Packed with incredible insight about what it means to be a woman today. ” —Reese Witherspoon (Reese ’ s Book Club x Hello Sunshine Book Pick) In her most revealing and powerful memoir yet, the activist, speaker, bestselling author, and “ patron saint of female empowerment ” (People) explores the joy and peace we discover when we stop striving to meet others ’ expectations and start trusting the voice deep within us. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY O: The Oprah Magazine • The Washington Post • Cosmopolitan • Marie Claire • Bloomberg • Parade • “ Untamed will liberate women—emotionally, spiritually, and physically. It is phenomenal. ” —Elizabeth Gilbert, author of City of Girls and Eat Pray Love This is how you find yourself. There is a voice of longing inside each woman. We strive so mightily to be good: good partners, daughters, mothers, employees, and friends. We hope all this striving will make us feel alive. Instead, it leaves us feeling weary, stuck, overwhelmed, and underwhelmed. We look at our lives and wonder: Wasn ’ t it all supposed to be more beautiful than this? We quickly silence that question, telling ourselves to be grateful, hiding our discontent—even from ourselves. For many years, Glennon Doyle denied her own discontent.

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Then, while speaking at a conference, she looked at a woman across the room and fell instantly in love. Three words flooded her mind: There She Is. At first, Glennon assumed these words came to her from on high. But she soon realized they had come to her from within. This was her own voice—the one she had buried beneath decades of numbing addictions, cultural conditioning, and institutional allegiances. This was the voice of the girl she had been before the world told her who to be. Glennon decided to quit abandoning herself and to instead abandon the world's expectations of her. She quit being good so she could be free. She quit pleasing and started living. Soulful and uproarious, forceful and tender, *Untamed* is both an intimate memoir and a galvanizing wake-up call. It is the story of how one woman learned that a responsible mother is not one who slowly dies for her children, but one who shows them how to fully live. It is the story of navigating divorce, forming a new blended family, and discovering that the brokenness or wholeness of a family depends not on its structure but on each member's ability to bring her full self to the table. And it is the story of how each of us can begin to trust ourselves enough to set boundaries, make peace with our bodies, honor our anger and heartbreak, and unleash our truest, wildest instincts so that we become women who can finally look at ourselves and say: There She Is. *Untamed* shows us how to be brave. As Glennon insists: The braver we are, the luckier we get.

Carry On, Warrior

Brigadier General John C. |Doc| Bahnsen Jr served as one of America's most decorated soldiers in the Vietnam War. The ultimate warrior who engaged the enemy from nearly every type of aircraft and armored vehicle in the army's inventory, Doc was also an expert strategist who developed military tactics later adopted as doctrine. Accounts of Doc's brilliance in time of war became the stuff of legend. Here he offers a

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spellbinding recollection - completely uncensored - of his remarkable wartime experience.

Battle Ready

Recounts the author's traditional childhood, adolescence, and coming into manhood in Maasailand and of his education in Europe and America.

Invisible Warrior - a Memoir

“ Apartheid South Africa was on fire around me. ” So begins the memoir of Career Foreign Service Officer Edward J. Perkins, the first black United States ambassador to South Africa. In 1986, President Ronald Reagan gave him the unparalleled assignment: dismantle apartheid without violence. As he fulfilled that assignment, Perkins was scourged by the American press, despised by the Afrikaner government, hissed at by white South African citizens, and initially boycotted by black South African revolutionaries, including Archbishop Desmond Tutu. His advice to President-elect George H. W. Bush helped modify American policy and hasten the release of Nelson Mandela and others from prison. Perkins ’ s up-by-your-bootstraps life took him from a cotton farm in segregated Louisiana to the white elite Foreign Service, where he became the first black officer to ascend to the top position of director general. This is the story of how one man turned the page of history.

American Warrior

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A New York Times essayist shares her journey from a self-destructive college student to a devoted family woman and teacher while illuminating the importance of trusting in a higher power and being truthful about life's challenges.

Warriors Don't Cry

Warrior Mother is the true story of a mother's fierce love and determination, and her willingness to go outside the bounds of the ordinary when two of her three adult children are diagnosed with life-threatening diseases. When Sheila Collins's best friend, dying of breast cancer, asked her to accompany her through what turned out to be the last fourteen days of her life, she didn't know that the experience was preparing her for what lay ahead with her own children. In the years that followed, Collins had to face both her son's diagnosis with AIDS and her daughter's diagnosis with breast cancer. Warrior Mother documents how she faces these challenges and the issues accompanying them—from learning to be the mother of a gay son to visiting a healer in Brazil on her daughter's behalf when she decides on bone marrow transplant treatment. Experience as a professional social worker and family therapist doesn't always help Collins to cope with her children's illnesses—but her relationship with improvisational song, dance, storytelling, and women's spirituality rituals carries her through. Warrior Mother follows Collins's family through memorials and celebrations of lives well lived, all the while exploring the impact of grief on those left behind and the rituals that help them heal.

