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Roald Amundsen's "The North West Passage"

Fifty Places to Sail Before You Die

On February 10, 1911, we started for the South to establish depots, and continued our journey until April 11. We formed three depots and stored in them 3 tons of provisions, including 22 hundredweight of seal meat. As there were no landmarks, we had to indicate the position of our depots by flags, which were posted at a distance of about four miles to the east and west. The first barrier afforded the best going, and was specially adapted for dog-sledging. Thus, on February 15 we did sixty-two miles with sledges. Each sledge weighed 660 pounds, and we had six dogs for each. The upper barrier ("barrier surface") was smooth and even. There were a few crevasses here and there, but we only found them dangerous at one or two points. The barrier went in long, regular undulations. The weather was very favourable, with calms or light winds. The lowest temperature at this station was -49 F., which was taken on March 4.

100 Skills You'll Need for the End of the World (as We Know It)

While still mourning the death of their mother, three brothers go with their father on an extended sailing trip off the Florida Keys and have a harrowing adventure at sea.

Mingming & the Art of Minimal Ocean Sailing

From celestial navigation to sharpening blades, Ana Maria Spagna outlines 100 skills you'll

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find indispensable for life after an apocalyptic global catastrophe. She covers obvious needs like first aid and farming, while also providing suggestions on how to build a safe and culturally rich community through storytelling and music making. Full of quirky illustrations by Brian Cronin, this book will provoke surprise, debate, and laughter as it leads you to greater self-reliance and joy — whatever the future brings.

Sailing Directions (planning Guide) for the North Sea and Baltic Sea

Roald Amundsen'S "The North West Passage" : Being the Record of a Voyage of Exploration of the Ship "Gjøa" 1903-1907 by Godfred Hansen, first published in 1908, is a rare manuscript, the original residing in one of the great libraries of the world. This book is a reproduction of that original, which has been scanned and cleaned by state-of-the-art publishing tools for better readability and enhanced appreciation. Restoration Editors' mission is to bring long out of print manuscripts back to life. Some smudges, annotations or unclear text may still exist, due to permanent damage to the original work. We believe the literary significance of the text justifies offering this reproduction, allowing a new generation to appreciate it.

Livestock's Long Shadow

"It takes thousands of hours of sailing to get the kind of knowledge contained in this book." -- from the Foreword by Bruce Schwab The ONLY bible for how to sail your boat fast, safe, and alone Solo sailing is within any sailor's grasp with a little forethought--and this essential guide. Got a 35-foot sailboat? No problem. Is the wind blowing 20 knots? No problem. Are you racing offshore overnight? Even better. Singlehander Andrew Evans learned the hard way how to sail and race alone--with lots of mishaps, including broaches and a near tumbling over a waterfall--and in Singlehanded Sailing he shares the techniques, tips, and tactics he has developed to make his solo sailing adventures safe and enriching. Learn everything you need to know to meet any solo challenge, including: Managing the power consumption aboard a boat to feed the electric autopilot Setting and gybing a spinnaker Finding time to sleep Dealing with heavy weather

Addicted to Adventure

Educating the Student Body

Landlubbers joke that sailors are always wanting to head off to the ends of the earth, but Chris Santella takes that life-changing desire very seriously. In this, the third installment in his immensely successful "Fifty Places" series, Santella assembles a crew of the world's greatest championship racers and professional adventurers and persuades them to disclose their favorite destinations around the globe. Interviewees include some of the best-known men and women in the sport: Tom Whidden and Gary Jobson (members of the winning 1987 America's Cup crew), Jeff Johnstone (of J-Boats), award-winning sailing writer Lin Pardey, and many others. The amazingly diverse places they've selected range from clubby East Coast ports (Marblehead, Annapolis), to idyllic tropical refuges (Ilha Grande, Brazil; the Polynesian atoll of Mopelia), to some of the most hair-raisingly treacherous waters on earth (Cape Horn). Coastlines around the world—even Antarctica and the Arctic—are represented, and the chosen spots include some spectacular inland waters, such as the Bras d'Or Lakes and the North Channel of Lake Huron. For each of the 50 places, the sailor recommending the

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venue spins an entertaining yarn about his or her experience there, and each description is accompanied by a make you want to go there now photograph.

