

Awaken To The Wisdom Of Your Dreams Mirrors In The River

American Awakening
Womb Wisdom
Goddess Power
Awaken To Your Truth
Awaken Your Divine Intuition
The Code
Awaken Your Senses
The Grace in Aging
Sacred Powers
Awaken to the Eternal
Sophia Rising
Awakening the Ancient Power of Snake
Reclaiming Your Body
Awaken Every Day
Her Blood is Gold
Finding Wisdom in East Asian Classics
A Course of Sermons, adapted to awaken the soul, and conduct it, through a state of grace, to the state of glory
The Power of Awakening
The Spontaneous Healing of Belief
Awaken Your Inner Wisdom
Awaken the Financial Genius in You
Rebuilt
The Woman's Book of Spirit
Morning Meditations
Awaken Your Divine Intuition
Wheelchair Wisdom
Reflect
Writing to Awaken
Speaking with Nature
Awakening Inner Guru
Awakening from the Daydream
Womb Awakening
Awaken the Leader Within
The Book of Awakening
Awakening the Buddha Within
The Wisdom Keepers Inner Guidebook
The 64 Faces of Awakening
Coloring Book
Awaken to the Wisdom of Your Dreams
Awaken Your Inner Wisdom
How to Awaken Your True Potential
The Love of Religious Perfection, Or, How to Awaken, Increase, and Preserve it in the Religious Soul

American Awakening

Speaking through a gifted medium, who has channeled their message of faith and hope,

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ascended masters existing in a non-physical realm, in oneness with God, have delivered a revelation?one that will change our physical and spiritual existence and bring us, and our world, back into desperately needed balance. “We come to you to lead the way in your self-discovery, in remembrance of who you are. We speak to you at this time, for this is the time of new beginnings. Light essences of crystallized forms penetrate the consciousness of your species, with thought forms and inspiration to facilitate the shift that will transform you, to live a life that is free from the egoic state that is contributing to the demise of your species. We love you and have been sent by God/Universal Intelligence to encourage, support, inspire, and awaken you to the truth of who you are. Our messages are of light and love.”

Womb Wisdom

Finding Wisdom in East Asian Classics is an essential, all-access guide to the core texts of East Asian civilization and culture. Essays address frequently read, foundational texts in Chinese, Japanese, Korean, and Vietnamese, as well as early modern fictional classics and nonfiction works of the seventeenth century. Building strong links between these writings and the critical traditions of Confucianism, Buddhism, and Daoism, this volume shows the vital role of the classics in the shaping of Asian history and in the development of the humanities at large. Wm. Theodore de Bary focuses on texts that have survived for centuries, if not millennia, through avid questioning and contestation. Recognized as perennial reflections on life and society, these works represent diverse historical periods and cultures and include the Analects of Confucius, Mencius, Laozi, Xunxi, the Lotus Sutra, Tang poetry, the Pillow Book, The Tale

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of Genji, and the writings of Chikamatsu and Kaibara Ekken. Contributors explain the core and most commonly understood aspects of these works and how they operate within their traditions. They trace their reach and reinvention throughout history and their ongoing relevance in modern life. With fresh interpretations of familiar readings, these essays inspire renewed appreciation and examination. In the case of some classics open to multiple interpretations, de Bary chooses two complementary essays from different contributors. Expanding on debates concerning the challenges of teaching classics in the twenty-first century, several pieces speak to the value of Asia in the core curriculum. Indispensable for early scholarship on Asia and the evolution of global civilization, *Finding Wisdom in East Asian Classics* helps one master the major texts of human thought.

