

The Wild Unknown Tarot Deck And Guidebook Official Keepsake Box Set

A Century of SpellsThe Vampire TarotSeventy-Eight Degrees of WisdomMystic Faerie TarotThe Modern Witchcraft Book of TarotEveryday Tarot Mini Tarot DeckThe Book of TarotThe Alchemical Visions TarotMira Sol Wisdom's the Wild Unknown Tarot: Unveil Your Etheric MajestyABC DreamAnimal Dreaming Oracle CardsTarot Predictions 2020Gothic Art NouveauThe Wild Unknown JournalHermetic TarotOwl MedicineWhose Moon Is That?Hello Sacred LifeTarot ElementsThe Essential TarotThe Wild Unknown Tarot GuidebookArchetype Cards- A 78 Card Deck and GuidebookThe Book of SeshetNext World TarotThe Wild Unknown Animal Spirit GuidebookModern TarotBlossoms and BonesLearning the TarotThe Big Book of Angel Tarot123 DreamThe Wild Unknown Archetypes Deck and GuidebookWrite Yourself HappyTarot for BeginnersThe Fountain TarotTarot BasicsThe Wild Unknown Tarot DeckWriting for BlissThe Golden Girls Tarot CardsWreck This Journal EverywhereThe Wild Unknown Tarot Deck and Guidebook (Official Keepsake Box Set)

A Century of Spells

In this companion to ABC Dream, Kim Krans elevates the simple activity of counting with pen-and-ink drawings of unusual animals and scenes of natural beauty. Delicate watercolor accents, an infusion of all-embracing spirituality, and an engrossing search-and-find element make this enchanting book a collectible for all ages.

The Vampire Tarot

This extraordinary approach to Tarot dispenses with "cookbook" classifications and teaches you to combine your own intuition with more than 200 years of Tarot wisdom. Begin with a "card of the day" to use as a motivational force or for reflection. Or find your own personality card. Select from 15 layouts, from simple 3-card spreads to more complex ones for special desires. "Plus: a visual comparison of symbolism in the three major decks, a full page analysis of each card, and advice on asking questions that bring real knowledge.

Seventy-Eight Degrees of Wisdom

An oversize gallery-quality hardcover book featuring all of the finished art from Road's popular tarot, along with full card descriptions in both Spanish and English, as well as bonus sketches and other material. Featuring body outlaws, endangered cultures, and anti-colonial belief systems, THE NEXT WORLD TAROT envisions a world where justice relies on respect and revolutionary love. The Fool's Journey is about smashing systematic oppression, owning their truths, being accountable to the people and places that support them, and

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taking back a connection to their body that may have been lost through trauma or societal brainwashing. The NEXT WORLD TAROT is a visual spectacle of both the battle cry and the re-connection between outcasts and their criminalized identities.

Mystic Faerie Tarot

Owl Medicine is a narrative non-fiction adventure of self-discovery, inter-personal struggle, and intrigue. The story opens with the author's discovery of a dead owl swinging upside down from a tree. Believing her discovery to be a message that shouldn't be ignored, she seeks insight from a clairvoyant metaphysical 'teacher' with whom she, her husband Karl, and a small group of friends have been studying. The teacher responds with surprisingly little insight and the author strikes out on her own to discover the message of the owl. Owl Medicine is unique because it introduces readers to valuable tools (Runes/Medicine Cards/dream exploration) for spiritual growth, while indulging the simple joy of getting lost in a good story. The single most unique feature of Owl Medicine, however, is its emphasis on the dynamics of Lisa and Karl's spiritual growth as a couple and the crucial role that communication plays in their success. Owl Medicine is not so much a "how-to" book as it is a "See, this-really-can-be-lived!" affirmation. "Medicine Cards" is a trademark registered to David Carson and Jamie Sams.

The Modern Witchcraft Book of Tarot

Everyday Tarot Mini Tarot Deck

A "how-to" book with 19 lessons and numerous exercises, beginning with the basics and gradually moving into advanced concepts so that you can learn to read the tarot at your own pace. Includes interpretations for all the cards. The author first presented this course on the Internet, and continues to provide website support for students with questions. 178 illustrations using the popular Waite deck. Appendix. Bibliography. Index.

