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The Art of Seamanship
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Art in the Time of Colony

A new classic from one of the world's most respected sailing authors More than 35 years ago, Hal Roth quit his job as a journalist and went sailing. Since then, he's logged more than 200,000 sea miles. Along the way, Roth also has authored eight voyaging classics, including the 1978 bestseller *After 50,000 Miles*. Taking that book as its starting point, this handsome new volume incorporates the new technologies and discoveries of the last quarter century along with another 150,000 miles of experience. A compendium of mature, time-tested sea wisdom from one of the world's most respected sailing writers, *How to Sail Around the World* will tell the reader: How to choose and equip a sailboat for long-distance cruising, with an emphasis on simplicity and a modest budget How to plan and conduct a voyage anywhere in the world How to master the arts of navigation, anchoring, and daily life aboard in exotic places How to cope with storms at sea--the most complete and authoritative treatise on this critical topic ever published

The Boat Cookbook 2nd edition

Everybody has the dream: Build a boat in the backyard and sail off to join the happy campers off Pogo Pogo, right? But how? Assuming you aren't independently wealthy, if you want a boat that's really you, you gotta build it yourself. Backyard boatbuilding has its problems. Building in fiberglass is itchy, smelly, and yields a product that yachting maven L. Francis Herreshoff once called "frozen snot." Ferrocement, once all the rage, has pretty much sunk from favor, if you catch the drift. But there's still wood, right? Ah, wood. Nature's perfect material. You can build in the time-honored traditions of the Golden

Age of Yachting, loving crafting intricate joints in rare tropical hardwoods, steaming swamp oak butts to sinuous shapes, holding the whole thing together with nonferrous fastenings that cost a buck or better each. Does that sound like boatbuilding for everyperson? What about the currently fashionable wood/epoxy boatbuilding? You butter regular old wood with Miracle Whip, stick it together in the shape of a boat, and off you go, right? Epoxy works, but They don't exactly give it away; nor is it exactly a benign substance. Suiting up like Homer Simpson heading for a fun-filled day at the nuclear power plant isn't exactly the aesthetic boatbuilding experience many of us are looking for. Where does that leave us? In the capable hands of George Buehler, who honors the timeless traditions of the sea all right, but those from the other side of the boatyard tracks. Buehler draws his inspiration from centuries of workboat construction, where semiskilled fishermen built rugged, economical boats from everyday materials in their own backyards, and went to sea in them in all kinds of weather, not just when it was pleasant. Buehler's boats sail on every ocean and perform every task, from long-term liveboards in Norwegian fjords to a traveling doctor's office in Alaska. This book contains complete plans for seven cruising boats--from a 28-foot sailboat to a 55-foot power cruiser. All the information you need is here, including step-by-step instructions honed by nearly 20 years of supplying boat plans to backyard builders--and helping them out when they get into trouble. Buehler is anarchic, heretical, and occasionally profane; his book is West Coast counterculture meets traditional hardchine workboat construction, leavened with hardnosed common sense and penny-pinching economy. This book is for those who look around them and see that much of what is done in the world today--whether in yachting or politics or economics or interpersonal relationships--is based not on logic but on conforming and meeting other people's expectations. This book is most definitely NOT about either. It is about the realization of dreams. If you believe that everyone who wants a cruising boat can have one . . . If you see beauty beneath the fish scales and work scars of a commercial fishing boat . . . If you want to build a simple, rugged, economical, good-looking cruising boat--power or sail--using everyday lumberyard materials and few skills other than perseverance, this is the book for you. Buehler's Backyard Boatbuilding tells you how to build extraordinary boats using the most ordinary skills and materials, with complete plans, instructions, and specifications for seven real cruising boats ranging from a 28-foot sailboat to a 55-foot power cruiser. "Build wooden boats the Buehler way, which is to say inexpensively, yet like the proverbial brick outhouse."--WoodenBoat Richly flavored with personal advice and anecdotes as well as a wealth of valuable information."--American Sailing Association "Everyone will revere this book."--The Ensign

RYA Dinghy Techniques

The vast majority of sailing yacht scenarios comprise a couple sailing the boat together, and needing to carry out all manoeuvres and activities themselves with no help from a back-up crew. Their boat handling, navigation, sail handling, anchoring and mooring skills all have to be carried out both efficiently and effectively, preferably with the minimum of physical effort (to conserve energy). But most sailing technique books assume a crew of 3 or 4, all willing to lend a hand. This book is therefore a first, addressing the most common sailing scenarios that anyone cruising will have to deal with, and providing

clever, original, highly effective (and most importantly successfully tried and tested by the author) techniques and solutions for dealing with the huge variety of essential operations on a boat – from sail setting and reefing, to picking up mooring buoys in a variety of wind and tide situations, anchoring, berthing and leaving a pontoon shorthanded, picking up a man overboard, sailing in fog and heavy weather – and even going up the mast. This book will be a godsend to anyone sailing single or shorthanded – including couples with young children who need to be supervised by one parent whilst the other runs the boat. Organised into techniques for different cruising scenarios, the book features step by step sequential photos showing exactly how to approach each situation and carry out the task in hand.