Cruising World

The author recalls her many adventures as she explored the coasts of Alaska, Canada, Greenland, Spitsbergen, and Norway in her ocean-worthy rowing shell.

Snow Petrel

John Kretschmer is sailing's practical philosopher – as much a doer as a thinker. And that is the overarching theme of this chronicle of a sailing life. Often amusing, sometimes poignant, occasionally terrifying but always inspiring, his deeply personal account is a welcome reminder of the good life waiting at sea. With hundreds of thousands of nautical miles under his keel, John's adventures have taken him several times around the world, with challenging crossings of the Atlantic and the Pacific, a narrow escape from a coup in Yemen, an unlikely deliverance from a coral reef off Belize as well as more serene, introspective passages where trade winds are blowing and stories are flowing. His crew has included CEOs, actors, writers, teachers, kids – in essence, everyone. John's narrative is interwoven with practical tips and advice in seamanship, but also, and just as importantly, his hard-won insights about making the most of our lives. He truly believes we find out who we really are, and what we are capable of, far from the shackles of land, when we find a place where time changes shape – days may merge into one another, but minutes are memorable. To live adventurously is to live more fully, and that is the life John Kretschmer continues to live. In this book he shares his simple profundities that will inspire those who live to sail, and those seeking something more rewarding from life.

Sailing Directions (planning Guide) for the North Sea and Baltic Sea

Explanations and Sailing Directions to Accompany the Wind and Current Charts

The book covers three extraordinary voyages in the tiny yacht Mingming, carrying on from where Voyages of a Simple Sailor left off.

The Zoologist

Written by a senior scholar and master mariner, *Sailors and Traders* is the first comprehensive account of the maritime peoples of the Pacific. It focuses on the sailors who led the exploration and settlement of the islands and New Zealand and their seagoing descendants, providing along the way new material and unique observations on traditional and commercial seagoing against the background of major periods in Pacific history. The book begins by detailing the traditions of sailors, a group whose way of life sets them apart. Like all others who live and work at sea, Pacific mariners face the challenges of an often harsh environment, endure separation from their families for months at a time, revere their vessels, and share a singular attitude to risk and death. The period of prehistoric seafaring is discussed using archaeological data, interpretations from interisland exchanges, experimental voyaging, and recent DNA analysis. Sections on the arrival of foreign exploring ships centuries later concentrate on relations between visiting sailors and maritime communities. The more intrusive influx of

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commercial trading and whaling ships brought new technology, weapons, and differences in the ethics of trade. The successes and failures of Polynesian chiefs who entered trading with European-type ships are recounted as neglected aspects of Pacific history. As foreign-owned commercial ships expanded in the region so did colonialism, which was accompanied by an increase in the number of sailors from metropolitan countries and a decrease in the employment of Pacific islanders on foreign ships. Eventually small-scale island entrepreneurs expanded interisland shipping, and in 1978 the regional Pacific Forum Line was created by newly independent states. This was welcomed as a symbolic return to indigenous Pacific ocean linkages. The book's final sections detail the life of the modern Pacific seafarer. Most Pacific sailors in the global maritime labor market return home after many months at sea, bringing money, goods, a wider perspective of the world, and sometimes new diseases. Each of these impacts is analyzed, particularly in the case of Kiribati, a major supplier of labor to foreign ships.

Rowing to Latitude

Three Ways to Capsize a Boat

The definitive guide from the world's best-known sailboat maintenance expert Don Casey's Complete Illustrated Sailboat Maintenance Manual combines six core volumes into a single, utterly dependable resource that answers every frequent question, explains every major system, and helps you keep your boat and its components shipshape. More than 2,500 clear and detailed illustrations guide you step by step through every procedure. Casey's technical virtuosity, his user-friendly explanations, and Peter Compton's diesel engine expertise make even the more complicated repairs and improvements easy to understand. This must-have guide saves you time, money, and grief as you learn the fastest, easiest, most effective ways to: Evaluate the condition of your boat or one you're about to purchase Repair structural damage to your fiberglass sailboat Improve or repair your sailboat's electrical system Troubleshoot, maintain, and repair your boat's diesel engine Put a professional-looking finish on your boat's hull, deck, spars, wood, and trim Make and repair sails, sail covers, dodgers, awnings, sailbags, and bimini tops

