

## The Gift 12 Lessons To Save Your Life

The Twelve Gifts from the Garden  
The Assassin's Cloak  
The Gift of the Magi  
Gift of Gratitude  
12 Rules for Life  
Singing Lessons for Little Singers  
A Lesson Before Dying  
Bad Childhood---Good Life  
Why Not Me?!?  
Beneath the Makeup  
More Beautiful Than Before  
The Lessons of History  
The 5 Love Languages  
12 Lessons in Business Leadership  
A Century of Wisdom  
The Gift  
Pretty as a Picture  
Health Lessons  
52 Little Lessons from It's a Wonderful Life  
The Gift  
Yes to Life  
Eli's Promise  
The Gift of Struggle  
Twelve Lessons  
Emotional Advantage  
Lessons from the Sandbox  
21 Lessons for the 21st Century  
How to Hear the Voice of God  
Think Like a Monk  
Spirits Beside Us  
The Choice  
Coach Wooden's Leadership Game Plan for Success: 12 Lessons for Extraordinary Performance and Personal Excellence  
The Gift  
The Last Lecture  
The Giving Tree  
The Swallowed Man  
Everyday Legacy  
The Gift  
A Gift to my Children  
On Fascism

### The Twelve Gifts from the Garden

"National Jewish Book Award winter Ron Balson returns triumphantly with Eli's Promise, a captivating saga of the Holocaust and its aftermath spanning decades and continents. Readers will not be able to put this book down, but will turn the pages compulsively with heart in throat, eager to learn the fate of the Rosen family. Balson's meticulous historical detail, vivid prose and unforgettable characters further solidify his place among the most esteemed writers of historical fiction today." --Pam Jenoff, New York Times Bestselling Author of The Lost Girls of Paris  
A "fixer" in a Polish town during World War II, his betrayal of a Jewish family, and a search for justice 25 years later—by the winner of the National Jewish Book Award. Eli's Promise is a masterful work of historical fiction spanning three eras—Nazi-occupied Poland, the American Zone of post-war Germany, and Chicago at the height of the Vietnam War. Award-winning author Ronald H. Balson explores the human cost of war, the mixed blessings of survival, and the enduring strength of family bonds.  
1939: Eli Rosen lives with his wife Esther and their young son in the Polish town of Lublin, where his family owns a construction company. As a consequence of the Nazi occupation, Eli's company is Aryanized, appropriated and transferred to Maximilian Poleski—an unprincipled profiteer who peddles favors to Lublin's subjugated residents. An uneasy alliance is formed; Poleski will keep the Rosen family safe if Eli will manage the business. Will Poleski honor his promise or will their relationship end in betrayal and tragedy?  
1946: Eli resides with his son in a displaced persons camp in Allied-occupied Germany hoping for a visa to America. His wife has been missing since the war. One man is sneaking around the camps selling illegal visas; might he know what has happened to her?  
1965: Eli rents a room in Albany Park, Chicago. He is on a mission. With patience, cunning, and relentless focus, he navigates unfamiliar streets and dangerous political backrooms, searching for the truth. Powerful and emotional, Ronald H. Balson's Eli's Promise is a rich, rewarding novel of World War II and a husband's quest for justice.

### The Assassin's Cloak

What if you had one year to bring your life back from the brink? Stephanie Slater appears to have it all, the house, the car, the fairy tale marriage and the new start she so desperately needed. No one knows yet she is secretly living a lie, but with mounting debts, a cheating husband and an obsession to do better than the Joneses, her perfect facade is about to shatter. When her life begins to unravel at the seams, Stephanie is given no choice but to turn to the one person she knows has seen through her fragile disguise. As the cards are turned and the Twelve Lessons revealed, Stephanie wonders if she will ever be able to piece back together

the wreckage of her life in time? When you really hit rock bottom, a Psychic might be your only hope.. Twelve months, Twelve Lessons, one chance to rewrite destiny.

### The Gift of the Magi

Exploring how the past influences the present, the author discusses how to understand each individual's unique coping style and how to tap into the extraordinary quality of human spirit that will create the transition from victim to victor.

### Gift of Gratitude

This practical and inspirational guide to healing from the award-winning, New York Times bestselling author of *The Choice* shows us how to stop destructive patterns and imprisoning thoughts to find freedom and enjoy life. Edith Eger's powerful first book *The Choice* told the story of her survival in the concentration camps, her escape, healing, and journey to freedom. Oprah Winfrey says, "I will be forever changed by Dr. Eger's story." Thousands of people around the world have written to Eger to tell her how *The Choice* moved them and inspired them to confront their own past and try to heal their pain; and to ask her to write another, more "how-to" book. Now, in *The Gift*, Eger expands on her message of healing and provides a hands-on guide that gently encourages us to change the thoughts and behaviors that may be keeping us imprisoned in the past. Eger explains that the worst prison she experienced is not the prison that Nazis put her in but the one she created for herself, the prison within her own mind. She describes the twelve most pervasive imprisoning beliefs she has known—including fear, grief, anger, secrets, stress, guilt, shame, and avoidance—and the tools she has discovered to deal with these universal challenges. Accompanied by stories from Eger's own life and the lives of her patients each chapter includes thought-provoking questions and takeaways, such as: -Would you like to be married to you? -Are you evolving or revolving? -You can't heal what you can't feel. Filled with empathy, insight, and humor, *The Gift* captures the vulnerability and common challenges we all face and provides encouragement and advice for breaking out of our personal prisons to find healing and enjoy life.