Inspecting the Aging Sailboat

Wind, waves, weather, and water demand the practiced art of seamanship "Planning and reacting to the unanticipated are the flip sides of seamanship. This blending of pre-voyage preparedness with effective on-the-water response is learned rather than inherent--together they define the art of seamanship." -- Author RALPH NARANJO Each time a sailboat casts off its docklines the sailor enters a marine realm that demands knowledge, preparedness, vigilance, and coolheadedness--these qualities are the foundation of good seamanship. Both an art as well as a science, seamanship is also the mastery of numerous practical details, from the best choice of line for a jib sheet to an accurate assessment of the passage of a deep low-pressure system. Around-the-world sailor Ralph Naranjo--technical expert, ocean racer, former Vanderstar Chair at the U.S. Naval Academy--delivers a priceless reference for anything that comes up while on the water, sharing all the knowledge today's sailors need to "hand, reef, and steer"--an enduring reference to the collective skills of the bluewater sailor. Naranjo's vast knowledge is supported by real-life examples of sailing mishaps, sample itineraries, vibrant photos, as well as first-hand accounts and sidebars from top sailors and marine experts, including Shelia McCurdy, Chuck Hawley, Lee Chesneau, and Paul Miller, N.A. Seamanship is a dynamic art, demanding full attention from the sailor amidst a constant flow of information and knowledge. The Art of Seamanship will improve your problem-solving skills, whether daysailing around the harbor or voyaging around the world. You'll learn: The attributes of a good skipper and crew—including physical and mental agility, effective communication, and knowledge-based decision making Fine-tuning your voyaging with the seaworthiness of your boat and the capability of your crew in mind Using weather information and routing resources to lower risks and raise rewards Developing advanced boat-handling skills—including heaving-to, towing a drogue, reefing, setting storm sails, and kedging Lines, line handling, and rigging--making sure the right strings are attached, including an in-depth look at modern rope construction Anchoring--the art of staying put--with a realistic look at tackle from lunch hooks to storm anchors Sails, modern sail material, sail trim, sail handling, and hardware, from hanked-on headsails to the latest top-down furlers Navigating in the satellite age, including paper and digital chartplotting, how to best use the new equipment, plus understanding the role of celestial navigation as a fail-safe Sailboat design and dynamics, including the role of vessel structure and stability and a look at what your current boat has to offer and what to look for in a new boat Sharing crowded waters and understanding the reasons behind the "rules of the road"

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How to be ready for any emergency, including fire, crew overboard, a flooding bilge, or the need to abandon ship Establishing reliable communication, including VHF, AIS, SSB, satellite phones, and beacon signaling (EPIRBS, PLBS)

Singlehanded Sailing

'You will venture into the fringes of the wilderness with the minimum of simple gear, to live with it on its own terms. You will know that one of the sure ways to contentment in this life is a small boat, a fair wind, and a new coast to explore.' Dinghy cruising is a wonderful way to experience nature and new coastlines at close quarters and low cost. Sailing where larger boats cannot reach, and sleeping under canvas onboard or ashore, this is boating taken right back to the basics, and all the better for that. This guide, for all aspiring or already-enthusiastic dinghy cruisers, shows how to get started and how to expand your horizons. The information and advice is interwoven with wonderfully evocative stories of the author's adventures afloat, from idyllic weeks pottering around secluded rivers and coastlines to hair-raising voyages to remote islands. The text covers: Finding a good boat Fitting out for daysailing Boatcraft under engine and oar Mooring and anchoring Preparing for open water Out at sea Coastal navigation Dinghy homemaking Keeping comfortable and safe Illustrated throughout with inspirational colour photos and helpful illustrations, this book shows just why small boats are the perfect passport to remote and beautiful places.

Flirting with Mermaids

The first guide to design aimed at every sailor, Yacht Design Explained uses state-of-the-art graphics, dynamic charts and photographs, and clear explanations to show what makes hulls, keels, ballast, rudders, foils, masts, and sails work. It reveals why certain designs perform well and others fail. The authors examine a range of boats, from a 14-foot dinghy to a 40-foot cruiser, from a catamaran to an offshore singlehander. They break through the often confusing physics of yacht design to provide an understanding that sailors can use to get the most out of their time afloat.