Goddess Power

Connecting with nature and nature beings to help heal us and the Earth • Provides experiential practices to communicate with nature and access the creative power of the Earth • Shares transformative wisdom teachings from conversations with nature beings, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, exploring the role of each in bringing balance to the planet Nature and the Earth are conscious. They speak to us through our dreams, intuition, and deep longings. By opening our minds, hearts, and senses we can consciously awaken to the magic of the wild, the rhythms of nature, and the profound feminine wisdom of the Earth. We can connect with nature spirits who have deep compassion and love for us, offering their guidance and support as we each make our journey through life. Renowned

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shamanic teachers Sandra Ingerman and Llyn Roberts explain how anyone can access the spirit of nature whether through animals, plants, trees, or insects, or through other nature beings such as Mist or Sand. They share transformative wisdom teachings from their own conversations with nature spirits, such as Snowy Owl, Snake, Blackberry, Mushroom, and Glacial Silt, revealing powerful lessons about the feminine qualities of nature and about the reader's role in the healing of the Earth. They provide a wealth of experiential practices that allow each of us to connect with the creative power of nature. Full of rich imagery, these approaches can be used in a backyard, in the wilderness, in a city park, or even purely through imagination, allowing anyone to communicate with and seek guidance from nature beings no matter where you live. By communing and musing with nature, we learn how to speak to the spirit that lives in all things, bringing balance to us and the planet. By tapping into the feminine wisdom of the Earth, we evoke a deep sense of belonging with the natural world and cultivate our inner landscape, planting the seeds for harmony and a natural state of joy.

Awaken To Your Truth

Nisargadatta Maharaj's life was a wonderful example of modern-day sage who lived the simple life of a shopkeeper and family man, yet taught from the highest perspective of nondual realization. Maharaj's books and teachings are very popular among Western seekers because of their great clarity and direct approach to spiritual awakening. Awaken to the Eternal contains all of the available footage for Nisargadatta Maharaj. The essence of his teachings are clearly presented and several people who had an opportunity to be with him discuss the impact of his

presence and teachings in their lives. Included are interviews with Jack Kornfield, Jean Dunn, Stephen Wolinsky, and Robert Powell.

Awaken Your Divine Intuition

Ancient reverence for the mystery and magic of menstruation has been replaced by silence, ignorance, and PMS jokes. Breaking the silence of the menstruation taboo, here is a pioneering and liberating exploration of the "M" in PMS. The powerful stories of three very different women help women recognize the power of their periods.

The Code

Hell realms, gods, and hungry ghosts—these are just a few of the images on the Buddhist wheel of life. In *Awakening from the Daydream*, discover how these ancient symbols are still relevant to our modern life. In *Awakening from the Daydream*, meditation teacher David Nichtern reimagines the ancient Buddhist allegory of the Wheel of Life. Famously painted at the entryway to Buddhist monasteries, the Wheel of Life encapsulates the entirety of the human situation. In the image of the Wheel we find a teaching about how to make sense of life and how to find peace within an uncertain world. Nichtern writes with clarity and humor, speaking to our contemporary society and its concerns and providing simple practical steps for building a mindful, compassionate, and liberating approach to living.

Awaken Your Senses

Take An Authentic Look Within Yourself When the Divine Feminine instructed Sue Patton Thoele to "pour water on my women," Thoele set about writing a book to provide women with spiritual sustenance for every area of their lives. The Woman's Book of Spirit is Thoele's take on what it's like to have the best intentions in the world and blow it—and not just once. It's a book that asks us to meditate on a series of anecdotes and stories that touch on intimate portrayals of everyday living, from knowing how to receive love to handling grief. Nourishment for the soul's journey. Each daily reflection in this book evokes a nourishing and motivational sense of self that empowers and heals, so that you may move forward in your journey. The Woman's Book of Spirit: Is written in a series of short meditations that allows you to connect more deeply to yourself Contains the meaning behind "the Sacred Feminine Voice" that teaches you how to heal your wounds Includes quotes from distinguished women to revitalize your heart If you felt empowered by books like Journey to the Heart, The Confident Woman Devotional, or The Gifts of Imperfection, then you will find The Woman's Book of Spirit to be a new guide to spiritual living.

The Grace in Aging

This is the time for laying the foundation of wisdom within your own consciousness. To become aware of the wise self within, to nurture it until it grows into a tree of strength that will provide

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fruit not only for you, but will help to inspire all those you come into contact with everyday. Gaining in knowledge about your own role and understanding your relationship with God will enable you to do the things that you need to do, so that a wiser civilization, and a new and better world, can be created. Today is the time to start receiving these treasures from God.

