

The Ultimate Guidebook To Paddling The Lower Canyons Of The Rio Grande

Mastering the RideThe Ultimate Guide to Whitewater KayakingPaddling GeorgiaPaddling the ColumbiaStand Up PaddlingThe Art of KayakingWhitewater KayakingWhitewater Kayaking The Ultimate Guide 2nd EditionA Canoeing and Kayaking Guide to the OzarksPaddling Pacific Northwest WhitewaterPaddling AmericaKayaking Vancouver IslandScottish SUP GuideA Paddler's Guide to Everglades National ParkPaddling Northern California, 2ndBest Canoe Trips in the South of FranceUltimate Canoe and Kayak AdventuresDevils RiverThe Complete Idiot's Guide to Canoeing And KayakingSit-on-top KayakDiscovering the AllagashCanoe PaddlesPaddling HawaiiPaddling MichiganPaddling BritainWestern Whitewater from the Rockies to the PacificCanoeing the MountainsPaddling TennesseePaddling IllinoisThe Ultimate Guide to Whitewater Rafting and River CampingPaddling IdahoKayak FishingThe Stand Up Paddle BookPaddle Your Own KayakActive VancouverGulf IslandsPaddling ColoradoSwimming Holes of WashingtonThe Lower Canyons of the Rio GrandeSwiftwater Rescue Field Guide

Mastering the Ride

This definitive guide to the sport of whitewater kayaking draws on the combined 30+ years of experience of world-renowned paddlers and instructors Ken Whiting and Kevin Varette. Covers everything from the most basic skills and concepts to the most advanced, cutting-edge paddling techniques.

The Ultimate Guide to Whitewater Kayaking

Until now, surprisingly little information has been available to those who want to paddle Vancouver Island's many waterways. Enter Gary Backlund and Paul Grey. Building on the success of their first book, *Easykayaker: A Guide to Laid Back Vancouver Island Paddling*, the authors have compiled a comprehensive reference book for paddlers of all skill levels. In *Kayaking Vancouver Island*, the paddling duo guide their readers through trips ranging from a lazy day excursion in Victoria's historic Gorge waterway to an exciting multi-day voyage around Meares Island in Clayoquot Sound. To research the book, the authors traveled from Sooke on the southern tip of the island to Port Hardy in the north, and from Zeballos on the west coast to Gabriola Island off the east coast. Along the way they interviewed local guides, outfitters and historians to get the most accurate information about their destinations. Combining a guidebook format with journal-like entries from their own travels, the authors cover everything from launch sites to lunch sites, which currents to avoid and which tides to ride. The book is also rich in local mythology, folklore and history. Writing with safety and (mostly) easy paddling in mind,

Backlund and Grey rate paddling skills required for each area along with trip lengths and distances. They provide an insider's guide to local conditions and brief readers on tides, currents, charts, marine weather and coastal regulations.

Paddling Georgia

The Ultimate Guide to Tennessee's Great Paddling! Tennessee truly has something for every paddler, whether float trips down dark water trails of swamp rivers or kayaking excursions along whitewater streams. Paddling Tennessee describes the best and most accessible routes, including Reelfoot Lake and the Hatchie River in the west; the Volunteer State's contribution to great rivers of the world—the Duck; and the crown jewel of Southern Appalachian paddling destinations—the Hiwassee River. Carefully chosen to suit most beginning to intermediate paddlers, each route provides access to wilderness for city residents and visitors alike. This updated and revised edition features the latest paddling information as well as gorgeous, full-color photography throughout.

Paddling the Columbia

Stand Up Paddling

Paddling Pacific Northwest Whitewater is the definitive guide to the best rivers and creeks for kayaking and rafting in Washington and Oregon—home to some of the most fun (and challenging) whitewater in the world. Including over 240 detailed run descriptions from local area paddlers who know these rivers and creeks better than anyone else, this is the only book you'll ever need for a lifetime's-worth of paddling in the Pacific Northwest. Includes... ·Run descriptions ·Shuttle directions ·Detailed maps ·Min. and max. recommended flows ·Scouting advice ·Awesome photos ·And more!