Lee Shore Blues

If you skipper a sailboat, you know the inherent dangers of docking and maneuvering in a tight marina with high winds and current. Just one ding can cost hundreds of dollars and worse than that, major embarrassment. The experts at NauticEd offer a painless solution with this concise series of practice exercises using real maneuvering techniques --with clear explanations on how you can always be in full control of your boat in the marina. Once you master these exercises, you will confidently maneuver your sailboat in any marina in the world under whatever conditions are thrown at you. Grab this book, grab a friend, some (non-alcoholic) libations, and a sandwich and get out on the water for a fun enjoyable day of maneuvering practice. Here is what one of NauticEd 's students had to say: " I ' ve sailed for the last thirty-plus years and have a fifty-ton master ' s

credential. I ' m constantly learning something new or forgotten from NauticEd. ” Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

Ocean Sailing

"It takes thousands of hours of sailing to get the kind of knowledge contained in this book." -- from the Foreword by Bruce Schwab The ONLY bible for how to sail your boat fast, safe, and alone Solo sailing is within any sailor's grasp with a little forethought--and this essential guide. Got a 35-foot sailboat? No problem. Is the wind blowing 20 knots? No problem. Are you racing offshore overnight? Even better. Singlehander Andrew Evans learned the hard way how to sail and race alone--with lots of mishaps, including broaches and a near tumbling over a waterfall--and in Singlehanded Sailing he shares the techniques, tips, and tactics he has developed to make his solo sailing adventures safe and enriching. Learn everything you need to know to meet any solo challenge, including: Managing the power consumption aboard a boat to feed the electric autopilot Setting and gybing a spinnaker Finding time to sleep Dealing with heavy weather

The Last Man Across the Atlantic

This book, based on a highly successful series of articles in Practical Boat Owner magazine, is a detailed practical guide to sailing around the UK - all by means of day sails. Roger Oliver, a passionate sailor, explains his in-depth passage planning, boat preparations, weather checks and log-keeping, as well as his choice of routes, the detailed navigation, sail trim tips and on-passage maintenance, all for the benefit of sailors who have a yen to follow in his footsteps. Packed with a wealth of practical tips on seamanship, anchoring in high winds, coping with big seas, problem-solving, harnessing the tide, sailing short-handed and living aboard for extended cruising, this book will be a godsend to the many thousands of sailors who enjoy coastal cruising and who will discover (as did Roger) that it is perfectly possible to cruise around the whole of the UK in a series of day sails. With this book to hand, and inspired by Roger's detailed route maps and spectacular photographs, anyone can experience the thrill and enjoyment of sailing around the beautiful and varied UK coast from any starting point.

Cities of Alexander the Great

John Kretschmer is a writer and sailing enthusiast.

Maneuver and Dock Your Sailboat Under Power

Dinghy Sailing: Start to Finish is a complete reference for every level of sailor whether you are a beginner and need a straightforward, easy-to-understand guide or are taking your sailing to the next level and looking for the professional tips and tricks that will get you sailing faster, better, safer and having more fun. It includes single-handed dinghies through to planing speed craft. Full colour with 150 fantastic, clear illustrations and 150 photographs, Dinghy Sailing: Start to Finish gives the reader a thorough, complete and visual guide to life on the water. Packed with expert advice from the professionals at UKSA, the book covers: Basic Principles Parts of the boat - exploded illustrations of a dinghy and components How a boat sails - Sailing theory explained Points of sailing - Sailing a dinghy at different angles to the wind Choosing a dinghy - Types of boat and their suitability Preparing to sail - Safety afloat, practical clothing, rigging to launching. Knots and Ropes - Practical illustrations for basic knots and splices Transporting dinghies -Road trailer to roof racks Sailing for the first time - Balance, sail trim Rowing and paddling Rules of the road - Avoiding other boats, Rights of way, Basic racing rules Understanding tides and currents Weather forecasting - How to spot tell-tale signs of change in wind and weather Basic Techniques Tacking Gybing Beating to windward Reaching Running Spinnaker handling Capsize and recovery Returning to shore Packing the dingy away Maintenance Advanced Dinghy Sailing High performance dinghies and catamarans Trapezing Asymmetric spinnakers - Setting, handling and gybing Singlehanded sailing - dinghies and catamarans Tuning - dinghies and catamarans Heavy weather sailing - dinghies and catamarans The Basics of Racing The start - Practical lessons and rules explained First leg tactics - Practical lessons and rules explained Reaching - Practical lessons and rules explained Running - Practical lessons and rules explained Glossary of Terms

