

## The Chemical Dependence Treatment Planner With Ts Upgrade Practiceplanners

Treating AlcoholismAddiction Recovery ManagementThe Co-Occurring Disorders Treatment  
PlannerThe Addiction Treatment PlannerThe Complete Adult Psychotherapy Treatment  
PlannerThe Complete Women's Psychotherapy Treatment PlannerThe Addiction Progress  
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behavioral ApproachChemical Dependency TreatmentThe Early Childhood Education

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Intervention Treatment Planner Evidence-Based Addiction Treatment The College Student  
Counseling Treatment Planner The Child and Adolescent Psychotherapy Treatment  
Planner The Older Adult Psychotherapy Treatment Planner, with DSM-5 Updates, 2nd Edition

### **Treating Alcoholism**

The College Student Counseling Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for young adult clients. Organized around 28 main presenting problems, from academic performance anxiety and financial stress to depression, suicidal ideation, and chemical dependence. Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options. Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis. Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA).

### **Addiction Recovery Management**

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This timesaving resource features: Treatment plan components for 44 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that conform to the latest ASAM requirements and meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers The Addiction Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions New treatment planning language based on the mandates of the American Society of Addiction Medicine (ASAM) Organized around 44 main presenting problems, including Adhd, borderline traits, eating disorders, gambling, impulsivity, psychosis, social anxiety, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Addiction Progress Notes Planner, Third Edition and Addiction Treatment Homework Planner, Fourth Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, The Joint Commission (TJC), COA, and the NCQA) Additional resources in the PracticePlanners series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment

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and keep clients engaged between sessions.

### **The Co-Occurring Disorders Treatment Planner**

There is growing pressure to ensure that patients receive care that is proven effective and subsequently, a tremendous need to train mental health practitioners in the latest in Evidence-Based Practice (EBP). The DVD in Evidence-Based Treatment Planning for Substance Abuse Disorders DVD/Workbook Study Package demonstrates the techniques and treatment interventions covered in the lecture, and the workbook guides staff in implementation of the interventions with their clients subsequent to the DVD training. Ideal for training mental health professionals at any level.

### **The Addiction Treatment Planner**

The Addiction Progress Notes Planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Addiction Treatment Planner, Third Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 41 main presenting problems that range from opioid dependence to new chapters in this edition covering such co-occurring disorders as chronic pain, dangerousness/lethality, and self-care deficits Features

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over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR diagnostic categories in The Addiction Treatment Planner, Third Edition Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA

### **The Complete Adult Psychotherapy Treatment Planner**

### **The Complete Women's Psychotherapy Treatment Planner**

A time-saving resource, fully revised to meet the changing needs of mental health professionals The Complete Adult Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including anger control problems, low self-esteem, phobias, and social anxiety Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance use, borderline personality, and more Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components

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by behavioral problem or DSM-5 diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

### **The Addiction Progress Notes Planner**

The Bestselling treatment planning system for mental health professionals The Co-Occurring Disorders Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for mental health professionals treating patients coping simultaneously with mental illness and serious substance abuse Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 25 main presenting problems with a focus on treating adults and adolescents with alcohol, drug, or nicotine addictions, and co-occurring disorders including depression, PTSD, eating disorders, and ADHD Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

## **Chemical Dependency Treatment Planning Handbook**

This valuable professional resource makes it easier than ever for professionals who treat chemically dependent patients to write polished, effective treatment plans that satisfy all the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. This comprehensive planner provides problem definitions, treatment goals, objectives, interventions, and DSM-IV diagnoses for 29 substance-abuse related problems.