The Art of Kayaking

Provides water lovers with a host of fun destinations Includes swimming gems from drive-ups to hike-ins, in-city to out in the country Appeals to all ages, fitness types, and income levels—admission fees not required Finally a guidebook for swimmers! There is no shortage of guides for places to hike, climb, and paddle in Western Washington, but not much on how to find perfect places to swim. Now Swimming Holes of Washington fills that, er, hole. It's the ultimate list for water lovers who want to find gorgeous and fun places to make a splash. Everyone from hardcore hikers to families out for a picnic and plunge will enjoy this guide to a universally loved activity. Authors Anna Katz and Shane Robinson literally dove into their research to find the best swimming holes to share. They set the bar high: cleanliness and clearness of the water is

paramount, but the beauty of the surrounding area, the company (or wonderful lack thereof), and the effort involved in getting there are also taken into account. This lavishly illustrated, full-color guide includes: 70 prime swimming holes, mainly in the Cascades and Olympics, with an emphasis on natural swimming locations Description of each location, including insider's tips, type of swimming hole, best season to go, and the features and amenities found there Directions via car, bike, public transport, and/or foot Trail maps to the more remote holes Information on swimming safety, etiquette, types of water holes, gear, and more

Whitewater Kayaking

The Ultimate Guide to Georgia's Greatest Paddling! Georgia's waters hold a wealth of riches, and Paddling Georgia features the best river and coastal trips for avid paddlers, floaters, and anglers. In the northeast, the Chattooga River forms the crown jewel of Blue Ridge paddling destinations while the 410-mile-long Chattahoochee flows to the Alabama border. The Ocmulgee and Oconee Rivers flow through the heart of the state in the botanically rich Piedmont, and there simply is no other Okefenokee Swamp. Coastal paddles, meanwhile, will lead you to lighthouses, barrier islands, and beaches. This updated and revised edition features the latest paddling information as well as gorgeous, full-color photography throughout.

Whitewater Kayaking The Ultimate Guide 2nd Edition

Don't get caught without a paddle Filled with nearly 100 photos and illustrations, this must-have guide-written by the foremost paddlesports experts-gives the aspiring canoe or kayak adventurer everything he or she needs to know before taking the plunge. Inside, discover how to choose between buying a canoe or a kayak, understand paddling techniques and strokes, and find out how to plan a trip and choose an outfitter or guide.

A Canoeing and Kayaking Guide to the Ozarks

Grab your paddle and enjoy Illinois' beautiful rivers. This comprehensive guidebook--the only one for Illinois--features 64 trips on 33 rivers. Rivers covered include Cashe, Des Plains, Embarras, Fox, Galena, Mackinaw, Middle Fork, and Spoon. This is the ultimate guide for canoe or kayak enthusiasts of all abilities.

Paddling Pacific Northwest Whitewater

"Active Vancouver" offers the reader a variety of pursuits--cycling, trail running, hiking, snowshoeing, paddling, walking, and nature treks--all within a day trip of Vancouver, British Columbia, one of the most vibrant urban regions in the world for

access to recreational green space. The myriad activities featured in this unique guidebook are for locals and tourists alike who have beginner to intermediate skills in each sport. Here you'll find all the year-round information needed to plan a fun, energetic and educational adventure day in one of the most beautiful cities in the world. Readers are able to scan activities quickly for timing, distance, elevation and accessibility. Equally important, each activity also provides an "Eco-Insight" into the natural history of the locale to give the user a deeper connection with the environment. Complete with colour photographs and maps, "Active Vancouver" is the ultimate resource for both exciting and family-friendly outdoor recreation in and around Vancouver throughout the year.

Paddling America

Northern California is a paddler's paradise, and this book has all the information you need to plan a variety of excursions. Whether you want to canoe down relaxed rivers or glide across tranquil lakes, squirtboat on frothing whitewater or sea kayak on the Pacific Ocean, this guide describes more than 70 paddling trips along 868 miles of California waterways, encompassing 53,400 square miles between Monterey and the Oregon border. Detailed maps include access points and landmarks; flow charts indicate optimum floating seasons; tide information for the ocean trips will help you ride with the current; and full-color photos throughout will inspire you.