The Book of Tarot

"A picture book that shows that the wonders of the moon belong to no one--and everyone"

The Alchemical Visions Tarot

Featuring dozens of new activities as well as some of the most popular prompts from the original, Wreck This Journal Everywhere will have you travelling the city streets and country byways, filling the pages with man-made and natural objects, recording what you see, drawing,

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doodling -and destroying pages as you go. Perfect for sliding in your pocket or stuffing in your bag, Wreck This Journal Everywhere is the ideal creative companion!

Mira Sol Wisdom's the Wild Unknown Tarot: Unveil Your Etheric Majesty

This stunning and innovative alphabet picture book will dazzle little ones and engage the adults who share it with them! Each page is dedicated to a letter, and clever alliterations are packed into each ink-and-watercolor spread. This gem comes to us from Kim Krans, the creator of The Wild Unknown—a lifestyle website offering prints, calendars, and more.

ABC Dream

A smart, sexy guide to embracing the repressed, tabooed, and often unwanted aspects of ourselves so we can discover our inner power and finally live the life we deserve. "We always get exactly what we want; but often, though we may not be aware of it, what we most want is dark - very dark." Each of us has a dual nature: we are light (conscious) and dark (unconscious). The dark side of our personality - the "other," the shadow side - is made up of what we think is our primitive, primal, negative impulses - our "existential kink." Our existential kink also drives the dark or negative repeating patterns in our life: always choosing the abusive partner or boss, settling for less, thinking that we're undeserving, not worthy. But it also is the source of our greatest power. In *Existential Kink*, Carolyn Elliot, PhD, offers a truth-telling guide for bringing our shadow into the light. Inviting us to make conscious the unconscious, Elliot asks us to own the subconscious pleasure we get from the stuck, painful patterns of our existence. *Existential Kink* provides practical advice and meditations so we truly see our shadow side's "guilty pleasures," love and accept them, and integrate them into our whole being. By doing so, Elliot shows, we bring to life the raw, hot, glorious power we all have to get what we really want in our lives.

Animal Dreaming Oracle Cards

Everything You Need to Know to Begin Reading Tarot Cards For centuries, Tarot cards have been consulted for divination by those seeking answers from the unseen realms. The Tarot has been credited with illuminating solutions to major dilemmas, and even helping people avoid future misfortunes. The Tarot experience can indeed be empowering, bringing clarity to confusing situations and showing us that we have the ability to shape our future based on the choices we make in the present. Far more than mere "fortune telling," the Tarot is a tool for meditation and reflection, for seeing new angles that give way to broader perspectives about how we approach our lives. In

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this 2nd edition of Tarot for Beginners, best-selling author Lisa Chamberlain opens the door for newcomers to the Tarot in her trademark clear and straightforward manner. She dispels old myths and misconceptions about the Tarot, providing an objective look at its origins and its divinatory potential for 21st-century readers. Tailored especially for those who want to read the cards for themselves, this guide offers strategies for getting familiar with each card, a step-by-step breakdown of the process of a reading, options for tailoring the approach to suit your unique style, and advice for getting the most out of reading the cards for yourself. Most guides to the Tarot are centered on a specific deck, such as the Waite-Smith, the Tarot of Marseille, or other decks ranging from the well-known to the rather obscure. While these books can be useful and informative, their card interpretations are largely restricted to the particular deck they focus on. Tarot for Beginners takes a different approach, offering basic card meanings that can be applied to any deck, and used in tandem with any descriptions that accompany the deck you've chosen to work with. So no matter which Tarot deck you use, the information in this guide is relevant, providing a solid starting point for a skill you can carry with you for a lifetime. Foundations in the Art of Divination Tarot can be thought of as a kind of language through which we can hear and understand divine messages. This communication comes through the individual cards and through the symbolic system of the deck as a whole. Tarot for Beginners sets you up to learn this language with a thorough grounding in the key concepts surrounding the Tarot, including: - The origins and evolution of the Tarot as a divinatory art - A comprehensive overview of the Major, Minor, and Court Arcana - Tips for choosing your first deck and getting acquainted with your cards - Beginner tips and exercises for interpreting the cards - Instructions for the basic 3-card spread and the 10-card Celtic Cross, two of the most widely-used spreads in contemporary Tarot - A step-by-step process for conducting Tarot readings - Advice on reading the cards for yourself - Core meanings of each card in the standard Tarot deck The art of Tarot takes time and experience to master, and your willingness to study the cards, practice reading, and hone your intuition will be key to your development as a Tarot reader. Let Tarot for Beginners put you on solid footing for your Tarot journey! If you're ready to start reading tarot cards, just scroll to the top of the page and hit the Buy button!

