

## Cavaletti The Schooling Of Horse And Rider Over Ground Poles

CavalettiThe Prize (Pony Club Rivals, Book 4)Modern Eventing with Phillip DuttonCavallettiFlatwork ExercisesStraightening the Crooked HorseWhen Two Spines Align: Dressage DynamicsBasic Training of the Young HorseLessons with Lendon55 Corrective Exercises for HorsesThe Principles of Riding101 Jumping Exercises for Horse & RiderEquestrian StudiesHunter Seat EquitationSchooling Young HorsesKnit 2 TogetherCore Conditioning for HorsesKlimke on DressageThe Vinegar Anniversary BookCavallettiRiding LogicSchooling with Ground PolesCavallettiThe New Basic Training of the Young HorseThe Effortless Rider®Flame and the Rebel Riders (Pony Club Secrets, Book 9)Cobs Can! WorkbookSchooling Your HorseLungeing, Long-Reining and In-Hand SchoolingNo Sheep for YouBasic Training of the Young HorseTrick Training for HorsesGymnasticsMaking Your Own Jumps101 Arena Exercises for Horse & Rider200+ School Exercises with PolesThe Pennsylvania HorseCavalletti for Dressage and JumpingTraining and Retraining Horses the Tellington WayDressage with Mind, Body & Soul

### Cavaletti

Saddle up for the fourth exciting PONY CLUB RIVALS adventure! Will Georgie fulfil her riding dreams at the [All-stars] Academy?

The Prize (Pony Club Rivals, Book 4)

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Progressive schooling exercises to improve suppleness, balance, strength and agility, and to enhance the performance of horse and rider.

## Modern Eventing with Phillip Dutton

Find new possibilities of movement to enhance your riding.

## Cavaletti

Over thirty years after the first publication of Reiner Klimke's classic work comes this new fourth edition, with completely new photos and updated by his daughter, Ingrid. Based on sound practical and theoretical advice, this instructional handbook gives advice on establishing a specific training plan for recreational riders as well as competition riders to enable them to train their young horses successfully. Every aspect of the education of a young horse is covered, including: basic education and handling from foalhood; lungeing and free-schooling; backing and training under saddle; developing impulsion from suppleness; assessing and improving basic gaits; cavaletti work; jumping training; cross-country training and, finally, preparing for the first competition.

## Flatwork Exercises

It is well known that the horse naturally carries more weight on his forehead than on his hindquarters.

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This forward center of gravity, combined with an often unrecognized, inborn crookedness from poll to tail, can greatly inhibit training and ultimately affect the horse's physical soundness and willingness to perform. In fact, Gabriele Rachen-Schoneich and Klaus Schoneich attribute 95 percent of all locomotive problems, in both sport and leisure horses, to this inherent crookedness. For over 25 years, Rachen-Schoneich and Schoneich—along with expert riders, trainers, veterinarians, and other specialists—have concentrated specifically on this theory at their international training center in Germany. There they have worked with—and successfully "cured" through appropriate gymnastic training—more than 4,000 horses with straightness problems related to: incorrect or insufficient training; bad riding; veterinary misdiagnosis; poorly fit tack and equipment, and other causes. Now, the couple describe their techniques, not only for addressing the symptoms of crookedness in an already schooled horse, but also for dealing with the "innate problem" in unbroken youngsters. Readers learn how using groundwork with green horses can "straighten" them and increase their "carrying power" before they are backed. You'll see how, with sufficient attention to gymnastic training on the longe and in hand, the eventual transition to work under saddle can be handled smoothly, easily, and without ever sacrificing correct locomotion.

### Straightening the Crooked Horse

This fabulously illustrated book covers training, conditioning, and competing in all three phases of events: dressage, cross-country, and show jumping. In addition, Dutton includes full chapters describing the special needs of the event horse, with tips and advice from the top experts who make up his internationally respected eventing team—his groom, his farrier, and his veterinarian. You'll find guidance

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in everything from daily maintenance to braiding and turnout, and from hoof care and studs to common health issues and "vet box" care of your horse during competitions. With tips for finding the right event prospect, whatever your level of experience, as well as Dutton's own schooling exercises, both on the flat and over fences, the book promises to give you the leg up you need for a safe and confident start in the sport.