Kayaking Vancouver Island

This is the second edition of the popular paddling guidebook, "White Water Massif Central" - newly researched, completely updated, and given a more focussed, title. It is written for the recreational canoeist, kayaker, or stand up paddle boarder going on holiday to the South of France. Rivers include the famous Gorges du Tarn, Gorges de l'Ardeche, Dordogne and Lot, besides some lesser known jewels such as the Allier, Herault, Orb, Vezere and Cele. The Massif Central is renowned for its canoeing and the rivers in this guidebook are some of the best in the world for canoe-camping. This guide book targets those rivers that have easy white water and assured water levels in the summer months of July and August, when most families have to take their holidays. New dams, reservoirs, and guaranteed water releases means that canoe tourism is now huge in the Massif Central and this guide covers over 800km of class 1-3, with all the details needed for a fabulous and truly escapist, holiday. There are two new rivers, 22 detailed colour maps, updated river descriptions, recommended campsites and lots of inspiring photographs.

Scottish SUP Guide

This revised edition of the best and most authoritative kayaking guide to Hawai'i is written for the lifelong landlubber and

expert kayaker alike. Audrey Sutherland draws on more than three decades of experience as a paddler in Hawaii (and elsewhere) to provide readers of all abilities with everything they need to know to enjoy a safe and satisfying paddling trip in Hawai'i--whether it's an afternoon spin around a cove or a week-long circumnavigation of an entire island. In addition to detailed route descriptions for all the major islands--covering departure and landing spots, interesting stops and sights along the way, and likely campsites for overnight stays--this guide contains a wealth of information on kayaks and paddles, safety, weather, food, and transporting equipment between islands. Much of the information is new and useful wherever in the world you paddle.

A Paddler's Guide to Everglades National Park

With stunning new photography and contributions from 20 influential kayak angling pros, this edition provides new kayak anglers with a solid foundation of skills and concepts for a safe and comfortable entry into the sport. Experienced kayak anglers will benefit from a wealth of tips, tricks, and advanced kayak fishing techniques.

Paddling Northern California, 2nd

The most accurate and comprehensive guide for British Columbia's coastal waters, from southeast Vancouver Island (Victoria to Nanaimo) and all of the Gulf Islands

Best Canoe Trips in the South of France

“Navigating the 1.5-million-acre Everglades National Park just got easier. From lists of necessary tools for a safe, dry and successful adventure to locating ground and beach campsites for weary campers to rest their boards, the guide works.”—St. Petersburg Times “This well-organized, clearly written guide . . . covers all the conceivable necessities. . . . Invaluable.”—Tampa Tribune “[Molloy] describes backcountry campsites; unusual chickees to Calusa Indian mounds to beachfront islands. . . . A good starting point for those who would attempt such an up-close visit to the Everglades.”—Ocala Star-Banner “After learning all about the Everglades in this book, you might want to get out and see this unique place firsthand.”—Fairchild Tropical Garden Magazine “Offers important information for boaters (tidal activity, campsites, routes to avoid, what to pack, wind challenges, approximate paddling time, and much more) and includes detailed maps [Molloy's] writing style is both authoritative and enticing; he can almost make you want to drift about in clouds of mosquitoes and no-see-ums.”—Library Journal Whether forging uncharted territory or slipping along marked canoe trails, Molloy guides readers through more than 400 miles of creeks, bays, marshes, and the Gulf of Mexico. This indispensable reference has been comprehensively updated, and now includes GPS coordinates and twelve new paddle routes.

Ultimate Canoe and Kayak Adventures

• Follow in the wake—literally—of Lewis and Clark! • A planner for all 1200 miles of the river—whether in one continuous trip or in sections Paddling the Columbia begins at the river's headwaters on Columbia Lake in British Columbia and provides comprehensive information for traveling its full 1245 miles to the Pacific. The guidebook enables serious paddlers to set a goal, like hiking the Pacific Crest Trail or climbing the Seven Summits—but on water. The book divides the river into 34 segments, detailing put-in and take-out points, campgrounds, various land manager regulations, key riverside sites, dams and water releases, paddling times and distances, free-flowing areas, ferry schedules, and more. Introductory texts and sidebars cover local history, things to do nearby (like hot springs, hiking trails, or places to eat), as well as wildlife and scenery. Boat types and equipment are also covered. The overall tone is adventurous, funny, and introspective. "Even if you have no intention of ever dipping a paddle in the mighty Columbia, anyone who loves the river will enjoy reading Roskelley's thoughtful insight about the river that defines a region." -- The Oregonian

Devils River

The Art of Kayaking is the distilled essence of a lifetime of kayak instruction at all skill levels around the world, with the added insights gained from years of designing kayaks, paddles, and kayaking equipment. This comprehensive kayaking manual by one of the biggest names in kayaking offers more essential detail about commonly used techniques than ever before published in a single volume. Color photo action sequences show how to perfect skills, and how to apply them. Maps, tables, and diagrams walk the reader through essential planning steps. No matter which type of kayak, paddle, or style of paddling the reader prefers, the appropriate techniques are described clearly and concisely. The progression through the book makes it easy to start as a beginner and to access as much information as can be tackled at any stage of development up to and including the expert. It is a definitive manual designed to stand the test of time.