Tarot Predictions 2020

A renowned artist captures the vibrancy and grace of faeries, elves, sprites, and nymphs in their lush gardens, offering beginners an introduction to the tarot and the major and minor arcana, with sample readings and a quick reference guide to the cards.

Gothic Art Nouveau

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A handwritten guide to The Wild Unknown Tarot. Written and illustrated by Kim Krans.

The Wild Unknown Journal

See what the future holds! Whether you are navigating a new workplace, contemplating future financial decisions, or mulling over whether your partner is 'The One', let the tarot cards guide you through life. Tarot Predictions 2020 serves as a navigator as you go through life and make those hard decisions. With detailed chapters on everything, from love, and wealth, to career and health, this book tells you what is in store in the coming year.

Hermetic Tarot

Owl Medicine

The beloved literary iconoclast delivers a fresh twenty-first century primer on tarot that can be used with any deck. While tarot has gone mainstream with a diverse range of tarot decks widely available, there has been no equally mainstream guide to the tarot—one that can be applied to any deck—until now. Infused with beloved iconoclastic author Michelle Tea's unique insight, inviting pop sensibility, and wicked humor, Modern Tarot is a fascinating journey through the cards that teaches how to use this tradition to connect with our higher selves. Whether you're a committed seeker or a digital-age skeptic—or perhaps a little of both—Tea's essential guide opens the power of tarot to you. Modern Tarot doesn't require you to believe in the supernatural or narrowly focus on the tarot as a divination tool. Tea instead provides incisive descriptions of each of the 78 cards in the tarot system—each illustrated in the charmingly offbeat style of cartoonist Amanda Verwey—and introduces specially designed card-based rituals that can be used with any deck to guide you on a path toward radical growth and self-improvement. Tea reveals how tarot offers moments of deep, transformative connection—an affirming, spiritual experience that is gentle, individual, and aspirational. Grounded in Tea's twenty-five years of tarot wisdom and her abiding love of the cards, and featuring 78 black and white illustrations throughout, Modern Tarot is the ultimate introduction to the tradition of the tarot for millennial readers.

Whose Moon Is That?

Blending the romantic ideals of Art Nouveau with the dark horror and mystery of Gothic, the resulting mixture is a heady and intriguing combination. Illustrator Matt Hughes has forged these distinct forms into a new movement, perfectly named "Gothic Art Nouveau." Wander an exhilarating and forbidding gallery of unique and beautiful creations.

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Also contains a fascinating step-by-step section.

Hello Sacred Life

More than a guidebook, The Book of Tarot offers a space in which to set goals and intentions with clarity and purpose. It also serves as an accessible introduction to the Tarot's many uses, from mystical touchstone to practical resource. In this beautifully designed, easy-to-navigate book, Danielle Noel instructs readers in using the Tarot as a tool for self-understanding, meditation, and soulful introspection.

Tarot Elements

Written and Illustrated by Kim Krans Illustrated, Hand-lettered Interactive Introduction 99 Full-color Illustrated prompts Embark on an odyssey of reflection, self-discovery, and creative inspiration with The Wild Unknown Journal, a beautifully illustrated and hand-lettered guided journal from Kim Krans, the visionary artist and author behind the bestselling The Wild Unknown Tarot and The Wild Unknown Animal Spirit. Welcome to The Wild Unknown Journal. The labyrinth of creativity awaits you ... Your journey begins with a dynamic, interactive introduction that invites you into this contemplative space and explains how to use the journal and all the possibilities it offers. More than 125 exquisite pages of powerful prompts follow—combined with emotionally evocative watercolor imagery and elegant black-and-white line art—igniting an intimate and transformative experience for writers, artists, daydreamers, or anyone seeking creative magic. Liberating and meditative, this stunning journal offers us a deeper connection to our present moment and inner most selves—freeing us to write, draw, color, collage, and create. Tap into the untamed power of the wild unknown as you discover how to unleash the imaginative, the intuitive, and the inspired within.

