

The Lazy Genius Way Embrace What Matters Ditch What Doesn't And Get Stuff Done

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Call Me By My Name

Walk in the shoes of the disciples, as New York Times bestselling author Charles Martin brings their stories to life with his storyteller's perspective. In the first century, believer didn't just mean someone who heard and agreed with Jesus; it meant someone who acted on that belief. And when the outside world saw the faith of these new believers, they declared "they turned the world upside down" (Acts 17:6). That's the kind of believer Charles Martin wants us to be. The kind who understands that the truth of Jesus' life, death, and resurrection is so powerful, it reshaped history. The kind of believer who lives with that same world-changing faith today. In his second non-fiction work, he uses his talents as a novelist to walk you through the lives of the disciples in the aftermath of the Resurrection and as they spread the message of the Gospel and "turn the world upside down", leading up to Paul's ministry in Thessalonica. In his beloved lyrical style, Martin illuminates key moments from Scripture and shares stories from his own life as a disciple. With the same depth, sensitivity, and emotion that have made his novels beloved to millions, Martin will help you engage with your faith in a new and inspiring way.

Good Girls Lie

Hailed by Dr. Andrew Weil as a book "that must be brought to all who seek true health," Coyote Medicine is an engaging and essential testament to the power of alternative healing and recovery methods that lie beyond the confines of Western medicine. Inspired by his Cherokee grandmother's healing ceremonies, Lewis Mehl-Madrona enlightens readers to "alternative" paths to recovery and health. Coyote Medicine isn't about eschewing Western medicine when it's effective, but about finding other answers when medicine fails: for chronic sufferers, patients not responding to medication, or "terminal"

cases that doctors have given up on. In the story of one doctor's remarkable initiation into alternative ways to spiritual and physical health, Coyote Medicine provides the key to untapped healing methods available today.

Calm the H*ck Down

You don't have to live overwhelmed by stuff—you can get rid of clutter for good! While the world seems to be in love with minimalism, many of us simply can't purge it all and start from nothing. In *Decluttering at the Speed of Life*, decluttering expert Dana White identifies the mindsets and emotional challenges that make it difficult to declutter, and then provides workable solutions to break through these struggles and get clutter out—for good! But more than simply offering strategies, in her signature humorous approach Dana dives deep into how to implement them, no matter the reader's clutter level or emotional resistance to decluttering. Sections of the book include: Why You Need This Book (You Know Why) Your Unique Home Decluttering in the Midst of Real Life Change Your Mind, Change Your Home Breaking Through Your Decluttering Delusions Working It Out Room by Room Helping Others Declutter Real Life Goes On (and On) As long as we're living and breathing, new clutter will appear. The good news is that decluttering can get easier, become more natural, and require significantly fewer hours as you get in the groove. Start your decluttering journey today!

Junk Mail

“Rachel Macy Stafford's post "The Day I Stopped Saying Hurry Up" was a true phenomenon on The Huffington Post, igniting countless conversations online and off about freeing ourselves from the vicious cycle of keeping up with our overstuffed agendas. Hands Free Mama has the power to keep that conversation going and remind us that we must not let our lives pass us by.” --Arianna Huffington, Chair, President, and Editor-in-Chief of the Huffington Post Media Group, nationally syndicated columnist, and author of thirteen books <http://www.huffingtonpost.com/> DISCOVER THE POWER, JOY, AND LOVE of Living “Hands Free” If technology is the new addiction, then multi-tasking is the new marching order. We check our email while cooking dinner, send a text while bathing the kids, and spend more time looking into electronic screens than into the eyes of our loved ones. With our never-ending to-do lists and jam-packed schedules, it's no wonder we're distracted. But this isn't the way it has to be. In July 2010, special education teacher and mother Rachel Macy Stafford decided enough was enough. Tired of losing track of what matters most in life, Rachel began practicing simple strategies that enabled her to momentarily let go of largely meaningless distractions and engage in meaningful soul-to-soul connections. She started a blog to chronicle her endeavors and soon saw how both external and internal distractions had been sabotaging her happiness and preventing her from bonding with the people she loves most. Hands Free Mama is the digital society's answer to finding balance in a media-saturated, perfection-obsessed world. It doesn't mean giving up all technology forever. It doesn't mean forgoing our jobs and responsibilities. What it does mean is seizing the little moments that life

offers us to engage in real and meaningful interaction. It means looking our loved ones in the eye and giving them the gift of our undivided attention, leaving the laundry till later to dance with our kids in the rain, and living a present, authentic, and intentional life despite a world full of distractions. So join Rachel and go hands-free. Discover what happens when you choose to open your heart—and your hands—to the possibilities of each God-given moment.

The Lazy Genius Way

Are you frustrated with your life? Are you struggling to find breakthrough and feeling like you are just spinning your wheels?