### 12 Rules for Life

Every one of us sooner or later walks through hell. The hell of being hurt. The hell of hurting another. The hell of cancer, the hell of divorce, the hell of chronic pain. The hell of anxiety, depression, Alzheimer's, a kid in trouble. The hell of a reluctant, thumping shovelful of earth upon the casket of someone we deeply loved. The point is not to come out of hell empty-handed. There is real and profound power in the pain we endure if we transform our suffering into a more authentic, meaningful life. As the Senior Rabbi of Wilshire Boulevard Temple in Los Angeles, one of America's largest and most important congregations, Steve Leder witnesses a lot of pain: "It's my phone that rings when people's bodies or lives fall apart." In this deeply inspiring book, written in the spirit of such classics as *When Bad Things Happen to Good People*, Rabbi Leder guides us through pain's stages of surviving, healing, and finally growing. Drawing on his experience as a spiritual leader, the wisdom of ancient traditions, modern science, and stories from his own life and others', he shows us that when we must endure, we can, and that there is a path for each of us that leads from pain to wisdom. This powerful book can inspire in us all a life worthy of our suffering; a life gentler, wiser, and more beautiful than before.

## Singing Lessons for Little Singers

#1 NEW YORK TIMES BESTSELLER — In *Sapiens*, he explored our past. In *Homo Deus*, he looked to our future. Now, one of the most innovative thinkers on the planet turns to the present to make sense of today's most pressing issues. "Fascinating . . . a crucial global conversation about how to take on the problems of the twenty-first century."—Bill Gates, *The New York Times Book Review* NAMED ONE OF THE BEST BOOKS OF THE YEAR BY FINANCIAL TIMES AND PAMELA PAUL, KQED How do computers and robots change the meaning of being human? How do we deal with the epidemic of fake news? Are nations and religions still relevant? What should we teach our children? Yuval Noah Harari's *21 Lessons for the 21st Century* is a probing and visionary investigation into today's most urgent issues as we move into the uncharted territory of the future. As technology advances faster than our understanding of it, hacking becomes a tactic of war, and the world feels more polarized than ever, Harari addresses the challenge of navigating life in the face of constant and disorienting change and raises the important questions we need to ask ourselves in order to survive. In twenty-one accessible chapters that are both provocative and profound, Harari builds on the ideas explored in his previous books, untangling political, technological, social, and existential issues and offering advice on how to prepare for a very different future from the world we now live in: How can we retain freedom of choice when Big Data is watching us? What will the future workforce look like, and how should we ready ourselves for it? How should we deal with the threat of terrorism? Why is liberal democracy in crisis? Harari's unique ability to make sense of where we have come from and where we are going has captured the imaginations of millions of readers. Here he invites us to consider values, meaning, and personal engagement in a world full of noise and uncertainty. When we are deluged with irrelevant information, clarity is power. Presenting complex contemporary challenges clearly and accessibly, *21 Lessons for the 21st Century* is essential reading. "If there were such a thing as a required instruction manual for politicians and thought leaders, Israeli historian Yuval Noah Harari's *21 Lessons for the 21st Century* would deserve serious consideration. In this collection of provocative essays, Harari . . . tackles a daunting array of issues, endeavoring to answer a persistent question: "What is happening in the world today, and what is the deep meaning of these events?"—BookPage (top pick)

## A Lesson Before Dying

Expert analysis of the leadership style of Tampa Bay Buccaneers quarterback Tom Brady! The merits of business leaders are under scrutiny more and more these days, whether it's Travis Kalanick, Elon Musk, Mark Zuckerberg, or many others. But there's one place where true leadership is always revealed: on the field. And no matter what you think of the New England Patriots or the Tampa Bay Buccaneers, you can't argue with the success of Tom Brady, the winningest quarterback of all time. Both revered and hated by football fans, Brady is loved and respected by those who work with him, and his leadership abilities cannot be denied by even his harshest critics. The skills he uses to make his team successful year after year on the field can be executed in the workplace, whether you're a team member, team leader, or CEO. In *12 Lessons in Business Leadership: Insights From the Championship Career of Tom Brady*, authors Kevin Daum and Anne Mary Ciminelli team up to analyze the strong leadership abilities of the six-time Super Bowl Champion, and translate them into accessible, practical lessons for any stage of your career. In this easy-to-read, entertaining book, the authors help you acquire and practice all the skills you need to have a championship season every year of your career. Practical and instructive, this book makes the perfect gift for anyone looking to rise in their particular vocation or looking to emulate one of the most respected leaders of today!