The Essential Tarot

Get even more depth from your angel tarot readings with Radleigh Valentine's comprehensive guide to the use of, and the in-depth symbolism behind, Angel Tarot Cards. In The Big Book of Angel Tarot, best-selling author Radleigh Valentine follows up his groundbreaking work Angel Tarot Cards with the definitive guide to the mystical art of tarot. By removing the fear, worry, and secrecy from the process, Radleigh is reintroducing the world to this language of the Divine, without diminishing any of the amazing accuracy and detailed information that tarot is known for. This fascinating book takes you card by card through the journey of The Dreamer in the Major Arcana, fully explaining all of the magical symbolism found throughout tarot. You'll come to understand the importance of each suit of the Minor Arcana and its relevance to your daily life, as well as develop a

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-firm grasp of the court cards by getting to know each and every one as if they're real people. Radleigh reveals the incredible insights into your questions and concerns that arise from various card spreads—and also teaches you how to create your own! (Previously published as The Big Book of Angel Tarot by Doreen Virtue and Radleigh Valentine)

The Wild Unknown Tarot Guidebook

In this wholly original, never-before-seen box set, the New York Times bestselling author who has redefined tarot for the twenty-first century takes seekers on a journey of self-discovery deep into the collective unconscious and through the realm of archetypes, where dreams and myths meet. In this original box set, Kim Krans illuminates the revelatory power of archetypes—the ancient, universal symbols that have endured across time and cultures and reside deep in our shared psyche. Illustrated in her unmistakable “Wild Unknown” style, an emotionally evocative combination of elegant line art and lush watercolor painting, The Wild Unknown Archetypes Deck and Guidebook fosters a profound understanding of our complex personalities, behaviors, and tendencies. The Wild Unknown Archetypes deck includes 78 gorgeous circular oracle cards divided into four suits: The Self, The Place, The Tool, and The Initiation. Each archetype has been carefully selected for its symbolic potency and the lesson at the core of its nature, such as The Poet, representative of deep emotional creativity and the drive to find our truth, and The Resting Place, symbolic of a pause on our journey and the need to seek replenishment. Accompanying the deck is a 200-page hand-lettered, fully illustrated guidebook written and designed by Krans, which details the meaning behind each card and offers clear, grounded explanations of the many spreads, practices, and concepts that power the Archetypes deck. A beautiful and inclusive tool for self-exploration, The Wild Unknown Archetypes Deck and Guidebook is sure to enchant readers drawn to personal study, symbology, and lore. Destined to become a treasured keepsake, The Wild Unknown Archetypes Deck and Guidebook is an exquisitely designed work of art that embodies the mystery, glamour, and allure that made Krans's previous work collectible sensations, while introducing a whole new realm of magic and depth to The Wild Unknown.

Archetype Cards— A 78 Card Deck and Guidebook

This book contains all 78 tarot card interpretations of The Wild Unknown Tarot deck, with in depth writings on every card of the Major and Minor Arcana. Written by Samira Morrar, creator of Mira Sol Wisdom's Tarot Website. Each interpretation goes into full detail of this particular deck as well as in depth wisdom of original tarot meanings. This is a magickal guide for all tarot readers. The interpretations are useful for all tarot decks. The purpose of this text is to bring you into the highest alignment possible upon your Soul Path. The intention is to guide you in the direct energy of your

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Divine Will, and to release all that does not serve your path. Interpretations shared are from direct experience. This book opens portals of illumination, so that you can learn to trust your being, as you are guided in every moment along your journey. May this book change your life in the highest possible way, and may you flower and bloom with each step you take. Happy journeying, my time traveling friends.

The Book of Seshet

The Wild Unknown Tarot includes all 78 cards of the major and minor arcana, beautifully illustrated by Kim Krans. Includes a simple fold-out guide and ribbon pull.