The Complete Idiot's Guide to Canoeing And Kayaking

Best-selling author David Hough is the anti-bad ass of motorcyclists, a serious down-to-earth master of two- (and three-) wheeled street rods who is interested in the safety and road smarts of his fellow motorcyclists. Mastering the Ride is his follow-up book to one that put him on the map, Proficient Motorcycling, and it goes one better. For motorcyclists ready to take their rides to the next level, Mastering the Ride is an exhilarating course in skills, safety, and common sense. Hough's writing style is straightforward and conversational, never professorial, preachy, or boring. With instructional color photographs and drawings, the book covers improving the rider's skills of speed and passing on superslabs, mountain roads, and city streets; anticipating and handling street and road hazards, from treacherous tar snakes to lane-weaving

drivers; and learning the limits of sight distances, executing quick stops at sudden hazards as well as curves. The book devotes two full chapters to the skills involved in mastering cornering, with specific advice about rolling on and off the throttle, shifting, braking, countersteering, body steering and positioning, and cornering lines. In the chapter "Mastering the Art of Conspicuity," Hough recommends riders understand and employ conspicuity, that is understanding how motorcyclists and car drivers see their surroundings and getting others to see you on the road by use of hi-viz clothing, LED lights, and other gear. The key to safety rests in increased situational awareness; the topic of the next chapter; the ability to predict how road events will unfold by thinking through the possibilities way before a potential hazard presents itself. Thanks to Hough's direct and specific instructions to riders for what they need to know, to improve, to avoid, and to do every time they get on their bikes, this chapter and the skills it describes are nothing short of life-saving. In short, Mastering the Ride is a crash course in how not to crash; that is, after all is read and done, what every motorcyclist must avoid for his own life and the lives of others on the road. As Eric Trow, a motorcycle safety journalist and instructor states on the back cover, "Mastering the Ride should be required reading for every road-going motorcyclist and become the companion of any rider serious about advancing his or her road craft." Voni Graves, the record-setting million-mile BMW rider, is a long-time Hough fan who relied on Hough's "wisdom" back in the 1970s when the author was a columnist. "The latest from David brings together his years of experience and his unique analysis to make the case for mastery in a conversational way that makes [Mastering the Ride] impossible to put down. The breadth and depth of the information; is astounding." A section on the aging rider, including ways to compensate for older riders' slower reaction times and readapting their skills, is included in the appendix, as is a travelogue of Hough's road trips to some of his favorite locations. A glossary, resources section, and index complete the book.

Sit-on-top Kayak

Be sure to download the "Rivers" chapter for free so you can try the book before you buy! * Stand Up Paddling (SUP) is the fastest growing outdoor sport * The first comprehensive guidebook to how to SUP at all levels * SUP appeals to everyone, from fitness enthusiasts to paddlers looking for a new challenge Hawaiians were stand up paddle surfing (known as SUP) in the '50s and '60s, but the sport was first seen on the U.S. mainland in the early 2000s, when surfers Laird Hamilton and Rick Thomas brought it to California. Now you see SUP popping up everywhere – it's ranked as the fastest growing sport in the U.S. by the Outdoor Industry Association. Longtime stand up paddler and instructor Rob Casey has authored the first and only comprehensive guide to the sport. From choosing the right gear to stroke techniques (j-stroke, Tahitian, sculling brace) and fitness advice, Rob will have you stand up paddling in no time. Specific chapters focus on flat-water paddling, paddle surfing, and river paddling to show you exactly what you need to take your SUP skills and knowledge to a specific environment. Whether you want to learn about fitness or expedition planning in flat water, how to forecast waves and current for surfing, or how to use river eddies to your advantage -- it's all here in this easy-to-reference guidebook from

a SUP expert. If you want to know more about Stand Up Paddling author Rob Casey be sure to check out his amazing photography, and for more frequent updates from our SUP paddling guru be sure to check out his blog, Facebook page, Twitter account, or even his YouTube page!