Sacred Powers

Vision and motivation to become the leader God intends you to be-- whether you're leading your family, church, coworkers, or a Fortune 500 company. You're a leader! In fact, every time you try to get someone to do something you want done, you're exercising leadership. This eBook will help you discover from Jesus how to lead more effectively as you understand the character traits and practical skills of a true leader. A discussion guide in the back of the book will help you integrate the principles into your life as you allow Jesus to help you learn how to cultivate and cast a vision, make wise decisions, build a team, harness opposing forces, facilitate innovation, and put others first.

Awaken to the Eternal

Learn to use your later years for awakening and spiritual growth. Encouraging, inspiring, and practical, *The Grace in Aging* invites all those who have ever experienced spiritual longing to awaken in their twilight years. Since aging, in and of itself, does not lead to spiritual maturity,

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The Grace in Aging suggests and explores causes and conditions that we can create in our lives, just as we are living them, to allow awakening to unfold -- transforming the predictable sufferings of aging into profound opportunities for growth in clarity, love, compassion, and peace. Kathleen Dowling Singh streamlines vast and complex teachings into skillful means and wise views. Straightforward language and piercing questions bring Singh's teachings into the sharp focus of our own lives; the contemplative nature of each chapter allows for an uncommon depth of inquiry. Examples from our lives and from the chatter in our own minds touch the reader personally, offering the chance to absorb the implications deeply and do the work of freeing his or her own mind. Ecumenical in spirit, tone, and language, Singh offers wisdom from teachers from a variety of spiritual backgrounds: Thich Nhat Hanh, the Apostles, Annie Dillard, and more. Lessening our attachments, decreasing our aversions, unbinding what binds us, we bear witness to the possibility of awakening for all beings. The Grace in Aging offers guidelines for older individuals of any wisdom tradition who wish to awaken before they die; no need for caves or seven-year retreats. This is spiritual practice for the lives we live.

Sophia Rising

'The Wisdom Keepers Inner Guidebook' welcomes you into the gaze of the 64 Faces of Awakening, each here to recognize your worth, reflect your beauty and love you unconditionally. The Wisdom Keepers share their teachings through intimate stories, contemplative questions and practical suggestions for how to access your wisdom, open to your gifts and fulfill your potential. 'The Wisdom Keepers Inner Guidebook' is best used with its

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companion, the magical 'Wisdom Keepers Oracle Deck' (available on the wisdomkeepers.net website). Both are empowering tools of self-acceptance, understanding and healing. Rosy has joined her 64 Faces of Awakening with archetypal themes and concepts found in the 64 hexagrams of the I Ching and explored in Richard Rudd's profound visionary book, The Gene Keys.

Awakening the Ancient Power of Snake

When life presents you with a critical crossroads, which way do you turn? Award-winning author of Secrets of Meditation and destressing, meditation teacher, and stress management expert davidji offers his five time-tested secrets to awakening transformation so you can ground yourself, gain clarity, make life-affirming decisions, step into your power, own your impact, and soar! The wisdom of nature teaches us that we are never stuck—even if it feels we have strayed far from the path that we had envisioned. This moment is a defining moment. This is the time we can make the most powerful decision of our life. We can plant the seeds of a new direction and use our thoughts, words, and actions to ripple them into a magnificent journey back to wholeness and ultimately our dream life! davidji is an internationally recognized stress-management expert, corporate trainer, meditation teacher, certified Vedic Master, and author of destressing and Secrets of Meditation. After a 20-year career in business, finance, and mergers and acquisitions, davidji began a new journey to wholeness through meditation. He apprenticed under Drs. Deepak Chopra and David Simon, serving as the Chopra Center COO, Lead Educator, and the first Dean of Chopra Center University. He lives in Carlsbad,

CA, and you can visit him online at davidji.com.

Reclaiming Your Body

Daily dharma teachings on compassion, wisdom, mindfulness, and joy--ideal for creating moments of peace and reflection in our chaotic world. Awaken Every Day shares a quick dose of everyday wisdom, encouraging us to understand the true causes of our suffering and the paths to freedom. These insightful reflections help us understand our minds, our connections to our communities, and how to become the people we aspire to be.