## **The Addiction Treatment Planner**

This timesaving resource features: Treatment plan components for 32 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors The Social Work and Human Services Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans to address clients' psychological and environmental problems and issues Organized around 32 main presenting problems, from family violence and juvenile delinquency to homelessness, chemical dependence, physical/cognitive disability, sexual abuse, and more Over 1,000 well-

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crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-5™ diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payers and accrediting agencies (including TJC and NCQA)

### **Adult Psychotherapy Homework Planner**

This volume is the most comprehensive guide for counselors and front-line professionals who work with the chemically dependant in a variety of settings. It is a basic introduction that guides the counselor through treatment from A to Z. Chapters cover the gamut of treatment issues, including developing the therapeutic alliance, screening, detoxification, biopsychosocial assessment, dual-diagnosis, patient orientation, treatment planning, individual therapy, group therapy, case management, crisis intervention, referral, record keeping, discharge planning, and referral. Author Robert R. Perkinson provides case studies and step-by-step instructions with clear explanations and procedures that counselors need to use in all phases of patient care. One of the key features of this volume is the inclusion of over 50 appendices, which includes screening questionnaires, scales, history assessments, personal recovery plans, in-patient and out-patient schedules, and many, many more. The new edition includes more appendices and updates of existing ones. Inclusion of issues of diversity and working with diverse clients Discussion of new treatment for addiction with detailed plan New discussion of relapse triggers, including negative emotions, social pressure, interpersonal conflict and the

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recovery community. New discussion of co-occurring disorders

### **The Continuum of Care Treatment Planner**

Evidence-Based Addiction Treatment provides a state-of-the-art compilation of assessment and treatment practices with proven effectiveness. A substantial body of evidence is presented to provide students, academics, and clinicians with specific science-based treatments that work. The book includes contributions by well-known researchers on addiction treatment and explicit case examples. Written at a level appropriate for a variety of audiences, research studies are discussed but highly sophisticated knowledge in research methodology is not required. Treatments that work Explicit case examples Contributions by well-known researchers on addiction treatment Simple ways to evaluate treatment effectiveness

### **Evidence-Based Treatment Planning for Substance Abuse Workbook**

Anche per l'abuso di cocaina, la terapia Cognitivo-Comportamentale è un prezioso approccio terapeutico, uno dei più noti per la sua sistematicità e per la sua concreta utilità.

### **The Addiction Progress Notes Planner**

Save hours of time-consuming paperwork with the bestselling treatment planning system The

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Adult Psychotherapy Progress Notes Planner, Fifth Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Complete Adult Psychotherapy Treatment Planner, Fifth Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance abuse, borderline personality, and more Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-5™ diagnostic categories in The Complete Adult Psychotherapy Treatment Planner, Fifth Edition Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA Identifies the latest evidence-based care treatments with treatment language following specific guidelines set by managed care and accrediting agencies

## **The Social Work and Human Services Treatment Planner, with DSM 5 Updates**

Addiction Recovery Management: Theory, Research, and Practice is the first book on the recovery management approach to addiction treatment and post-treatment support services.

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Distinctive in combining theory, research, and practice within the same text, this groundbreaking title includes authors who are the major theoreticians, researchers, systems administrators, clinicians and recovery advocates who have developed the model. State-of-the-art and the definitive text on the topic, *Addiction Recovery Management: Theory, Research, and Practice* is mandatory reading for clinicians and all professionals who work with patients in recovery or who are interested in the field.

### **The Employee Assistance Treatment Planner**

American Journal of Nursing, 2001 Book of the Year Award in Psychiatric & Mental Health Nursing Building upon generic concepts and skills of caring and helping, this book provides a foundation for addiction practice by health and social services professionals. Chapters emphasize the knowledge considered essential in every area, and each chapter identifies the skills required and suggests topics for further study.

### **Addiction Treatment Homework Planner**

### **The Adult Psychotherapy Progress Notes Planner**

Help adult clients develop the skills they need to work through problems The Adult

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Psychotherapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features:

- \* 61 ready-to-copy exercises covering the most common issues encountered by adults in therapy
- \* A quick-reference format—the interactive assignments are grouped by behavioral problem, such as chemical dependence, grief, financial stress, and low self-esteem
- \* Expert guidance on how and when to make the most efficient use of the exercises
- \* Assignments that are cross-referenced to The Complete Adult Psychotherapy Treatment Planner, Third Edition—so you can quickly identify the right exercise for a given situation or behavioral problem
- \* A CD-ROM that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs

