

## The Dos Osteopathic Medicine In America

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The DOs  
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Foundations for Osteopathic Medicine  
Manual Medicine 1984  
An Osteopathic Approach to Diagnosis and Treatment  
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New Horizons in Patient Safety: Understanding Communication

### Osteopathy, Research and Practice

In print continuously since 1982, The DOs has now been thoroughly updated and expanded to include two new chapters addressing recent and current challenges and to bring the history of the profession up to the beginning of the new millennium.

### Medical Education in the United States and Canada

Papers presented at an international seminar during the week following the 7th International Congress of the International Federation of Manual Medicine, held Sept. 1983, in Zurich, sponsored by the Swiss Federation of Manual Medicine.

### The DOs

### Beyond Flexner

Despite suspicion, ridicule, and outright opposition from organized medicine, osteopathy today serves the health needs of more than twenty million Americans.

### Foundations for Osteopathic Medicine

This is a reproduction of a book published before 1923. This book may have occasional imperfections such as missing or blurred pages, poor pictures, errant marks, etc. that were either part of the original artifact, or were introduced by the scanning process. We believe this work is culturally important, and despite the imperfections, have elected to bring it back into print as part of our continuing commitment to the preservation of printed works worldwide. We appreciate your understanding of the imperfections in the preservation process, and hope you enjoy this valuable book.

### Manual Medicine 1984

## An Osteopathic Approach to Diagnosis and Treatment

Your plain-English guide to getting into the medical school of your dreams Getting accepted to medical school is a long and rigorous process and many students find they need help. If you're one of these students, Getting into Medical School For Dummies is the perfect tool to help you through the process and realize your dream. By providing you with concise information about preparing for and applying to medical school, Getting into Medical School For Dummies prepares you for the application process. Written by an industry expert, it gives you a distinct advantage in the competitive medical school admissions process, preparing you for every step and helping you create your best application. Takes you through the often-overwhelming process of applying to medical school Explains what medical schools and admissions committees are really looking for Provides plain-English explanations of complicated medical school admissions processes If you're one of the over 40,000 students who apply to medical school each year and need help sorting through the admission schedule, writing statements of intent, and preparing to take the MCAT, Getting Into Medical School For Dummies has you covered!

## Autobiography of Andrew T. Still

When President George Washington fell ill six short weeks after his inauguration, he summoned Samuel Bard, one of the most prominent physicians of the day. Thereafter, when residing at his presidential home in Manhattan, Washington consistently relied on Bard for medical care. Thus Bard became the first in a line of presidential physicians, the providers of medical care for America's chief executive. From George Washington to George W. Bush, this volume examines 217 years of health care in the White House and the men and women who ministered to these presidential patients. Beginning with that first presidential physician's visit on June 13, 1789, it analyzes the relationships--sometimes fruitful and sometimes disastrous--of the presidents with their physicians. While biographical sketches detailing the background of each physician are included, the main focus of the work is the especially complex physician-patient relationship and the ways in which it has changed over time. The evolution of the presidential physician's responsibilities is also discussed, as are developments in American medicine during presidential terms.

## A Teaching Guide for Osteopathic Manipulative Medicine

### Dr. Fulford's Touch of Life

## The 5-Minute Osteopathic Manipulative Medicine Consult

Overcoming suspicion, ridicule, and outright opposition from the American Medical Association, the osteopathic medical profession today serves the health needs of more than thirty million Americans. Osteopathic medicine is now the fastest-growing segment of the US physician and surgeon population. In *The DOs*, historian Norman Gevitz chronicles the development of this controversial medical movement from its nineteenth-century origins in the American Midwest to the present day. He describes the philosophy and practice of osteopathy, as well as the impact of osteopathic medicine on health care. In print continuously since 1982, *The DOs* has now been thoroughly updated and expanded. From the theories underlying the use of spinal manipulation developed by osteopathy's founder, Andrew Taylor Still, Gevitz traces the movement's early success, despite attacks from the orthodox medical community. He also recounts the efforts of osteopathic medical colleges to achieve parity with institutions granting MD degrees and looks at the continuing effort by osteopathic physicians and surgeons to achieve greater

recognition and visibility. Bringing additional light to the philosophical origins and practices of the osteopathic movement, as well as the historic debates about which degree to offer its graduates, this volume — chronicles the challenges the profession has faced in the early decades of the twenty-first century — addresses recent challenges to the osteopathic medical profession — explores efforts at preserving osteopathy's autonomy and distinctiveness — offers a new perspective on the future of osteopathic medicine Based on an extensive examination and evaluation of primary sources, as well as countless interviews with individuals both inside and outside osteopathic medicine, The DOs is the definitive history of the osteopathic medical profession.