Awaken Every Day

Tools to awaken the creative powers of the womb • Contains exercises to open the womb's energetic pathways, release toxic emotions, and harness creative potential • Reveals how the womb's energies are crucial for the spiritual shift of 2012: birthing a new civilization • Shows how the awakened womb can also bring about male spiritual transformation In the past and in present-day indigenous traditions, women have known that the womb houses the greatest power a woman possesses: the power to create on all levels. Utilized in the process of giving birth, this power of creation can also be tapped in the birth of projects, careers, personal healing, spirituality, and relationships. However, because the womb stores the energetic imprint of every intimate encounter--loving or not--the creative voice of the womb is often

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muffled or absent altogether, affecting the emotional, mental, and spiritual health of women and their relationships. Drawing on sacred traditions from ancient India, Tibet, Egypt, Gnostic Christianity, and Judaism, the practice of Womb Wisdom empowers women to become aware of the intuitive voice of the womb outside of pregnancy and the moon cycle to unlock this potent inner source for creativity, birthing the new conscious children, spiritual growth, and transformation not only for themselves but also for their male partners. The authors include exercises to clear the past, release toxic emotions, open the womb's energetic pathways, activate the sacred sensual self, bring balance to relationships, and harness creative potential. Including intimate, individual stories of women experiencing the opening of the womb, this book also explores the forgotten sacred sites of the womb around the world as well as how the womb's energies are crucial to birth a new civilization in the spiritual shift of 2012.

Her Blood is Gold

Finding Wisdom in East Asian Classics

Guidance for everyday living through the wisdom of our dreams through the expansion of consciousness, acquire deeper and higher knowledge of oneself and understanding the language of symbol. Be spiritually guided and awakened.

A Course of Sermons, adapted to awaken the soul, and conduct it, through a state of grace, to the state of glory

'Awaken the Financial Genius in you Rebuilt' is the second book in the Awaken Series by Tonny Rutakirwa, published by Tonniez Publishing Press on 25th March 2012. A new book release every birthday!

The Power of Awakening

If you feel like you've been stuck repeating the same problems over and over or lost in endless distraction, don't worry. That may just be a signal that it's time for you to embark on an exciting new path of self-evolution. Reflect taps into your unique human capacity for accessing meaning, presence and wisdom in 108 inspiring, affirming, and illuminating reflections. You'll journal, reflect, and practice, to discover the wonder and stillness of presence that exist for you, not tomorrow, but in this next awakening moment.

The Spontaneous Healing of Belief

Sophia is the incarnation of wisdom, personified eloquently by the writer of the Wisdom of Solomon. Some see Sophia as a deity in her own right; others see her as representing the Bride of Christ (Revelation 19), others as a feminine aspect of God representing wisdom

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(Proverbs 8 and 9), and still others as a theological concept regarding the wisdom of God. Author and yogini Monette Chilson invites readers to revel in the mystery that surrounds her as they learn how to use yoga to access the divine within. Yoga and meditation practices allow us to begin to hear Sophia's voice.

Awaken Your Inner Wisdom

Rediscover the lost ancient mystery teachings of the Cosmic Womb • Explains how each of us has a holographic blueprint of the Womb of Creation, our spiritual Womb • Offers practices to help awaken your spiritual Womb, experience the Womb of God within, and activate the Womb's sacred magic of creation and manifestation • Looks at the power of the moon and its connection to sacred Womb Consciousness • Explores how the lost Womb mystery teachings were encoded in folk and fairy tales, the legends of the Holy Grail, and the traditions of Mary Magdalene and Sophia • Includes access to three guided Womb Awakening audio journeys

The Ancients lived by a feminine cosmology of creation, where everything was birthed and dissolved through a sacred universal Womb. Within each of us, whether female or male, lies a holographic blueprint of this Womb of Creation, connecting us to the Web of Life. By awakening your spiritual Womb, the holy of holies within the temple of your body, you can reconnect to the transformative energy of Womb Consciousness and reclaim your sacred powers of creation and love. Drawing on mythical and spiritual traditions from almost every culture, Dr. Azra and Seren Bertrand reconstruct the moon-based feminine mystery teachings of a lost global Womb religion, tracing the tradition all the way back to the Neanderthals and