### When Two Spines Align: Dressage Dynamics

The first year under saddle sets the building blocks for the future of a riding horse: with a solid basic training he can do what is required of him willingly while remaining in the best of health. Twenty years after the publication of Reiner Klimke's classic work comes a new edition, fully revised and updated by Reiner and his daughter, Ingrid. Based on sound, practical and theoretical advice, this instructional handbook gives advice on establishing a specific training plan for recreational riders as well as competition riders to enable them to train their young horses successfully. Every aspect of the education of a young horse is covered, including: basic education; lungeing; training under saddle; from suppleness to the development of impulsion; cavalletti work; jumping training; hacking; preparing for the first competition.

### Basic Training of the Young Horse

This revised and updated version of Reiner Klimke's classic book on cavalletti work now has an

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extended section on gymnastic jumping by the author's daughter, Ingrid Klimke. First published more than 30 years ago, the original information on schooling horses over cavalletti is still valid today but the book also encompasses the changing face and requirements of the modern sport horse.

### Lessons with Lendon

### 55 Corrective Exercises for Horses

A step-by-step guide to building your own show jumps and cross country fences. Chapters include various types of show jumps, jumping course plans, basic construction and ditches, banks, steps and water.

### The Principles of Riding

Yarns made from plant fibers, modern synthetics, and silk take the spotlight in this collection of 21 classic knitting patterns for socks, scarves, hats, bags, vests, sweaters, and even a luxurious bathrobe. Some knitters are discouraged by the thought of baggy hemp sweaters and droopy cotton socks when they consider vegetable fibers, but this authoritative, fun, and light-hearted guide promises that, while wool has no equal when it comes to elasticity and warmth, the right tricks and techniques produce non-wool fashions that fit well, wear well, and hang beautifully. Knitters are taught to knit swatches to study

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the behavior of a yarn, to choose an appropriate pattern, and to master techniques for reinforcing stitches and inserting knit-ins of springier yarn to keep cotton, silk, and other fibers from sagging. Key information about durability, weight, pilling, and special handling is provided for acrylic, bamboo, cotton, hemp, Ingeo, linen, lycra, nylon, polyester, rayon, silk, soy, Tencel, and viscose yarns, and a chapter of helpful tips advises on needles to use (and avoid), how to start new balls and weave in ends, how to work intarsia and Fair Isle patterns, smart ways to control the cost of materials, and the right methods for washing, drying, and blocking the finished pieces.

### 101 Jumping Exercises for Horse & Rider

Take your riding to a new level! Bringing together recognized classic exercises for both English and Western riders plus her own original patterns and maneuvers, Cherry Hill provides an array of drills that will improve your riding technique. Whether you are a rider interested in expanding your repertoire or an instructor looking for new drills, these exercises will add excitement and variety to your training.

### Equestrian Studies

This book is designed to give the experienced rider a step-by-step approach to training the green horse. This patient, systematic approach to the development of the horse's education preserves and enhances the horse's natural beauty of movement while preventing the psychological and physical damage that can result from improper schooling. Practical, timeless advice on buying the right horse and training it

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classically.

## Hunter Seat Equitation

This book discusses ground-pole training for all disciplines and shows how you can make the most of precious schooling time. It provides quick and easy pole layouts, using just a handful of poles. Different exercises are given for each pole layout, so there is no need to move the poles during a session. Exercises range from the simple to the more intricate, with the inclusion of more transitions, lateral work, raised poles/cavaletti, or riding in a different gait. Claire Lilley explains how these pole exercises can help you to ride with precision and improve your horse's way of going, adhering to the scales of training. You can also use the different layouts to check whether you are sitting straight, turning correctly, and riding transitions and lateral movements properly. She lists common rider faults for each exercise to help riders self-correct if schooling alone. As an experienced trainer herself, Claire knows that this book will prove an invaluable resource for riding instructors, providing a veritable cookbook of ideas for lesson plans. Poles are a great teaching tool, adding variety to every lesson and helping the teacher to explain lessons to the pupil. Teacher's tips are given for each exercise. Claire says: "Try the exercises for yourself and I'm sure you will be amazed at the improvements that can be made both in your riding technique and in your horse's way of going. You will never be bored with schooling again!"

