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### Eating Disorders

Many indigenous Hawaiian men have felt profoundly disempowered by the legacies of colonization and by the tourist industry, which, in addition to occupying a great deal of land, promotes a feminized image of Native Hawaiians (evident in the ubiquitous figure of the dancing hula girl). In the 1990s a group of Native men on the island of Maui responded by refashioning and reasserting their masculine identities in a group called the Hale Mua (the "Men's House"). As a member and an ethnographer, Ty P. Kōwika Tengan analyzes how the group's mostly middle-aged, middle-class, and mixed-race members assert a warrior masculinity through practices including martial arts, woodcarving, and cultural ceremonies. Some of their practices are heavily influenced by or borrowed from other indigenous Polynesian traditions, including those of the Māori. The men of the Hale Mua enact their refashioned identities as they participate in temple rites, protest marches, public lectures, and cultural fairs. The sharing of personal stories is an integral part of Hale Mua fellowship, and Tengan's account is filled with members' first-person narratives. At the same time, Tengan explains how Hale Mua rituals and practices connect to broader projects of cultural revitalization and Hawaiian nationalism. He brings to light the tensions that mark the group's efforts to reclaim indigenous masculinity as they arise in debates over nineteenth-century historical source materials and during political and cultural gatherings held in spaces designated as tourist sites. He explores class status anxieties expressed through the sharing of individual life stories, critiques of the Hale Mua registered by Hawaiian women, and challenges the group received in dialogues with other indigenous Polynesians. *Native Men Remade* is the fascinating story of how gender, culture, class, and personality intersect as a group of indigenous Hawaiian men work to overcome the dislocations of colonial history.

### Zaftig

When faced with disappointment, self-doubt, and failure, we rely on positivity mantras and upbeat Bible verses to relieve our anxiety. But instead of easing our emotional burden, the pressure to love ourselves more actually makes it worse. It's time to admit to ourselves what we already know: we are not smart enough; we are not beautiful enough; we are not tough enough; we are not good enough. And that's okay, because God is. Blending timeless wisdom and biblical truths, Stuckey shows how these sneaky, pervasive myths threaten women and fuel victimhood culture - from social justice warriors to radical feminism and the new wave of

socialism.

## Voices in the Ocean

Introduction to mixed methods research -- Formulating questions, conducting a literature review, sampling design, and the centrality of ethics in mixed methods research -- A qualitative approach to mixed methods design, analysis, interpretation, writing up, and validity -- Interpretative approaches to mixed methods research -- Feminist approaches to mixed methods research -- Postmodernist approaches to mixed methods research, with Chris Kelly -- Putting it together: qualitative approaches to mixed methods research praxis -- Conclusion: the prospects and challenges of mixed methods praxis

## Voices from the Inside

The African Hebrew Israelites of Jerusalem are often dismissed as a fringe cult for their beliefs that African Americans are descendants of the ancient Israelites and that veganism leads to immortality. But John L. Jackson questions what "fringe" means in a world where cultural practices of every stripe circulate freely on the Internet. In this poignant and sophisticated examination of the limits of ethnography, the reader is invited into the visionary, sometimes vexing world of the AHIJ. Jackson challenges what Clifford Geertz called the "thick description" of anthropological research through a multidisciplinary investigation of how the AHIJ use media and technology to define their public image in the twenty-first century. Moving beyond the "modest witness" of nineteenth-century scientific discourse or the "thick descriptions" of twentieth-century anthropology, Jackson insists that Geertzian thickness is impossible, especially in a world where the anthropologist's subjects craft their own self-ethnographies and critically consume the ethnographer's offerings. Taking as its topic a group situated along the fault lines of several diasporas--African, American, Jewish--Thin Description provides an account of how race, religion, and ethnographic representation must be understood anew in the twenty-first century, lest we reenact old mistakes in the study of black humanity.

