

Eating Disorders Obesity Anorexia Nervosa And The Person Within

Assessment of Eating Disorders Eating Disorders Eating Disorders Eating Disorders and Obesity in Children and Adolescents The Importance of Overweight Eating Disorders Eating Disorders and Obesity Handbook of Eating Disorders and Obesity Eating Disorders The Management of Eating Disorders and Obesity Diet and Health Body Image, Eating Disorders, and Obesity The Management of Eating Disorders and Obesity Almost Anorexic Eating Disorders Psychodynamic Self Psychology in the Treatment of Anorexia and Bulimia Clinical Manual of Eating Disorders Handbook of Child Psychopathology Eating Disorders and Obesity Binge-Eating Disorder Understanding Eating Disorders Treating Eating Disorders The Golden Cage Eating Disorders and Cultures in Transition Eating Disorders in Children and Adolescents Psychological Responses to Eating Disorders and Obesity Eating Disorders in Children and Adolescents Conversations W Anor Eating Disorders and Obesity, Third Edition The Encyclopedia of Obesity and Eating Disorders, Third Edition Understanding Eating Disorders Obesity, Eating Disorders and the Media Eating Disorders and Obesity The Oxford Handbook of Positive Emotion and Psychopathology Body Image, Eating Disorders, and Obesity in Youth Psychopharmacology Bulletin Eating and Weight Disorders The Malnourished Child The Treatment of Eating Disorders Body Image, Eating, and Weight

Assessment of Eating Disorders

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Eating Disorders

This is an edited book that brings together many of the most distinguished researchers and clinicians in the field of food misuse. The papers included are drawn from the conferences on psychological approaches to eating disorders and obesity held at the University of Hertfordshire in 2005 and 2006. It presents current research while focusing on the application of this new knowledge. It covers both eating disorders and obesity in one volume, thus positioning obesity firmly at one end of the food misuse continuum. Chapters will cover subjects such as psychological and cultural aspects of food use, using CBT for treating eating disorders, and CBT group therapy for obesity.

Eating Disorders

Get a quick, expert overview of best practices for diagnosis and treatment of eating disorders in children and adolescents. This concise resource by Drs. Johannes Hebebrand and Beate Herpertz-Dahlmann provides psychiatrists and pediatricians with current information in this increasingly important field, including practical sections on developmental aspects of eating disorders, symptomology, epidemiology, etiology and pathophysiology, treatment and outcomes, and prevention. Discusses general concepts for feeding, eating, and weight disorders; body weight and composition, appetite regulation, and the emergence of body perception and image. Covers genetics of eating and weight disorders, influence of hormones, intergenerational effects, and food addiction. Includes information on cognitive behavioral therapy, family-based therapies, early intervention, pharmacotherapy, bariatric surgery, and other treatments. Consolidates today's

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available information on this timely topic into a single convenient resource.

Eating Disorders and Obesity in Children and Adolescents

How do the media represent obesity and eating disorders? How are these representations related to one another? And how do the news media select which scientific findings and policy decisions to report? Multi-disciplinary in approach, *Obesity, Eating Disorders and the Media* presents critical new perspectives on media representations of obesity and eating disorders, with analyses of print, online, and televisual media framings. Exploring abjection and alarm as the common themes linking media framings of obesity and eating disorders, *Obesity, Eating Disorders and the Media* shows how the media similarly position these conditions as dangerous extremes of body size and food practice. The volume then investigates how news media selectively cover and represent science and policy concerning obesity and eating disorders, with close attention to the influence of pre-existing framings alongside institutional and moral agendas. A rich, comprehensive analysis of media framings of obesity and eating disorders - as embodied conditions, complex disorders, public health concerns, and culturally significant phenomena - this volume will be of interest to scholars and students across the social sciences and all those interested in understanding cultural aspects of obesity and eating disorders.