The Great Wide Sea

Sailing in cold waters is challenging, but hugely rewarding. And when you venture into the high latitudes you find yourself in some of the world's last real wildernesses. In recent years climate change has made these regions more accessible to small boats, and it is now possible to venture further afield in search of adventure. With practical advice, stunning photography and first-hand accounts of voyages from world-renowned experts, this book offers hard-won wisdom on all aspects of sailing in cold waters: · Preparing yourself: good routines, assessing risk and preparing your crew · Preparing your boat: design, heating, engine, steering, anchors and electrics · Sailing in ice: instrumentation, charts, and what to do when you get stuck · Safety: MOB, polar bears, glaciers and dinghy procedure · Communication: VHF, satellite and SSB · Weather: interpreting GRIB files and reading ice charts · Anchoring and mooring: types and numbers of anchors and mooring lines · Clothes: hiking and skiwear; the three-layer principle · Cruising areas: Svalbard, Antarctica, South Georgia and many more Whether it's tackling the North-West Passage aboard your own yacht or a more modest voyage, heading to Antarctica or keeping your boat in the water for the quieter and often more beautiful winter

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season, this book is essential reading for all sailors preparing for enjoyable and safe sailing in cold waters.

Don Casey's Complete Illustrated Sailboat Maintenance Manual : Including Inspecting the Aging Sailboat, Sailboat Hull and Deck Repair, Sailboat Refinishing, Sailbo

Written with hard-hitting honesty and emotional sensitivity, this is Stephen Ladd's account of his three-year adventure in a 200-pound boat of his own design and construction. The journey begins in the North American Rockies, progresses down the Pacific Coast of Panama and Colombia, crosses South America-including overland hitchhiking of author and boat for several hundred miles-and finally cruises the Caribbean back to Miami, Florida, ultimately sailing 6,500 miles and visiting 19 countries. Capsizes, a robbery at knifepoint, and arrests in Cuba and Haiti are just some of the fascinating adventures in this poetic account of an unprecedented voyage.

Building Geography Skills for Life

Sailors and Traders

Physical inactivity is a key determinant of health across the lifespan. A lack of activity increases the risk of heart disease, colon and breast cancer, diabetes mellitus, hypertension, osteoporosis, anxiety and depression and others diseases. Emerging literature has suggested that in terms of mortality, the global population health burden of physical inactivity approaches that of cigarette smoking. The prevalence and substantial disease risk associated with physical inactivity has been described as a pandemic. The prevalence, health impact, and evidence of changeability all have resulted in calls for action to increase physical activity across the lifespan. In response to the need to find ways to make physical activity a health priority for youth, the Institute of Medicine's Committee on Physical Activity and Physical Education in the School Environment was formed. Its purpose was to review the current status of physical activity and physical education in the school environment, including before, during, and after school, and examine the influences of physical activity and physical education on the short and long term physical, cognitive and brain, and psychosocial health and development of children and adolescents. Educating the Student Body makes recommendations about approaches for strengthening and improving programs and policies for physical activity and physical education in the school environment. This report lays out a set of guiding principles to guide its work on these tasks. These included: recognizing the benefits of instilling life-long physical activity habits in children; the value of using systems thinking in improving physical activity and physical education in the school environment; the recognition of current disparities in opportunities and the need to achieve equity in physical activity and physical education; the importance of considering all types of school environments; the need to take into consideration the diversity of students as recommendations are developed. This report will be of interest to local and national policymakers, school officials, teachers, and the education community, researchers, professional organizations, and parents interested in physical activity, physical education, and health for school-aged children and adolescents.

Singlehanded Sailing

To the Ice and Beyond

Bob Shepton is an ordained minister in the Church of England in his late 70s, but spends most of his time sailing into the Arctic and making first ascents of inaccessible mountains. No tea parties for this vicar. Opening with the disastrous fire that destroyed his yacht whilst he was ice-bound in Greenland, the book travels back to his childhood growing up on the rubber plantation his father managed in Malaysia, moving back to England after his father was shot by the Japanese during the war, boarding school, the Royal Marines, and the church. We then follow Bob as he sails around the world with a group of schoolboys, is dismantled off the Falklands, trapped in ice, and climbs mountains accessible only from iceberg-strewn water and with only sketchy maps available. Bob Shepton, winner of the 2013 Yachtsman of the Year Award, is an old-school adventurer, and this compelling book is in the spirit of sailing mountaineer HW Tilman, explorer Ranulph Fiennes, climber Chris Bonington and yachtsman Robin Knox-Johnston, all of whom have been either friends of Bob's or an inspiration for his own exploits. Derring do in a dog collar! Ranulph Fiennes: 'A wonderful true tale of adventure.' Bear Grylls: 'You are going to enjoy this as a Commando, Bob is clearly made of the right stuff!'