Inexcusable

NEW YORK TIMES BESTSELLER Decorating for each season doesn't have to be overwhelming or expensive. Your home can be festive, stylish, and cozy with minimal effort and a limited budget--just ask The Nester! In *Welcome Home*, Myquillyn Smith guides you through creating and enjoying a seasonally decorated home with more style and less stuff. No matter what the world says, embracing the seasons does not require bins of factory-made décor or loads of time. In fact, it's possible to decorate for each season without frustration, going overboard, or blowing your budget. Drawing from the cozy-minimalist principles in *Cozy Minimalist Home*, stylist and Wall Street Journal bestselling author Myquillyn Smith will help you create a home that's fresh, meaningful, beautiful, and (bonus!) always ready to host. With engaging how-tos and inspiring photos, she guides you step by step through purposeful design decisions to cultivate a space where loved ones gather, meaningful connections are celebrated, and lasting memories are made. Myquillyn's realistic and down-to-earth design tips will teach you how to: Seasonalize your living spaces with simple, actionable steps Cultivate easy, seasonal rhythms of change in your home Incorporate the beauty of the natural world through the five senses Feel confident in volunteering your house for gatherings, parties, and impromptu get-togethers Know what to focus on and what not to worry about as a relaxed and confident hostess Bigger than the latest and greatest trends, *Welcome Home* aims to usher in the seasons without using more resources, money, or stuff than needed.

Try Softer

Popular blogger and self-taught decorator Myquillyn Smith (*The Nester*), helps readers accept and find beauty in imperfection, and find the freedom to take risks to create the home—and life—they've always wanted. This beautiful four-color book is full of photos and creative, easy ideas for arranging, decorating, and building a welcoming home. Myquillyn Smith is all about embracing reality—especially when it comes to decorating a home bursting with boys, pets, and all the unpredictable messes of life. In *The Nesting Place*, Myquillyn shares the secrets of decorating for real people—and it has

nothing to do with creating a flawless look to wow your guests. It has everything to do with embracing the natural imperfection and chaos of daily living. Drawing on her years of experience creating beauty in her 13 different homes, Myquillyn will show you how to think differently about the true purpose of your home and simply and creatively tailor it to reflect you and your unique style—without breaking the bank or stressing over comparisons. Full of easy tips, simple steps, and practical advice, *The Nesting Place* will give you the courage to take risks with your home and transform it into a place that's inviting and warm for family and friends. There is beauty in the lived-in and loved-on and just-about-used-up, Myquillyn says, and welcoming that imperfection wholeheartedly just might be the most freeing thing you'll ever do.

The Nesting Place

From former football star and bestselling author John Ed Bradley comes a searing look at love, life, and football in the face of racial adversity. "Heartbreaking," says Laurie Halse Anderson, author of *Speak*. Growing up in Louisiana in the late 1960s, Tater Henry has experienced a lot of prejudice. His town is slow to desegregate and slower still to leave behind deep-seated prejudice. Despite the town's sensibilities, Rodney Boulett and his twin sister Angie befriend Tater, and as their friendship grows stronger, Tater and Rodney become an unstoppable force on the football field. That is, until Rodney sees Tater and Angie growing closer, too, and Rodney's world is turned upside down. Teammates, best friends—Rodney's world is threatened by a hate he did not know was inside of him. As the town learns to accept notions like a black quarterback, some changes may be too difficult to accept. "John Ed Bradley skillfully shines a beam of humanity through the prism of the game, revealing to us the full spectrum of its colors, from love to hate, bigotry to tolerance, and devotion to betrayal. Anyone who ever played high school football or loved someone who has should read this book." —Tim Green, retired NFL player and bestselling author

Coyote Medicine

Do you ever get to the end of the day and feel like you've achieved nothing? Do you find it difficult to decide how to spend the small amount of free time you have? Do you ever wonder how some people seem to be able to do more with their time than others? If you're feeling overwhelmed by all the things you need to squeeze into your day, unproductive or stuck in a daily routine that isn't making you happy, *The Organised Time Technique* is for you. This is Gemma Bray's unique method for organising your day that will stop you from trying to do everything (and feeling like a failure when you can't), keep you focused on how you use the time you have available, help you play to your strengths and, most importantly, stop worrying about what anyone else is doing. So how does it work? *The Organised Time Technique* encourages you to look at the 24 hours you have each day as your time budget - at total of 48 30-minute tokens. It helps you work out how to spend those tokens in the best way possible by breaking down your day into Level 1 'non-negotiable' tokens such as sleeping and

eating; Level 2 'essential' tokens like going to work and taking your children to school; and Level 3 'focus' tokens - the things you always want to get around to doing, but never quite manage such as taking up a hobby, reading a book, starting a side business or simply having a bath! The Organised Time Technique can be adapted to fit any lifestyle or set of circumstances. It will help you discover that you can achieve more in the time you have and ultimately feel happier and more fulfilled.

Get Your Life Back

The majority of us would not necessarily define ourselves as artists. We're parents, students, businesspeople, friends. We're working hard, trying to make ends meet, and often longing for a little more--more time, more love, more security, more of a sense that there is more out there. The truth? We need not look around so much. God is within us and he wants to shine through us in a million little ways. A Million Little Ways uncovers the creative, personal imprint of God on every individual. It invites the discouraged parent, the bored Christian, the exhausted executive to look at their lives differently by approaching their critics, their jobs, and the kids around their table the same way an artist approaches the canvas--with wonder, bravery, and hope. In her gentle, compelling style, Emily Freeman encourages readers to turn down the volume on their inner critic and move into the world with the courage to be who they most deeply are. She invites regular people to see the artistic potential in words, gestures, attitudes, and relationships. Readers will discover the art in a quiet word, a hot dinner, a made bed, a grace-filled glance, and a million other ways of showing God to the world through the simple human acts of listening, waiting, creating, and showing up.