Next World Tarot

A New York Times Bestseller Designed by Kim Krans Large Keepsake Box with Lifting Ribbon 78 Full-Color Tarot Cards in Elegant Lift Top Box with Lifting Ribbon Illustrated 200 Page Guidebook, Including 3 New Spreads From the beloved artist-seeker behind The Wild Unknown comes the long-awaited box set of her hit tarot deck and guidebook—together for the first time in a beautifully designed keepsake package. Kim Krans is not only a vanguard of the new tarot movement, but the person who is redefining it for the twenty-first century. For a legion of contemporary seekers, The Wild Unknown is more than a tarot deck; it's become a resonant guide for people all over the world, inspiring them to share countless images of their readings, tattoos, and art prints from the deck. Each of the seventy-eight cards in Krans's The Wild Unknown tarot deck is a work of art that explores the mysteries of the natural world and the animal kingdom. Hand drawn in her spare, minimalistic style, the striking images invite deep contemplation. The Wild Unknown guidebook is also an extraordinary cult art object—a hand-lettered and fully illustrated primer that leads readers through shuffling and cutting the tarot, creating spreads, and interpretations of all seventy-eight individual cards. Now, for the first time, Kim's The Wild Unknown tarot deck and tarot guidebook are available together in one beautiful, high-quality keepsake box set. Newly designed by Kim herself, and including never-before-published material, this boxed set retains the mystery, glamour, and allure that made her original deck a cult sensation, while introducing a whole new audience to its magic.

The Wild Unknown Animal Spirit Guidebook

A top tarotist's secrets to personal growth, one card at a time. The two volumes of Seventy-Eight Degrees of Wisdom have inspired a whole generation of tarot students. It has often been described by readers, booksellers, and teachers as the "Bible of tarot readers." It is also often cited as one of the landmark books in modern tarot, and it helped to launch the "Tarot Renaissance" of the 1980s. The two texts—

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one for The Major Arcana and one for The Minor Arcana--appear together in this volume, which is a reissue of the 1998 edition first published by Thorsons. *Seventy-Eight Degrees of Wisdom* draws on mythology and esoteric traditions and delves deeply into the symbolism and ideas of each card. It also gives the cards a modern psychological slant based on the pictures rather than a system of occult symbolism. This endlessly useful reference tool provides a concise history of tarot, introduces common spreads, and is a clear and readable book for both the beginning and advanced tarot student.

Modern Tarot

Visionary artist and New York Times bestselling author of *The Wild Unknown* Kim Krans returns with a decadently illustrated and incredibly raw graphic memoir that chronicles her multi-layered search for truth and recovery from an eating disorder and infertility in the throes of a health and wellness-obsessed culture, touching on the healing potentials of creativity and spirituality. With pen and paper as her trusted allies, revered visionary artist, spiritual seeker, and bestselling author of *The Wild Unknown*, Kim Krans chronicles her deeply personal journey of recovery through drawing. After cancelling her flight home to wellness-obsessed Los Angeles, where Krans had been secretly experiencing a debilitating eating disorder, she finds her way to an ashram and seeks spiritual and creative refuge. For forty days she relies on "drawing the feeling" as a way to realign her relationship to food, addiction, fertility, perfectionism, and the endless messaging of "never enough" echoing throughout current culture. She makes the ashram her home and embarks on the healing process through intricately hand-drawn narration of both her inner and outer worlds, cancelling forthcoming high-profile teaching obligations and international travel. Radical simplification, meditation, community, and creativity bring her through the darkest chapter of her life. What emerges from Krans' deeply personal undertaking is a raw and beautiful never-before-seen artists' document that explores what it means to prioritize truth and self-discovery in a world of relentless expectations and distractions. A memoir at its heart, *Blossoms and Bones* is a lifeline of light and beauty, a call to embrace our creative power, and a courageous example of realigning with one's destiny.

Blossoms and Bones

Move your creativity and life forward with this gorgeously designed deck. The Fountain Tarot draws on tradition, but provides a modern voice and distinct approach that highlights our everyday lives as a source of insight, wisdom, and growth. As a daily tool for reflection and a powerful vehicle for self-discovery, The Fountain Tarot reveals creative opportunities, awakens fresh viewpoints, and offers a new take on life's possibilities. Whether you're selecting a card to set the tone for your day, invigorate your creative energy, or inspire you

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before your meditation or yoga practice, The Fountain Tarot helps open closed doors and reveal new paths.

Learning the Tarot

The Vampire Tarot ties the tales and mythic figures associated with the vampire legend to the equally iconographic figures and forms of the tarot. This book explores the history of the vampire starting with Bram Stoker's classic 1897 novel, *Dracula*, as well as those writings that inspired Stoker and the vampire lore that derived from it. Stoker and his most famous work were both closely tied to the classic Rider-Waite-Coleman tarot. Now, author-illustrator Robert M. Place brings these two mythic traditions together with this extensively researched book that guides the reader through the subtleties and parallels within The Vampire Tarot, providing a guide for getting the most out of reading. Sure to delight not only tarot devotees but the general fan of the vampire mythos as well.