The South Pole, Volume 1

"Vivid and remarkably fresh Philbrick has recast the Pilgrims for the ages."--The New York Times Book Review Finalist for the Pulitzer Prize in History New York Times Book Review Top Ten books of the Year How did America begin? That simple question launches the acclaimed author of *In the Hurricane's Eye* and *Valiant Ambition* on an extraordinary journey to understand the truth behind our most sacred national myth: the voyage of the *Mayflower* and the settlement of Plymouth Colony. As Philbrick reveals in this electrifying history of the Pilgrims, the story of Plymouth Colony was a fifty-five year epic that began in peril and ended in war. New England erupted into a bloody conflict that nearly wiped out the English colonists and natives alike. These events shaped the existing communities and the country that would grow from them.

Ice!

". . . the perfect place to begin, or continue, your education." --Sailing Whether you are shopping for a used fiberglass boat or prioritizing maintenance tasks on the one you already own, this book saves money--and perhaps even disaster. With clear step-by-step drawings and instructions, Don Casey explains how to recognize problems--both surface and hidden--and how to separate cosmetic flaws from serious faults.

The Eight Sailing/mountain-exploration Books

What determines whether complex life will arise on a planet, or even any life at all? Questions such as these are investigated in this groundbreaking book. In doing so, the authors synthesize information from astronomy, biology, and paleontology, and apply it to what we know about the rise of life on Earth and to what could possibly happen elsewhere in the universe. Everyone who has been thrilled by the recent discoveries of extrasolar planets and the indications of life on Mars and the Jovian moon Europa will be fascinated by Rare Earth, and its implications for those who look to the heavens for companionship.

Three Years in a Twelve-Foot Boat

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The United States has jurisdiction over 3.4 million square miles of ocean in its exclusive economic zone, a size exceeding the combined land area of the 50 states. This expansive marine area represents a prime national domain for activities such as maritime transportation, national security, energy and mineral extraction, fisheries and aquaculture, and tourism and recreation. However, it also carries with it the threat of damaging and outbreaks of waterborne pathogens. The 2010 Gulf of Mexico Deepwater Horizon oil spill and the 2011 Japanese earthquake and tsunami are vivid reminders that ocean activities and processes have direct human implications both nationally and worldwide, understanding of the ocean system is still incomplete, and ocean research infrastructure is needed to support both fundamental research and societal priorities. Given current struggles to maintain, operate, and upgrade major infrastructure elements while maintaining a robust research portfolio, a strategic plan is needed for future investments to ensure that new facilities provide the greatest value, least redundancy, and highest efficiency in terms of operation and flexibility to incorporate new technological advances. Critical Infrastructure for Ocean Research and Societal Needs in 2030 identifies major research questions anticipated to be at the forefront of ocean science in 2030 based on national and international assessments, input from the worldwide scientific community, and ongoing research planning activities. This report defines categories of infrastructure that should be included in planning for the nation's ocean research infrastructure of 2030 and that will be required to answer the major research questions of the future. Critical Infrastructure for Ocean Research and Societal Needs in 2030 provides advice on the criteria and processes that could be used to set priorities for the development of new ocean infrastructure or replacement of existing facilities. In addition, this report recommends ways in which the federal agencies can maximize the value of investments in ocean infrastructure.

Mayflower

Sustainable Tourism and Natural Resource Conservation in the Polar Regions

As founder and editor of the highly successful magazine *Latitudes & Attitudes*, Bob Bitchin surveys and comments on the good and the bad, the funny and the sad, the practical and the theoretical of the sailing scene. This is a collection of his editorials and other writings.