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beyond. They explore how these teachings were encoded in the symbolism of folk and fairy tales; the legends of the Holy Grail; the traditions of Mary Magdalene and Sophia; the maiden, queen, and crone archetypes; and the teachings of alchemy and the chakras. They show how sages and shamans across the globe all secretly spoke of the Cosmic Womb and the sacred creative powers of Moon Blood. The authors look at the power of the Moon and its connection to sacred Womb Consciousness, offering meditations and practices to help awaken your spiritual Womb and activate its sacred magic of creation and manifestation. They explain how to activate the energetic gateways of the Womb and merge the heart and Womb to make sexual union the highest sacrament of love. Revealing how we must reconnect with the Divine Feminine to rebirth the Divine Masculine and restore balance to our world, they show how, as we reawaken the powerful ancient path of the Womb Mysteries, we help return our world to harmony with the wild, untamed creative flows and cyclical rhythms of the cosmos.

Awaken the Financial Genius in You Rebuilt

Three years after Linda Noble Topf was diagnosed with MS, she had only a minimal understanding of the ways MS would affect her body, brain, and ability to function. After experiencing the gamut of emotions that took her from the darkness of grief to the light of hope, Topf made a conscious choice not to wallow in misery but instead to embrace life. In her self-help guidebook, Topf shatters notions about life in a wheelchair and offers practical, inspirational tools for living a life full of possibilities, regardless of the challenges one faces. Throughout her career as spiritual counselor and educator, Topf has helped thousands

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acknowledge and work within their fears, celebrate freedom, recognize self-worth, and find peace of mind. Through her personal stories, innovative concepts, and exercises, she provides encouragement and real-life wisdom that will free anyone from perceived limitations and worn-out beliefs and help lead the way to: Finding the true self and awakening the spirit within Exploring life-affirming thoughts and conquering fears Redefining success and confidence Experiencing life with grace and gratitude Living in the present Wheelchair Wisdom offers illuminating steps that introduce a new vision of possibility and gratitude that allows anyone facing adversity to move forward on a path of fulfillment, peace, and self-love. Linda Noble Topf has had MS since 1981 and is an advocate for disability rights. As an ordained minister, wellness coach, professional speaker, and author, she assists others in seeing how chronic illness—or any adversity—can be viewed as an opportunity for personal growth. Linda's first book, *You Are Not Your Illness: Seven Principles for Meeting the Challenge*, was published by Simon & Schuster in 1995.

The Woman's Book of Spirit

The book is about awakening your inner wisdom, inner power, inner beauty and your inner Self. Living a fulfilling life is a skill that requires both practice and understanding. This book provides both. It can be used for inspiration, or as an instruction handbook. It contains several meditation and other practices for self improvement. It is a very comprehensive manual for Self realization. This book is must for any sincere for spiritual development. It can be read countless times for added insight. You may also enjoy reading this book if you really want to

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explore the full potential of your inner strength. It offers a very down-to-earth approach to understanding, in detail and simple language. For those who are truly interested to attain spiritual freedom and fulfillment in every sphere of life, this book is a practical and personal guidebook.

Morning Meditations

A book of spiritual teachings from international best-selling author and beloved inspirational speaker Dr. Wayne W. Dyer. This book restructures content from audio lectures of Wayne's from the 1990s and 2000s, offering a fresh take on mindfulness and enlightenment. Beloved spiritual teacher Dr. Wayne W. Dyer often shared his thoughts on the path and practice of enlightenment during his writings and presentations. He'd say, "This is not about self-help. It's about self-realization, which is way beyond self-help." In this book, which collects some of his timeless words of wisdom in a new format, the internationally renowned speaker and author offers spiritual tools to transcend your current circumstances and old patterns in order to reach true fulfillment. He will show you how to become genuinely awake, aware of the power you have within to shift your thought processes, release attachments, and tame your ego--to name just a few topics covered in these pages. Wayne will help you understand what an illusion much of life is, so you can see the big picture and spark deep transformation (that is, "the ability to go beyond your form"), resulting in peace and harmony in all areas of your life. He will also take you through the stages of enlightenment, and instruct you in mindfulness practices such as visualization and meditation, ultimately helping you reach a higher consciousness.