### Foundations of Osteopathic Medicine

Thoroughly revised for its Third Edition, "Foundations of Osteopathic Medicine" is the most comprehensive, current osteopathic text. This edition features expanded coverage of international practice and includes a new chapter on the structure of the profession.

Andrew Taylor Still, 1828-1917

### The Merger

A practical, concise clinical reference, this edition presents 43 new techniques, including seated facet release and inherent motion diagnosis and treatment techniques. Updated and expanded descriptions of osteopathic principles are complemented by new illustrations and clinical correlations.

### The Premed Playbook Guide to the Medical School Interview

### Or Perish in the Attempt

The #1 review book for the Family Medicine Board Examination — updated with a new full-color design! The renowned Family Practice Examination and Board Review is now Graber and Wilbur's Family Medicine Examination & Board Review, the perfect way to prepare for the primary and recertification exam in family medicine and for licensure exams. This engagingly written study guide has been completely updated with a new full-color design and is enhanced by powerful new learning aids, including 50 additional questions to the already comprehensive final exam, and chapter-ending clinical pearls that consolidate high-yield information. You will also, of course, find the humor, wit, and approachable tone that have brought the book legions of enthusiastic — and appreciative — fans. New to this edition! Full color layout Clinical pearls at the end of each chapter to highlight key takeaways 50 brand new final exam questions Numbered cases for easy reference Outstanding features from the previous edition: More than 350 progressive case studies that reflect the realities of clinical practice and prepare you for your exams 29 chapters based on body system and elements of patient care A comprehensive final exam (nearly 200 questions) with answers referenced to pages in the book Detailed answer explanations that describe not only why an answer is correct, but why the other answers are wrong Comprehensive coverage of ALL topics on the boards and recertifying exam Super-effective learning aids such as Quick Quizzes, Helpful Tips, learning objectives, clinical pearls, and more Color photographs of conditions most easily diagnosed by appearance An outstanding refresher for primary care physicians, physician assistants, and nurse practitioners

### The DOs

"Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized loose-leaf is created in the style of Pocket Medicine by providing key clinical data for students and residents and focuses on patient care in the outpatient setting. Pocket Primary Care is a handy summary of key clinical information designed to form the basis of an individual's pocket notebook or to be integrated into one's own notebook. Includes areas of: preventive medicine, cardiovascular, dermatology, endocrine, gastrointestinal, hematology, infectious disease, musculoskeletal, neurology, ophthalmology/ ENT, psychiatry/social, pulmonary, renal/urology, special populations, women's health, men's health, and geriatric"--Provided by publisher.

### An Osteopathic Approach to Diagnosis and Treatment

Osteopathic medical students and faculty benefit from a uniquely practical text that organizes osteopathic concepts and step-by-step techniques into a single comprehensive volume. This new edition includes new, all-important updates on somatic and visceral problems, writing the osteopathic manipulative prescription, and case histories to reflect changes in the national licensing examination. The book's integrated method for diagnosis and treatment embraces basic osteopathic history and philosophy, osteopathic palpation and manipulation, and specific manipulative treatments and concepts. Abundant photographs demonstrate step-by-step techniques. Meticulous illustrations depict underlying anatomy.

### Doctors' Orders

COMLEX Level 2-PE Review Guide is a comprehensive overview for osteopathic medical students preparing for the COMLEX Level 2-PE (Performance Evaluation) examination. COMLEX Level 2-PE Review Guide covers the components of History and Physical Examination found on the COMLEX Level 2-PE The components of history taking, expected problem specific physical exam based on the chief complaint, incorporation of osteopathic manipulation, instruction on how to develop a differential diagnosis, components of the therapeutic plan, components of the expected humanistic evaluation and documentation guidelines. The final chapter includes case examples providing practice scenarios that allow the students to practice the cases typically encountered on the COMLEX Level 2-PE These practice cases reduce the stress of the student by allowing them to experience the time constraints encountered during the COMLEX Level 2-PE. This text is a one-of-a-kind resource as the leading COMLEX Level 2-PE board review book. Offers practical suggestions and mnemonics to trigger student memory allowing for completeness of historical data collection. Provides a method of approach that reduces memorization but allows fluidity of the interview and exam process. Organizes the approach to patient interview and examination and provides structure to plan development. Describes the humanistic domain for student understanding of the areas being evaluated."