The Sailing Bible

The Sailing Bible is the complete, hands-on manual packed with detailed step-by-step diagrams, lively action photos, and helpful advice on getting the most out of your sailing at whatever level. Whether you are a dinghy or yacht sailor just learning the basics or wanting tips on sailing with the best, this is the book that will give you all the answers you are looking for. It's all in here! -What type of dinghy or yacht? -Cruising and racing -Launching, helming and capsizing -Mastering the trapeze -Sailing with a spinnaker -Managing a crew -Reading the weather -Racing techniques and tactics -Buoyage, tides, charts and navigation -Anchoring and marina berthing -Knots, ropes and flags -Boat etiquette and seamanship -Rules of the road, safety and emergencies -Boat maintenance and repair and much more This second edition has been revised throughout and brought completely up-to-date, including new techniques and new approaches to navigation, first aid and berthing. 'It's a beautifully designed book, with glossy photos, diagrams and clear text, and a great read whether you're just starting out or looking to improve your skills' Practical Boat Owner 'Lavishly illustrated, sharp photography a

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first-class introductory text' Yachting Monthly

Vassar Journal of Undergraduate Studies

Describes the author's unlikely job as a Cornish Crabber, work that required him to learn how to sail during a voyage around the Greek Islands.

The Circumnavigator's Handbook

A first of its kind, this book-of, by, and for the noncommissioned officer and petty officer-is a comprehensive explanation of the enlisted leader across the U.S. Armed Services. It complements The Armed Forces Officer, the latest edition of which was published by NDU Press in 2007, as well as the Services' NCO/PO manuals and handbooks. Written by a team of Active, Reserve, and retired senior enlisted leaders from all Service branches, this book defines and describes how NCOs/POs fit into an organization, centers them in the Profession of Arms, explains their dual roles of complementing the officer and enabling the force, and exposes their international engagement. As Chairman of the Joint Chiefs of Staff General Martin E. Dempsey writes in his foreword to the book, "We know noncommissioned officers and petty officers to have exceptional competence, professional character, and soldierly grit-they are exemplars of our Profession of Arms." Aspirational and fulfilling, this book helps prepare young men and women who strive to become NCOs/POs, re-inspires serving enlisted leaders, and stimulates reflection by those who have retired from or left active service. It also gives those who have never worn the uniform a better understanding of who these exceptional men and women are, and why they are properly known as the "Backbone of the Armed Forces."

Critical Infrastructure for Ocean Research and Societal Needs in 2030

The Noncommissioned Officer and Petty Officer

This book is a printed edition of the Special Issue "Sustainable Tourism and Natural Resource Conservation in the Polar Regions" that was published in Resources

High Latitude Sailing

"Kiwi yachtsman Graeme Kendall was the first person to sail the Northwest Passage solo non-stop. Sailing east to west, he knocked off the "Everest of sailing" in just 12 days - the fastest recorded - as part of his extraordinary solo circumnavigation of the globe. This is a story of determination, meticulous planning and rugged courage. All alone for 193 days in his purpose-built yacht Astral Express, Kendall crossed 28,000 miles of ocean, facing some of the Earth's most terrifying seas. An enthralling adventure, To The Ice And Beyond will inspire you to live your dreams, and to never give up."--Jacket.

Sailing to the Edge of Time

"The assessment builds on the work of the Livestock, Environment and Development (LEAD) Initiative"--Pref.

Yachting

This is a book about a voyage. Not just any trip across any ocean, but a battle against the Southern Ocean, the Antarctic pack ice and the fury of hurricane force blizzards. When Ben Tucker set off from Tasmania in his small home-built steel yacht, he set himself a tentative goal of reaching mainland East Antarctica. As crew he had his youngest brother and the last minute inclusion of his father as cabin-boy (on a promise of good behaviour). The destination was the remote Cape Denison – statistically the windiest place on the planet. More than a travel tale, this is the introspective journey of a father who has consciously surrendered responsibility to his children. Woven through the passage is an inter-generational theme, humour and a recognition of shared adulthood with a link between past, present and future.

Inspecting the Aging Sailboat

When Tristan Jones was discharged from the Navy, and told he was physically unfit for more seagoing, he got hold of a small craft, Cresswell, which he converted to a cruising ketch and started sailing. Determined to sail further north than anyone else, Jones set out for Iceland, accompanied only by his dog, Nelson. Jones spent two winters full of continuous suspense and danger in this bleak polar region.

The Sailing Life

Rare Earth

Science--the Endless Frontier

Includes Mischief in Patagonia; Mischief Among the Penguins; Mischief in Greenland; and Mostly Mischief.

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