## Schooling Young Horses

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"Published simultaneously in Great Britain by J.A. Allen, London."--Title page verso.

## Knit 2 Together

Covers the care of tack, the rider's clothing and equipment, the correct seat, basic exercises, dressage movements, jump training, cross-country riding, and the training of difficult horses

## Core Conditioning for Horses

A revitalised version of the well-known classic by one of the world's most successful riders, now with additional text and all new colour photographs.

## Klimke on Dressage

"A new approach to the classical methods of training dressage horses--methods that can cause the animals undue physical and emotional distress--these powerful new techniques from world-renowned horse trainer and behaviorist Linda Tellington-Jones improve not only the dressage horse's performance but also its well-being. The guide employs the author's legendary TTouch method and features practical dressage-training information on topics such as relaxing the overly touchy horse, focusing the overly playful horse, improving balance and transitions, and solving problems with stage fright. In addition to the providing the tips and techniques needed to ensure that the horse relishes its role in the art of

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dressage, numerous case studies of the top horses, riders, and trainers Tellington-Jones has worked with in her career are also included"--

### The Vinegar Anniversary Book

A highly illustrated guide to simple yet effective methods for keeping horses sound, healthy, and performing their best. Over time, horses (like people) acquire postural habits, compensate for soreness and injury, and develop poor movement patterns. This limits performance ability, causes unsoundness and health issues, and ultimately undermines the horse's overall well-being. Jec Aristotle Ballou has made a name for herself advocating for the horse and providing sensible instruction in his schooling, conditioning, and care. Her bestselling books and popular clinics are designed to enable any horse person to correctly apply proven principles that bring measurable progress while avoiding boredom and confusion. In her latest collection of mounted and unmounted corrective exercises, Ballou demonstrates how we can actively work to improve the horse's posture and movement, whether he is: An active performance or pleasure mount. An aging or older horse that benefits from gentle exercise. A horse being rehabilitated following injury, illness, or lack of conditioning. Ballou's positive cross-training techniques are free of shortcuts, and her guidelines for analyzing the horse's posture and way of going help readers gain a new awareness of the equine body. Applicable for all disciplines and full of quality color photographs to explain the exercises, this is an integral collection that optimizes how the horse uses his body and helps ensure he stays sounder and healthier for more years of his life.

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## Cavaletti

In this long-awaited follow-up to the highly praised *Cobs Can!* Omar Rabia introduces the idea of a systematic, progressive series of exercises designed to develop suppleness, collection, obedience and ride-ability in cobs. He discusses the prerequisites of starting this journey and the reasoning behind working cobs in-hand before ridden work is commenced. While the exercises are set out in a progressive order, each exercise offers particular benefits and works on 'target areas', so you can choose exercises that will most benefit your cob before moving onto others in the series. Progression within each exercise is explained so that riders know when to move onto the next step within the exercise. This follow-up to *Cobs Can!* gives a more progressive, step-by-step guide for those riders who have not previously had access to more comprehensive schooling or classical equitation. Superbly illustrated with 250 colour photographs and 20 diagrams throughout.

## Riding Logic

Every horse, no matter in what discipline it is ridden, will benefit from working with cavaletti. For Olympic champion Ingrid Klimke, riding over cavaletti is key to success. Cavaletti training improves the horse's basic gaits, develops rhythm, suppleness and cadence and increases fitness and agility. This handbook describes how to work with cavaletti on the lunge, provides valuable new schooling ideas and inspiration for dressage work, as well as numerous layouts for gymnastic jumping. Since its first publication in 1969, Cavaletti has become a standard reference book. This fourth edition has been

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further revised with new photographs.

## Schooling with Ground Poles

### Cavaletti

The ninth gripping adventure in this exciting pony club series. With showjumping contests to win, rivals to defeat, mysteries to solve and ponies in danger to save – these books are perfect for all readers who love ponies.