Cozy Minimalist Home

"I am a good guy. Good guys don't do bad things. Good guys understand that no means no, and so I could not have done this because I understand." Keir Sarafian knows many things about himself. He is a talented football player, a loyal friend, a devoted son and brother. Most of all, he is a good guy. And yet the love of his life thinks otherwise. Gigi says Keir has done something awful. Something unforgivable. Keir doesn't understand. He loves Gigi. He would never do anything to hurt her. So Keir carefully recounts the events leading up to that one fateful night, in order to uncover the truth. Clearly, there has been a mistake. But what has happened is, indeed, something inexcusable.

The Lazy Bastard

In the wise and soulful tradition of teachers like Shauna Niequist and Brene Brown, therapist Aundi Kolber debuts with Try Softer, helping us align our mind, body, and soul to live the life God created for us. In a world that preaches a "try harder"

gospel—just keep going, keep hustling, keep pretending we're all fine—we're left exhausted, overwhelmed, and so numb to our lives. If we're honest, we've been overfunctioning for so long, we can't even imagine another way. How else will things get done? How else will we survive? It doesn't have to be this way. Aundi Kolber believes that we don't have to white-knuckle our way through life. In her debut book, *Try Softer*, she'll show us how God specifically designed our bodies and minds to work together to process our stories and work through obstacles. Through the latest psychology, practical clinical exercises, and her own personal story, Aundi equips and empowers us to connect us to our truest self and truly live. This is the "try softer" life. In *Try Softer*, you'll learn how to: Know and set emotional and relational boundaries Make sense of the difficult experiences you've had Identify your attachment style—and how that affects your relationships today Move through emotions rather than get stuck by them Grow in self-compassion and talk back to your inner critic Trying softer is sacred work. And while it won't be perfect or easy, it will be worth it. Because this is what we were made for: a living, breathing, moving, feeling, connected, beautifully incarnational life.

Shadow and Light

Casper ter Kuile, a Harvard Divinity School fellow and cohost of the popular *Harry Potter and the Sacred Text* podcast, explores how we can nourish our souls by transforming common, everyday practices—yoga, reading, walking the dog—into sacred rituals that can heal our crisis of social isolation and struggle to find purpose—a message we need more than ever for our spiritual and emotional well-being in the age of COVID-19. "After half a decade of research and hundreds of conversations with people around the country, I am convinced we are in the midst of a paradigm shift. That what used to hold us in community no longer works, and that the spiritual offerings of yesteryear no longer help us thrive."—Casper ter Kuile What do Soul Cycle, gratitude journals, and tech breaks have in common? For ter Kuile they offer rituals that create the foundation for our modern spiritual lives. We are in crisis today. Our modern technological society has left too many of us—no matter our ages—feeling isolated and bereft of purpose. Previous frameworks for building community and finding meaning no longer support us. Yet ter Kuile reveals a hopeful new message: we might not be religious, but that doesn't mean we are any less spiritual. Instead, we are in the midst of a paradigm shift in which we seek belonging and meaning in secular practices. Today, we find connection in: CrossFit and SoulCycle, which offer a sense of belonging rooted in accountability and support much like church groups *Harry Potter* and other beloved books that offer universal lessons Gratitude journals, which have replaced traditional prayer Tech breaks, which provide mindful moments of calm In *The Power of Ritual*, ter Kuile invites us to deepen these ordinary practices as intentional rituals that nurture connection and wellbeing. With wisdom and endearing wit, ter Kuile's call for ritual is ultimately a call to heal our loss of connection to ourselves, to others, and to our spiritual identities. *The Power of Ritual* reminds us that what we already do every day matters—and has the potential to become a powerful experience of reflection, sanctuary, and meaning.

What If It's True?

From author and speaker Melanie Dale comes a laugh-out-loud hilarious parenting book that teaches you how to dial back the stress of raising children with the simple premise that we all just need to lighten up a little bit. Most of us thought we'd be amazing parents—and then we had kids. Now we spend what little free time we have comparing ourselves to other parents, comparing our kids to other kids, and panicking that everyone else is nailing it except us. Between constant social media postings to conflicting advice found in parenting books, we often have no choice but to freak out. But there is another way. We all just need to calm the h*ck down. Melanie Dale—a special needs parent, adoptive parent, in vitro parent, and reluctant cheer mom—believes we are all putting too much pressure on ourselves and our kids to be perfect. Instead, she argues, we need to take a step back so we can actually enjoy this journey called parenting. *Calm the H*ck Down* is filled with stories from Melanie's own life, as well as real-life research for learning how to lighten up about every aspect of parenting—from poopy diapers and germs to family vacations and adolescent angst. She also discusses the pressure to knock it all out of the Pinterest park, the challenge of instilling some kind of faith into your kids, and worrying about their future while still trying to live in the present. Infused with quirky humor, profound insight, and accessible advice, *Calm the H*ck Down* gives you the permission to finally relax and enjoy this ridiculous thing we do called parenting.