Escape Under Sail

Foreword by Laurel Cooper, author of Sell Up and Sail Selling up and escaping to sea on their own boat is a dream that many think they can never make happen. Escape Under Sail is here to show you that it can be done, and for less money that you might think. This book delves to the very heart of what it takes and shows you exactly how you can go from casual cruiser to long-term liveaboard. Escape Under Sail covers all of the crucial topics, including budget and costs, how to choose a boat, making sure crew are equipped and trained, letting go both practically and psychologically, preparation and provisioning, education and, most importantly, the challenges and rewards of living at sea. The book pays special attention to making the liveaboard dream come true for those with a limited budget, while providing further options for those with the means and desire to spend more and splurge where they like. Written in the voices of both authors, so you can follow their experiences from each of their perspectives, which are sometimes wildly different, this practical handbook is peppered with personal anecdotes

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and hard-earned wisdom. Light-hearted but informative, it contains all the questions, answers, lists, figures and diagrams you need to make your liveaboard dreams come true.

Black Feathers

The Chinese Sailing Rig: Design and Build Your Own Junk Rig is a stem-to-stern guide for the Western sailor who wants to junk rig any hull. Words and drawings clearly explain in detail concepts that have been successfully used for millenia in the Orient. Using Western materials and techniques, Derek walks the amateur designer/builder through all the steps to successfully junk rig their hull of choice. The emphasis is on adaptation of the Chinese rig to Western hulls. Clear and concise, The Chinese Sailing Rig does in a small book what others have attempted in much larger volumes. This edition is an update of the original that has been selling worldwide since 1981. "Van Loan squeezes into a small paperback what Hasler and McLeod did in a large hardback. Van Loan manages to get a lot of information over remarkably well." Classic Boat "Offers good basic instruction for fitting a junk rig to a boat of your choicethis book will, most importantly, help to keep it simple." Robin Blain; Hon. Sec. Junk Rig Association

Single-Handed Sailing

Finnatics

Frank Mulville gives advice on how to choose self-steering, how to adapt rigging and gear, what supplies to take and how to stow them, how to prepare for bad weather, and how to keep fit on an ocean passage.

How to Sail Around the World

Les Powles only had 8 hours of sailing experience when he decided to sail solo around the world. Many novices would be content to just dream of such an adventure, and maybe get as far as a solo Channel crossing a couple of years down the line. Not so Les Powles, one of the twentieth century's most extraordinary and eccentric sailors. Les was in his 50s when he built himself a yacht with little prior knowledge of boatbuilding. Remarkably he made it across the Atlantic, though his navigation skills didn't match his boatbuilding abilities; his first landfall was Brazil. He'd been aiming for Barbados - 100 miles north, and in a different hemisphere! Three complete solo circumnavigations followed, all of them full of incident. The last one saw him given up for dead when he hadn't been heard from for four months. His boat had been damaged in a storm, he'd lost all communications and had virtually run out of food. When he sailed up the Lymington River (aged 70) in a skeletal state his

arrival caused a media frenzy. Lymington Yacht Haven subsequently gave him a free berth for life. A terrific achiever who has beaten the odds, Les Powles tells his story in a lively, entertaining, humorous and compelling way. It will resonate with sailors and non sailors alike, and may inspire one of them to become the twenty-first century's Les Powles.

Offshore Cruising Encyclopedia

The cities founded by Alexander the Great are an essential part of his overall achievements. The problems concerning them, however, are many - and some incapable of solution. This book is the first to unravel thoroughly the tradition, explaining how it originated in a tendentious political pamphlet of the third century BC, which in turn originated in Ptolemaic Alexandria in the context of the development of the earliest version of the Alexander Romance. The author explores the ramification of this reconstruction from a lost Greek original through to the Persian and Arab tradition, and concludes that the number of cities claiming to be Alexander's as recorded in ancient sources needs to be considerably reduced. The book also includes some more general new considerations regarding Alexander's policies and achievements.

The Art of Seamanship

". . . the perfect place to begin, or continue, your education." --Sailing Whether you are shopping for a used fiberglass boat or prioritizing maintenance tasks on the one you already own, this book saves money--and perhaps even disaster. With clear step-by-step drawings and instructions, Don Casey explains how to recognize problems--both surface and hidden--and how to separate cosmetic flaws from serious faults.