## The New Basic Training of the Young Horse

A revised edition of the inspiring bestseller, now in paperback with new good rider profiles! This book is exactly what you need to become a better rider. It's a smart, honest, on-target kick-in-the-pants, guaranteed to rev your engines as you see how a few changes in your life, a few smart choices and strategic moves, can transform you from a run-of-the-mill rider into a good one. How does Denny Emerson know what makes a good rider? For one thing, he is one—he is the only rider in the world to have won both a gold medal in international eventing and a Tevis Cup buckle in endurance. Plus, he's been around great riders, and taught those on their way to becoming great, for over 40 years. How will what Denny knows help you become a good rider? He's boiled the whole thing down into seven broad

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"Areas of Choice" that determine whether you are a "gonnabe" or whether you'll be stuck in the "wannabe" category for decades. Examine how your choice of riding sport may or may not be the best for who you are and where you live. Find out how those frustrating hurdles known as "life circumstances" don't necessarily hold you back like you think they do. Learn how to build a strong support team by winning people to your cause and choosing the right teachers and mentors. Analyze your physical self (your body, how it is formed and how you care for it) and your intellectual self (your "horse smarts" and how you are adding to them or not) and apply the results to your "gonna-be-good" equation. Take a good hard look at your partner—your horse—and think critically about his ability to help you attain your riding goals. Discover the nine key character traits of successful riders and how you can learn to call each one of them your own. Along the way you'll read the stories of 23 of the world's top riders from different disciplines and sports—including dressage, reining, driving, show jumping, endurance, hunter/jumper, and eventing—and how they "got good" despite the same kinds of challenges and setbacks you face in your own day-to-day riding. You'll get an inside look at their path to success, as well as their very best tips for how to "make it" in the horse industry.

The Effortless Rider®

Flame and the Rebel Riders (Pony Club Secrets, Book 9)

Schooling the horse is not just about riding - many problems or misunderstandings between horse and

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rider can, and should be, sorted out on the ground before attempting to ride at all. This book explains how to school your horse from the ground, starting with fundamental techniques, and gives progressive exercises to work through. It explains the importance of stretching work, how to establish a correct outline, and how to build strength and suppleness. Remedial work is also included to improve crookedness, unbalance, and stiffness, for example. Also covered is the use of training aids where necessary, and schooling over ground poles and cavaletti, as well as jumping the horse on the lunge. Observing your horse working without a rider gives you valuable insight as to the correctness of his paces, how his muscle development can be improved, and his general attitude and willingness. When your horse is moving beautifully on his own, there is no reason why he cannot do the same with you in the saddle.

### Cobs Can! Workbook

A guide to using ground poles for every possible training situation, including school movements and figures.

### Schooling Your Horse

No descriptive material is available for this title.

### Lungeing, Long-Reining and In-Hand Schooling

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## No Sheep for You

A classic by a world-renowned teacher and master equestrian--the definitive work on the art of teaching and riding the hunter seat, now updated to include refinements in Morris's insightful program of riding instruction. B & W photographs throughout

## Basic Training of the Young Horse

Including a section on gymnastic jumping, this book offers information on schooling horses over cavalletti. It also encompasses the changing face and requirements of the modern sport horse.

## Trick Training for Horses

Olympic gold-medal-winner Ingrid Klimke was born under a bright star when it came to fulfilling dreams of equestrian greatness. Her father, the renowned Dr. Reiner Klimke, was an Olympic rider himself, and he instilled his principles of training and riding with the good of the horse in mind in his daughter at a young age. Ingrid has furthered her father's esteemed legacy, modernizing two of the classic works by her father--the bestselling *The New Basic Training of the Young Horse* and *Cavaletti*--and tirelessly championing a balanced, fair, and caring system of training the horse that ensures his physical and mental well-being even while preparing him for the very top levels of

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international competition. And now Ingrid has written a book of her own, detailing her personal system of bringing a horse along through the stages of progressive development, and providing readers guidelines and exercises to ensure success without stress at each milestone. The result is surely a joyful partnership between rider and horse that will go the distance.

### Gymnastics

Trainer and international dressage competitor Lendon Gray helps riders of all sports and levels improve and enjoy daily training with her simple, down-to-earth approach to building riding skills. Now her popular training series featured in Practical Horseman can be yours in one illustrated volume.

### Making Your Own Jumps

#### 101 Arena Exercises for Horse & Rider

Get jumping! This collection presents a logical series of fun and rewarding exercises that are designed to develop your horse-jumping skills. With straightforward instructions and clear arena maps, this guide can be hung on a pole and easily referenced from the saddle. In addition to clearly articulated goals and progressively difficult variations, each exercise also includes encouraging advice on what the rider should keep in mind while jumping. Saddle up and get ready to fly through the air with grace and

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confidence.