Discovering the Allagash

A complete beginner's guide to the sit-on-top kayak. Sit-on-top kayaking is fun and easy to learn. Anyone can do it! Paddlers, newcomers and those curious about the sport will find all the answers to their questions in this book. Using colour photos and clear descriptions, this book is the perfect introduction to sit-on-top kayaking. Choosing the right kayak, how to store and transport it, how to get the most fun out of your boat and how to stay safe whilst doing so are explored in detail. Snorkelling, fishing and scuba diving are some of the other activities that benefit from using sit-on-tops and these are also covered.

Canoe Paddles

Paddle Your Own Canoe set a new standard for how-to-canoe books. In this companion title, Gary and Joanie McGuffin use the same model for the art of kayaking. The authors discuss the kayak's Inuit history, types of kayaking, recommended kayak sizes and shapes, and proper gear and clothing. They also offer expert, step-by-step instructions on all of the sport's essential techniques. Illustrated with more than 600 color photographs and illustrations, Paddle Your Own Kayak is designed for both seasoned and novice kayaker, offering guidance on: Balancing the body Strokes and maneuvers Paddling fundamentals Recoveries and rescues Carrying and launching Weather and water conditions techniques Staying centered Navigation methods. A special section on kayak camping provides good advice on what to look for in a destination, how to select a site, packing your kayak, setting up tents and shelters, meal preparation, water filtration, first aid and much more.

Paddling Hawaii

Paddling Michigan

In the heartland of America rise the Ozark Mountains, teeming with cascading, free-flowing streams. Situated astride the Missouri/Arkansas border, the Ozarks represent a canoeing and kayaking wonderland. Still a comprehensive, accurate and readable guide, but now with a new design and format, A Canoeing & Kayaking Guide to the Ozarks (formerly Ozark Whitewater) catalogs the varied rivers of the region. Inside are updated descriptions of all the classic rivers, including the

Buffalo National and Little Missouri, as well as exciting new reports of today's steep creek runs: Bryant, Turkey, and many others. This guide is the definitive sourcebook for Ozark river sport.

Paddling Britain

The most comprehensive and valuable book about the sport. Drawing on the combined 30 years experience of world-renowned paddlers and instructors, Ken Whiting and Kevin Varette, this manual covers everything from the most basic skills and concepts to the most advanced, cutting edge paddling techniques. You'll learn to choose the right equipment, the essential strokes and paddling techniques, the art of reading whitewater, river running techniques, river safety and rescue, creek boating skills, big water skills, playboating techniques, surf kayaking technique, squirtboating, slalom and much more. Whatever you need, you'll find it in this essential whitewater kayaking reference. Includes detailed illustrations, stunning photos and literary contributions from many of the world's finest kayakers. Includes segments from: Tao Berman - World Record waterfall holder Dunbar Hardy - Expeditionary Kayaker Phil and Mary DeRiemer - Instructional Gurus Brendan Mark - World Champion Squirtboater Anna Levesque - Creator of the 'Girls at Play' video

Western Whitewater from the Rockies to the Pacific

The nation's rivers connect mountains to sea, communities to natural places, and people to wildlife. America's Wild & Scenic River system recognizes these values. Paddling America provides descriptions for paddling and exploring 50 Wild and Scenic Rivers across the country. Woven throughout the river descriptions will be small anecdotal sidebars touching on the history of the Wild & Scenic Rivers Act, the adventurers themselves, and tips for paddling. Each chapter will contain one map, specifications in accordance with paddling guidelines including GPS coordinates, put-in/takeout information, an overview of the paddle, miles and directions, full-color photos, and sidebars.

Canoeing the Mountains

The Scottish SUP Guide is the ultimate Guide to Where to Paddle in Scotland. With detailed descriptions, photos, Google Co-ordinates and local information, its the ideal introduction to SUP in Scotland. This is the first ever Paddleboarding (SUP) guide and book about Scotland. Many years of local knowledge have gone into producing this guide, highlighting some of Scotland's best locations. It includes locations for Surfing, Touring and Whitewater and on Loch, Rivers and Coastline. Whether you are a beginner wanting to know where to go or an expert wanting to hit the best spots, this book is for you.