Each chapter focuses on one of twelve leadership lessons gleaned from Brady's career and why it matters in your life and career. In the Executing the Play section of each chapter, the authors outline best practices on how leaders can apply that lesson in their workplace, as well as share exercises leaders can complete to develop and strengthen the skill and implement the lesson.

### Bad Childhood---Good Life

“Each member of your team has the potential for personal greatness; the leader's job is to help them achieve it.” JOHN WOODEN Coach Wooden's Leadership Game Plan for Success presents a unique opportunity to study under the man ESPN hails as “the greatest coach of the 20th century.” Practicing character-based leadership before the term was invented, John Wooden consistently led his legendary teams to victory and has since taught countless business leaders his fundamentals for achieving and sustaining success. Now, using this hands-on book based on the acclaimed John Wooden Leadership Course®, you can “interact” with Coach to learn and apply his philosophy of world-class leadership. This unique tutorial introduces you to his core fundamentals of success as a leader and reinforces them with examples, exercises, quizzes, and quotations. You'll learn how to Create a relationship of respect and camaraderie with those you lead Remain alert to opportunity, threats, trends, and changes Act with confidence—but never arrogance Practice moderation and balance in all that you do Be a model of poise, grace, and reason—especially under pressure Coach Wooden's Leadership Game Plan for Success drives home Mr. Wooden's trademark 12 Lessons in Leadership and his famous Pyramid of Success. When you base your leadership style and substance on Coach's straightforward attitudes, values, and principles, you'll lead your team and business to success the Wooden way.

### Why Not Me?!?

A concise survey of the culture and civilization of mankind, *The Lessons of History* is the result of a lifetime of research from Pulitzer Prize-winning historians Will and Ariel Durant. With their accessible compendium of philosophy and social progress, the Durants take us on a journey through history, exploring the possibilities and limitations of humanity over time. Juxtaposing the great lives, ideas, and accomplishments with cycles of war and conquest, the Durants reveal the towering themes of history and give meaning to our own.

### Beneath the Makeup

Reproduction of the original: *Health Lessons* by Albin Davison

### More Beautiful Than Before

What if your legacy isn't what you leave behind, but something you create, every day of your life? What if you started acting the way you want to be remembered--right now--and shared your unique gifts with the world? In *Everyday Legacy*, Codi Shewan inspires readers to redefine how they live and embrace the idea of living--not leaving--a legacy. His message is simple, yet powerful: In each moment, you have the ability to change yourself and those around you, in profound ways. This book is for anyone who wants to rethink their own legacy and start living it now. *Everyday Legacy* shares vital lessons for living, informed by Shewan's experiences as a funeral director who developed a deep understanding of the reality of death.

From tales of unexpected friendship as a young volunteer in palliative care to what he learned through his estranged father's funeral, *Everyday Legacy* shows us what it means to be deeply human, undeniably mortal--and how to choose a life that matters.

### The Lessons of History

'I will be forever changed by Dr Eger's story' OPRAH This practical and inspirational guide to healing from the bestselling author of *The Choice* shows us how to release your self-limiting beliefs and embrace your potential. The prison is in your mind. The key is in your pocket. In the end, it's not what happens to us that matters most - it's what we choose to do with it. We all face suffering - sadness, loss, despair, fear, anxiety, failure. But we also have a choice; to give in and give up in the face of trauma or difficulties, or to live every moment as a gift. Celebrated therapist and Holocaust survivor, Dr Edith Eger, provides a hands-on guide that gently encourages us to change the imprisoning thoughts and destructive behaviours that may be holding us back. Accompanied by stories from Eger's own life and the lives of her patients her empowering lessons help you to see your darkest moments as your greatest teachers and find freedom through the strength that lies within. 'Wise and provocative' THE DAILY MAIL

### The 5 Love Languages

Bobby Herrera has a simple leadership philosophy: -We all struggle. -Inside every struggle is a gift. -Leaders share their gifts with others. In *The Gift of Struggle*, Bobby Herrera, cofounder and CEO of Populus Group, lives that philosophy by telling the stories of his struggles, identifying the gifts he found, and sharing those gifts with you.