The Importance of Overweight

Both practical and comprehensive, this book provides a clear

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framework for the assessment, treatment, and prevention of eating disorders and obesity. Focusing on best practices and offering a range of current techniques, leaders in the field examine these life-threatening disorders and propose treatment options for clients of all ages. This text, written specifically for counselors, benefits from the authors' collective expertise and emphasizes practitioner-friendly, wellness-based approaches that counselors can use in their daily practice. Parts I and II of the text address risk factors in and sociocultural influences on the development of eating disorders, gender differences, the unique concerns of clients of color, ethical and legal issues, and assessment and diagnosis. Part III explores prevention and early intervention with high-risk groups in school, university, and community settings. The final section presents a variety of treatment interventions, such as cognitive – behavioral, interpersonal, dialectical behavior, and family-based therapy. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

Eating Disorders

Eating Disorders and Obesity

Starting with an analysis of these conditions and an exploration of their complex causes, Giordano then proceeds to address legal and ethical dilemmas such as a patient's refusal of life-saving treatment. The book is illustrated with many case-studies.

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Handbook of Eating Disorders and Obesity

This extremely popular handbook has been thoroughly revised - over half the chapters include new contributors who have generated much of the latest research. Comprehensive and interdisciplinary, the volume addresses treatment and prevention from an empirically based, developmental perspective.

Eating Disorders

Eating disorders refer to a range of problems characterized by abnormal eating behaviours and beliefs about eating, weight, and shape. Eating disorders, which are classified as psychiatric problems, and obesity, which is classified as a general medical condition, reflect a diverse and perplexing array of biological, social, and psychological phenomena. Beginning with a comprehensive overview of eating and weight disorders, this volume also covers: anorexia nervosa bulimia nervosa atypical eating disorders and binge eating disorders obesity. Including the most up-to-date research, Carlos Grilo provides a balanced and authoritative overview of current thinking in the fields of eating disorders and obesity with broad yet in-depth coverage of the areas. This highly readable book is an indispensable resource to students and professionals in clinical psychology, health psychology, and psychiatry.

The Management of Eating Disorders and Obesity

Bringing together leading authorities, this comprehensive volume integrates the best current knowledge and treatment approaches for eating disorders in children and adolescents.

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The book reveals how anorexia nervosa, bulimia nervosa, and other disorders present differently developmentally and explains their potentially far-reaching impact on psychological, physical, and neurobiological development. It provides guidelines for developmentally sound assessment and diagnosis, with attention to assessment challenges unique to this population. Detailed descriptions of evidence-based therapies are illustrated with vivid case examples. Promising directions in prevention are also addressed. A special chapter offers a parent's perspective on family treatment.

Diet and Health

This unique handbook presents and integrates virtually all that is currently known about eating disorders and obesity in one authoritative, accessible, and eminently practical volume. From leading international authorities, 112 concise chapters encapsulate the latest information on all pertinent topics, from biological, psychological, and social processes associated with risk, to clinical methods for assessment and intervention. The contents are organized to highlight areas of overlap between lines of research that often remain disparate. Suggestions for further reading at the end of each chapter replace extended references and enhance the practical value and readability of the volume.

Body Image, Eating Disorders, and Obesity

Eating Disorders: The Facts is a guide to the three major eating disorders: anorexia, bulimia and obesity. This comprehensive guide considers why eating disorders occur, and then looks at each in turn, describing the eating

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behaviours, diagnosis, and treatments available.

The Management of Eating Disorders and Obesity

Examines the metabolic and organic changes that occur in undernourished infants and children and the ways in which these changes can be reversed by appropriate intervention. Twenty-three papers from around the world review what is currently known about protein-energy malnutrition and identify areas for further investigation. Annotation copyrighted by Book News, Inc., Portland, OR

Almost Anorexic

Presents over 450 articles on eating disorders and obesity, including causes, symptoms, and treatment options. Includes resource directories.

Eating Disorders

Examines the relationship between body image disturbances and eating disorders in our most vulnerable population: children and adolescents. The editors present a dynamic approach that combines current research, assessment techniques, and suggestions for treatment and prevention. This volume delivers direction for researchers in the field as well as guidance for practitioners and clinicians working with young clients suffering from these disorders.

Psychodynamic Self Psychology in the Treatment of Anorexia and Bulimia

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Clinical Manual of Eating Disorders

Eating disorders: do they mark cultural transition? Eating disorders that were once viewed as exclusive to specific class and ethnic boundaries in western culture are now spreading worldwide. This issue is fully discussed in this groundbreaking volume. *Eating Disorders and Cultures in Transition* is written by an international group of authors to address the recent emergence of eating disorders in various areas of the world including countries in South America, Asia, Africa and Eastern Europe. It offers an in-depth analysis of the existing socio-cultural model arguing for the need to extend both our theoretical understanding and clinical work to account properly for this global phenomenon. Eating disorders are seen as reflecting sweeping changes in the social and political status of women in the majority of societies that are now undergoing rapid cultural transition. This multidisciplinary, multinational volume reflects wide-ranging, intellectually stimulating and frequently provocative viewpoints. It promises to be of great interest to medical and mental health professionals, public policy experts and all those watching for the processes of cultural transformation and their impact on mental health.