Buehler's Backyard Boatbuilding

It is often assumed that the verbal and visual languages of Indigenous people had little influence upon the classification of scientific, legal, and artistic objects in the metropolises and museums of nineteenth-century colonial powers. However colonized locals did more than merely collect material for interested colonizers. In developing the concept of anachronism for the analysis of colonial material this book writes the complex biographies for five key objects that exemplify, embody, and refract the tensions of nineteenth-century history. Through an analysis of particular language notations and drawings hidden in colonial documents and a reexamination of cross-cultural communication, the book writes biographies for five objects that exemplify the tensions of nineteenth-century history. The author also draws on fieldwork done in communities today, such as the group of Koorie women whose re-enactments of tradition illustrate the first chapter 's potted history of indigenous mediums and debates. The second case study explores British colonial history through the biography of the proclamation boards produced under George Arthur (1784-1854), Governor of British Honduras, Tasmania, British Columbia, and India. The third

case study looks at the maps of the German explorer of indigenous taxonomy Wilhelm von Blandowski (1822-1878), and the fourth looks at a multi-authored encyclopaedia in which Blandowski had taken into account indigenous knowledge such as that in the work of Kwat-Kwat artist Yakaduna, whose hundreds of drawings (1862-1901) are the material basis for the fifth and final case study. Through these three characters' histories Art in the Time of Colony demonstrates the political importance of material culture by using objects to revisit the much-contested nineteenth-century colonial period, in which the colonial nations as a cultural and legal-political system were brought into being.

Lionheart

This book blends information on contemporary families, research on early literacy, and practical strategies for sharing children's literature in classrooms, homes, and pre-school settings. Content is based on the belief that adult-child interactions around story-reading play a significant role in fostering and developing children's language and literacy skills. This role manifests itself differently according to the social, cultural, and linguistic environment of a child's home. The authors present a selection of children's books from all genres and an array of field-tested ideas for developing early literacy. Authentic voices of teachers, children, and family members illustrate vivid descriptions of successful teacher-family partnerships and literacy strategies that work. FEATURES: Extensive lists of children's books--Coded by age range for easy selection, culturally-diverse titles are incorporated that sensitively portray children with exceptionalities. Supplies readers with a wealth of choices in fiction, nonfiction, poetry, biography, and picture books--provides a starting point for building a personal library to share with their children and families. Significant coverage of family life, including respectful, positive treatment of diversity in traditions, style, and structure--embedded in discussions in every chapter. Gives readers practical suggestions for promoting reading in daily families. Includes daily routines (bedtime, playtime, preparing meals), as well as transitions such the birth of a new child or a death in the family. A Literacy Partnership Cycle --Highlighted by numerous literacy strategies that promote family involvement. Gives readers a simple framework for engaging families in their children's early literacy development--describes effective literacy practices for collaborating with families at home and at childcare centers and preschools. Teacher to Teacher and Family to Family features--Throughout the book. Illuminates text content through the unique experiences of preschool teachers, kindergarten teachers, and other childcare specialists--address common concerns and challenges, and offer practical suggestions shown to be effective in translating theory into practice. Internet Resources sections--Highlighted within chapters wherever appropriate. Refer students to Web sites relevant to early literacy, family involvement, children's literature, and advocacy--are ideal for in-class discussions, assignments, or self-study. AUTHOR BIOS: Elizabeth Lilly, Ph.D., is an associate professor of Early Childhood and Literacy Education at Berry College. Her professional experience includes more than 20 years as a preschool, primary, and elementary teacher and teacher educator. Dr. Lilly was closely involved in the development, implementation, and evaluation of Georgia's Pre-K program. She has conducted workshops for teachers and authored publications on early literacy, family involvement, and children's literature. Her research has focused

recently on story reading in linguistically and culturally diverse families. Connie Green, Ph.D., is a professor in the Reading and Birth through Kindergarten programs at Appalachian State University. For 20 years she has worked with both undergraduate and graduate teacher education programs and has conducted research on early reading and writing in both home and early childhood settings. A former kindergarten, elementary, and preschool teacher, she continues her work in early childhood settings. Her favorite times are spent sharing books and playing with her grandchildren and hiking in the beautiful Blue Ridge Mountains.

James Joyce

The classic guide to catamarans, updated to bring readers the latest for everyman's sailboat.

Self-steering for Sailboats

Denton examines the mediatization of the U.S. presidency, as exemplified by President Reagan. Specifically, he analyzes the use of television as an instrument of image-making and governing, the role of the media in contemporary politics, the impact of television on presidential politics, and the future of the presidency in the age of television.