Rainbow Warrior

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In 1978, Harvey Milk asked Gilbert Baker to create a unifying symbol for the growing gay rights movement, and on June 25 of that year, Baker's Rainbow Flag debuted at San Francisco's Gay Liberation Day parade. Baker had no idea his creation would become an international emblem of freedom, forever cementing his place and importance in helping to define the modern LGBTQ+ movement. Rainbow Warrior is Baker's passionate personal chronicle, from a repressive childhood in 1950s Kansas to a harrowing stint in the US Army, and finally his arrival in San Francisco, where he bloomed as both a visual artist and social justice activist. His fascinating story weaves through the early years of the struggle for LGBTQ+ rights, where he worked closely with Milk, Cleve Jones, and the Sisters of Perpetual Indulgence. Baker continued his flag-making, street theater and activism through the Reagan years and the AIDS crisis. And in 1994, Baker spearheaded the effort to fabricate a mile-long Rainbow Flag—at the time, the world's longest—to celebrate the 25th anniversary of the Stonewall Uprising in New York City. Gilbert and parade organizers battled with the newly elected Mayor Giuliani for the right to carry it up Fifth Avenue, past St. Patrick's Cathedral. Today, the Rainbow Flag has become a worldwide symbol of LGBTQ+ diversity and inclusiveness, and its rainbow hues have illuminated landmarks from the White House to the Eiffel Tower to the Sydney Opera House. Gilbert Baker often called himself the "Gay Betsy Ross," and readers of his colorful, irreverent and deeply personal memoir will find it difficult to disagree.

Memoirs of the Warrior Kumagai

The gripping memoir of Navy Cross, Silver Star, Bronze Star, and Purple Heart recipient SEAL Lieutenant Mark L. Donald As A SEAL and combat medic, Mark served his country with valorous distinction for almost twenty-five years and survived some of the most dangerous combat actions imaginable. From the

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rigors of BUD/S training to the horrors of the battlefield, *Battle Ready* dramatically immerses the reader in the unique life of the elite warrior-medic who advances into combat with life-saving equipment in one hand and life-taking weapons in the other. It is also an uplifting human story that reveals how a young Hispanic American bootstrapped himself out of a life that promised a dead-end future by enlisting in the military. That new life begins with the Marines and includes his heroic achievements on the battlefield and the operating table, and finally, of his inspirational triumph over the demons caused by Post Traumatic Stress Disorder that threatened to destroy him and his family.

Love Warrior

After suffering a broken back, a botched surgery that left him disabled, and stage IV throat cancer, the author embraces the practice of yoga to heal his body, mind, and soul.

Warrior's Creed

In this inspiring memoir, a former female Marine platoon leader recalls the wars she has fought—on the playing field, the battlefield, and inside her own soul—revealing how overcoming the harrowing circumstances in her life helped her ultimately redefine what it means to be strong and what “perfect” really is. Theresa Larson has lived multiple lives. At ten she was a caregiver to her dying mother. As an adolescent, an All-Star high school, college, and professional softball player. As a young adult, a fitness competition winner, beauty pageant contestant, and model. And as a grown woman, a high-achieving

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Lieutenant in the Marines, in charge of an entire platoon while deployed in Iraq. Meanwhile, Theresa was battling bulimia nervosa, an internal struggle which ultimately cut short her military service when she was voluntarily evacuated from combat. Theresa ' s journey to wellness required the bravery to ask for help, to take care of herself first, and abandon the idea of “ perfect. ” In *Warrior*, she lays bare all of these lives in intimate and vivid detail, examining extremely personal and sometime painful moments and how, by finally accepting the help of others, she learned to make herself whole. From growing up in a log cabin outside Seattle to facing down the enemy in Iraq, Theresa ' s journey demonstrates that good health and happiness is a daily, intentional act that requires persistence and commitment. Theresa hopes that through sharing her story, she will help inspire others to empower themselves, embrace their inner warrior and re-define strength. Startling and funny, terrifying and triumphant, heartbreaking and inspirational, *Warrior* is at heart a story of perseverance and success—of a determined woman who is model for everyone struggling to conquer their own demons. Theresa shows that asking for help can be an act of courage, and that we are stronger than we think when faced with seemingly impossible odds.