Handbook of Child Psychopathology

Eating Disorders have traditionally been considered apart from public health concerns about increasing obesity. It is evident that these problems are, however, related in important ways. Comorbid obesity and eating disorder is increasing at a faster rate than either obesity or eating disorders alone and one in five people with obesity also presents with an Eating Disorder, commonly but not limited to

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Binge Eating Disorder. New disorders have emerged such as normal weight or Atypical Anorexia Nervosa. However research and practice too often occurs in parallel with a failure to understand the weight disorder spectrum and consequences of co-morbidity that then contributes to poorer outcomes for people living with a larger size and an Eating Disorder. Urgently needed are trials that will inform more effective assessment, treatment and care where body size and eating disorder symptoms are both key to the research question.

Eating Disorders and Obesity

This guideline has been developed to advise on the identification, treatment and management of the eating disorders anorexia nervosa, bulimia nervosa, and related conditions. The guideline recommendations have been developed by a multidisciplinary group of health care professionals, patients and their representatives, and guideline methodologists after careful consideration of the best available evidence. It is intended that the guideline will be useful to clinicians and service commissioners in providing and planning high quality care for those with eating disorders while also emphasising the importance of the experience of care for patients and carers.

Binge-Eating Disorder

A panel of internationally recognized eating disorder experts has expanded and fully updated this widely acclaimed book to reflect recent scientific and therapeutic developments. Stressing human physiology, treatment, and disease prevention, the authors take advantage of the new molecular

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understanding of the biological regulation of energy. Updated chapters review specific evidence-based and future treatment modalities, present an objective evaluation of the treatment, and identify the positives and negatives that have been seen during clinical studies, as well as cumulative data derived from clinical practice. New chapters include material on the use of the internet in the education and treatment of eating disorders and obesity, and on the role of appetite and satiety in obesity treatment, particularly with regard to the carbohydrate diet.

Understanding Eating Disorders

This book equips readers with the knowledge required to improve diagnosis and treatment and to implement integrated prevention programs in patients with eating and weight disorders. It does so by providing a comprehensive, up-to-date review of research findings and theoretical assumptions concerning the interface and interactions between body image and such disorders as anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding and eating disorders, orthorexia nervosa, overweight, and obesity. After consideration of issues of definition and classification, the opening part of the book examines the concept of body image from a variety of viewpoints. A series of chapters are then devoted to the assessment of the multidimensional construct “body image”, to dysmorphophobia/body dysmorphic disorder, and to muscle dysmorphia. The third part discusses body image in people suffering from different eating disorders and/or overweight or obesity, and two final chapters focus on body image in the integrated prevention of eating disorders and obesity, and cultural differences regarding body image. The book will be of interest to all

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health professionals who work in the fields of psychiatry, clinical psychology, eating disorders, obesity, body image, adolescence, public health, and prevention.

Treating Eating Disorders

This book presents an implementation of psychodynamic self psychology in the treatment of anorexia nervosa and bulimia nervosa, using a theoretical and therapeutic approach to examine the way that patients turn to food consumption or avoidance in order to supply needs they do not believe can be provided by human beings. The book starts with an overview of self psychology, presenting both the theory of self psychology and its specific application for the etiology and treatment of eating disorders. Featuring contributions from eating disorder professionals, the book then integrates this theory with 16 compelling case studies to explore how the eating-disordered patient is scared to take up space in a society that encourages precisely that. Professionals in the field of psychotherapy for eating disorders, as well as the entire community of psychotherapists, will benefit from the empirical capability of the theory to predict the development as well as remission from eating disorders.