## Understanding Eating Disorders

Offering a variety of innovative methods and tools, *The Oxford Handbook of Multimethod and Mixed Methods Research Inquiry* provides the most comprehensive and up-to-date presentation on multi- and mixed-methods research available. Written in clear and concise language by leading scholars in the field, it enhances and disrupts traditional ways of asking and addressing complex research questions. Topics include an overview of theory, paradigms, and scientific inquiry; a guide to conducting a multi- and mixed-methods research study from start to finish; current uses of multi- and mixed-methods research across academic disciplines and research fields; the latest technologies and how they can be incorporated into study design; and a presentation of multiple perspectives on the key remaining debates. Each chapter in the volume is structured to include state-of-the-art research examples that cross a range of disciplines and interdisciplinary research settings. In addition, the Handbook offers multiple quantitative and qualitative theoretical and interdisciplinary visions and praxis. Researchers, faculty, graduate students, and policy makers will appreciate the exceptional, timely, and critical coverage in this Handbook, which deftly addresses the interdisciplinary and complex questions that a diverse set of research communities are facing today.

## The Religion of Thinness

Emergent technologies are pushing the boundaries of how both qualitative and quantitative researchers practice their craft, and it has become clear these changes are dramatically altering research design, from the questions researchers ask and the ways they collect data, to what they even consider data. Gathering a broad range of new developments in one place, *The Handbook of Emergent Technologies in Social Research* offers comprehensive, up-to-date thinking on technological innovations. In addition to addressing how to effectively apply new technologies—such as the internet, mobile technologies, geospatial technologies (GPS), and the incorporation of computer-assisted software programs (CAQDAS) to qualitative, quantitative, and mixed-methods approaches to research projects—many chapters provide in-depth examples of practices within both disciplinary and interdisciplinary environments and outside the academic world in multi-media laboratories and research institutes. Not only an authoritative view of cutting-edge technologies and their applications, the Handbook examines the costs and benefits of utilizing new technologies on the research process, the potential misuse of these techniques for methods practices, and the ethical and moral dimensions of emergent technologies, especially with regard to issues of surveillance and privacy. *The Handbook of Emergent Technologies in Social Research* is an essential resource for research methods courses in various fields, including the social sciences, education, communications, computer science, and health services, and an indispensable guide for social researchers looking to incorporate emerging technologies into their methods and practice.

### Bad Feminist

The second edition of *The Handbook of Feminist Research: Theory and Praxis*, presents both a theoretical and practical approach to conducting social science research on, for, and about women. The Handbook enables readers to develop an understanding of feminist research by introducing a range of feminist epistemologies, methodologies, and methods that have had a significant impact on feminist research practice and women's studies scholarship. The Handbook continues to provide a set of clearly defined research concepts that are devoid of as much technical language as possible. It continues to engage readers with cutting edge debates in the field as well as the practical applications and issues for those whose research affects social policy and social change. It also expands on the wealth of interdisciplinary understanding of feminist research praxis that is grounded in a tight link between epistemology, methodology and method. The second edition of this Handbook will provide researchers with the tools for excavating subjugated knowledge on women's lives and the lives of other marginalized groups with the goals of empowerment and social change.

### The Bulletproof Diet

From Susan Casey, the New York Times bestselling author of *The Wave* and *The Devil's Teeth*, a breathtaking journey through the extraordinary world of dolphins. Since the dawn of recorded history, humans have felt a kinship with the sleek and beautiful dolphin, an animal whose playfulness, sociability, and intelligence seem like an aquatic mirror of mankind. In recent decades, we have learned that dolphins recognize themselves in reflections, count, grieve, adorn themselves, feel despondent, rescue one another (and humans), deduce, infer, seduce, form cliques, throw tantrums, and call themselves by name. Scientists still don't completely understand their incredibly sophisticated navigation and communication abilities, or their immensely complicated brains. While swimming off the coast of Maui, Susan Casey was surrounded by a pod of spinner dolphins. It was a profoundly transporting experience, and it inspired her to embark on a two-year global adventure to explore the nature of these remarkable beings and their complex relationship to humanity. Casey examines the career of