The Organised Time Technique

Nothing gets our attention like an unmade decision: Should I accept the new position? Which schooling choice is best for my kids? How can I support my aging parents? When we have a decision to make and the answer isn't clear, what we want more than anything is peace, clarity, and a nudge in the right direction. If you have trouble making decisions, because of either chronic hesitation you've always lived with or a more recent onset of decision fatigue, Emily P. Freeman offers a fresh way of practicing familiar but often forgotten advice: simply do the next right thing. With this simple, soulful practice, it is possible to clear the decision-making chaos, quiet the fear of choosing wrong, and find the courage to finally decide without regret or second-guessing. Whether you're in the midst of a major life transition or are weary of the low-grade anxiety that daily life can bring, Emily helps create space for your soul to breathe so you can live life with God at a gentle pace and discern your next right thing in love.

A Million Little Ways

Parents recognize their child's unique abilities and strive to provide the best education, credentials, and life skills. Teachers notice the faith parents have in their child's potential to contribute positively to the world. Still, even the most brilliant families wrestle with obstacles along the way. *Kids Aren't Lazy* is the result of thousands of lesson hours spent working

closely with young musicians and their families. In this volume, conservatory-trained violinist Lauren Haley offers strategies for fostering self-discipline, resilience, and advanced instrumental technique in young musicians. In redefining motivation as the learned rush of joy from conquering challenges, and talent as the sum of current skills that makes learning new ones easier, Haley reframes the way parents and educators understand the power of music education. Applying this revolutionary approach, motivation and talent are gifts that can be developed in any child. Read on to discover how to:

- Address the root of musical struggles while developing new levels of focus, critical thinking, and self-direction in your child
- Prepare your child for peak performance and fear-free creativity
- Harness the power of routines to work for your entire family
- Understand how parental actions, well beyond words, shape your child's ultimate potential

With an emphasis on communication, *Kids Aren't Lazy* empowers parents with breakthrough strategies for advancing their child's musical proficiency and cultivating healthy behavioral patterns in all areas of study.

Hannah Coulter

J.T. Ellison's pulse-pounding new psychological thriller examines the tenuous bonds of friendship, the power of lies and the desperate lengths people will go to in order to protect their secrets. *Goode girls don't lie...* Perched atop a hill in the tiny town of Marchburg, Virginia, The Goode School is a prestigious prep school known as a Silent Ivy. The boarding school of choice for daughters of the rich and influential, it accepts only the best and the brightest. Its elite status, long-held traditions and honor code are ideal for preparing exceptional young women for brilliant futures at Ivy League universities and beyond. But a stranger has come to Goode, and this ivy has turned poisonous. In a world where appearances are everything, as long as students pretend to follow the rules, no one questions the cruelties of the secret societies or the dubious behavior of the privileged young women who expect to get away with murder. When a popular student is found dead, the truth cannot be ignored. Rumors suggest she was struggling with a secret that drove her to suicide. But look closely...because there are truths and there are lies, and then there is everything that really happened. Don't miss this fast-paced suspense story from New York Times bestselling author J.T. Ellison!

My Therapist Says

Be productive without sacrificing peace of mind using Lazy Genius principles that help you focus on what really matters and let go of what doesn't. If you need a comprehensive strategy for a meaningful life but are tired of reading stacks of self-help books, here is an easy way that actually works. No more cobbling together life hacks and productivity strategies from dozens of authors and still feeling tired. The struggle is real, but it doesn't have to be in charge. With wisdom and wit, the host of The Lazy Genius Podcast, Kendra Adachi, shows you that it's not about doing more or doing less; it's about doing what matters to you. In this book, she offers fourteen principles that are both practical and purposeful, like a Swiss army

knife for how to be a person. Use them in combination to "lazy genius" anything, from laundry and meal plans to making friends and napping without guilt. It's possible to be soulful and efficient at the same time, and this book is the blueprint. The Lazy Genius Way isn't a new list of things to do; it's a new way to see. Skip the rules about getting up at 5 a.m. and drinking more water. Let's just figure out how to be a good person who can get stuff done without turning into The Hulk. These Lazy Genius principles--such as Decide Once, Start Small, Ask the Magic Question, and more--offer a better way to approach your time, relationships, and piles of mail, no matter your personality or life stage. Be who you already are, just with a better set of tools.

I Can't Clean, Don't Make Me!

In a world filled with ambiguity, we want faith to act like an orderly set of truth-claims to solve the problems that life throws at us. While there are certainties in Christian faith, at the heart of the Christian story is also paradox, and Jen Pollock Michel helps readers imagine a Christian faith open to mystery. Jesus invites us to abandon the polarities of either and or in order to embrace the difficult, wondrous dissonance of and.