The Big Book of Angel Tarot

An exquisite exploration of the dark, self-transformative power of the tarot archetypes from a world-renowned artist and tarot enthusiast This is tarot deck and book that will help you plumb the depths of your soul, expose the powerful even frightening aspects of the human psyche, and teach you to cultivate self-realization. Arthur Taussig, the creator of the Alchemical Visions Tarot, is a renowned artist and polymath: a physicist, photographer, filmmaker, and musician whose artwork has been exhibited in 300 exhibitions worldwide. His complex imagery explores the theme of the Hero's Journey throughout the major and minor arcana and reveals often overlooked psychological implications of many of the tarot archetypes. Each card is presented as a key to cultivating self-awareness and self-realization. While the Alchemical Visions Tarot falls in the tradition of the Waite and Marseilles decks, it moves past preconceived notions of race of and gender. It is a deck that all serious tarot enthusiasts and spiritual seekers will want to explore for themselves.

123 Dream

The Wild Unknown Archetypes Deck and Guidebook

The Everyday Tarot Kit offers a fresh approach to Tarot, with a modern, beautifully illustrated deck, a helpful guide to the cards, and a beautiful keepsake box. Everyday Tarot brings a new perspective to the cards, giving modern soul-seekers the tools they need to access their inner wisdom and create an inspired life. This charming package, featuring stunning cards and a magnetic closure, will appeal to Tarot veterans and novices alike! This kit includes: A 78-card Tarot deck,

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with fully-illustrated, 2.5 X 3.5-inch cards. An 88-page mini book, with card meanings and sample spreads. A magnetic-closure keepsake box for card storage.

Write Yourself Happy

Five Astonishing Tarot Readings for Untangling Life's Messiest Problems From Melissa Cynova, author of the bestselling book Kitchen Table Tarot Author Melissa Cynova noticed that clients often turn up for readings with extremely complicated problems. She developed the five readings in Tarot Elements as a program for hitting the reset button on life. Whether you're reading for yourself or for others, this book can help you work with any tarot deck to clarify complex issues, unstick the stuck parts, and move forward to a better place. The five elements are powerful factors in assessing which areas of life need the most attention. Tarot Elements shows you how to use the elemental structure that shapes tarot to focus on one aspect of a problem at a time and resolve the tangled issues that are holding you back. The earth reading is about home. Air is about mind, fire is about body, water is about heart, and the spirit reading is about your soul and your spiritual practice. With hands-on exercises, sample readings, and fascinating insights, this book invites you to pick up your cards and begin the process of transformation.

Tarot for Beginners

Say hello to all creation, from the sun to the children.

The Fountain Tarot

Tarot Basics

The Wild Unknown Tarot Deck

Writing for Bliss

Psychologists tell us that writing helps us cope with and recover from depression, anxiety, job loss and even heartbreak. Exciting new research shows that we can flourish further by actively choosing to write about positive emotions. Journalling is a hot trend - for personal expression, creativity, self-actualisation and goal-setting. In Write Yourself Happy, author Megan Hayes shows us how, using positive journalling, we can journal more consciously, writing in a way that engages and promotes our most supportive and life-affirming emotions. This practical workbook demonstrates how to put eight of the most commonly experienced positive emotions - joy, gratitude,