the controversial John Lilly, the pioneer of modern dolphin studies whose work eventually led him down some very strange paths. She visits a community in Hawaii whose adherents believe dolphins are the key to spiritual enlightenment, travels to Ireland, where a dolphin named as “the world’s most loyal animal” has delighted tourists and locals for decades with his friendly antics, and consults with the world’s leading marine researchers, whose sense of wonder inspired by the dolphins they study increases the more they discover. Yet there is a dark side to our relationship with dolphins. They are the stars of a global multibillion-dollar captivity industry, whose money has fueled a sinister and lucrative trade in which dolphins are captured violently, then shipped and kept in brutal conditions. Casey’s investigation into this cruel underground takes her to the harrowing epicenter of the trade in the Solomon Islands, and to the Japanese town of Taiji, made famous by the Oscar-winning documentary *The Cove*, where she chronicles the annual slaughter and sale of dolphins in its narrow bay. Casey ends her narrative on the island of Crete, where millennia-old frescoes and artwork document the great Minoan civilization, a culture which lived in harmony with dolphins, and whose example shows the way to a more enlightened coexistence with the natural world. No writer is better positioned to portray these magical creatures than Susan Casey, whose combination of personal reporting, intense scientific research, and evocative prose made *The Wave* and *The Devil’s Teeth* contemporary classics of writing about the sea. In *Voices in the Ocean*, she has written a thrilling book about the other intelligent life on the planet. From the Hardcover edition.

### The Beauty Myth

An exploration of America's self-defeating war on obesity argues against the myth that falsely equates thinness with health and explains why dieting is bad for the health and how the media misinform the public.

### Perception of Beauty

In his mid-twenties, Dave Asprey was a successful Silicon Valley multimillionaire. He also weighed 300 pounds, despite the fact that he was doing what doctors recommended: eating 1,800 calories a day and working out 90 minutes a day, six times a week. When his excess fat started causing brain fog and food cravings sapped his energy and willpower, Asprey turned to the same hacking techniques that made his fortune to "hack" his own biology, investing more than \$300,000 and 15 years to uncover what was hindering his energy, performance, appearance, and happiness. From private brain EEG facilities to remote monasteries in Tibet, through radioactive brain scans, blood chemistry work, nervous system testing, and more, he explored traditional and alternative technologies to reach his physical and mental prime. The result? *The Bulletproof Diet*, an anti-inflammatory program for hunger-free, rapid weight loss and peak performance. *The Bulletproof Diet* will challenge—and change—the way you think about weight loss and wellness. You will skip breakfast, stop counting calories, eat high levels of healthy saturated fat, work out and sleep less, and add smart supplements. In doing so, you'll gain energy, build lean muscle, and watch the pounds melt off. By ditching traditional "diet" thinking, Asprey went from being overweight and sick in his twenties to maintaining a 100-pound weight loss, increasing his IQ, and feeling better than ever in his forties. *The Bulletproof Diet* is your blueprint to a better life.

### Thin Description

Few things are as tantalizing as a woman’s curves...and yet, humans are the only mammals

on earth whose females have curvy bodies. Why? And what does this unique body shape mean for us? In *Curvology*, researcher David Bainbridge uses his scientific know-how to get to the bottom of this anatomical mystery and to explore the social and psychological consequences of our cultural fixation with curves and fat. Bainbridge brings thorough and clear-headed scientific research to this topic, as well as an admirable understanding of the real-life ramifications of the fascinating statistics and provocative studies he cites. Blending evolutionary biology, cultural observation, and cutting-edge psychology, Bainbridge critically synthesizes the science and history of women's body shape, from ancient hominids to the age of the selfie, offering insights into how women's bodies became objects of fascination and raising awareness about what this scrutiny does to our brains. Packed with controversial and compelling findings that drive us to think about the significance of our curves and what they mean for future generations, *Curvology* offers not just a compelling collection of facts and studies, but an endlessly fascinating take on evolution and its consequences.