The Big Thing

There's an 80 percent chance you're poor. Time poor, that is. Four out of five adults report feeling that they have too much to do and not enough time to do it. These time-poor people experience less joy each day. They laugh less. They are less healthy, less productive, and more likely to divorce. In one study, time stress produced a stronger negative effect on happiness than unemployment. How can we escape the time traps that make us feel this way and keep us from living our best lives? Time Smart is your playbook for taking back the time you lose to mindless tasks and unfulfilling chores. Author and Harvard Business School professor Ashley Whillans will give you proven strategies for improving your "time affluence." The techniques Whillans provides will free up seconds, minutes, and hours that, over the long term, become weeks and months that you can reinvest in positive, healthy activities. Time Smart doesn't stop at telling you what to do. It also shows you how to do it, helping you achieve the mindset shift that will make these activities part of your everyday regimen through assessments, checklists, and activities you can use right away. The strategies Whillans presents will help you make the shift to time-smart living and, in the process, build a happier, more fulfilling life.

The Lazy Genius Way

NEW YORK TIMES BESTSELLER • Being a Lazy Genius isn't about doing more or doing less. It's about doing what matters to you. "I could not be more excited about this book."—Jenna Fischer, actor and cohost of the Office Ladies podcast The

chorus of “shoulds” is loud. You should enjoy the moment, dream big, have it all, get up before the sun, track your water consumption, go on date nights, and be the best. Or maybe you should ignore what people think, live on dry shampoo, be a negligent PTA mom, have a dirty house, and claim your hot mess like a badge of honor. It’s so easy to feel overwhelmed by the mixed messages of what it means to live well. Kendra Adachi, the creator of the Lazy Genius movement, invites you to live well by your own definition and equips you to be a genius about what matters and lazy about what doesn’t. Everything from your morning routine to napping without guilt falls into place with Kendra’s thirteen Lazy Genius principles, including:

- Decide once
- Start small
- Ask the Magic Question
- Go in the right order
- Schedule rest

Discover a better way to approach your relationships, work, and piles of mail. Be who you are without the complication of everyone else’s “shoulds.” Do what matters, skip the rest, and be a person again.

They Turned the World Upside Down

It all started with a sexy selfie. Texted to the wrong number. Oops. Not my finest moment—but I have nothing to be ashamed of. She thought I was no better, and I quote, than the knuckle-dragging douche-bags she was never dating again. It was a stupid dare from a girl I’d met online, but since she’d given me a fake number, I didn’t feel bad that my interests were suddenly focused elsewhere—on the fiery and sharp-tongued, Peyton that I found myself sparring with over text for the rest of the evening. The following day, my case of mistaken identity came back to bite me in the banana. When I strolled into the office, I was introduced to Peyton as the new client I needed to win over. The Peyton, in case you’re not tracking. And let’s just say she had my full attention. Brains? Check. Beauty? Oh yeah. And the best part? She hated me on sight. Dear God, do I love a challenge. Let the games begin.

The Potty Mouth at the Table

Celebrate a Season of Wonder and Waiting Though the holidays are often jam-packed with busyness, the weeks leading up to Yuletide are still a time to reflect on the miracle of Jesus’s birth. Shadow and Light is a concise and customizable guide for the Advent season to help you rediscover your childlike wonder and contemplate the sacred gift we celebrate in the Christmas season. From bestselling author Tsh Oxenreider, Shadow and Light is a rich yet approachable experience that invites you to explore the historical meaning of Advent. Drawing from liturgical tradition, Tsh provides fresh insights for new and longtime believers alike. Each day includes Scripture, a reflection, a question, and a simple activity to engage the senses, such as lighting candles, listening to music, and viewing artwork both old and new. Let yourself break away from the hustle and bustle of crafts, cookies, and Christmas parties, and receive your invitation to remember the quiet focus of our celebration. Shadow and Light will help you reclaim the holiday season as a time to remember Jesus’s first coming, and to long for his one-day return.

Chasing Slow

A Michael L. Printz Honor Book * An ALA Best Book for Young Adults * A YALSA Teens' Top Ten Book * An NYPL Book for the Teen Age Carolyn Mackler's Printz Honor book--starring the unforgettably funny, body-conscious Virginia Shreves--returns in this 15th anniversary edition featuring text updates and never-before-seen material from the author. Fifteen-year-old Virginia feels like a plus-sized black sheep in her family, especially next to her perfect big brother Byron. Not to mention her best friend has moved, leaving Virginia to navigate an awkward relationship with a boy alone. He might like her now . . . but she has her doubts about how he'll react if he ever looks under all her layers of clothes. In order to survive, Virginia decides to follow a "Fat Girl Code of Conduct," which works, until the unthinkable causes her family's façade to crumble. As her world spins out of orbit, she realizes that being true to herself might be the only way back. Told in a perfect blend of humor and heart, this acclaimed Printz Honor winner resonates as much today as it did when it first published, and now features a new author foreword, text updates, and other bonus content.

Slow Lane

Breathe deep. Let it out slowly. Imagine you are on a bustling highway in a sleek, speedy car. Traffic is cutting in and out all around you as everyone is in a hurry for some reason or another. Now imagine trading that in for the family car on a winding, scenic country road. There are trees lining one side and a beautiful open meadow on the other. Our culture wraps up a jam-packed schedule and frantic pace and sets it on a silver platter, offering it like a trophy to anyone who wants it. But I propose we take that glittery package back and exchange it for a less traveled road, one that celebrates and enjoys the precious, everyday moments of life. Let's move into the slow lane and unwrap the gifts the Giver of Life bestows on us every day. Won't you join me in slowing? Step into these pages which are a unique combination of personal journal, Bible Study, practical ideas and visual inspiration for slowing down. Start looking for the everyday beauty in slow!