## 200+ School Exercises with Poles

Within riding exists a fundamental conflict of interest: The rider needs to have control—her confidence depends on her ability to control the balance of her own body as well as that of her very powerful horse. The horse, by nature, needs to feel free—free in both mind and body to express himself through movement. In *When Two Spines Align*, author Beth Baumert, writer and editor at the equestrian magazine *Dressage Today*, resolves the freedom-control enigma by taking a close look at the individual components that make up riding and dressage and providing practical ways riders can learn to harness the balance, energies, and forces at play. Readers will discover how to use “positive tension” and their body’s “power lines” to become balanced and effective in the saddle. They will then find ways to understand and manage the horse’s balance and “coordination challenges.” Ultimately, the rider learns to regulate and monitor the horse’s rhythm, energy, flexion, alignment, bend, and line of travel by properly aligning her spine with his. When the center of gravity of a balanced rider is over the center of gravity of a balanced horse, that place where two spines align becomes the hub for rider and horse harmony.

## The Pennsylvania Horse

Gentle ways to improve the horse’s core fitness while relieving pain related to conditions such as kissing spine. Every equestrian wants to know: what is the difference between the horse that “dances” when you

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are on him, and the one that doesn't? According to Visconte Simon Coccozza, Trainer and Examiner for the La Fédération Française d'Équitation (FFE), it all comes down to the horse's posture. The horse's ability to use the powerful mechanisms already built into his body relies not upon the strength we can see on the outside but the strength on the inside. This invisible and complex arrangement of internal "core" muscles control the horse's posture, suppleness, and agility. Their good condition is the key to the dance. Equine core muscles are very difficult to isolate with the traditional training techniques common to horse sports. However, by examining what we do with the human body when faced with a weak core, we can find new methods for conditioning these areas of the equine body. Coccozza has taken principles of the human practice of yoga and used them to develop novel ways of reaching deep within the horse's body and: Gently "unlock" areas that may be a little "rusty." Improve core fitness. And even relieve pain related to conditions such as kissing spine. In this highly illustrated book, he provides step-by-step instruction explaining easy mounted exercises that enhance the horse's posture, and boost his confidence in his body and movement, making him easier to ride, and ultimately, the dance partner you've always imagined.

### Cavaletti for Dressage and Jumping

Brand new information on Mother Nature's Secret Weapon - apple cider vinegar! Completely updated with the latest research and brand new remedies and uses for apple cider vinegar. Handsome coffee table collector's edition.

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## Training and Retraining Horses the Tellington Way

The star of HBO's *Tracey Takes On . . .* shares her love of knitting alongside "unexpectedly enticing designs" in a book that will have you in stitches (NPR). Tracey Ullman has been known for almost 20 years as an award-winning comedian, actress, writer, and producer, well-loved for her eccentric and iconoclastic humor. She is also an avid knitter, and she brings the same freewheeling spirit to her most recent production, a book she created with knitwear designer and yarn-shop owner Mel Clark. Although she has been knitting since the age of four, Ullman was, she says "helpless to make anything other than long, holey scarves" until she met Clark, who taught her how to follow a pattern and knit for real. Passionate and funny, serious and spirited, *Knit 2 Together* features lively lessons for beginners and more than 30 original designs for knitters of all abilities and stripes—from witches britches and house slippers to a saucy apron and a table skirt. Complete with sidebars and vibrant color photographs, the book also relates Ullman's personal stories and reflections on her life in knitting. This one-of-a-kind brainchild of two perfectly matched creators—one a master of knitting, the other a master of wit—is sure to delight veteran and novice alike.

## Dressage with Mind, Body & Soul

Since it was first published in 1937, Museler's text on horsemanship has become an international classic, offering not only a wealth of practical knowledge and experience but also the theoretical tools that can transform the experienced rider into the classical equestrian ideal: an 'artist on horseback'. Full of all new

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colour photos as well as the brilliantly clear drawings that first made the original editions so sought after, the book offers sections on perfecting the rider's seat, hands, balance, and use of the back; schooling both the green and trained horse on the flat; and corrective work for various behavioural or training problems.

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