### Healing Pain and Injury

ere is the revised, updated Second Edition of one of the standard core textbooks for osteopathic medicine programs. Highlights of the new edition include an updated and expanded clinical applications section, an expanded chapter on reflexes, and coverage of the latest advances in osteopathy in the cranial field. Also, facilitated positional release has been integrated into each region. The text is superbly illustrated throughout with 399 photographs and 245 drawings

### Getting into Medical School For Dummies

Andrew Taylor Still lost confidence and hope in the medical therapies of his day after three of his

children died of meningitis in 1864. He became obsessed with finding the cause and the cure for disease. Still developed a philosophy of osteopathy that was holistic, naturalistic, and emphasized health rather than disease. He shunned drugs, and used a manipulative therapy designed to release the healing powers of nature. After years of thought, study, and experimentation, Still opened the American School of Osteopathy in 1892 in Kirksville, Missouri, far removed from the medical centers of traditional medicine. Author Carol Trowbridge tells us about Still's family, the communities he lived in, and the events that shaped him. She helps us understand this eccentric medical pioneer who was never fully accepted by his peers, but whose holistic methods are now considered the cutting edge of medicine today. He leaves a legacy of patient-centered care that impacts providers and patients around

## Philosophy of Osteopathy

David J. Peck's *Or Perish in the Attempt* ingeniously combines the remarkable adventures of Lewis and Clark with an examination of the health problems their expedition faced. Formidable problems indeed, but the author patiently, expertly, and humorously guides us through the medical travails of the famous journey, juxtaposing treatment then against remedy now. The result is a fascinating book that sheds new light not only on Lewis and Clark and the men and one remarkable woman (and her infant) who accompanied them along an eight-thousand-mile wilderness path but also on the practice of medicine in their time and place.

## Graber and Wilbur's Family Medicine Examination and Board Review, Fourth Edition

From a Pulitzer Prize-winning historian comes a riveting history of New York's iconic public hospital that charts the turbulent rise of American medicine. Bellevue Hospital, on New York City's East Side, occupies a colorful and horrifying place in the public imagination: a den of mangled crime victims, vicious psychopaths, assorted derelicts, lunatics, and exotic-disease sufferers. In its two and a half centuries of service, there was hardly an epidemic or social catastrophe or groundbreaking scientific advance that did not touch Bellevue. David Oshinsky, whose last book, *Polio: An American Story*, was awarded a Pulitzer Prize, chronicles the history of America's oldest hospital and in so doing also charts the rise of New York to the nation's preeminent city, the path of American medicine from butchery and quackery to a professional and scientific endeavor, and the growth of a civic institution. From its origins in 1738 as an almshouse and pesthouse, Bellevue today is a revered public hospital bringing first-class care to anyone in need. With its diverse, ailing, and unprotesting patient population, the hospital was a natural laboratory for the nation's first clinical research. It treated tens of thousands of Civil War soldiers, launched the first civilian ambulance corps and the first nursing school for women, pioneered medical photography and psychiatric treatment, and spurred New York City to establish the country's first official Board of Health. As medical technology advanced, "voluntary" hospitals began to seek out patients willing to pay for their care. For charity cases, it was left to Bellevue to fill the void. The latter decades of the twentieth century brought rampant crime, drug addiction, and homelessness to the nation's struggling cities—problems that called a public hospital's very survival into question. It took the AIDS crisis to cement Bellevue's enduring place as New York's ultimate safety net, the iconic hospital of last resort. Lively, page-turning, fascinating, Bellevue is essential American history.

## Bellevue

"Fifty-five common pediatric conditions are comprehensively discussed, with diagnostic and evidence-based treatment information, followed by authoritative information on the major CAM therapies available for treatment of the condition. Whenever possible, an integrative approach that combines conventional and alternative approaches is presented."--BOOK JACKET.