Warrior

Born into the warrior culture of a military family, Buttry ' s Christian faith led him to become a nonviolent activist. *Peace Warrior* provides an inside, first-hand look at peace training, nonviolent struggle and mediation in conflict zones around the world. Buttry reveals the stories behind news headlines of conflicts or peace accords. He escorts the reader into the shadowy world of guerilla leaders, traumatized victims, and ordinary people who become agents of peace against incredible odds. Buttry also takes us into the labyrinthine processes to bring peace to two particular long-standing armed conflicts in Asia, providing a

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peek into historical events and their behind-the-scenes developments. He shares freely the hopes, fears, frustrations, courage, failures, successes, humor and faith that are part of making a difference for peace at the fault lines of violent conflict. He takes us into the challenging world of inter-faith peacemaking at a time when religious differences are highlighted in many of our global conflicts. Peace Warrior is set at the front lines of conflict, but is infused with a bright hope from Buttry ' s work alongside little-known heroes who have built peace amid the harshest environments.

Warrior

The powerful story of one Marine who found healing and renewed purpose after returning from combat, for himself and tens of thousands of fellow veterans. When Marine sniper Jake Wood came home in 2009 from grueling tours in Iraq and Afghanistan, his country asked yet more of him- to compartmentalize his traumatic memories, put his elite military training on a shelf, and adjust to living outside high-stakes situations. Jake feared he would join the huge population of veterans struggling to reintegrate. Since 2001, more service members have died by suicide than have been killed in Afghanistan. One activity helped Jake and his friend and fellow Marine Clay Hunt find a measure of hope- helping communities after disasters, where their training rendered them unusually effective in high-stakes situations. But as their new organization struggled to get off the ground and the VA tied up Clay's meds in red tape, Clay committed suicide. Reeling, Jake resolved to help as many disaster-affected communities and provide a mission to as many veterans as possible. Over the past 10 years, with no money or experience, he and his team have recruited over 100,000 volunteers to his organization Team Rubicon. It's established a reputation for delivering desperately needed aid faster and better than other organizations hindered by bureaucracy. Racing against the clock, veteran

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volunteers utilize their military training to untangle complex problems quickly and keep calm under pressure in catastrophic scenarios. What's more, Team Rubicon gives meaningful direction to men and women who need the disaster response work as much as the work needs them. Having a continued purpose--a mission that matters--can be the key to a veteran's successful transition from war to peace. Once a Warrior provides a harrowing look at the true cost of military service as the Forever War drags on--and most important, the path to healing.

The Worlds of a Maasai Warrior

Israel's newest prime minister as of February 6, 2001, Ariel Sharon is a dynamic and controversial leader. A hero in Israel's wars, perhaps the most daring and successful commander in Israel's extraordinary military history, Sharon has always been a warrior, whether the enemies were hostile Arab nations, terrorists, Time magazine, or rival politicians. The public man is well known -- aggressive in battle, hard-line in politics -- but the private man has always been obscured by Sharon's dazzling career and powerful personality. In this compelling and dramatic auto-biography, the real Sharon appears for the first time: a complex man, a loving father, a figure of courage and compassion. He is a warrior who commands the respect and love of his troops, a visionary, and an uncompromising, ruthless pragmatist. Sharon tells his story with frankness, power, intelligence, and a brilliant gift for detail. Always controversial, he is as outspoken as his friends -- and enemies -- would expect him to be.

Mr. Ambassador

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In 1937 thirty-six nervous young men dressed in ill-fitting blue suits, wearing berets, and carrying identical black valises, were given tickets for an American Export Lines ship. They were told to conduct themselves as ordinary tourists, to be "inconspicuous." They were volunteers for the Abraham Lincoln Brigade, traveling the French underground to join in the fight against Franco. Among them was Milt Felsen, a young New Yorker and radical antiwar activist on the University of Iowa campus who had decided that fascism had to be opposed. Some of these young men never made it to their destination. But Milt Felsen did, beginning a march across the Pyrenees which was only the first of his many battles and adventures. Told with uncommon wit and verve, this memoir of war and resistance is a stirring account of Felsen's involvement in two decades of battle. Surprisingly, this is a spirited and even funny book, infused with Felsen's unbeatable personality. After the Spanish Civil War, Felsen helped form the O.S.S. in World War II. Taken prisoner of war, he escaped in his inimitable style during a 1,200-mile prisoner-of-war march and drove out of Nazi Germany in a Mercedes-Benz. He returned to the United States more convinced than ever of war's insanity and its extreme human cost.

Once a Warrior King

To be the best, you must learn from the best. Drawing on exclusive interviews with former members of the U.S. Special Forces and leading sales professionals from a variety of industries, executive coach Bill Hart shows you how to develop the mindset, habits, and disciplines to elevate your sales performance to become the elite of your industry. With Hart's proven tips and practical tools, you'll learn:

- How to train for any situation you'll encounter in the field
- How to overcome fear and channel it into productivity
- How to leverage failures for personal growth
- How to find your "why" and keep it alive
- How to

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build your team ' s shared vision, purpose, and goals Get inspired by these real stories from the very best in action, and discover why “ The Way of the Warrior ” will put your success within reach.