### **Chemical Dependency Counseling**

This timesaving resource features: Treatment plan components for 30 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Older Adult Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to

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quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions. Organized around 30 behaviorally based presenting problems including depression, unresolved grief, life role transition, and substance abuse. Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options. Easy-to-use reference format helps locate treatment plan components by behavioral problem. Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA. Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

### **The Group Therapy Treatment Planner**

Features pre-written treatment plan components (behavioral definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM-IV-TR diagnoses) for group therapy. The Group Therapy Treatment Planner provides all of the necessary elements for developing formal treatment plans for working in group settings. This updated edition includes DSM-IV-TR, DSM-5, ICD-9, and ICD-10 diagnostic codes. Psychologists, therapists, and other mental

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health professionals who utilize group therapy will find this Planner invaluable.

### **The Psychopharmacology Treatment Planner**

Help your clients find the path to overcoming their addiction. Alcoholics are one of the most difficult client groups to treat effectively. To preserve their way of life, they may lie about their problem or deny that one exists; that is the nature of this profoundly powerful disease. Yet if you can guide each of your clients through their own resistance towards the truth, not only will you be rewarded with starting them on the road to recovery, you will no doubt have saved their life as well. Achieving such a victory goes to the heart of being an addiction counselor; it is the experience of healing on a direct and tangible level. Treating Alcoholism provides a complete road map for assessing, diagnosing, and treating this multifaceted and tenacious illness. Detailed clinical information on the disease accompanies ready-to-use tools for practice. With a special emphasis on the 12 Steps of Alcoholics Anonymous, the author walks you through the first five steps of this established methodology in comprehensive detail, showing how to easily apply each one to treatment. Other useful resources in Treating Alcoholism include: \* A sample treatment plan \* Copies of alcohol screening tests (SMAST and CAGE questionnaires) \* Tests for other potentially related problems such as gambling and sexual addiction \* A sample behavioral contract for use with adolescents \* Listings of additional resources. The treatment of alcoholism is fraught with struggles and hazards for both client and caregiver. Written in a lively tone that resonates with the author's compassion for his own clients, Treating Alcoholism gives you reliable, up-to-date, and practice-tested information.

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and materials you need to successfully confront this deadly disease and start your clients on the path to recovery.

### **The Chemical Dependence Treatment Planner**

The best-selling Chemical Dependency Counseling: A Practical Guide provides counselors and front-line mental health professionals with the information and skills they need to use evidence-based treatments, including motivational enhancement, cognitive behavioral therapy, skills training, medication, and 12-step facilitation. Guiding the counselor step by step through treatment, author Robert R. Perkinson presents state-of-the-art tools, forms, and tests necessary for client success while meeting the highest standards demanded by accrediting bodies. The Fifth Edition of this landmark text has been updated to include coverage of current topics of concern for counselors, including full compliance with DSM-5, new coverage of steps 6 – 12 in 12-step facilitation, discussions on synthetic and designer drugs, new psychotherapeutic medications, new survey data on patterns of use and abuse, a list of online recovery support groups for clients, and a new section on Recommendations for a Successful First Year in Recovery.

### **The Complete Psychotherapy Treatment Planner**

Note: This is the bound book only and does not include access to the Enhanced Pearson

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eText. To order the Enhanced Pearson eText packaged with a bound book, use ISBN 0133388530. Substance Abuse and Addiction Treatment shows how to help clients struggling with addiction by looking through the lens of counseling theory. After tackling basic concepts of substance abuse and dependence counseling, it looks at different counseling theories and how each supports the client with substance abuse issues. Offering more how-to's than most books, the author provides concrete descriptions of counseling theory in action, so readers know how to intervene during a real counseling session. A consistent case study is used throughout the entire book to illustrate different treatment approaches and techniques. The Enhanced Pearson eText features embedded video. Improve mastery and retention with the Enhanced Pearson eText\* The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: Engaging. The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad® and Android® tablet.\* Affordable. The Enhanced Pearson eText may be purchased stand-alone or with a loose-leaf version of the text for 40-65% less than a print bound book. \* The Enhanced eText features are only available in the Pearson eText format. They are not available in third-party eTexts or downloads. \*The Pearson eText App is available on Google Play and in the App Store. It requires Android OS 3.1-4, a 7" or 10" tablet, or iPad iOS 5.0 or later.