## The White House Physician

Nerman demonstrates how a wide range of symptoms can stem from the body's inability to recover after an injury or trauma. There are three key steps to regaining health after injury or trauma: removing injury shock; restoring motion; controlling inflammation. She shows you ways to harness your body's remarkable healing ability in order to reclaim your health and your life.

## The DOs

"This fully updated practical resource opens up one of the most enduring, yet continually evolving, areas of health care - manual medicine. With this informative, highly illustrated text, you'll learn the basic principles, specific techniques, and adjunct procedures of the discipline - including the use of exercise for prevention and treatment of common lower quarter neuromuscular syndromes."--BOOK JACKET.

## Healer's Touch

This book provides a comprehensive review of medical education in the 20th century. It takes the themes articulated in the Flexner Report of 1910 and traces their development. Those themes, many of which have not been discussed in other books, include the basic sciences, the clinical curriculum, women in medicine, black medical education, and sectarian medical education. Also covered are the evolution of the health care delivery system, trends in financing medical education, the use of outpatient settings for clinical education, the current status of the medical curriculum and needed changes, and health manpower needs. The final chapter discusses the current proposals for changes and how they relate to the problems and reforms of the Flexner era.

## History of Osteopathy

The most current, comprehensive osteopathic text available, *Foundations of Osteopathic Medicine, Fourth Edition* defines osteopathic terminology and techniques and instills the confident understanding essential to clinical success. This proven resource is the standard text for teaching the osteopathic profession, providing broad, multidisciplinary coverage of osteopathic considerations in the basic sciences, behavioral sciences, family practice and primary care, and the clinical specialties. Published in partnership with the American Osteopathic Association, this popular text makes the key tenets of osteopathic practice more accessible than ever and demonstrates a wide variety of osteopathic manipulative methods in vivid detail. More than half of this new edition is made up of all-new content, reflecting current practices in basic sciences foundation, the osteopathic approach to patient care, identifying somatic dysfunction, treating somatic dysfunction, osteopathic considerations in the specialties, and research investigating osteopathic principles. New illustrations and a full-color design bring concepts to life, and enhanced pedagogical features make the entire text easier to use for students and practitioners alike. Updated content equips students with the latest approaches to osteopathic medicine. New and updated illustrations clarify concepts and procedures. Dynamic case studies reinforce clinical applications. New full-color design engages students and makes learning more efficient. Bulleted lists detail key concepts at a glance. A complete glossary ensures fast access to essential terminology. Enrich Your eBook Reading Experience with Enhanced Video, Audio and Interactive Capabilities! Read directly on your preferred device(s), such as computer, tablet, or smartphone Easily convert to audiobook, powering your content with natural language text-to-speech Adapt for unique reading needs, supporting learning disabilities, visual/auditory impairments, second-language or literacy challenges, and more

## Foundations of Osteopathic Medicine

This case studies book is a unique, practical, cutting-edge, and indispensable go-to resource for front-line practitioners and educators in medicine. Each case study (chapter) is framed by a set of introductory learning objectives, an evaluation section, thought-provoking discussion questions, and references to further readings. Furthermore, the book is conveniently organized along the continuum of medical care delivery, providing quick access to ad-hoc solutions in safety- and quality-compromised situations, illustrating how skillful communication can be the key to a more effective prevention, intervention, and response to "close calls" and adverse events. The case studies book is unique and innovative in its interdisciplinary integration of the contemporary literature in communication science with current "hot buttons" of patient safety. It manifests a valuable interdisciplinary collaboration by translating the basic tenets of human communication science for practitioners of medicine, providing a conceptual, evidence-based foundation for formulating communication-based practice guidelines to advance patient safety and quality of care. The case studies put communication theory into practice to facilitate experiential learning, granting insights into the breadth and diverse aspects of safe and high quality healthcare delivery. Thought-provoking discussion questions and references for further reading make this book a valuable reference for medical practitioners across the world.