### Am I Thin Enough Yet?

Despite the relevance of eating disorders in the past years, the pure core of these mental disorders remains unknown. In this regard, it is not a surprise that the biopsychosocial model is the best way to go forward in order to understand and to improve the different approaches, biological (mainly neurobiological), psychological, and social, in managing these disorders. Eating disorders are frequent pathologies, many times severe and often devastating for patients and their families. Biological, psychological, and social factors are always involved in these disorders, and knowledge about the influence of these factors helps us to better understand eating disorders. This book includes different studies about main topics of eating disorders and is useful for psychologists, doctors and others interested in this disorder.

### Speaking of Sadness

Engaging exploration of race and youth culture which examines the development of new identities, ethnicities and forms of racism. This text analyzes the relationship between racism, community and adolescent social identities in the African and South Asian diasporas.

### The Oxford Handbook of Multimethod and Mixed Methods Research Inquiry

In *The Cult of Mithras in Late Antiquity* David Walsh examines how and why the cult of Mithras vanished from the Roman Empire by the early 5th century C.E.

### Wannabes, Goths, and Christians

*Feminist Research Practice: A Primer* provides a unique, hands-on approach to exploring a range of feminist perspectives of the research process in order to bridge the divide between theory and research methods. Editors Sharlene Nagy Hesse-Biber and Patricia Lina Leavy engage students with a clear and concise writing style and in-depth examples of a range of research methods from ethnography, oral history, focus groups, and content analysis to interviewing and survey research.

### New Ethnicities and Urban Culture

"*Speaking of Sadness*, based on fifty in-depth interviews, provides first-hand accounts of the

depression experience while discovering clear regularities in the ways that personal identities are shaped over the course of an "illness career." The new edition of the book is highlighted by a thoroughly new and extensive introduction"--

## Feminist Research Practice: A Primer

Discusses the social pressures on women to meet unrealistic standards of appearance, and looks at the impact of the media on women's self-image

## Curvology

The American Society for Aesthetic Plastic Surgery estimates there are about two-and-a-half million Botox procedures performed annually, and that number continues to increase. The procedure is used as a preventive measure against aging and a means by which bodies, particularly women's, can be transformed and "improved" through the appearance of youth. But why is Botox so popular, and why is aging such a terrifying concept? *Botox Nation* draws from engaging, in-depth interviews with Botox users and providers as well as Dana Berkowitz's own experiences receiving the injections. The interviews reveal the personal motivations for using Botox and help unpack how anti-aging practices are conceived by, and resonate with, everyday people. Berkowitz is particularly interested in how Botox is now being targeted to younger women; since Botox is a procedure that must be continually administered to work, the strategic choice to market to younger women, Berkowitz argues, aims to create lifetime consumers. Berkowitz also analyzes magazine articles, advertisements, and even medical documents to consider how narratives of aging are depicted. She employs a critical feminist lens to consider the construction of feminine bodies and selves, and explores the impact of cosmetic medical interventions aimed at maintaining the desired appearance of youth, the culture of preventative medicine, the application of medical procedures to seemingly healthy bodies, and the growth and technological advancement to the anti-aging industry. The first in-depth social investigation into the development of Botox as a phenomenon, *Botox Nation* is a captivating and critical story of how norms about bodies, gender, and aging are constructed and reproduced on both cultural and individual levels.

## Am I Thin Enough Yet?.

This captivating novel shimmers with dark intensity and wicked wit. In a stunning synthesis of eroticism, rage, pathos, and humor, Gaitskill's "fine storyteller's pace and brilliant metaphors" (*The New York Times Book Review*) create a haunting and unforgettable journey into the dark side of contemporary life and the deepest recesses of the soul.

## White Weddings

*Emergent Methods in Social Research* introduces state-of-the-art social research methods that address the growing methods-theory gap within and across the disciplines. In this text, editors Sharlene Nagy Hesse-Biber and Patricia Leavy combine original, in-depth introductions, previously published articles, and original works to provide readers with a comprehensive view of new and cutting-edge research methods and methodologies.