## **The Adolescent Psychotherapy Treatment Planner**

## **The Group Therapy Treatment Planner, with DSM-5 Updates**

The most revolutionary, humanistic guide to counteracting chemical dependency on the market, *Chemical Dependency Treatment: Innovative Group Approaches* presents group models of intervention with substance using and chemically dependent clients across the continuum of care. In it, you'll find strategies that will help you engineer your own effective group interventions at different stages of the treatment process. Taking into account the ravaging nature of addiction and the rampant spread of AIDS, this book gives you the sensitivity and skills necessary to seek out the earliest possible healing for your beloved family and friends. In *Chemical Dependency Treatment*, you'll build upon existing literature on the subject of group work within the chemical dependency field. In doing so, you'll glean your own individualized expertise from this excellent collection of essays and qualify yourself to orchestrate compassionate and holistic chemical dependency interventions. You'll get detailed information about: early community-based intervention for injected drug use (IDU) the transition from inpatient to outpatient status for chemically dependent clients psychoeducational help for chemically dependent gays and lesbians strategies for hospital-based early recovery groups for HIV-infected inner-city clients treatment during the early phases of outpatient therapy outpatient group psychotherapy with cluster-B personality disordered men multiple oppression in group psychotherapy If you know someone who is chemically dependent, or if you're interested in becoming more informed about what your

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family or community can do to quell the epidemic of chemical dependency, Chemical Dependency Treatment will put you on the sure pathway to a more caring, more immediate group intervention.

### **Addiction Treatment**

Treatment planner includes: a step-by-step introduction and guide to treatment planning; over 1,000 crafted prewritten treatment plan components, a comprehensive DSM-IV and behaviorally based presenting problem list; and a workbook format for recording custom treatment planning options.

### **The Family Therapy Treatment Planner**

### **Substance Abuse Treatment and the Stages of Change, Second Edition**

The Psychopharmacology Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for clients whose therapy includes psychotropic drugs Organized around 28 main presenting problems

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regularly treated with a combination of psychotropic and psychotherapeutic interventions or treatment modalities, from ADHD, dementia, and substance abuse to antisocial behavior, bipolar disorders, and more. Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options. Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis. Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA).

### **Adolescent Psychotherapy Homework Planner**

This valuable resource makes it easier than ever for clinicians to create formal treatment plans that satisfy all the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Focusing on psychological problems that require treatment in inpatient, partial hospitalization, or intensive outpatient settings, this planner provides treatment planning components for 35 serious adult and adolescent behavioral disorders. Following the user-friendly format found in the bestselling *The Complete Psychotherapy Treatment Planner*, it helps to prevent treatment plan rejection by insurers and HMOs, and brings heightened focus to the treatment process. Provides behavioral definitions, long- and short-term goals and objectives, therapeutic interventions, and DSM-IV diagnoses for serious mental disorders in adults and adolescents \* Organized by 35 major presenting problems and containing more than 1,000 polished treatment plan components \* Designed for quick reference--treatment plan

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components can be created from behavioral problem or DSM-IV diagnosis \* Features a workbook format that offers plenty of space to record customized goals, objectives, and interventions \* Provides a thorough introduction to treatment planning, plus a sample plan that can be emulated in writing plans that meet all requirements of third-party payers and accrediting agencies, including the JCAHO.