## Something More--

**The Merger: M.D.s and D.O.s in California** If you are interested in the recent history of the medical professions, this book is for you. If personal narratives of historical events speak to you as a second layer of documentation, this book is for you. If you are aware that in America there exist two separate yet equal, fully licensed physicians, M.D.s and D.O.s, you might be interested in learning about their unique relationship in California. If you know little about D.O.s, this book will give you a picture of their approach to patient care and to their M.D. colleagues. The osteopathic profession in California has a unique history, as it differs dramatically from the professions history in the rest of the nation. More than 100 years ago, a small pioneering group of osteopathic physicians established in Southern California the Pacific School of Osteopathy to graduate physicians and surgeons with the ability to acquire an unlimited license. Since then, the educational, research, and regulatory arenas of osteopathy have seen in California low points of near elimination and high points of recognition. Cultures are based on firm beliefs in the truth of their understanding of the world. Often they collide with those who respect different truths. Similarly, the medical culture in California went through collisions between osteopathic and allopathic medicine, often in response to competition and antagonism. Which values and beliefs about each others profession were held so fervently in California that prompted the unique event of absorbing the osteopathic profession into allopathic mainstream medicine? This project explores the events, unique to California but with repercussions nation-wide, of a merger between osteopathic and allopathic medicine. In 1962, the relatively small medical organization of fully licensed osteopathic physicians (the California Osteopathic Organization) merged with the much larger mainstream medical profession (the California Medical Association). What were the incentives for a fully licensed parallel healthcare profession to forfeit its identity and philosophy? What key players and leaders emerged? How did the individual practicing physician think and feel about the merger? While about two thousand osteopathic physicians changed to the M.D. degree, about two hundred California D.O.s did not merge but persevered in their battle to restore the licensing power of their profession in California. What social and personal motivational sources sustained this group for over a decade? How has osteopathy's unique history affected medical education and professional relations, nation-wide and internationally? Answers to these questions have emerged in historical narratives by key persons figuring in the events. Most of them have not written about their lives and their social and political surroundings at the time of the merger and its repercussions. Many never learned the long-term outcomes of their endeavors. Our multidisciplinary research team transcribed in-depth interviews to capture the thoughts and feelings

among individuals who played significant roles from the 1940s to the 70s. With the approval of the Institutional Review Board of the University of California, Irvine for the protection of the participants rights, we asked a diverse group, 35 in all, of physicians, administrators, lawyers and lobbyists, to provide their historical narratives and their suggestions for future directions. Our objective has been to give an unbiased account, listening equally to representatives of allopathy, osteopathy, and politics. Inspired by Dr. Gevitz cogent academic analysis of osteopathic medicine in America, this book presents personal perceptions of events, integrated with documented descriptions, stored in archives, to facilitate the readers understanding and analysis. The work has been based on the assumption

### The Pocket Manual of OMT

In 1892, Andrew Taylor Still did the unimaginable when he accepted women and men equally in his newly opened American School of Osteopathy. Thomas Quinn, DO, showcases some of the valiant women who rose above adversity to become osteopathic doctors in those early years, and includes prominent women osteopathic physicians up to the present time. The stories of their fight against the inequality of the sexes in medicine are intertwined with the struggles of osteopathy to be accepted as a valid scientific practice, illuminating the innovative and determined individuals who helped osteopathic medicine develop into the flourishing profession it is today.

### Somatic Dysfunction in Osteopathic Family Medicine

The United States does not have enough doctors. Every year since the 1950s, internationally trained and osteopathic medical graduates have been needed to fill residency positions because there are too few American-trained MDs. However, these international and osteopathic graduates have to significantly outperform their American MD counterparts to have the same likelihood of getting a residency position. And when they do, they often end up in lower-prestige training programs, while American-trained MDs tend to occupy elite training positions. Some programs are even fully segregated, accepting exclusively U.S. medical graduates or non-U.S. medical graduates, depending on the program's prestige. How do international and osteopathic medical graduates end up so marginalized, and what allows U.S.-trained MDs to remain elite? *Doctors' Orders* offers a groundbreaking examination of the construction and consequences of status distinctions between physicians before, during, and after residency training. Tania M. Jenkins spent years observing and interviewing American, international, and osteopathic medical residents in two hospitals to reveal the unspoken mechanisms that are taken for granted and that lead to hierarchies among supposed equals. She finds that the United States does not need formal policies to prioritize American-trained MDs. By relying on a system of informal beliefs and practices that equate status with merit and eclipse structural disadvantages, the profession convinces international and osteopathic graduates to participate in a system that subordinates them to American-trained MDs. Offering a rare ethnographic look at the inner workings of an elite profession, *Doctors' Orders* sheds new light on the formation of informal status hierarchies and their significance for both doctors and patients.