The Next Right Thing

If we ask just one question, does everything fall apart? In *All Things Reconsidered*, popular podcaster Knox McCoy uses a unique blend of humor, pop culture references, and personal stories to show how a willingness to reconsider ideas can actually help us grow ourselves, our lives, and our beliefs. In this laugh-out-loud defense of reconsideration, Knox dives into topics like: Are participation trophies truly the worst? Is it really worth it to be a ride-or-die sports fan? Do we believe in God because of the promise of heaven—or the threat of hell? Does prayer work? Is anyone even there? This book is the catalyst we need to courageously ask the questions that will lead to a deeper understanding of ourselves—and God. It's time to start reconsidering.

Time Smart

Straight talk and tips from top students to help make academic excellence a lifestyle. Getting a passing grade is one thing—cramming to memorize facts, knowing what's on the test, finishing a paper just before the deadline—but being a top student is something else entirely. So what makes the difference between a good student and a top student? Being a top student is a lifestyle, not just an A on your transcript. *The Secrets of Top Students: Tips, Tools, and Techniques for Acing High School and College* offers advice from lifelong top student, Stefanie Weisman, to help you learn the keys to studying smart, staying motivated, and making academic excellence a part of your life. *Tips from 45 Top Students Learn* strategies on making the grade with first-hand advice from valedictorians, Rhodes scholars, Fulbright scholars, Intel Science Fair finalists, a National Spelling bee champion, and more! *Lifestyle Tips and Techniques* Discover tips and mantras that will keep you on the road to academic success. *Helpful Exercises Practice* makes perfect. Put what you've learned to the test with easy exercises on taking notes, staying motivated, and more.

Welcome Home

Come with your brokenness, your celebration, and your worries, but most of all come and eat. In today's busy and often superficial world, we all crave something deeper and truer. Maybe it's relationships that go beyond the surface or gatherings that allow for joy and pain. Bri McKoy tells us this is within reach! All we need is a table, open hearts, and a simple invitation: come and eat. McKoy invites us to discover how a common dining-room table can be transformed into a place where brokenness falls away to reveal peace and fellowship. Whether the table is laid with bounty or with meager offerings, whether it is surrounded by the Body of Christ or homeless, broken souls, she shows us that healing begins when we say, "Come in. I may not know you, but I know your maker. And so I offer you my heart." For all those who are hungry and craving more of God's kingdom in their homes, *Come and Eat* offers recipes, tips, and questions to jumpstart conversation, while reminding us that fellowship in God's love is always the most remembered, most cherished nourishment. Because when we make room for others, we make room for God, and our homes become a vibrant source of life, just as he means them to be.

All Things Reconsidered

Hannah Coulter is Wendell Berry's seventh novel and his first to employ the voice of a woman character in its telling. Hannah, the now-elderly narrator, recounts the love she has for the land and for her community. She remembers each of her two husbands, and all places and community connections threatened by twentieth-century technologies. At risk is the whole culture of family farming, hope redeemed when her wayward and once lost grandson, Virgil, returns to his rural home

place to work the farm.

Decluttering at the Speed of Life

New York Times bestselling author, Melissa Michaels, will inspire you to make your house a well-loved home. Her relatable style, unique voice, and practical decorating ideas have made her highly respected blog, The Inspired Room, a haven for fans of real-life style. Step inside Melissa's home as she shares lessons learned, inspiring photos, and encouraging insights to help you embrace your authentic style through doable improvements for every room; attainable decorating, organizational, and DIY solutions; transforming tips for lighting, color, and style; motivation to reclaim and organize small spaces. Best of all, you don't need a big budget or perfect DIY skills to embrace Melissa's practical home decor philosophy. You'll return to this book again and again for inspiration to fall in love with the home you have.

The Power of Ritual

From the celebrated author best known for the Idiot Girls' Action-Adventure Club and described as "the funniest writer in the solar system" (The Miami Herald) comes a new laugh-out-loud collection of essays on rudeness. Pinterest. Foodies. Anne Frank's underwear. New York Times bestselling author Laurie Notaro—rightfully hailed as "the funniest writer in the solar system" (The Miami Herald)—spares nothing and no one, least of all herself, in this uproarious new collection of essays on rudeness. With the sardonic, self-deprecating wit that makes us all feel a little better about ourselves for identifying with her, Laurie explores her recent misadventures and explains why it's not her who is nuts, it's them (and okay, sometimes it's her too). Whether confessing that her obsession with buying fabric has reached junior hoarder status or mistaking a friend's heinous tattoo as temporary, Laurie puts her unique spin—sometimes bizarre, always entertaining—on the many perils of modern living in a mannerless society. From shuddering at the graphic Harry Potter erotica conjured up at a writer's group to lamenting the sudden ubiquity of quinoa ("It looks like larvae no matter how you cook it"), The Potty Mouth at the Table is whip-smart, unpredictable, and hilarious. In other words, irresistibly Laurie.