The Golden Cage

Clinical Manual of Eating Disorders provides sound therapeutic advice based on current research and clinical practice. It includes detailed discussions of various aspects of assessment and treatment, featuring up-to-date evidence- and consensus-based information. Ranging from the determination of initial treatment approaches to problems posed by unique groups of patients, it marks the first APPI

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volume specifically directed toward the clinical management of patients with eating disorders -- and the first book to focus squarely on what psychiatrists need to know about the clinical assessment and management of patients with anorexia nervosa, bulimia nervosa, binge eating disorders, and obesity. In these pages, preeminent psychiatric authorities on eating disorders offer practical advice, research results, and the fruits of clinical experience. In addition to thorough extended discussion and coverage of all assessment and treatment topics encompassed by the third edition of the American Psychiatric Association's "Practice Guideline for the Treatment of Patients with Eating Disorders," the book includes topics such as: night eating and related syndromes, obesity and weight management in relation to psychiatric medications, psychiatric aspects of bariatric surgery, and management of patients with chronic, intractable eating disorders. Clinical vignettes discuss specific techniques and strategies to help anchor the discussions in the decision-making situations faced by practitioners every day. Among the book's features: coverage of a wide range of diagnoses, from new onset to very chronic conditions consideration of comorbid psychiatric, substance abuse, and medical conditions applications to outpatient, ambulatory, and inpatient settings a range of treatment strategies, including biological, cognitive-behavioral, psychodynamic, and family treatments discussion of special concerns involving college athletes and patients from different ethnic or cultural backgrounds inclusion of APA Practice Guideline tables as well as the most recent version of the Eating Disorders Questionnaire The insights garnered from this book will enable clinicians to: better make nuanced assessments of patients with eating disorders present the best available evidence about treatment options to patients and their families initiate and conduct treatment interventions with the

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majority of patients they encounter Clinical Manual of Eating Disorders is an invaluable tool for psychiatrists that complements other resources for all professionals who see patients with these challenging conditions, whether mental health clinicians, primary care physicians, dieticians, psychologists, or social workers.

Eating Disorders and Cultures in Transition

This innovative scientific reference and clinical tool is virtually two books in one. Part I thoroughly yet succinctly reviews the literature on binge-eating disorder, covering diagnosis and epidemiology, clinical features and course, links to obesity, medical risks, and current treatment data. Part II provides an evidence-based cognitive-behavioral treatment manual. Session-by-session guidelines address how to help individuals or groups change their eating behavior, cope with emotional triggers, restructure problematic thoughts, deal with body image concerns and associated problems, maintain improvement, and prevent relapse. Featured are more than 40 clearly explained homework assignments and handouts, all in a large-size format with permission to photocopy.

Eating Disorders in Children and Adolescents

First published more than twenty years ago, with almost 150,000 copies sold, *The Golden Cage* is still the classic book on anorexia nervosa, for patients, parents, mental health trainees, and senior therapists alike. Writing in direct, jargon-free style, often quoting her patients' descriptions of their own experience of illness and recovery, Hilde Bruch describes the relentless pursuit of thinness and the search for superiority in self-denial that characterizes anorexia nervosa.

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She emphasizes the importance of early diagnosis and offers guidance on danger signs. Little-known when this groundbreaking book was first published, eating disorders have become all too familiar. Sympathetic and astute, *The Golden Cage* now speaks to a new generation.

Psychological Responses to Eating Disorders and Obesity

Diet and Health examines the many complex issues concerning diet and its role in increasing or decreasing the risk of chronic disease. It proposes dietary recommendations for reducing the risk of the major diseases and causes of death today: atherosclerotic cardiovascular diseases (including heart attack and stroke), cancer, high blood pressure, obesity, osteoporosis, diabetes mellitus, liver disease, and dental caries.

Eating Disorders in Children and Adolescents

First published in 1994. As the incidence of eating disorders such as anorexia nervosa, bulimia nervosa and obesity sometimes caused by compulsive eating has risen, so has research and literature in the field. Presenting current knowledge of these eating disorders - the most common types found in adolescents and adults - this book addresses issues relevant to all.; Examining the pertinent history, aetiology, psychotherapy, and sociology, the contributors define these eating disorders and discuss issues of recovery and methods of treatment.; They also consider the problem as it exists in both male and females in this multicultural society. The resulting volume is divided into four parts: the first gives an overview in general, and the next three focus

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individually on anorexia nervosa, bulimia nervosa, and obesity respectively.