Paddling Tennessee

Paddling Colorado describes thirty-four trips in a remarkable variety of settings—from downtown Denver to the remote canyons of the Dolores River.

Paddling Illinois

The Ultimate Guide to Whitewater Rafting and River Camping

Idaho's rivers hold a wealth of riches for avid paddlers, floaters, and anglers. Paddling Idaho features the best river trips for the perfect paddle, whether it is a half-day or a full-day trip. History buffs will appreciate the sidebars detailing local information. Look inside to find: Full-color photos GPS coordinates Detailed river descriptions Maps showing access points and river miles Level of difficulty, optimal flows, rapids, and other hazards Historical information For more than twenty-five years, FalconGuides® have set the standard for outdoor guidebooks. Written by top experts, each guide invites you to experience the adventure and beauty of the outdoors.

Paddling Idaho

Kayak Fishing

This book combines practical woodworking technique with practical canoe use experience [It] covers every single aspect of canoe paddle building. -- Sawdust and Shavings Despite the growing interest in making paddles and canoes, it can be difficult to find reliable information on that craft -- except for this book. First published more than a decade ago and having sold 35,000 copies, Canoe Paddles: A Complete Guide to Making Your Own is the ultimate modern guide to the traditional craft for both the how-to beginner and the skilled woodworker. In Canoe Paddles: A Complete Guide to Making Your Own, longtime canoeist and woodworker Graham Warren provides detailed information and guidance to make a canoe paddle that will be used with confidence and cherished for generations. The book is thoroughly illustrated with photographs, line drawings and plans with measurements for: How to make a paddle having a single blade, a bent shaft, or double blades How to protect a paddle with oil or varnish What to look for when test-driving a paddle How to decorate a paddle How to care for and repair a paddle. The authors include an appreciation of the evolution of the paddle plus a special chapter by renowned canoe-building teacher David Gidmark which celebrates paddle-making in the native tradition.

The Stand Up Paddle Book

Do you ever feel that you are leading in uncharted territory? Pastor and consultant Tod Bolsinger draws on decades of expertise guiding churches and organizations in this expanded practical leadership resource, offering illuminating insights and practical tools to help you reimagine what effective church leadership looks like in our rapidly changing world.

Paddle Your Own Kayak

Winner of the 2018 National Outdoor Book Award for Best Instructional Book! The Ultimate Guide to Whitewater Rafting and River Camping introduces new rafters to the skills, equipment, and knowledge required to mount a multiday whitewater rafting trip. Rafting equipment, skills, and techniques have changed drastically in recent years, and this book provides the latest information on equipment selection, care, repair, and use; whitewater rafting techniques; reading rivers; hazard evaluation and basic rescue; camping techniques; river cooking and living; and expedition planning. Written in a clear and comprehensive manner by outdoor educator and whitewater veteran Molly Absolon, The Ultimate Guide to Whitewater Rafting and River Camping is a great tool for novices and an excellent resource for experienced rafters.

Active Vancouver

A stunningly illustrated book detailing the world's most breathtaking on-water adventures Whether it's paddling down mountain chasms or exploring rugged coastlines, navigating a canoe or kayak counts as one of life's indescribable joys. And in this memorable collection of 100 extraordinary on-water experiences, armchair adventurers and avid water sport enthusiasts are given a taste of canoeing and kayaking in every climate, condition, and geographical location. From the frozen wastes of North America, the rivers and seas of Europe and Asia, to the stunning waters of the Far East and Australasia, each paddle stroke is brought to life. With something for everyone—from the white water adrenaline junkie to the extreme sea kayaker—Ultimate Canoe and Kayak Adventures offers true-life adventurers useful, detailed information telling you exactly how, where, and when to attempt any on-water expedition yourself. The three co-authors are highly experienced paddlers from both sides of the Atlantic. Eugene Buchanan is editor-in-chief of Paddling Life, Jason Smith is editor of Canoe & Kayak UK while James Weir is a prize-winning paddler and journalist who still leads extreme paddling expeditions worldwide. Striking full-page photographs are matched with lively text that bring 100 adventures to life Offering a rare, inside look at living the life of adventure in every climate and latitude, this spectacular album of memorable canoeing and kayaking experiences is an ideal gift and a must for those who wish they'd been there—and those who already have.