Mingming & the Art of Minimal Ocean Sailing

Here's the book that can get you sailing in an afternoon and keep you sailing better through a lifetime on the water. This is the first sailing book that follows a sailor's ideal learning curve. Rather than tell you all about sail trim or anchoring in a single chapter, Robby Robinson tells you what you need to know when you want to know it. From the absolute basics to the most advanced techniques, the International Marine Book of Sailing is highly accessible--and informative--at every level. More than 500 pages and 1,000 color photos and illustrations. Covers everything from high-performance and Olympic-class sailing dinghies to coastal and offshore cruising sailboats. No matter your age or the kind of sailing you'd most like to do, this book will work for you. The easy-flowing instructional text is augmented by sidebar features giving alternative approaches, definitions of terms, and boat-to-boat variations--a uniquely effective how-to combination. Includes contributions from Nigel Calder (Boatowner's Mechanical and Electrical Manual), Beth Leonard (The Voyager's Handbook), Robert Perry (Yacht Design According to Perry), Bob Sweet (The Weekend Navigator), Charlie Wing (How Boat Things Work), and other top sailing writers. Renders sailing and seamanship more transparent and accessible than ever before. The ideal book for self-teaching.

The International Marine Book of Sailing

Stress-Free Motorboating

In 1960, when Sir Francis Chichester first raced singlehanded across the Atlantic, it was widely regarded as an insane stunt. Nowadays, the Singlehanded Transatlantic Race is not only accorded the greatest of respect but is also recognised as a true test of stamina and seamanship. Almost half a century after Chichester's achievement, amateur sailor Paul Heiney entered the race to prove that the Corinthian spirit of the transatlantic pioneers can still get you from one side of the Atlantic to the other - if you try hard enough. *The Last Man Across the Atlantic* is an honest account of what it is like to be out there alone. Even the strongest yacht takes a battering after 3,000 miles and there's no pit stop for repairs. Sails are torn, water goes sour, the last apple turns to mush and there's still three weeks to go before sight of land. Paul Heiney fully expected to be the last man across the Atlantic and said it didn't bother him in the slightest. 'It's enough to be able to say you climbed Everest without having to run up it as well. And this is the sailing Everest - for me, anyway.'

The Dinghy Cruising Companion

Henderson gives a complete history of bluewater solo sailing. He describes the gear, boats, rigs, and techniques that have worked, with emphasis on recent technology developments. He also tells the stories of those crazy, fascinating sailors who have shown us the way.

Getting Started in Sailboat Racing

The Primetime Presidency of Ronald Reagan

A complete course in the fundamentals, *Getting Started in Sailboat Racing* dispels the sport's elite aura and makes racing accessible to any sailor who wants to give it a try. This illustrated manual takes readers around the buoys, explaining the rules and tactics that govern starts, finishes, mark roundings, and boat-to-boat struggles for speed and advantage.

Dinghy Sailing

The Finn-the single-handed dinghy which has been a Olympic class since 1952-is widely considered the finest sailing class ever. In addition to logging all the personalities, races, and technological developments that have made the Finn class so popular over the last half-century, this generously illustrated reference also guides readers through the techniques necessary to successfully race the class on a competitive level. Sftbd., 8 1/4 X 11 1/2, 208 pp, 560 b/w, 29 color