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Indeed, as a result of reading this book, you'll feel as if you are absolutely living in the light, in tune with the magnificence of the Universe . . . and yourself.

Awaken Your Divine Intuition

A guided tour through the body's innate healing powers Many of us have learned to ignore, deny, or even mistrust the wise messages our bodies give us. The result is that when trauma strikes, a time when we need every aspect of our beings to master the challenge, we may find ourselves disconnected from our greatest strengths. Suzanne Scurlock-Durana, who has spent thirty years studying the gifts of the body and teaching thousands how to reclaim them, began to recognize this strength, which she likens to a GPS, when she herself experienced a life-threatening trauma. Here she walks readers through different areas of the body, revealing the wisdom they hold and how to reconnect with that wisdom. As she shows in this warm, compassionate book, the body's abilities are always available; we must simply reconnect with them.

Wheelchair Wisdom

Do you ever wish you could take a moment from your busy day to reflect on life's larger questions? Do you wonder how you could experience your relationships differently? Or how to prioritize your goals? It can be challenging to reflect on our own experiences, to lean on the

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wisdom of others, and to draw inspiration from the world around us. Now you can . . . without a big commitment of time. *Morning Meditations* is filled with more than 150 bite-sized entries about some of life's most important questions about the nature of change, stress, mindfulness, gratitude, relationships, self-esteem, and health. Carefully curated from the writings of some of the world's leading mental health practitioners, the passages offer insight and comfort, as well as prompts for further thought. Whether you read one entry each morning, or pick it up as needed, *Morning Meditations* offers expert life advice--all in the convenience of a pocket-sized book.

Reflect

Writing to Awaken is an inspirational investigation of the self through expressive writing, guiding you along the path of awakening through radical truth-telling and self-inquiry. With targeted and revelatory questions, you'll be prompted to explore your own personal narrative—to write honestly about your deepest wounds, greatest challenges, hidden gifts, yearnings, and opportunities for growth—in order to discover a deeply authentic understanding of yourself and move toward a more liberated, truthful life. We each have our own story, a personal myth constructed from the content life presents us: we connect dots to shape the narrative, devise plotlines from circumstance, change characters, fashion conflicts, and adjust structure, settings, and themes as our lives unfold. But so often, over time, we come to believe that we are our story, identifying so strongly with the tales we've told ourselves and others that we cling to them for our very existence—even when they don't quite fit. The realization that

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there's a discrepancy between the narrative you've crafted and your authentic self can be disconcerting at first, but the exploration of that gap is a doorway to personal freedom, and this book will lead you through it. The writing exercises in this guide, one for nearly every week of the year, ask you to tell the whole truth about your experience. In doing so, you'll come to realize that once you engage in this radical truth-telling, expressing yourself with complete honesty, your story changes; and when your story changes, your life is transformed. Rather than sticking with your illusive and tricky "Story of Me," you'll be prompted to go even deeper, piercing your personal myth and illuminating aspects of psyche and spirit that give way to profound moments of understanding and personal healing. This is not a how-to book for writers; it's an invitation on a journey of self-discovery—a guide to facing yourself without flinching, accepting yourself as you are, surrendering to what is, and daring to question and transform what isn't true. With *Writing to Awaken*, you'll learn how to break free from the trance of mistaken identity and discover your essential, authentic self.

Writing to Awaken

Speaking with Nature

Perhaps you've been missing out. God has given us five senses and a brain with two sides. Yet we often approach God in one way only: through words that are analyzed and processed

logically in our left brain. The right brain, however, is the creative, intuitive center--the place that connects most to our seeing, smelling, touching, tasting and hearing, and that roots experiences in our hearts in transforming ways. In *Awaken Your Senses*, longtime ministers Beth Booram and Brent Bill invite you to engage your right brain in your faith through sensory spiritual practices that position your heart for divine encounter. Readings and a variety of exercises that utilize your whole body lead you to experience God in new ways by tasting chocolate, words, matzoh, Scripture, forgiveness seeing the moon, wisdom, art, glory, your best self touching others, stones, prayers, rubble, Jesus hearing silence, music, pain, footsteps, the Spirit, the news smelling gardenias, life, salty air, home, healing oil, coffee Teaching you to pay attention in love to your surroundings, Booram and Bill will help you open your eyes and ears and nose to a sensuous faith--one in which God can be experienced each day as we live and move and have our being. So whether you're weary, stuck, struggling, growing or on information-overload, the exercises and reflections offered here can bring refreshment--a cold drink of water, a gentle breeze--to your soul. Come experience God with all of who you are, and discover more of who he is.