## Gendered Bodies

TV says it. Magazines say it. American society commands it. You must be thin. You must be young. Fad diets. Fat-purging pills. Fitness clubs. Liposuction. Breast implants. Steroids. In the tomorrow of Thinner Than Thou, the cult of the body has become the one true religion. The Dedicated Sisters are a religious order sworn to help anorexic, bulimic, and morbidly obese youth. Throughout the land, houses of worship have been replaced by the health clubs of the Crossed Triceps. And through hypnotically powerful evangelical infomercials, the Reverend Earl preaches the heaven of the Afterfat, where you will look like a Greek god and eat anything you want. Just sign over your life savings and come to Sylphania, the most luxurious weight-loss spa in the world, where the Reverend himself will personally supervise your attainment of physical perfection. But the glory of youth and thinness that America worships conceals a hidden world where teens train for the competitive eating circuit, where fat porn and obese strippers feed people's dark desires, and where an underground railroad of rebellious religions remember when people worshipped God instead of the Afterfat. As Annie, an anorexic, and her friend Kelly, who is so massive she can barely walk, find out, the tender promises of the Dedicated Sisters are fulfilled by forced feedings and enforced starvation in hidden prisons. As middle-aged Jeremy discovers, Sylphania is a concentration camp where failure to lose weight and tone up leads to brutal punishment. The Rev. Earl's public sympathy for the overweight conceals a private contempt . . . and, beneath that, a terrible longing known only to a select few. The inevitable decay of old age is the only thing keeping mankind from reaching perfection. Luckily, Reverend Earl has a plan that will take care of that . . . . At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

## The Practice of Qualitative Research

A body-positive call to arms that's as inspirational as it is practical, from Instagram star Megan Jayne Crabbe For generations, women have been convinced that true happiness only comes when we hit that goal weight, shrink ourselves down, and change ourselves to fit a rigid and unrealistic beauty ideal. We've been taught to see our bodies as collections of problems that need to be fixed. Instagram star Megan Jayne Crabbe is determined to spread the word that loving the body you have is the real path to happiness. An international body positive guru with fans in all corners of the world, Megan spent years battling eating disorders and weight fluctuations before she found her way to body positivity. She quit dieting, discovered a new kind of confidence, and replaced all those old feelings of body shame and self-recrimination with everyday joy. Free of the pressure to fit in a size 2, her life became more satisfying than ever before. In her debut book, Megan shares her own struggles with self-acceptance and her path to body positivity. With whip-smart wit and a bold attitude that lights up her Instagram feed, Megan champions a new worldview for all of us: It's time to stop dieting and get on with your life.

## Handbook of Feminist Research

The Practice of Qualitative Research guides readers step by step through the process of collecting, analyzing, designing, and interpreting qualitative research. Written by Sharlene Nagy Hesse-Biber in an engaging style, this student-centered text offers invaluable insights into the practice of qualitative research, with coverage of in-depth interviewing, focus groups, ethnography, case study, and mixed methods research. The Third Edition features even more integrated attention to online research and implications of social media throughout all methods chapters; updates on qualitative analysis software; and significantly expanded coverage of ethics.

## Botox Nation

With so many women approaching their diets, body image, and pursuit of a slender figure with slavish devotion, *The Religion of Thinness* is a timely addition to the discussion of our cultural obsession with weight loss. At the heart of this obsession is the belief that in order to be happy, one must be slim, and the attendant myths, rituals, images, and moral codes can leave some women with severe emotional damage. Idealized images in the media inspire devotees of this "religion" to experience guilt for behaviors that are biologically normal and necessary, and *Lelwica* offers two ways to combat this dangerous cultural message. Advising readers to look hard at the societal cues that cause them to obsess about their weight, and to remain mindful about their actions and needs, this book will not only help stop the cycle of guilt and shame associated with food, it will help readers to grow and accept their bodies as they are.