White Collar Warrior

Invisible Warrior is a memoir of my account of growing up in the experimental Bronx River Housing Project in New York in the 1960's where expectations for success never rose up to the ideals created by project urbanist Charles Abrams. Built in 1951, the Bronx River Housing Project is located on nearly fourteen acres consisting of nine fourteen-story buildings. Intended as a place to raise a family, The Projects instead became a place of hopelessness, drug addiction, poverty, and other social ills. I was one of the fortunate ones. Much like Sonia Sotomayor also raised in The Projects, I overcame numerous challenges and carved a successful life for myself. My book is a valuable historical account of growing up as an African American in New York, an insider's look into a housing experiment, which yielded mostly failure. It is also an inspiring narrative that demonstrates that success is possible even under harsh conditions. Each chapter in Invisible Warrior looks at trials from my youth, overcoming domestic violence, childhood bullies, and sudden deaths as well as similar hardships endured by my neighbors. For instance, "The Bronx River Project" bares the cold reality of a mother discovering that her preteen daughter is pregnant. "Blood on the Walls" captures the reality of my stolen childhood innocence after witnessing my neighbor's domestic violence. "Mule" decries the devastation of my housing project through drug addiction and the consequence of the Vietnam era. I witnessed the lifeless bodies of heroin addicts frantically being coaxed back to life, and the mangled limbs of the young men who returned from the war. "Out of the Barrel" maps our escape from the bindings of poverty. Escaping with two small children, an early pregnancy and thirty-five cents. We proved life's possibilities and its glimmer of

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an indistinguishable light at the end of a dark tunnel. About the author: Michele J. Rolle is a Mammography healthcare specialist in Richmond, Virginia, and has been compassionately committed for more than 25 years to educating and mentoring women in the value of breast health. Michele works for a prominent Obstetrics and Gynecology practice and has represented them as a Chief Mammography Technologist in her appearances on television, radio, and newspaper, and has been quoted in many publications. Her article The Power of Caring for others on domestic violence was recently published in the Richmond Times Dispatch weekly feature In her Shoes . Michele is a member of The James River Writers who selected her work to be read at several recent conferences.

The Addiction Recovery Journal

A West Point graduate, military athlete, and Iraq War officer presents a critical assessment of the war and why he believes it has gone terribly wrong, in an account that describes his command of hundreds of soldiers, the fateful decision that led to the alleged drowning of an Iraqi, and his participation in humanitarian rebuilding efforts. Reprint.

An Uncomplicated Life

"ONE OF THE BEST VIETNAM WAR STORIES I'VE EVER READ, one damn good, compelling read. It's almost something out of a Clancy novel, yet it's true. The best thing I can say about it is I didn't want it to end." --Col. David Hackworth, New York Times bestselling author of About Face By the spring of 1970,

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American troops were ordered to pull out of Vietnam. The Marines of 1st Reconnaissance Battalion, commanded by Lieutenant Colonel "Wild Bill" Drumright, were assigned to cover the withdrawal of 1st Marine Division. The Marines of 1st RECON Bn operated in teams of six or seven men. Heavily armed, the teams fought a multitude of bitter engagements with a numerically superior and increasingly aggressive enemy. Michael C. Hodgins served in Company C, 1st RECON Bn (Rein), as a platoon leader. In powerful, graphic prose, he chronicles his experience as a patrol leader in myriad combat situations--from hasty ambush to emergency extraction to prisoner snatch to combined-arms ambush. . . . "THIS MEMOIR IS GRIPPING." --American Way

Warrior Mother

A father ' s exhilarating and funny love letter to his daughter with Down syndrome whose vibrant and infectious approach to life has something to teach all of us about how we can better live our own. Jillian Daugherty was born with Down syndrome. The day they brought her home from the hospital, her parents, Paul and Kerry, were flooded with worry and uncertainty, but also overwhelming love, which they channeled to “ the job of building the better Jillian. ” While their daughter had special needs, they refused to allow her to grow up needy— “ Expect, Don ’ t Accept ” became their mantra. Little did they know how ready Jillian was to meet their challenge. Paul tells stories from Jillian ’ s mischievous childhood and moves to her early adulthood, tracing her journey to find happiness and purpose in her adult life, sharing endearing anecdotes as well as stories about her inspiring triumphs. Having graduated from high school and college, Jillian now works to support herself, and has met the love of her life and her husband-to-be, Ryan. In *An Uncomplicated Life*, the parent learns as much about life from the child as the child does from the parent.

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Through her unmitigated love for others, her sparkling charisma, and her boundless capacity for joy, Jillian has inspired those around her to live better and more fully. The day Jillian was born, Paul says, was the last bad day. As he lovingly writes, “ Jillian is a soul map of our best intentions ” —a model of grace, boundless joy, and love for all of us.

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