Kids Aren't Lazy

From the team behind the super-popular Instagram @MyTherapistSays comes this humorous guide that chronicles the exhausting task of navigating the daily, anxiety-ridden struggle that we fondly call life. Including hilarious memes MTS is known and loved for, along with checklists, prompts, questions from readers, and more, My Therapist Says is the guide you need to achieve your goals, one wrong turn at a time. Have you ever wanted something, pursued it (albeit not quite as gracefully as you would've hoped), failed, and then genuinely asked yourself the question, "Am I delusional?" Well, that's

how I began penning this magnum opus. Like the Buddhist's have their Tripitaka, you have...moi. And my therapist, though it's unlikely she'll admit this in public. On the receiving end of a ghosting session? Needing a way to leave a work function without looking like a buzzkill? Having a hard time developing amnesia about your last relationship? Fear not, as I cover everything from circumstantial etiquette to blissful delusion when necessary. So, grab a pen, a box of tissues, a glass of wine, and your bestie, because sh*t is about to get real. And remember, be yourself, be kind, and all that jazz, unless you're a Susan*. If that's the case, try to be literally anyone else. Ugh, my therapist hates that I wrote that. *Susan: Noun and verb. Unpleasant, annoying, and delusional, the Susan is somebody who is literally awful in every way, is liked by no one, but has no clue, no matter how many open clues you give her. If you roll your eyes at this, you're probably a Susan. Uses: Susaning, Susanism. For even more on navigating the mystical tornado of life, get the companion coloring book: My Therapist Saysto Color: Ignore Reality and Color Over 50 Designs Because You Can't Even.

Prayers that Activate Blessings

Are you overworked, physically challenged or just a plain lazy individual who hates to clean but wants to live in tidier surroundings? There are many clever tricks along the way in these writings without taking one's life too seriously. It's almost an autobiographical look at the author's journey through time raising two little boys who make this single parent jump through hoops while trying to manage a really messy house. The stories are sometimes humorous and other times disastrous. Yet the solutions put forth are amazingly simple. You cannot finish this book without consciously or subconsciously incorporating some of the suggestions into your own lifestyle.

The Earth, My Butt, and Other Big Round Things

A REFRESHINGLY SIMPLE GUIDE TO RECOVER YOUR LIFE! In *Get Your Life Back*, New York Times bestselling author John Eldredge provides a practical, simple, and refreshing guide to taking your life back. By practicing a few wonderfully simple practices—or what John calls “graces”—you can begin to recover your soul, disentangle from the tragedies of this broken world, and discover the restorative power of beauty. Ask yourself: Are you happy most of the time? Do you feel deeply loved? Are you excited about your future? How often do you feel lighthearted? After reading this book you will... Learn how to insert the One Minute Pause into your day Begin practicing “benevolent detachment” and truly let it all go Offer kindness toward yourself in the choices you make Drink in the simple beauty available to you every day Take realistic steps to unplug from technology overload These simple practices and others are ready for the taking. You don't need to abandon your life to get it back. Begin restoring your life here and now. Your soul will thank you for it.

Becoming Better Grownups

A New York Times-bestselling author looks for the meaning of a good life by seeking advice from the very young and the very old. When his first book tour ended, Brad Montague missed hearing other people's stories so much that he launched what he dubbed a Listening Tour. First visiting elementary schools and later also nursing homes and retirement communities, he hoped to glean new wisdom as to how he might become a better grownup. Now, in this playful and buoyant book, he shares those insights with rest of us --timeless, often surprising lessons that bypass the head we're always stuck in, and go straight to the heart we sometimes forget. Each of the book's three sections begins with the illustrated story of "The Incredible Floating Girl." Brad weaves this story together with lessons of success, fear, regret, gratitude, love, happiness, and dreams to reveal the true reason we are here: to fly, and to help others fly. Beautifully designed and featuring Montague's own whimsical 4-color illustrations that appeal to the kid in all of us, *Becoming Better Grownups* shares the purpose and meaning we can all discover merely by listening, and reveals that--in a world that seems increasingly childish--the secret to joy is in fact to become more childlike.

Hands Free Mama

More Style, Less Stuff Cozy Minimalism isn't about going without or achieving a particular new, modern style. Nope. It's simply a mindset that helps you get whatever style YOU LOVE with the fewest possible items. You want a warm, cozy, inviting home, without using more resources, money, and stuff than needed. Why use more if you don't have to? In *Cozy Minimalist Home*, accidental stylist and bestselling author Myquillyn Smith guides you step by step on making purposeful design decisions for your home. You'll have the tools to transform your home starting with what you already have, and using just enough of the right furniture and decor to create a home you're proud of in a way that honors your personal priorities, budget, and style. No more fretting when it comes to decorating your house! In *Cozy Minimalist Home*, Myquillyn Smith helps you Realize your role as the curator of your home who makes smart, style-impacting design choices Finally know what to focus on, and what not to worry about when it comes to your home Discover the real secret to finding your unique style—it has nothing to do with those style quizzes Understand how to find a sofa you won't hate tomorrow Deconstruct each room and then re-create it step by step with a fail proof process Create a pretty home with more style and less stuff—resulting in backwards decluttering! Finish your home and have it looking the way you've always hoped so you can use it the way you've always dreamed After reading Myquillyn's first book, *The Nesting Place*, women everywhere were convinced that it doesn't have to be perfect to be beautiful and they found real contentment in their homes. But how does a content perfectionist make actual design decisions? *Cozy Minimalist Home* is the answer to that question. Written for the hands-on woman who'd rather move her own furniture than hire a designer, this is the guidance she needs to finish every room of her house. With people, priorities and purpose in mind, anyone can create a beautiful home that transcends the trends. A pretty home is nice, but a Cozy Minimalist home goes beyond pretty and sets the stage for connection, relationship, and rest.