### COMLEX Level 2-PE Review Guide

"Now in its Second Edition, *The 5-Minute Osteopathic Manipulative Medicine Consult* helps facilitate your thought process of incorporating osteopathic principles using your knowledge of anatomy and physiology to rationally guide you through a focused osteopathic exam. Presented in the tradition of *The 5-Minute Consult Series*, this quick-reference manual is organized by diagnosis into at-a-glance, two-page spreads. ICD-10 billing codes, updated photos, and easy-to-understand schematic drawings combine with concise content to help you make quick, accurate diagnoses that ensure the best possible



care to every patient"--Provided by publisher.

## The DOs

### Jones Strain-Counterstrain

A doctor known for his achievements in spontaneous healing explains the function of vital energy in human health and offers advice on natural healing methods

### Greenman's Principles of Manual Medicine

Thoroughly revised for its Second Edition, Foundations for Osteopathic Medicine is the only comprehensive, current osteopathic text. It provides broad, multidisciplinary coverage of osteopathic considerations in the basic sciences, behavioral sciences, family practice and primary care, and the clinical specialties and demonstrates a wide variety of osteopathic manipulative methods. This edition includes new chapters on biomechanics, microbiology and infectious diseases, health promotion and maintenance, osteopathic psychiatry, emergency medicine, neuromusculoskeletal medicine, rehabilitation, sports medicine, progressive inhibition of neuromuscular structures, visceral manipulation, A.T. Still osteopathic methods, treatment of acutely ill hospital patients, somatic dysfunction, clinical research and trials, outcomes research, and biobehavioral interactions with disease and health. Compatibility: BlackBerry(R) OS 4.1 or Higher / iPhone/iPod Touch 2.0 or Higher /Palm OS 3.5 or higher / Palm Pre Classic / Symbian S60, 3rd edition (Nokia) / Windows Mobile(TM) Pocket PC (all versions) / Windows Mobile Smartphone / Windows 98SE/2000/ME/XP/Vista/Tablet PC

### Pocket Primary Care

### The Feminine Touch

Overcoming suspicion, ridicule, and outright opposition from the American Medical Association, the osteopathic medical profession today serves the health needs of more than thirty million Americans. Osteopathic medicine is now the fastest-growing segment of the US physician and surgeon population. In *The DOs*, historian Norman Gevitz chronicles the development of this controversial medical movement from its nineteenth-century origins in the American Midwest to the present day. He describes the philosophy and practice of osteopathy, as well as the impact of osteopathic medicine on health care. In print continuously since 1982, *The DOs* has now been thoroughly updated and expanded. From the theories underlying the use of spinal manipulation developed by osteopathy's founder, Andrew Taylor Still, Gevitz traces the movement's early success, despite attacks from the orthodox medical community. He also recounts the efforts of osteopathic medical colleges to achieve parity with institutions granting MD degrees and looks at the continuing effort by osteopathic physicians and surgeons to achieve greater recognition and visibility. Bringing additional light to the philosophical origins and practices of the osteopathic movement, as well as the historic debates about which degree to offer its graduates, this volume □ chronicles the challenges the profession has faced in the early decades of the twenty-first century □ addresses recent challenges to the osteopathic medical profession □ explores efforts at preserving osteopathy's autonomy and distinctiveness □ offers a new perspective on the future of osteopathic medicine Based on an extensive examination and evaluation of primary sources, as well as countless interviews with individuals both inside and outside osteopathic medicine, *The DOs* is the definitive history of the osteopathic medical profession.

## Integrative Medicine for Children

### New Horizons in Patient Safety: Understanding Communication

The Premed Playbook: Guide to the Medical School Interview is the only book needed to prepare premed students for their medical school interviews. Through interviews with Admissions Committee members and others, Dr. Gray has compiled the most comprehensive book on this subject. Premed students want to know what to expect, but more importantly they need to see examples of what successful applicants have done. The Premed Playbook not only gives them close to 600 potential interview questions, it also gives them real answers and feedback from interview sessions that Dr. Gray has held with students.

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