### 12 Lessons in Business Leadership

Extraordinary uncovered work by the 16 million copy bestselling author of *Man's Search For Meaning* published in English for the first time Eleven months after his liberation from Auschwitz, Viktor E. Frankl held a series of public lectures in Vienna. The psychologist, who was to become world famous, explained his central thoughts on meaning, resilience and the importance of embracing life even in the face of great adversity. Published for the very first time, Frankl's words resonate as strongly today as they did in 1946. He offers an insightful exploration of the maxim 'Live as if you were living for the second time', and unfolds his basic conviction that every crisis also includes an opportunity. Despite the unspeakable horrors in the camp, Frankl learnt from his fellow inmates that it is always possible to say 'yes to life', - a profound and timeless lesson for us all.

### A Century of Wisdom

When I was a boy, my father often pulled me aside to convey lessons intended to build what we generally refer to as "character". Often his advice was very simple □ work hard, think for yourself, do right by others □ but I believe those lessons provided the foundation for everything that has followed in my life. Now that I'm a dad myself, I wanted to put them down in one place, with examples of my own experiences, as a guide to life, adventure, and investing, both for my young daughters and for anyone seeking success in his or her chosen field. I hope that parents will be inspired to give this book to their children, and vice versa, as many of the lessons that I have learned apply not just to young people but to all adults□for example, question everything, never follow the crowd, and beware of boys! What a lovely, lovely book! Though I've read all

you've written, this one really touched me. It is, of course, a love letter to your daughters, which is not only a wonderful, meaningful thing to do, but it was filled with exactly the kind of advice all fathers should give. Your new book will stay on my shelf for a long, long time, and I'll be giving it to my own kids to read. --Nicholas Sparks, author of *The Notebook*, *Dear John*, and *The Last Song*

### The Gift

Written for teachers or parents of young children, *Singing Lessons for Little Singers* offers exciting songs and exercises based on proven pedagogical principles and healthy vocal technique for use in solo or group voice lessons. This revolutionary method was created to fill the great void of private singing lesson materials for children: it combines a system of voice-developing exercises with an ear-training and sight-singing course and a collection of enjoyable songs with entertaining lyrics and delightful illustrations. This powerful, comprehensive method has had great success in developing advanced singing skills, as well as creating many satisfying experiences for students.

### Pretty as a Picture

Have you ever thought about how your seemingly insignificant life events have formed who you are? How intriguing it is to look back and discover how your current life path is directly or indirectly connected to your past! Emerging present moments and fading past events surprisingly yet naturally bring gratitude in life. From the ordinary to the unusual, this book chronicles a little girl's journey through the joyous ups and painful downs of searching for life's gift of gratitude. Life's important lessons were revealed to her through everything from positive influences found in unexpected teachers, injustice in school from pre-kindergarten to college, ordinary friends around her daily life, unfairness inherent in some Japanese traditions, typical family dynamics, uncovering family secrets, fantasies of being French, and the bursting forth of an unspeakable voice. In *Gift of Gratitude*, Author Claire E. Hallinan shares her gratitude for the gifts that she was given by her past: the ability to think of all experiences as positive, the strengths that she determined to be resilient, and the future that she believed to be hopeful through her unique learning experiences. It is these gifts that she is able to share in her very own classroom as a teacher today.

### Health Lessons

Collects life lessons by the world's oldest Holocaust survivor and concert pianist, sharing the wisdom she has gleaned and insights into her resolve to thrive in spite of harrowing loss, her choice to harbor no bitterness toward her oppressors and her determination to bring good to the world.

### 52 Little Lessons from It's a Wonderful Life

"The twelve lessons in *On Fascism* draws from American history and brilliantly complement those of Timothy Snyder's *On Tyranny*." —Laurence Tribe An expert on American authoritarianism offers a searing rebuke of the exceptional narrative that dominates our understanding of US history. In 12 lessons, Matthew C. MacWilliams' *On Fascism* exposes the divisive rhetoric, strongman tactics, violent othering, and authoritarian attitudes that course through American history and compete with our egalitarian, democratic aspirations. Trumpism

isn't new, but rooted in our refusal to come to terms with this historical reality. The United States of Lyncherdom, as Mark Twain labeled America. Lincoln versus Douglas. The Chinese Exclusion Act. The Trail of Tears. The internment of Japanese-Americans. The Palmer Raids. McCarthyism. The Surveillance State. At turning points throughout history, as we aspired toward great things, we also witnessed the authoritarian impulse drive policy and win public support. Only by confronting and reconciling this past, can America move forward into a future rooted in the motto of our Republic since 1782: e pluribus unum (out of many, one). But this book isn't simply an indictment. It is also a celebration of our spirit, perseverance, and commitment to the values at the heart of the American project. Along the way, we learn about many American heroes — like Ida B. Wells, who dedicated her life to documenting the horrors of lynching throughout the nation, or the young Jewish-American who took a beating for protesting a Nazi rally in New York City in 1939. Men and women who embodied the soaring, revolutionary proclamations set forth in the Declaration of Independence and the Preamble to the Constitution. On Fascism is both an honest reckoning and a call for reconciliation. Denial and division will not save the Republic, but coming to terms with our history might.