Gulf Islands

The most complete and up-to-date guide available to canoeing and paddling destinations in Michigan. Includes more than 70 whitewater and flatwater trips in both the Upper and Lower Peninsulas.

Paddling Colorado

This book is the ultimate guide to the Allagash Wilderness Waterway (AWW) because it covers every aspect of the canoeing/camping experience from the skilled eyes of a seasoned camper, accomplished canoeist and dedicated Eagle Scout. It includes maps based on the map/brochure issued by Maines Department of Agriculture, Conservation and Forestry with permission from the AWW Superintendent. There are over 100 stunning color photos, suggestions of what to bring, where to park, where to put-in and take-out, as well as brief summaries of what to expect at different campsites. It is also a study of contrasts, as the author describes: quiet serene lakes; charging bull moose; terrifying intense winds creating three-foot waves; rainbows over calm water; embedded history of lumbering; spelunking in the Ice Caves; hiking nature trails with beautiful vistas; starrng up at the Northern Lights; surviving the white water of Chase Rapids; falling asleep exhausted to the call of a loon, the babbling of a brook or the roar of a waterfall, and so much more. The AWW is an extremely remote, nature sanctuary that has won the authors heart. He hopes the guidance and advice in his book will allow others to canoe this wilderness paradise with confidence and insight, as they are reminded of Henry David Thoreaus quote: in wildness is the preservation of the world.

Swimming Holes of Washington

This new, unique guide from Bradt is the definitive guide to stand up paddle boarding across British coastlines and inland waterways. Written by Lizzie Carr, aka Lizzie Outside, Britain's best known paddle boarder, it reveals the 50 best places to go paddle boarding in Britain, from Devon and Cornwall to Monmouthshire, Norfolk, Cumbria and the Cairngorms. It also provides the full run-down on everything you need to know for successful and enjoyable stand up paddle boarding, from safety tips to kit, weather watching to paddling responsibly. In addition it covers options for canoeing and kayaking. The waters of England, Wales and Scotland are all featured, from rivers and canals to coastal strips and island circuits. Stand up paddle boarding is sweeping across the Britain, giving people the opportunity to explore some of the most remote and untouched parts of the country that would otherwise be left inaccessible. Whether you're looking for inspiration, a weekend adventure or a more daring paddle boarding challenge, this book reveals the best spots to stand up paddleboard across Britain. Described in loving detail and with gentle humour, each location contains practical information about how to find these remote spots and what to expect on your journey. The author, Lizzie Carr, says: 'this book responds to the countless

questions I receive regularly from paddle boarders looking to explore new places and get new experiences from their SUP. Whether people want to take their families for a weekend adventure or enjoy a camping getaway with friends this book - the first SUP guide on the market - aims to answer these questions and inspire people to get outside and explore the UK water scene both coastal and inland.'

The Lower Canyons of the Rio Grande

The Stand Up Paddle Book is the complete guide to stand up paddle surfing etiquette, equipment, and surfing technique! Nate Burgoyne, founder and editor of Stand Up Paddle Surfing Magazine, who is also and founder and instructor of Rainbow Watersports Adventures stand up paddle school in a Hawaii on the North Shore of Oahu, guides you through the exciting journey from window shopping for your first board to catching your first waves to taking your stand up paddle surf skills to a higher level in this, the first book ever published, on the sport. Fun illustrations, comprehensive information, real life stories, and conversational voice packed into 268 pages make The Stand Up Paddle Book the best book for learning how to stand up paddle. TESTIMONIALS: "This clear and easy to read book is a great resource that takes you step-by-step so you can get out on the water and enjoy stand up paddling. Nate does a beautiful job of keeping things simple to understand and easy to read." - Blane Chambers, Shaper and Founder of Paddle Surf Hawaii "In a cyber age where any fool with a keyboard can become an instant expert on stand up paddling, Nate Burgoyne is a breath of fresh air." - Dave Chun, Shaper and Founder of Kialoa Paddles

Swiftwater Rescue Field Guide

This comprehensive guide covers everything from the most basic skills and concepts to the most advanced, cutting edge paddling techniques. Now in its second edition, Whitewater Kayaking has become the established, definitive guide on the sport.

Read Free The Ultimate Guidebook To Paddling The Lower Canyons Of The Rio Grande

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