Conversations W Anor

The mission of the Nutrition and Health Series of books is to provide health professionals with texts that are considered essential, because each book includes (1) a synthesis of the state of the science, (2) timely, in-depth reviews by the leading researchers in their respective fields, (3) extensive, up-to-date-fully annotated reference list, (4) a detailed index, (5) relevant tables and figures, (6) identification of paradigm shifts and their consequences, (7) virtually no overlap of information between chapters, but targeted interchapter referrals, (8) suggestions of areas for future research, and (9) balanced, data driven answers to patients' questions, which are based on the totality of evidence rather than the findings of any single study. The series volumes are not the outcome of a symposium. Instead, each editor has the potential to examine a chosen area with a broad perspective, both in subject matter as well as choice of chapter authors. The international perspective, especially with regard to public health initiatives, is emphasized where appropriate. The editors, whose training are both research and practice oriented, have the opportunity to develop a primary objective for their books, define the scope and focus, and invite leading international authorities to be part of their initiative. The authors are encouraged to provide an overview of the field, discuss their own research, and relate their research findings to potential human health consequences.

Eating Disorders and Obesity, Third Edition

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This book accurately describes the cognitive processes that lead to and are present in someone with an eating disorder. Several case histories on individuals with anorexia nervosa and obesity are presented. It probes the emotional causes and effects of abnormal eating patterns.

The Encyclopedia of Obesity and Eating Disorders, Third Edition

Special coverage addresses cosmetic surgery and cosmetic medical treatments, how the media influences eating disorders, weight and shape concerns of boys and men, cross-cultural aspects of eating disorders, child sexual abuse and eating disorders, and a feminist approach to eating disorders. Book cover.

Understanding Eating Disorders

Obesity, Eating Disorders and the Media

Eating Disorders and Obesity

from Publisher's Weekly: This posthumous collection of case material illustrates the treatment modality successfully employed by psychiatrist Bruch with patients suffering from the eating disorder of anorexia. Two of her associates at Baylor College of Medicine in Houston have edited this final work, taped by the author before her death in 1984. Bruch makes the reader privy to the therapeutic transaction between her patients who are in what she describes as "the relentless pursuit of thinness." Emphasizing the

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conversational ambiance of the therapy and discounting heretofore unsuccessful approaches of psychoanalysis and behavior modification, she helped her patients to heal. The dramatic dialogues in the cases presented allow us to hear these desperate young anorexic women individually explore their thwarted development, under the direction of a compassionate physician who guides them towards wellness. from Library Journal: Psychiatrist Bruch was a pioneer in developing psychotherapy for anorexia victims. Author of half a dozen books, her first work, *Eating Disorders*, appeared 15 years ago. She taped her interactions with clients, and these form the nucleus of this final book. Bruch's strength is her straightforward writing: it is honest, simple, and effective.

The Oxford Handbook of Positive Emotion and Psychopathology

Determine if your eating behaviors are a problem, develop strategies to change unhealthy patterns, and learn when and how to get professional help when needed with this practical, engaging guide to taking care of yourself when you are not a full-blown anorexic. Millions of men and women struggle with disordered eating. Some stand at the mirror wondering how they can face the day when they look so fat. Others binge, purge, or exercise compulsively. Many skip meals, go on diet after diet, or cut out entire food groups. Still, they are never thin enough. While only 1 in 200 adults will struggle with full-blown anorexia nervosa, at least 1 in 20 (including 1 in 10 teen girls) will exhibit key symptoms of one or more of the officially recognized DSM eating disorders--anorexia nervosa, bulimia nervosa, and binge eating disorder. Many suffer from the effects but never address the issue because they don't fully meet the diagnostic criteria. If this is the case for you,

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then you may be "almost anorexic." Drawing on case studies and the latest research, *Almost Anorexic* combines a psychologist's clinical experience with a patient's personal recovery story to help readers understand and overcome almost anorexia. *Almost Anorexic* will give you the skills to: Understand the symptoms of almost anorexic; Determine if your (or your loved one's) relationship with food is a problem; Gain insight on how to intervene with a loved one; Discover scientifically proven strategies to change unhealthy eating patterns; Learn when and how to get professional help when it's needed.