### **Chemical Dependency Counseling**

#### **The Addiction Recovery Skills Workbook**

From the authors of the bestseller *The Complete Psychotherapy Treatment Planner* comes this exciting new resource focusing specifically on the problems encountered in treating younger patients. *The Child and Adolescent Psychotherapy Treatment Planner* enables mental health professionals to write polished, effective treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Specifically designed to save clinicians hours of valuable time, provide optimum latitude in developing individualized treatment plans, and increase the measurability of objectives, this unique guidebook features: Complete coverage of 29 DSM-IV<sup>TM</sup> and behaviorally based child and adolescent presenting problems A step-by-step guide to treatment planning 1,000s of prewritten treatment goals and objectives Up to 45 specific therapeutic interventions for each

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disorder. 1,000s of well-crafted statements describing behavioral manifestations, long-term treatment goals, short-term objectives, and therapeutic interventions An extensive list of suggested interventions from a broad range of therapeutic approaches—including cognitive, behavioral, family-oriented, dynamic, pharmacological, educational, didactic, and bibliotherapeutic A simple but comprehensive treatment plan format that can be copied and emulated This popular treatment planning system will enhance the quality of clinical documentation, bring heightened focus to the treatment process, and help eliminate the rejection of treatment plans by insurers and health management organizations.

### **Chemical Dependence Treatment Homework Planner**

The Early Childhood Education Intervention Treatment Planner provides all the elements necessary to quickly and easily develop formal education treatment plans that take the educational professional a step further past the writing of goals for Individualized Education Plans (IEPs) as well as mental health treatment plans. The educational treatment plan process assists the professional in identifying interventions and communicating to others the specific method, means, format, and/or creative experience by which the student will be assisted in attaining IEP goals. Critical tool for treating the most common problems encountered in treating children ages 3-6 Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized educational treatment plans Organized around 27 main presenting problems, including autism, cultural and language issues, depression, eating and elimination concerns, cognitive and neurological impairment, oppositional behavior, school entry

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readiness, and others Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and educational interchange Easy-to-use reference format helps locate educational treatment plan components by disability Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

### **Substance Abuse and Addiction Treatment**

#### **The Complete Adult Psychotherapy Treatment Planner**

An Association for Behavioral and Cognitive Therapies (ABCT) Self-Help Book Recommendation. Winner of the 4Th International Beverly Hills Book Awards in the category of Addiction & Recovery! Is your addiction taking control of your life? This book provides an integrative, seven-step program to help you finally overcome drug and alcohol addiction, once and for all. If you struggle with addiction, seeking treatment is a powerful, positive first step toward eventual recovery. But gaining an understanding of the causes of addiction—such as feelings of helplessness or loss of control—is also crucial for recovery. In this book, addiction expert Suzette Glasner-Edwards offers evidence-based techniques fusing cognitive behavioral therapy (CBT), motivational interviewing, and mindfulness-based relapse prevention to help you move past your addictive behaviors. On the long road to addiction recovery, you need as

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many tools as possible to help you stay sober and reach your destination. That's why this is the first book to combine research-proven motivational techniques, CBT, and mindfulness-based strategies to help you create your own unique recovery plan. The book can be used on its own or as an adjunct to rehab or therapy. It also makes a wonderful resource for loved ones and professionals treating addiction. If you're ready to take that important first step toward recovery, this book can help you beat your addiction and get back to living a full, meaningful life.

### **A Cognitive-behavioral Approach**

### **Chemical Dependency Treatment**

Treatment plan components for 28 DSM-IVTM and behaviorally based problems that impact work performance. A step-by-step guide to treatment planning 1000s of prewritten treatment goals, objectives, and interventions for work-related problems. Handy workbook format with space to record your own treatment options Over 100,000 PracticePlanners(TM) sold Saves you hours of painstaking paperwork while offering optimum latitude in developing customized treatment plans for most problems encountered in employee assistance programs. This valuable sourcebook supplies EAP counselors and mental health clinicians who work with employee assistance programs with all of the essential building blocks they need to quickly

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create focused, formal treatment plans that fully satisfy the demands of third-party payers, accrediting agencies, and state and federal review agencies. Following the same format as the bestselling *The Complete Psychotherapy Treatment Planner*, it is organized around 28 major presenting problems encountered in employee assistance programs, including chemical dependence, low self-esteem, career burnout, job loss, and more. Practical, progressive, and focused on problem-resolution, *The Employee Assistance Treatment Planner* features:

- \* 1,000s of well-crafted statements to choose from, describing behavioral manifestations, long- and short-term goals, and treatment options
- \* A sample plan that can be emulated in writing plans that meet all requirements of third-party payers and accrediting agencies, including the JCAHO
- \* A presenting problem list, including all relevant DSM-IV(TM) categories
- \* A quick-reference format that lets you locate treatment plan components by behavioral problem or DSM-IV diagnosis
- \* Large workbook-style pages affording plenty of space to record your own customized goals, objectives, and interventions.