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serenity, interest, hope, pride, awe and love - to work, helping us not simply to feel better, but to live better. Based on groundbreaking research in positive psychology, and backed up by extensive scientific studies, the book includes practical exercises and case studies to inspire readers to shift their focus, use different words, see the world in a subtly different way - and discover how things go right when we write. Praise for Write Yourself Happy: 'The power of positivity comes together with the power of the pen. It is a mighty force for well-being.' Miriam Akhtar MAPP Author of Positive Psychology for Overcoming Depression and What is Post-traumatic Growth? 'Write Yourself Happy is filled with practical, applied and scientifically proven methods - it offers readers a direct path to increase positivity and sustain happiness. It is the perfect resource for optimal wellbeing.' Daniel J Tomasulo, PhD, TEP, MFA, MAPP Psychologist and author of Character Strengths Matter www.dare2behappy.com 'This book is ideal for anyone who is looking for a creative and uplifting path to happiness. Megan's encouraging tone and fun exercises not only boost your mood but also help you to forge a stronger connection with yourself. I highly recommend the read - and doing each of the writing exercises in it!' Susanna Halonen The Happyologist® and author of Screw Finding Your Passion www.happyologist.co.uk 'Forget the pressure to become a perfectionist Photoshop you. Write Yourself Happy is about easing into a reality that already exists and needs nothing more to bloom than pen on paper. Let the scientifically nuanced and reassuring rhythm of your compassionate Sherpa Megan C Hayes steal you away.' Kristen Truempy, MAPP Creator of the Positive Psychology Podcast www.strengthsphoenix.com 'Megan artfully combines the world of writing with positive psychology producing this guide to 'writing yourself happy'. Written with a delicate balance of scientifically based wellbeing advice alongside an open playfulness that allows the reader to consider and interpret things for themselves. It is thanks to reading this book that my clients, and of course myself, enjoy the many benefits of Positive Journaling.' Samantha Spafford Psychologist and Director of Positive Mind Works www.positivemindworks.co.nz

The Golden Girls Tarot Cards

Wreck This Journal Everywhere

Learn how tarot cards can unlock the secrets of the past, present, and future in the latest book of the Modern Witchcraft series. For centuries, witches have used the tarot to seek insights into the past, present, and future. Today, a new generation is discovering the wonder of divining through the cards. Expert tarot reader Skye Alexander shares the many meanings of the cards within the Major and Minor Arcana. Featuring twelve of the most popular spreads and easy-to-follow explanations of how tarot readings can be interpreted, The Modern Witchcraft Book of Tarot is the essential guide for successful,

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insightful tarot readings.

The Wild Unknown Tarot Deck and Guidebook (Official Keepsake Box Set)

Writing for Bliss is most fundamentally about reflection, truth, and freedom. With techniques and prompts for both the seasoned and novice writer, it will lead you to tap into your creativity through storytelling and poetry, examine how life-changing experiences can inspire writing, pursue self-examination and self-discovery through the written word, and, understand how published writers have been transformed by writing. Poet and memoirist Raab (Lust) credits her lifelong love of writing and its therapeutic effects with inspiring her to write this thoughtful and detailed primer that targets pretty much anyone interested in writing a memoir. Most compelling here is Raab's willingness to share her intimate stories (e.g., the loss of a relative, ongoing struggles with cancer, a difficult relationship with her mother). Her revelations are encouraging to writers who feel they need "permission to take a voyage of self-discovery." The book's seven-step plan includes plenty of guidance, including on learning to "read like a writer," and on addressing readers as if "seated across the table." Raab covers big topics such as the "art and power of storytelling" and small details such as choosing pens and notebooks that you enjoy using. She also helps readers with the important step of "finding your form." --PUBLISHER'S WEEKLY "Writing for Bliss is about the profound ways in which we may be transformed in and through the act of writing. I am grateful to Diana Raab for sharing it, and I trust that you will feel the same as you read on. May you savor the journey." --from the foreword by MARK FREEMAN, PhD "By listening to ourselves and being aware of what we are saying and feeling, the true story of our life's past experience is revealed. Diana Raab's book gives us the insights by which we can achieve this through her life-coaching wisdom and our writing." --BERNIE SIEGEL, MD, author of The Art of Healing "Only a talented writer who has fought hard to overcome life's many obstacles could take her readers by the hand and lead them through the writing process with such enormous compassion, amazing insight, and kindness. Diana Raab is a powerful, wise, intelligent guide well worth our following." --JAMES BROWN, author of The Los Angeles Diaries and The River "Writing for Bliss is far more than a 'how-to manual'; it enlightens the creative process with wisdom and a delightful sense of adventure. Bravo to Bliss!" --LINDA GRAY SEXTON, author of Searching for Mercy Street: My Journey Back to My Mother, Anne Sexton "Uniquely blending inspiring insights with practical advice, Diana guides you on a path to discover the story that is truly inside you and yearning to be told." --PATRICK SWEENEY, coauthor of the New York Times bestseller Succeed on Your Own Terms DIANA RAAB, PhD, is an award-winning memoirist, poet, blogger, workshop facilitator, thought provoker, and survivor. She's the author of eight books and over one thousand articles and poems. She lives in Southern California. Learn more at www.DianaRaab.com

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