Practical Boat Owner's Sailing Around the UK and Ireland

WHAT THE CRITICS ARE SAYING: "Peter, you're a knucklehead." -Bob Perry, Naval Architect "Peter, doesn't 'peace of mind' mean anything at all to you?" - Dr. Hal Weinberg Ph.D., Psychologist, Professor Emeritus "I could write a song about you, Peter, but let's face it, there's not much to say." -Jimmy Buffett "Captain Heiberg has a penchant for filth." -Dr. Patrick Moore, Ph.D "The only nautical book you'll ever need (if you have trouble sleeping)." -Anon "Don't ever touch me there again!" -Numerous Lee Shore Blues is not your average sailing book. Peter Heiberg takes us on an irreverent charge through the highlights of his life at sea, from evading the homosexual advances of a 300-pound steward in mid-Pacific at 19 years of age, to rebuilding and sailing a thirty-ton engineless Bristol Channel pilot cutter from the UK to Canada's west coast. "This is a great read!! The author writes with a refreshing, open style and recounts his adventures with a delightful mix of wit, sarcasm, and profanity. So much more entertaining and educational (in ways that matter) than most "stuffed shirt" sailing stories, it gives an unvarnished insight into offshore sailing and gives newbie cruisers like me hope that we can overcome the various trials and tribulations that the sea and life present." -Dr. Kirk Patterson Ph.D, Professor Emeritus, former President Temple University Japan Campus, Single Handed Voyager and lecturer After sailing tens of thousands of miles, commercial fishing in the Queen Charlotte Islands, skippering a tug boat on the Inside Passage, and even captaining a cruise ship in the Caribbean with a boatload of topless hookers, Peter Heiberg entertains readers with his ongoing sailing idiocies. Peter raced to Hawaii in the Pacific Cup in 2010. He then entered the Single Handed Transpac in 2012 and again in 2014. In his last race, at age 66, Peter was surprised (and probably thrilled, although he wouldn't admit it) to be awarded the Jack London Trophy for first to finish. Not for those with delicate sensibilities, Lee Shore Blues is an entertaining - and often hilarious - book for lovers of great sailing stories who enjoy hearing it like it really was. From Latitude 38 Magazine, December 2014: "One of the perks of sailing journalism is getting to meet new and interesting people. One of these was Peter Heiberg, who regular readers may remember competed in both the 2012 and 2014 Singlehanded TransPac races from San Francisco to Kauai. One of the lowlights of sailing journalism is that the time constraints of the job don't allow us to get to know new people all that well. So we were at once surprised, delighted and a bit awed by Peter's book, Lee Shore Blues, when it arrived on our doorstep. In a nutshell, we felt as if this guy we'd shared a few laughs with turned out to be the lead singer in some legendary rock band. Heiberg writes - and writes well - of a rollicking lifetime at sea; of boats, women and good times; and of taking his lumps as he (seemingly often) learned things the hard way. His engaging style is reminiscent of several popular cruising writers of the past 25 years - just with an 'R' rating." -JR

Stress-Free Sailing

For anyone with a tiny galley kitchen, there's good news: no more bland leftovers aboard. These delicious and easy recipes, all made with minimum fuss and maximum flavour, will allow you to spoil yourself in harbour and keep things simple at sea – not to

mention rustle up a mean rum punch. With handy ideas on setting up the galley, a lazy guide to filleting mackerel and tips for hosting the perfect beach barbecue, this is the must-have guide for sailors and seaside-lovers alike. The book includes recipe contributions from top chefs (Chris Galvin, Angela Hartnett, Kevin Mangeolles, Ed Wilson and Judy Joo) and sailing legends (Sir Robin Knox-Johnston, Mike Golding, Brian Thompson, Shirley Robertson and Dee Caffari). With a foreword by Chris Galvin, and accompanied throughout by wonderful photography and beautiful hand-drawn illustrations, this will prove to be an invaluable addition to the food lover's kitchen or galley.

Developing Partnerships with Families Through Children's Literature

This reader-friendly introduction makes Joyce accessible by combining the excitement of reading his words with the excitement of interpreting them.

Singlehanded Sailing: The Experiences and Techniques of the Lone Voyagers

Stress-free Motorboating is the answer to all single- or short-handed crews' prayers. Highly illustrated with step by step photographs, this unique handbook tackles the most common motorboating situations anyone cruising along the coast or river will have to manage - whether cruising along a river or the coast. It covers tricky procedures for getting off (and then back on) a marina berth, anchoring, mooring to a buoy or jetty, motoring in big seas, entering locks, and even picking up a man overboard, with QR codes linking to helpful instructional action videos. Essential advice is given about fuel monitoring, engine care and maintenance, looking after batteries, and many more issues specific to motorboats. Stress-free Motorboating will be a godsend to all crews, whether aboard a 35-footer, a sports runabout or a 60-foot displacement cruiser, whether crossing the Channel or just pottering along the coast or a river.

Twenty Affordable Sailboats to Take You Anywhere

You might think stress-free navigation sounds like an impossible paradox. But it need not be. All boaters, whether under sail or under power, need to be able to navigate safely on the water – both to keep themselves and their crew out of trouble and to avoid endangering others. Yet navigation has often been presented almost as a black art – complicated, full of tricky maths, and with alien concepts to get your head around. Step in 'Mr Stress-Free': having in his previous books presented techniques for sailing and motorboating in an accessible, manageable fashion, Duncan Wells now turns his attention to navigation. He makes concepts easy to understand and the practice of navigation perfectly achievable for all – with minimum stress. The book covers the basic introductory elements clearly and simply for novices, and progresses through more advanced techniques for experienced navigators, so that there is something for everyone, whatever their skill level. Diagrams, quick-reference tables

and flowcharts, explanatory step-by-step photographs, box features, top tips and QR codes – giving access to explanatory videos – are all features that have been much appreciated by readers of Duncan's other top-selling titles.