## Body Positive Power

First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

## Mixed Methods Research

The authors in this book ask us to consider whether the perception of beauty has been defined by our genetics and culture over the years - has it grown and changed? Do certain neural connections define our emotional reactions to beauty? Does beauty follow any rules or laws? Can the aspiration toward beauty be detrimental? Can we divorce ourselves from dictates and sink into a mindful connection with our internal beauty? Can we move from the superficial where "beauty is only skin deep" to an intense appreciation of beauty in all of its variations. *The Perception of Beauty* will lead to a deeper understanding and contemplation of nature, art, and the world around us.

## Native Men Remade

Zaftig is a Yiddish word meaning ripe or luscious, and is commonly applied to curvaceous women. This book celebrates these women principally through its many reproductions of paintings, and through quotations from those who argue for the attractiveness of zaftig women. The arguments for feminine substance are arranged thematically, and include an attack on the cult of thinness, a defense of zaftig as a natural state, an exploration of eras such as the Victorian age, in which abundance was preferred, and an examination of subcultures in which heavy women rule, as on the opera stage.

## Eating Disorders in Children and Adolescents

## The Obesity Myth

Modern Gothic culture alternately fascinates, horrifies, or bewilders many of us. We cringe at pictures of Marilyn Manson, cheer for Buffy in *Buffy the Vampire Slayer*, and try not to stare at the pierced and tattooed teens we pass on the streets. But what is it about this dark and morbidly morose aesthetic that fascinates us today? In *Contemporary Gothic*, Catherine Spooner probes the reasons behind the prevalence of the Gothic in popular culture and how it has inspired innovative new work in film, literature, music, and art. Spooner traces the



emergence of the Gothic subculture over the past few decades and examines the various aspects of contemporary society that revolve around the grotesque, abject, and artificial. The Gothic is continually resituated in different spheres of culture, she reveals, as she explores the transplantation of the “street” Goth style to haute couture runway looks by fashion designers. The Gothic also appears in a number of surprisingly diverse representations, and Spooner considers them all, from the artistic excesses of Jake and Dinos Chapman to the fashions of Alexander McQueen, and from the mind-bending films of David Lynch to the abnormal postmodern subjects of Joel-Peter Witkin’s photography. In an engaging way, Contemporary Gothic argues that this style ultimately balances a number of contradictions—the grotesque and incorporeal, authentic self-expression and campiness, mass popularity and cult appeal, comfort and outrage—and these contradictions make the Gothic a crucial expression of contemporary cultural currents. Whether seeking to understand the stories behind the TV show *Supernatural* or to extract deeper meanings from modern literature, Contemporary Gothic is a lively and virtually unparalleled study of the modern Gothic sensibility that pervades popular culture today.

### The F\*ck It Diet

In this powerful book, Sharlene Nagy Hesse-Biber goes beyond traditional psychological explanations of eating disorders to level a powerful indictment against the social, political, and economic pressures women face in a weight-obsessed society. ethnicity, gay and lesbian body image, and the globalization of body image issues align a refined cultural study of body image with the trends found in current research studies, demographic data, and popular culture.

### Thinner Than Thou

Anorexia Nervosa and other eating disorders are arguably the most complex mental health problems that a child or adolescent may experience. Numbers seeking help are on the increase, and the complexity of these disorders challenges even the most experienced clinician. In this 2006 book, the experience of numerous practitioners with international reputations in the field is brought to bear on the broad range of issues a good clinician needs to know about, from the history of the disorder through to treatment, psychopharmacology, the psychotherapies, epidemiology, comorbidities, eating disorders in boys, and neuroimaging. The book is divided into parts detailing the scientific underpinnings, abnormal states, the evidence base for treatments, and finally public health issues, including service delivery models and perspectives on prognosis and outcomes. Clinicians encountering eating disorders will find this latest addition to the Cambridge Child and Adolescent Psychiatry series invaluable.