## The Gift

A Wall Street Journal, Seattle Times, and CrimeReads Best Mystery Book of 2020 Funny, fast-paced, and a pleasure to read. --The Wall Street Journal An egomaniacal movie director, an isolated island, and a decades-old murder--the addictive new novel from the bestselling author of Dear Daughter Marissa Dahl, an up-and-coming film editor with a flair for faux pas, travels to a small island off the coast of Delaware to work with the legendary--and legendarily demanding--director Tony Rees on a feature film with a familiar logline. Some girl dies. It's not much to go on, but the specifics don't concern Marissa. Whatever the script is, her job is the same. She'll spend her days in the editing room, doing what she does best: turning pictures into stories. But she soon discovers that on this set, nothing is as it's supposed to be--or as it seems. There are rumors of accidents and indiscretions, of burgeoning scandals and perilous schemes. Half the crew has been fired. The other half wants to quit. Even the actors have figured out something is wrong. And no one seems to know what happened to the editor she was hired to replace. Then she meets the intrepid and incorrigible teenage girls who are determined to solve the real-life murder that is the movie's central subject, and before long, Marissa is drawn into the investigation herself. The only problem is, the killer may still be on the loose. And he might not be finished. A wickedly funny exploration of our cultural addiction to tales of murder and mayhem and a thrilling, behind-the-scenes whodunit, *Pretty as a Picture* is a captivating page-turner from one of the most distinctive voices in crime fiction.

## Yes to Life

“This majestic, moving novel is an instant classic, a book that will be read, discussed and taught beyond the rest of our lives.” Chicago Tribune Winner of the National Book Critics Circle Award, *A Lesson Before Dying* is a deep and compassionate novel about a young man who returns to 1940s Cajun country to visit a black youth on death row for a crime he didn't commit. Together they come to understand the heroism of resisting. From the critically acclaimed author of *A Gathering of Old Men* and *The Autobiography of Miss Jane Pittman*.

## Eli's Promise

- Over 11 million copies sold - #1 New York Times Bestseller for 8 years running - Now

celebrating its 25th anniversary Simple ideas, lasting love Falling in love is easy. Staying in love—that's the challenge. How can you keep your relationship fresh and growing amid the demands, conflicts, and just plain boredom of everyday life? In the #1 New York Times bestseller *The 5 Love Languages*, you'll discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner—starting today. *The 5 Love Languages* is as practical as it is insightful. Updated to reflect the complexities of relationships today, this new edition reveals intrinsic truths and applies relevant, actionable wisdom in ways that work. Includes the Couple's Personal Profile assessment so you can discover your love language and that of your loved one.

### The Gift of Struggle

The Gift of the Magi is a treasured short story written by O. Henry. A young and very much in love couple can barely afford their one-room apartment, let alone the extra expense of getting Christmas presents for one another. But each is determined to show their love for the other in this traditional time of giving; each sells a thing they hold most dear in order to afford a present, with poignant and touching results that capture their love for one another.

### Twelve Lessons

How to do your makeup in 15 minutes or less? You Hit It! And Quit It! This book is for women who want to look great while conquering the world! *Beneath The Makeup*, by Emmy Winning Makeup Artist Sue Perez, is different than any other beauty book out there. It was crafted with the very busy woman in mind who juggles work and home and who wants to look great investing as little time as possible. In only 12 lessons you will learn how to become your own makeup artist, intoxicating beauty rituals, while enjoying personal anecdotes from the author's life with vibrant illustrations all women can enjoy, without feeling compared to idealized images of beauty or perfection. The book covers these topics and more: Understanding your skin Defining your own look Tools of the trade Best Makeup & Beauty tips Best Skin Care Rituals The author also shares the shortcuts she developed as a television makeup artist to help you look amazing just under 15 minutes every morning. Scroll up and grab a copy today.

### Emotional Advantage

From the author: "Lessons" is a book about the magic of childhood, the potential of adulthood, jumping in puddles, and prospering in tomorrow's economy. To succeed in the world of business today and in the future, companies, their leaders, and all of their employees must learn to innovate and grow at the speed of life. So why not take a few lessons from the world's leading authorities on innovation and growthsmall children?