Body Image, Eating Disorders, and Obesity in Youth

Despite the relevance of eating disorders in the past years, the pure core of these mental disorders remains unknown. In this regard, it is not a surprise that the biopsychosocial model is the best way to go forward in order to understand and to improve the different approaches, biological (mainly neurobiological), psychological, and social, in managing these disorders. Eating disorders are frequent pathologies, many times severe and often devastating for patients and their families. Biological, psychological, and social factors are always involved in these disorders, and knowledge about the influence of these factors helps us to better understand eating disorders. This book includes different studies about main topics of eating disorders and is useful for psychologists, doctors and others interested in this disorder.

Psychopharmacology Bulletin

Research has shown that body image plays a role in the aetiology, assessment and treatment of eating disorders and

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obesity. This book integrates research findings with assessment and intervention guidelines for anorexia nervosa, bulimia nervosa, obesity, a

Eating and Weight Disorders

Acclaimed for its encyclopedic coverage, this is the only handbook that synthesizes current knowledge and clinical practices in the fields of both eating disorders and obesity. Like the prior editions, the significantly revised third edition features more than 100 concise, focused chapters with lists of key readings in place of extended references. All aspects of eating disorders and obesity are addressed by foremost clinical researchers: classification, causes, consequences, risk factors, and pathophysiology, as well as prevention, treatment, assessment, and diagnosis. ÿ New to This Edition

- *Reflects 15 years of important advances in both fields, including state-of-the-art intervention approaches and a growing focus on how the brain regulates eating behavior.
- *Dozens of entirely new chapters.
- *New topics: epigenetics, body weight and neurocognitive function, stress and emotion regulation, the gut microbiome, surgical devices for obesity, food labeling and marketing, and more.
- *Expanded coverage of prevention and policy.

The Malnourished Child

Anorexia Nervosa and other eating disorders are arguably the most complex mental health problems that a child or adolescent may experience. Numbers seeking help are on the increase, and the complexity of these disorders challenges even the most experienced clinician. In this 2006 book, the experience of numerous practitioners with

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international reputations in the field is brought to bear on the broad range of issues a good clinician needs to know about, from the history of the disorder through to treatment, psychopharmacology, the psychotherapies, epidemiology, comorbidities, eating disorders in boys, and neuroimaging. The book is divided into parts detailing the scientific underpinnings, abnormal states, the evidence base for treatments, and finally public health issues, including service delivery models and perspectives on prognosis and outcomes. Clinicians encountering eating disorders will find this latest addition to the Cambridge Child and Adolescent Psychiatry series invaluable.

The Treatment of Eating Disorders

Considerable research has been devoted to understanding how positive emotional processes influence our thoughts and behaviors, and the resulting body of work clearly indicates that positive emotion is a vital ingredient in our human quest towards well-being and thriving. Yet the role of positive emotion in psychopathology has been underemphasized, such that comparatively less scientific attention has been devoted to understanding ways in which positive emotions might influence and be influenced by psychological disturbance. Presenting cutting-edge scientific work from an internationally-renowned group of contributors, *The Oxford Handbook of Positive Emotion and Psychopathology* provides unparalleled insight into the role of positive emotions in mental health and illness. The book begins with a comprehensive overview of key psychological processes that link positive emotional experience and psychopathological outcomes. The following section focuses on specific psychological disorders, including depression, anxiety,

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trauma, bipolar disorder, and schizophrenia, as well as developmental considerations. The third and final section of the Handbook discusses translational implications of this research and how examining populations characterized by positive emotion disturbance enables a better understanding of psychiatric course and risk factors, while simultaneously generating opportunities to bridge gaps between basic science models and psychosocial interventions. With its rich and multi-layered focus, *The Oxford Handbook of Positive Emotion and Psychopathology* will be of interest to researchers, teachers, and students from a range of disciplines, including social psychology, clinical psychology and psychiatry, biological psychology and health psychology, affective science, and neuroscience.

Body Image, Eating, and Weight

Eminently practical and authoritative, this comprehensive clinical handbook brings together leading international experts on eating disorders to describe the most effective treatments and how to implement them. Coverage encompasses psychosocial, family-based, medical, and nutritional therapies for anorexia nervosa, bulimia nervosa, binge-eating disorder, and other eating disorders and disturbances. Especially noteworthy are "mini-manuals" that present the nuts and bolts of 11 of the treatment approaches, complete with reproducible handouts and forms. The volume also provides an overview of assessment, treatment planning, and medical management issues. Special topics include psychiatric comorbidities, involuntary treatment, support for caregivers, childhood eating disorders, and new directions in treatment research and evaluation.

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