### The Cult of Mithras in Late Antiquity

New York Times Bestseller A collection of essays spanning politics, criticism, and feminism from one of the most-watched young cultural observers of her generation, Roxane Gay. “Pink is my favorite color. I used to say my favorite color was black to be cool, but it is pink—all shades of pink. If I have an accessory, it is probably pink. I read *Vogue*, and I’m not doing it ironically, though it might seem that way. I once live-tweeted the September issue.” In these funny and insightful essays, Roxane Gay takes us through the journey of her evolution as a woman (*Sweet Valley High*) of color (*The Help*) while also taking readers on a ride through culture of the last few years (*Girls*, *Django in Chains*) and commenting on the state of feminism

today (abortion, Chris Brown). The portrait that emerges is not only one of an incredibly insightful woman continually growing to understand herself and our society, but also one of our culture. *Bad Feminist* is a sharp, funny, and spot-on look at the ways in which the culture we consume becomes who we are, and an inspiring call-to-arms of all the ways we still need to do better.

### The Cult of Thinness

One of sociology's most important missions is giving voice to those whose experiences are typically otherwise blunted, marginalized, or simply ignored. Featuring memorable, first-person accounts of mentally ill individuals, *Voices from the Inside: Readings on the Experiences of Mental Illness* allows students to connect directly with real-life "experts" who know mental illness all too intimately. This unique anthology addresses a variety of central topics surrounding mental illness, including suicide, hospitalization, the meanings of medication, the experiences of caregivers, and the stigma attached to mental illness. Each section of readings opens with a "sensitizing" introduction that outlines key questions, specific matters for student consideration, and ways in which social scientists approach relevant substantive issues. The thought-provoking discussion questions following each set of readings are designed to foster vibrant class discussion. Comprehensive enough to be used throughout a course--but brief enough to be combined with other supplementary materials or a full-scale textbook--*Voices from the Inside* is ideal for upper-level undergraduate or graduate courses on the sociology of mental health and illness. It can also be used in courses in medical sociology, social work and mental health, nursing and mental health, and abnormal psychology.

### Two Girls, Fat and Thin

A stunning novel by the bestselling National Book Award – winning author of *White Noise* and *Underworld*. Since the publication of his first novel *Americana*, Don DeLillo has lived in the skin of our times. He has found a voice for the forgotten souls who haunt the fringes of our culture and for its larger-than-life, real-life figures. His language is defiantly, radiantly American. In *The Body Artist* his spare, seductive twelfth novel, he inhabits the muted world of Lauren Hartke, an artist whose work defies the limits of the body. Lauren is living on a lonely coast, in a rambling rented house, where she encounters a strange, ageless man, a man with uncanny knowledge of her own life. Together they begin a journey into the wilderness of time, love and human perception. *The Body Artist* is a haunting, beautiful and profoundly moving novel from one of the finest writers of our time.

### The Handbook of Emergent Technologies in Social Research

The novel's protagonist is a British Roman Catholic priest, Father Percy Franklin, who looks identical to the mysterious U.S. Senator Julian Felsenburgh of Vermont. The senator appears as a lone and dramatic figure promising world peace in return for blind obedience. No one quite knows who he is or where he comes from, but his voice mesmerizes. Under his leadership, war is abolished. Felsenburgh becomes the President of Europe, then of the world, by popular acclaim. Everyone is fascinated with him, yet still no one knows much about him. People are both riveted and frightened by the way he demands attention. Most follow without question. Having been a close observer of President Felsenburgh's rise, Father Franklin is called to Rome, a Hong Kong-style enclave ruled by Pope John XXVI and raised to the College of Cardinals. Meanwhile, defections among bishops and priests increase. At Cardinal

Franklin's instigation, the pope abolishes the Eastern Catholic Churches and forms a new religious order, the Order of Christ Crucified. All its members, including the Pope, vow to die in the name of the faith.

### You're Not Enough (and That's Okay)

*Gendered Bodies, Second Edition*, focuses on key themes that reveal how gendered relations, ideologies, and practices shape human bodies. At the same time, it shows how human bodies are linked to other significant axes of inequality based on racial ethnic group, disability, sexuality, class, culture, religion, age, and nation. Thoroughly updated throughout, the second edition incorporates sixteen new selections - including non-Western perspectives - on such fascinating topics as evolution and motherhood; breastfeeding; breast cancer; the effects of height on men; job discrimination and transgendered people; world champion runner Caster Semenya and sex verification; disability, gender, and embodiment; and Palestinian female suicide bombers. It also adds new references and a concluding chapter, "Social Bodies in an Interconnected World."--Pub. desc.