### Lessons from the Sandbox

This practical and inspirational guide to healing from the award-winning, New York Times bestselling author of *The Choice* shows us how to stop destructive patterns and imprisoning thoughts to find freedom and enjoy life. Edith Eger's powerful first book *The Choice* told the story of her survival in the concentration camps, her escape, healing, and journey to freedom. Oprah Winfrey says, "I will be forever changed by Dr. Eger's story." Thousands of people

around the world have written to Eger to tell her how *The Choice* moved them and inspired them to confront their own past and try to heal their pain; and to ask her to write another, more "how-to" book. Now, in *The Gift*, Eger expands on her message of healing and provides a hands-on guide that gently encourages us to change the thoughts and behaviors that may be keeping us imprisoned in the past. Eger explains that the worst prison she experienced is not the prison that Nazis put her in but the one she created for herself, the prison within her own mind. She describes the twelve most pervasive imprisoning beliefs she has known—including fear, grief, anger, secrets, stress, guilt, shame, and avoidance—and the tools she has discovered to deal with these universal challenges. Accompanied by stories from Eger's own life and the lives of her patients each chapter includes thought-provoking questions and takeaways, such as: -Would you like to be married to you? -Are you evolving or revolving? -You can't heal what you can't feel. Filled with empathy, insight, and humor, *The Gift* captures the vulnerability and common challenges we all face and provides encouragement and advice for breaking out of our personal prisons to find healing and enjoy life.

### 21 Lessons for the 21st Century

"Profound and delightful. . . . A strange and tender parable of two maddening obsessions; parenting and art-making." —Max Porter, author of *Grief Is the Thing with Feathers* and *Lanny*

The ingenious storyteller Edward Carey returns to reimagine a time-honored fable: the story of an impatient father, a rebellious son, and a watery path to forgiveness for the young man known as Pinocchio. In the small Tuscan town of Collodi, a lonely woodcarver longs for the companionship of a son. One day, "as if the wood commanded me," Giuseppe—better known as Geppetto—carves for himself a pinewood boy, a marionette he hopes to take on tour worldwide. But when his handsome new creation comes magically to life, Geppetto screams . . . and the boy, Pinocchio, leaps from his arms and escapes into the night. Though he returns the next day, the wily boy torments his father, challenging his authority and making up stories—whereupon his nose, the very nose his father carved, grows before his eyes like an antler. When the boy disappears after one last fight, the father follows a rumor to the coast and out into the sea, where he is swallowed by a great fish—and consumed by guilt. He hunkers in the creature's belly awaiting the day when he will reconcile with the son he drove away. With all the charm, atmosphere, and emotional depth for which Edward Carey is known—and featuring his trademark fantastical illustrations—*The Swallowed Man* is a parable of parenthood, loss, and letting go, from a creative mind on a par with Gregory Maguire, Neil Gaiman, and Tim Burton.

### How to Hear the Voice of God

A Garden View of Anne Morrow Lindbergh's *Gift from the Sea* During a tropical storm. In the aftermath of chemotherapy. In the midst of marital discord. These are among the times author Charlene Costanzo found comfort, joy, hope, and healing on Sanibel Island. Now, comes a collection of insightful life-guiding reflections inspired by the tropical botanicals of one of Florida's most precious flower gardens. Life lessons and line art in the tropics. In the tradition of Anne Morrow Lindbergh, Charlene finds awe in the bounty of sea shells along the Florida shoreline. But, it's the foliage in Sanibel's botanical garden that brings daily reflections and lesson-bearing messages. Translating the beauty of botany. If you look closely, plants sprout with willpower and bloom with determination. Drawing from the beautiful nature of trees and flowers, Charlene crafts garden-inspired messages from her experiences with healing and understanding. Inside, find quotes, reflections, and bonus material like: " Pen-and-ink line drawings with illustrations of flowers, leaves, and garden plants " Charlene's Twelve Gifts

resource and how they apply to the lessons learned in the garden – An epilogue from two other locales—Sedona, Arizona and St. John, Virgin Islands Perfect garden gift or beach gift. Whether you're exploring the secret life of trees or the beauty of a cut flower garden, this environmentalist memoir is a great addition to any shelf of nature books. A combination of garden books and meditation books, Twelve Gifts from the Garden is both an ode to ecology and a collection of healing, discoveries, and epiphanies. Some pieces provide comfort, some support strength and courage—but all offer a relaxing gift for women. If you're looking for Anne Lamott books, gardener gifts, or inspirational gifts for women—or enjoyed bestsellers like Braiding Sweetgrass or The Hidden Life of Trees—then Twelve Gifts from the Garden is your next read!

### Think Like a Monk

"We cannot change the cards we are dealt, just how we play the hand."---Randy Pausch A lot of professors give talks titled "The Last Lecture." Professors are asked to consider their demise and to ruminate on what matters most to them. And while they speak, audiences can't help but mull the same question: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave--"Really Achieving Your Childhood Dreams"--wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because "time is all you have and you may find one day that you have less than you think"). It was a summation of everything Randy had come to believe. It was about living. In this book, Randy Pausch has combined the humor, inspiration and intelligence that made his lecture such a phenomenon and given it an indelible form. It is a book that will be shared for generations to come.