The Inspired Room

Years ago, novelist Charles Martin cracked open his Bible and began wrestling with a few fundamental questions. He asked, “What if every single word of Scripture is absolutely true and I can trust it? How do I respond? Something in me should change, but what? How?” This book is the result of that exploration. With the depth, sensitivity, and emotion that has made his novels beloved to millions, Charles ignites our imaginations as to what the life, ministry, death, and resurrection of Jesus Christ mean to us today. Charles asks, “What if dead and crucified Jesus came back to life by the power of the Holy Spirit and is alive today? Right now. What if that same Jesus, the One who walked out of the tomb shining like the sun, holding the keys of death and hades, is alive in me? I write fiction for a living, and that’s either the craziest thing I’ve ever heard or it’s the most important word ever spoken. You and I have a King who did the unthinkable.” The answers that his writer’s imagination illuminates for us will change the way we think about the gospel and the way we live because of it.

Surprised by Paradox

You’re here, but you want to be there. So you spend your life narrowing this divide, and you call this your race, your journey, your path. You live your days tightening your boot straps, wiping the sweat from your brow, chasing undiscovered happiness just around the bend. Higher! Faster! Better! Stronger! And on and on you run. Viral sensation and HGTV.com star Erin Loechner knows about the chase. Before turning 30, she'd built a fan base of one million women worldwide and earned the title “The Nicest Girl Online” as she was praised for her authentic voice and effortless style. The New York Times applauded her, her friends and church admired her, and her husband and baby adored her. She had arrived at the ultimate destination. So why did she feel so lost? In *Chasing Slow*, Erin turns away from fast and fame and frenzy. Follow along as she blazes the trail toward a new-fashioned lifestyle—one that will refresh your perspective, renew your priorities and shift your focus to the journey that matters most. Through a series of steep climbs—her husband's brain tumor, bankruptcy, family loss, and public criticism—Erin learns just how much strength it takes to surrender it all, and to veer right into grace. Life's answers are not always hidden where they seem. It's time to venture off the beaten path to see that we’ve already been given everything we need. We've already arrived. You see? You'll see.

Come and Eat

A New York Times business journalist explains why it’s important for people to pursue big creative projects, and identifies both the obstacles and the productive habits that emerge on the path to completion—including her own experience writing this book. Whether it’s the Great American Novel or a groundbreaking new app, many people want to create a Big Thing, but finding the motivation to get started, let alone complete the work, can be daunting. In *The Big Thing*, New York Times

business writer and editor Phyllis Korkki combines real-life stories, science, and insights from her own experience to illuminate the factors that drive people to complete big creative projects—and the obstacles that threaten to derail success. In the course of creating her own Big Thing—this book—Korkki explores the individual and collaborative projects of others: from memoirs, art installations, and musical works to theater productions, small businesses, and charities. She identifies the main aspects of a Big Thing, including meaningful goals, focus and effort, the difficulties posed by the demands of everyday life, and the high risk of failure and disappointment. Korkki also breaks down components of the creative process and the characteristics that define it, and offers her thoughts on avoiding procrastination, staying motivated, scheduling a routine, and overcoming self-doubt and the restrictions of a day job. Filled with inspiring stories, practical advice, and a refreshing dose of honesty, *The Big Thing* doesn't minimize the negative side of such pursuits—including the fact that big projects are hard to complete and raise difficult questions about one's self-worth. Inspiring, wise, humorous, and good-natured, *The Big Thing* is a meditation on the importance of self-expression and purpose.

The Secrets of Top Students

Are you always looking for a way to do more, be more, reach that ultimate place of super productivity only to find that life continually gets in the way of your best intentions? Do you wonder where you can possibly find time for long peaceful early morning rituals to boost your productivity to the next level? Do you struggle against procrastinating and find that hours every week can magically disappear into the abyss of social media and YouTube? Do you set out everyday to have the most productive day of your life only to end the day convinced that you are somehow lacking the skills or the secrets to do so? Then you are part of the Lazy Bastard Club. *The Lazy Bastard* will show you not one but multiple paths to productivity and more importantly how to make peace with and tame the incessant urge to procrastinate. Follow the author's own journey and struggle to become a productive person and fight procrastination. This book is a mix of storytelling, relatable analogies that are simple to understand and productivity tips that can be adapted to real life. Learn how to overcome challenges by learning how to fight Mike Tyson, embracing the art of stepping on Lego, and accept and embrace procrastination while taming the Lazy Bastard we all have inside us. The goal of this book is not to make you a more productive person but to show you how you have all the tools already to achieve more, do more, to enable you to have the most productive time of your life, without feeling like crap if you don't.

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