### Lord of the World

Starting with an analysis of these conditions and an exploration of their complex causes, Giordano then proceeds to address legal and ethical dilemmas such as a patient's refusal of life-saving treatment. The book is illustrated with many case-studies.

### The Body Artist

On college campuses and in high school halls, being white means being boring. Since whiteness is the mainstream, white kids lack a cultural identity that's exotic or worth flaunting. To remedy this, countless white youths across the country are now joining more outré subcultures like the Black- and Puerto Rican – dominated hip-hop scene, the glamorously morose goth community, or an evangelical Christian organization whose members reject campus partying. Amy C. Wilkins's intimate ethnography of these three subcultures reveals a complex tug-of-war between the demands of race, class, and gender in which transgressing in one realm often means conforming to expectations in another. Subcultures help young people, especially women, navigate these connecting territories by offering them different sexual strategies: wannabes cross racial lines, goths break taboos by becoming involved with multiple partners, and Christians forego romance to develop their bond with God. Avoiding sanctimonious hysteria over youth gone astray, Wilkins meets these kids on their own terms, and the result is a perceptive and provocative portrait of the structure of young lives.

### Emergent Methods in Social Research

The bestselling classic that redefined our view of the relationship between beauty and female identity. In today's world, women have more power, legal recognition, and professional success than ever before. Alongside the evident progress of the women's movement, however, writer and journalist Naomi Wolf is troubled by a different kind of social control, which, she argues, may prove just as restrictive as the traditional image of homemaker and wife. It's the beauty myth, an obsession with physical perfection that traps the modern woman in an endless spiral of hope, self-consciousness, and self-hatred as she tries to fulfill society's impossible definition of "the flawless beauty."

## Contemporary Gothic

“The F\*ck It Diet is not only hilarious, it is scientifically and medically sound. A must read for any chronic dieter.” – Christiane Northrup, MD, New York Times bestselling author of *Women’s Bodies, Women’s Wisdom*” From comedian and ex-diet junkie Caroline Dooner, an inspirational guide that will help you stop dieting, reboot your relationship with food, and regain your personal power **DIETING DOESN’T WORK** Not long term. In fact, our bodies are hardwired against it. But each time our diets fail, instead of considering that maybe our ridiculously low-carb diet is the problem, we wonder what’s wrong with us. Why can’t we stick to our simple plan of grapefruit and tuna fish??? Why are we so hungry? What is wrong with us??? We berate ourselves for being lazy and weak, double down on our belief that losing weight is the key to our everlasting happiness, and resolve to do better tomorrow. But it’s time we called a spade a spade: Constantly trying to eat the smallest amount possible is a miserable way to live, and it isn’t even working. So fuck eating like that. In *The F\*ck It Diet*, Caroline Dooner tackles the inherent flaws of dieting and diet culture, and offers readers a counterintuitively simple path to healing their physical, emotional, and mental relationship with food. What’s the secret anti-diet? Eat. Whatever you want. Honor your appetite and listen to your hunger. Trust that your body knows what it is doing. Oh, and don’t forget to rest, breathe, and be kind to yourself while you’re at it. Once you get yourself out of survival mode, it will become easier and easier to eat what your body really needs—a healthier relationship with food ultimately leads to a healthier you. An ex-yo-yo dieter herself, Dooner knows how terrifying it can be to break free of the vicious cycle, but with her signature sharp humor and compassion, she shows readers that a sustainable, easy relationship with food is possible. Irreverent and empowering, *The F\*ck It Diet* is call to arms for anyone who feels guilt or pain over food, weight, or their body. It’s time to give up the shame and start thriving. Welcome to the F\*ck It Diet. Let’s Eat.

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