### Spirits Beside Us

Jay Shetty, social media superstar and host of the #1 podcast On Purpose, distills the timeless wisdom he learned as a monk into practical steps anyone can take every day to live a less anxious, more meaningful life. When you think like a monk, you'll understand: -How to overcome negativity -How to stop overthinking -Why comparison kills love -How to use your fear -Why you can't find happiness by looking for it -How to learn from everyone you meet -Why you are not your thoughts -How to find your purpose -Why kindness is crucial to success -And much more Shetty grew up in a family where you could become one of three things—a doctor, a lawyer, or a failure. His family was convinced he had chosen option three: instead of attending his college graduation ceremony, he headed to India to become a monk, to meditate every day for four to eight hours, and devote his life to helping others. After three years, one of his teachers told him that he would have more impact on the world if he left the monk's path to share his experience and wisdom with others. Heavily in debt, and with no recognizable skills on his re'sume, he moved back home in north London with his parents. Shetty reconnected with old school friends—many working for some of the world's largest corporations—who were experiencing tremendous stress, pressure, and unhappiness, and they invited Shetty to coach them on well-being, purpose, and mindfulness. Since then, Shetty has become one of the world's most popular influencers. In 2017, he was named in the Forbes magazine 30-under-30 for being a game-changer in the world of media. In 2018, he had the #1 video on Facebook with over 360 million views. His social media following totals over 38 million, he has produced over 400 viral videos which have amassed more than 8 billion views, and his podcast, On

Purpose, is consistently ranked the world's #1 Health and Wellness podcast. In this inspiring, empowering book, Shetty draws on his time as a monk to show us how we can clear the roadblocks to our potential and power. Combining ancient wisdom and his own rich experiences in the ashram, Think Like a Monk reveals how to overcome negative thoughts and habits, and access the calm and purpose that lie within all of us. He transforms abstract lessons into advice and exercises we can all apply to reduce stress, improve relationships, and give the gifts we find in ourselves to the world. Shetty proves that everyone can—and should—think like a monk.

### The Choice

"What does everyone in the modern world need to know? [The author's] answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. [The author discusses] discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life"--

### Coach Wooden's Leadership Game Plan for Success: 12 Lessons for Extraordinary Performance and Personal Excellence

Emotional Advantage is such an uplifting answer to our challenging times. In its pages, you will find encouragement, support, and new perspectives. Randy Taran offers an antidote to emotional overwhelm—a powerful way to discover how useful your emotions can be in guiding you towards your best life. —Marci Shimoff, #1 New York Times bestselling author of Happy For No Reason and Chicken Soup for the Woman's Soul Award-winning author, producer, and founder of Project Happiness, Randy Taran knows that every emotion, feeling, and mental state has the power to bring us back to our true essence, and that readers can use Emotional Advantage as a guide to get there. In recent years, there has been an overwhelming interest in the science of happiness and positive psychology, and many books on the subject. There is a good reason for this: it is a core, universal human drive. And while happiness has opened the door for many to move forward, there is a burgeoning curiosity about the full range of human emotions, all of which factor into the human experience. What do we do when life does not go as planned? Neuroscience reveals that to understand and utilize any emotion, we need to —name it to tame it. It turns out that even negative emotions have something to offer, if we know how to learn from them. Have you ever woken up in a fog of feelings and felt directionless? Or maybe it was hard to pinpoint exactly what you were feeling, but it wasn't where you wanted to be? What if we could actually use our feelings as a pathway to guide us back to our inner compass? What if, like alchemists, we had the tools to transform our emotions to take charge of creating our very best life? What if we could comprehend how even the most troublesome emotions are sending messages to alert, protect, and fuel us forward? Emotional Advantage is that guide. It will show us how a new perspective on fear can move us to courage, how guilt can clarify our values, and how anger can help us create healthy boundaries.

### The Gift

—A manifesto of sorts for anyone who makes art [and] cares for it.— —Zadie Smith —The best book I know of for talented but unacknowledged creators. . . . A masterpiece.— —Margaret Atwood —No one who is invested in any kind of art . . . can read The Gift and remain unchanged.—

David Foster Wallace By now a modern classic, *The Gift* is a brilliantly orchestrated defense of the value of creativity and of its importance in a culture increasingly governed by money and overrun with commodities. This book is even more necessary today than when it first appeared. An illuminating and transformative book, and completely original in its view of the world, *The Gift* is cherished by artists, writers, musicians, and thinkers. It is in itself a gift to all who discover the classic wisdom found in its pages.