Yacht Design Explained

'Your courage and determination are an inspirational example for all young people to follow.' Bill Clinton, former president of the United States 'What you have done makes me proud to be a human being.' Ben Harper, musician 'I was a member of a large community at the start who thought he was mad. I take my hat off to him.' David Adam, international yachtsman On 31 October 1999, at the age of just eighteen, Jesse Martin sailed into the record books in his yacht Lionheart, by becoming the youngest person ever to sail solo, non-stop and unassisted around the world. Jesse Martin was born for adventure. After learning to sail at fourteen, he travelled along Australia's tropical coast on a flimsy catamaran, and by sixteen he had kayaked through the remote islands of Papua New Guinea and crewed on a yacht sailing from Belize to Tahiti. But the biggest adventure of them all was yet to come. Lionheart is Jesse's story. A story of courage, loneliness and danger, it is also an incredible, gripping, true-life adventure.

The Chinese Sailing Rig

In *Twenty Affordable Sailboats to Take You Anywhere* you will find in-depth reviews of twenty affordable, comfortable, and seaworthy sailboats. These boats range in size from 30-38 feet, an ideal size for the cruising couple, yet big enough to accommodate an occasional cruising hitchhiker or two. All of these boats were once prominent offerings, designed by some of the world's leading naval architects and produced by reputable manufacturers. These boats are still readily available in the used boat market. "Gregg has done a fine research job here, one pleasingly devoid of flim-flam. It's a truly helpful tool for those of you wading with trepidation into the murky waters of boat-buying." John Vigor, Author, *Twenty Small Sailboats to Take You Anywhere* "This book is a must for the boat shopper looking for an experienced vessel." Bob Bitchin - Founder/Editor, *Latitudes and Attitudes*

Seamanship Secrets

"Follow the evolution of Black Feathers from a stock 1961 Cal 20 sailboat into an effective pocket racer. Go with her and her skipper as they sail solo from San Francisco to beautiful Hanalei Bay, Kauai in the 2008 Singlehanded TransPac. Imagine sailing 2200 miles across the Pacific Ocean in a 20-foot sailboat -- ALONE with NO ENGINE! YOU can be there."--P [4] of cover.

Solitaire Spirit

This is the reassuring voice of the ocean sailing community. Your big adventure starts here. For many sailors, an ocean passage is the big dream. But many will worry that they don't have the right experience, that their boat isn't strong enough, or that it will be prohibitively expensive and difficult. Ocean Sailing will prepare you for an ocean passage by painting a picture of what ocean sailing is really like, through the experiences of others who have gone before. Topics covered range from safety to boat kit and preparations, budgeting to staying in touch with home, equipment breakdowns to health and weather. Members of three great cruising clubs – the Royal Cruising Club, Ocean Cruising Club, and the Cruising Club of America – share their vast wealth of experience, and by focusing on the practicalities of ocean sailing, allay the anxieties and doubts of prospective ocean cruisers to ensure a deeply satisfying ocean voyage.

Stress-Free Navigation

The book covers three extraordinary voyages in the tiny yacht Mingming, carrying on from where Voyages of a Simple Sailor left off.

Catamaran Sailing

"Secrets' is the modern Bowditch, written so clearly that navigation and seamanship will be comprehensible to anyone . . ." -- Dave and Jaja Martin, circumnavigators and authors of Into the Light: A Family's Epic Journey "It's a great book. The prose is simple and clear . . ." --John Vigor, author of The Seaworthy Offshore Sailboat "The nautical tips and techniques presented are encyclopedic, yet the clear explanations demystify the topics . . ." -- Don Launer, contributing editor for Good Old Boat magazine "It is a fine piece of work and should be read by anyone contemplating coastal cruising or blue water voyages. It definitely deserves a place in the offshore yacht's library . . ." --Ted Brewer, yacht designer, author, and offshore racing and cruising sailor Be a Better Skipper In the night, wind, rain, fog, big seas, strong currents, or congested waters, when there ' s no time for textbook seamanship solutions, what you need are shortcuts and techniques that work quickly and reliably every time. Distilled from the vast accumulated lore of seamanship and navigation, here are the absolute essentials--185 techniques that work without fail in the pilothouse or the exposed cockpit or flying bridge of a shorthanded sail- or powerboat. John Jamieson shows you how to: Set up a clipboard chart table for cockpit use Avoid hazards with danger bearings or a GPS grid highway Estimate current speeds with the 50-90-100 rule Track other boats in poor visibility using radar plots and bearing drift Sail home without a rudder or get your twin-screw boat home on one working engine Dock or anchor under any conditions And much, much more Even in this age of electronic navigation you need to know how to eyeball your boat through any situation. Each of the techniques in this cut-to-the-chase book has shown itself to be absolutely repeatable. It will work this time, the

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