### **The Early Childhood Education Intervention Treatment Planner**

A widely adopted practitioner resource and course text, this book shows how to apply knowledge about behavior change in general -- and the stages-of-change model in particular -- to make substance abuse treatment more effective. The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change. They draw on cutting-edge theory and research on the transtheoretical model to explain what works (and what doesn't work) at different stages of change. Rich clinical

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examples illustrate the "whats," "whys," and "how-tos" of using the stages-of-change model to inform treatment planning and intervention for individuals, groups, couples, and families. New to This Edition \*Reflects the ongoing development of the stages-of-change model and research advances over the past decade. \*Chapter on stage-based brief interventions in health care, social service, and community settings. \*Group treatment chapter has been significantly revised. \*Expanded coverage of the change processes relevant to each stage. See also *Group Treatment for Substance Abuse, Second Edition*, by Mary Marden Velasquez et al., a manual for a group-based approach grounded in the transtheoretical model.

### **Evidence-Based Addiction Treatment**

Help substance abusers work through their problems between sessions. In today's climate of managed care and leaner benefits packages, chemical dependence treatment providers must find ways to achieve measurable success in less time and with less client contact. The time between therapy sessions is an important component of the recovery process—and homework assignments are effective tools for helping clients participate actively in recovery. The *Chemical Dependence Treatment Homework Planner* arms you with an array of client homework assignments for every phase of treatment, from diagnosis through relapse prevention. This handy sourcebook features: Over 50 copier-ready exercises including cognitive-behavioral, brief therapy, psychodynamic, and 12-Step-based tasks that cover the most common issues in chemical dependence treatment. Exercises grouped by behavioral issues and treatment phases (e.g., addressing denial, identifying strengths, and measuring

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progress). A quick and easy cross-reference table—simply look up the issue you're working on and you'll find a list of related exercises. Expert guidance on how and when to make the most efficient use of the exercises. Assignments that are cross-referenced to The Chemical Dependence Treatment Planner so you can quickly identify the right exercise for a given situation or behavioral problem. A computer disk that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs. The Chemical Dependence Treatment Homework Planner is an indispensable, time-saving tool of the trade for all chemical dependence counselors and therapists working in individual or group therapy settings.

### **The College Student Counseling Treatment Planner**

Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 100 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions, such as anxiety, impulsivity, childhood trauma, dependent traits, and occupational problems A quick-reference format—the interactive assignments are grouped by behavioral problems including alcoholism, nicotine dependence, and sleep disturbance as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions Expert guidance on how and when to make the most

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### **The Child and Adolescent Psychotherapy Treatment Planner**

PracticePlanners(r) The Bestselling treatment planning system for mental health professionals Incorporating the new American Psychological Association Guidelines for Psychological Practice with Girls and Women, The Complete Women's Psychotherapy Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. \* Critical tool for treating the most commonly encountered disorders in therapy with girls and women \* Organized around 19 main presenting problems, including balancing work and family, body image, single parenting, care giving of aging parents, divorce, domestic violence, infertility, sexual abuse, and postpartum mood disorders \* Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options \* Easy-to-use reference format helps locate treatment plan components by behavioral problem \* Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, JCAHO, and NCQA) Additional resources in the PracticePlanners(r) series: Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged

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between sessions. Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. For more information on our PracticePlanners(r) products, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

### **The Older Adult Psychotherapy Treatment Planner, with DSM-5 Updates, 2nd Edition**

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