### The Last Lecture

As *The Giving Tree* turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a household classic that will now reach an even wider audience. Never before have Shel Silverstein's children's books appeared in a format other than hardcover. Since it was first published fifty years ago, Shel Silverstein's poignant picture book for readers of all ages has offered a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return. Shel Silverstein's incomparable career as a bestselling children's book author and illustrator began with *Lafcadio, the Lion Who Shot Back*. He is also the creator of picture books including *A Giraffe and a Half, Who Wants a Cheap Rhinoceros?*, *The Missing Piece*, *The Missing Piece Meets the Big O*, and the perennial favorite *The Giving Tree*, and of classic poetry collections such as *Where the Sidewalk Ends*, *A Light in the Attic*, *Falling Up*, *Every Thing On It*, *Don't Bump the Glump!*, and *Runny Babbit*. And don't miss these other Shel Silverstein ebooks, *Where the Sidewalk Ends*, and *A Light in the Attic!*

### The Giving Tree

'A diary is an assassin's cloak which we wear when we stab a comrade in the back with a pen', wrote William Soutar in 1934. But a diary is also a place for recording everyday thoughts and special occasions, private fears and hopeful dreams. *The Assassin's Cloak* gathers together some of the most entertaining and inspiring entries for each day of the year, as writers ranging from Queen Victoria to Andy Warhol, Samuel Pepys to Adrian Mole, pen their musings on the historic and the mundane. Spanning centuries and international in scope, this peerless anthology pays tribute to a genre that is at once the most intimate and public of all literary forms. This new updated edition is published to mark the twentieth anniversary of the book's original publication.

### The Swallowed Man

*Why Not Me?!* aims to inspire readers to drop every fear and follow their heart and soul to live the life of their dreams. Small's true story balances personal experiences with spiritual lessons and guidance, and highlights what a year on Maui taught her about living her dreams with the goal of showing others the possibilities for them to do the same.

### Everyday Legacy

What do our family and friends in spirit want us to know? What happens to you after the body dies? How do you gain closure after your loved ones pass? Are you someone searching for afterlife evidence? Do you wonder is there a spirit world and what is it like? Are you curious about exploring your own mediumship and seeking a greater comprehension of your natural gifts? This captivating and compelling book clearly describes that the spirit realm is much closer

than we realize and walks us through the process of connecting our two worlds. In it you will: Discover that your loved ones who have crossed over are still alive and care about you? Learn that love is the fabric of the afterlife that creates an everlasting bond with us? Expand your awareness and prepare to be transformed by spirits' eternal love? Gain a better understanding of life beyond the veil? Acquire a road map for your own mediumship and spirit communication With eloquence and humor, Chris shares with us his journey into mediumship, describes what the other side is like and offers some remarkable mediumship readings and healing messages that have proven to be life transforming for the recipients. In addition, he masterfully takes complex knowledge offered by spirit communicators and relays it to us in ways that are easy to understand. This inspiring work is a treasure that clearly describes that not only do we survive our physical death, but more importantly, that the bonds of love between the two worlds are eternal. This thought provoking, well written book is a must for anyone interested in the spirit world, mediumship and what spirit is trying to tell us.

### The Gift

#### A Gift to my Children

A New York Times Bestseller "I'll be forever changed by Dr. Eger's story" The Choice is a reminder of what courage looks like in the worst of times and that we all have the ability to pay attention to what we've lost, or to pay attention to what we still have. "Oprah "Dr. Eger's life reveals our capacity to transcend even the greatest of horrors and to use that suffering for the benefit of others. She has found true freedom and forgiveness and shows us how we can as well." "Desmond Tutu, Nobel Peace Prize Laureate "Dr. Edith Eva Eger is my kind of hero. She survived unspeakable horrors and brutality; but rather than let her painful past destroy her, she chose to transform it into a powerful gift—one she uses to help others heal." "Jeannette Walls, New York Times bestselling author of The Glass Castle Winner of the National Jewish Book Award and Christopher Award At the age of sixteen, Edith Eger was sent to Auschwitz. Hours after her parents were killed, Nazi officer Dr. Josef Mengele, forced Edie to dance for his amusement and her survival. Edie was pulled from a pile of corpses when the American troops liberated the camps in 1945. Edie spent decades struggling with flashbacks and survivor's guilt, determined to stay silent and hide from the past. Thirty-five years after the war ended, she returned to Auschwitz and was finally able to fully heal and forgive the one person she'd been unable to forgive—herself. Edie weaves her remarkable personal journey with the moving stories of those she has helped heal. She explores how we can be imprisoned in our own minds and shows us how to find the key to freedom. The Choice is a life-changing book that will provide hope and comfort to generations of readers.

### On Fascism

52 heartwarming lessons crafted from the Christmas classic It's a Wonderful Life. "No man is a failure who has friends." "Each man's life touches so many other lives." The more obvious lessons of the holiday classic It's a Wonderful Life, have become fodder for family conversations for years. Now, Gold Medallion Award-winning author Bob Welch takes us deeper into the nuances of Frank Capra's 1946 tribute to bedrock values. From the lightheartedness of George and Mary's floor-parting dance to the poignancy of a community that rallies to save a desperate man, 52 Little Lessons from It's a Wonderful Life will inspire you to live for the deeper stuff that, as George Bailey finds, matters most.



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