Awakening Inner Guru

What would it mean to discover that everything from the DNA of life, to the future of our world, is based upon a simple Reality Code—one that we can change and upgrade by choice? New revelations in physics and biology suggest that we're about to find out! A growing body of scientific evidence suggests that our universe works like a Consciousness Computer. Rather

than the number codes of typical software, our Consciousness Computer uses a language that we all have, yet are only beginning to understand. Life's reality code is based in the language of human emotion and focused belief. Knowing that belief is our reality-maker, the way we think of ourselves and our world is now more important than ever! For us to change the beliefs that have led to war, disease, and the failed careers and relationships of our past we need a reason to see things differently. Our ancestors used miracles to change what they believed. Today we use science. The Spontaneous Healing of Belief offers us both: the miracles that open the door to a powerful new way of seeing the world, and the science that tells us why the miracles are possible, revealing: why we are not limited by the "laws" of physics and biology as we know them today. Once we become aware of the paradigm-shattering discoveries and true-life miracles, we must think of ourselves differently. And that difference is where the spontaneous healing of belief begins.

Awakening from the Daydream

The Book of Awakening, a cult favorite since its original publication in 2000, catapulted to fame in 2010 after it was chosen as one of Oprah Winfrey's favorite things. This gift edition with sewn binding and a ribbon marker reflects the book's odyssey as a well-beloved daily companion. Mark Nepo wrote the book more than a decade ago, in response to his journey through cancer a decade before that. That experience led him to create a day book not only for people going through life-threatening situations but for everyone. Nepo calls it, "a book to help people meet their days and inhabit their lives. I had a commitment to create a book that could

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serve up inner food, that could be turned to as a spiritual first aid kit." That this book continued to find its readers affirms its quality as a life affirming companion. Again, in Nepo's words, "I think it confirms the yearning of people everywhere for meaningful and humble work that invites readers on a journey together. The premise of the book is that people everywhere have a wisdom of their own and the book is there to guide them to their own wisdom." The Book of Awakening is a modern classic, speaking to the hearts of hundreds of thousands of readers. It's a daily guide for living in hard times and good times, all the time reminding us that the life we're living is the life we have. Lived authentically it can and does become the life we want. This hardcover edition features a ribbon marker and a subject index that allows the reader to search for quotes and inspiration pertinent to his or her life not only by day but my category.

Womb Awakening

A healthy and united America--perhaps a country more united than it has ever been--is truly possible, and it starts with us. John Kingston draws on wisdom from history, science, faith, and culture, along with his own experiences, to offer eight principles for discovering purpose, meaning, and true community. We live in the greatest peace and prosperity that the world has ever known, but Americans are feeling more division, isolation, depression, and despair than ever before. These are issues of the soul. We seem unable to find purpose and meaning. We can't find "the life that is truly life"--a vibrant and purpose-filled way of living best experienced together. From his youth, Kingston has always carried a vision for a free and united America. With an approachable and conversational style, as well as a dash of humor, Kingston draws on

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a diverse and compelling collection of wisdom--the parables of the Bible and the philosophy of Aristotle, the legacy of Nelson Mandela and the speeches of Abraham Lincoln, the songs of Bruce Springsteen and current studies from the best neuro and social scientists today--to remind us that there is no "them," there is only us, and we're in this together. In *American Awakening*, Kingston offers eight timeless principles for breaking through this darkness and despair and cultivating a radical togetherness, both here in this country and around the globe. You'll discover the profound impact of: In-person connection Making more from less Discovering purpose Redeeming adversity Responding instead of reacting Finding your unique sense of belonging Wherever you find yourself politically or spiritually, a healthy and united America starts with you. Join the Awakening movement and let's rediscover who we are--together.

Awaken the Leader Within

Deep within the heart of every soul is the desire to experience and communicate directly with Spirit. The divine presence is not the exclusive property of great saints, sages, or holy men. Everyone is worthy to receive the blessings of Spirit. In this profound, practical, transformational book, you will learn proven techniques to open your heart, mind, and spirit to the riches of inner divine contact. You will open the pipeline to the divine and begin the flow of inner guidance, love, healing, wisdom, and inspiration from your center of being. You will awaken the still, small voice within, go directly to Spirit without a middleman, and experience higher consciousness. Awaken Your Divine Intuition, along with the included link to an online

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meditation, will help you: Tap into your ‘in-house counselor,’ your inner guidance and inner genius. Receive unique signals that identify specific aspects of inner divinity. Get divine messages and inner guidance and test whether they are real. Awaken your clairvoyant, clairaudient, and clairsentient gifts. Experience radiant light, supernal love, and spiritual grace. Heal ego blockages that have inhibited your intuition. Experience the divine presence anytime you want. Never be alone again.

The Book of Awakening

Rev. ed. of: How to hear the voice of God. c2008.

Awakening the Buddha Within

This is the time for laying the foundation of wisdom within your own consciousness. To become aware of the wise self within, to nurture it until it grows into a tree of strength that will provide fruit not only for you, but will help to inspire all those you come into contact with everyday. Gaining in knowledge about your own role and understanding your relationship with God will enable you to do the things that you need to do, so that a wiser civilization, and a new and better world, can be created. Today is the time to start receiving these treasures from God.

The Wisdom Keepers Inner Guidebook

Read Book Awaken To The Wisdom Of Your Dreams Mirrors In The River

Stories to guide you to success Awaken the hidden wisdom of your heart Live free of the seven deadly behavioral attributes that threaten to disrupt our lives! We can resolve most problems by applying the wisdom of our heart; all we have to do is listen carefully. However, in practice, a range of detrimental yet common attributes that we experience in large doses prevent us from listening to our inner voice. In *The Code*, author Mukta Mahajani identifies these negative attributes as the Ego, Over-Competitiveness, Jealousy, Overexpectations, Overambition, Anger and Procrastination. These attributes flare up when we face challenging situations. We explode when the world does not go our way and our relationships with others suffer as a result. Based on meaningful quotes from world leaders and revered religious texts, this book weaves short stories about the impact of these attributes. These narratives are designed to help us reset our mindset and resolve the issues we face in our day-to-day life. They help us understand that we have the inherent power to make the right choice at all times. Mukta Mahajani is an author and international speaker on Alternate Dispute Resolution methods with degrees in psychology, anthropology and law. In a career spanning over 20 years, Mukta has worked with the World Bank Group where her research has been published, and also guest lectured at New York City Bar Association, Mumbai University, ICADR Hyderabad and IIT Bombay among other institutions.

The 64 Faces of Awakening Coloring Book

“A fascinating ‘herstory’ of the Divine Feminine, rich in heart, depth and wisdom . . . an empowering message of hope and inspiration.” —Katherine Woodward Thomas, New York

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Times—bestselling author At the dawn of religion, God was a Woman. The Divine Feminine is known by innumerable names and symbol-rich manifestations across the world's cultures. Throughout the ages the Goddess has been honored and worshiped as the Virgin Mary, Isis, Inanna, Asherah, Diana, Kuan Yin, Kali, Oshun, Athena, Pele, Sarasvati, Demeter, and White Buffalo Calf Woman, to mention just a few. Goddess Power takes you on a fascinating and, at times, surprising journey into the enduring essence of the Divine Feminine. Inside this book you will learn:

- How the Goddess path offers an empowering message and inspiration
- The importance of re-establishing a healthy balance and integration of both the “masculine” and the “feminine” archetypes
- That the notion of God as archetypal “Sky-Father” is fairly recent in Western culture
- Why the wisdom of the Goddess/Sacred Feminine has been ignored, distorted, and oppressed for centuries
- How archetypes, mythic narratives, and qualities of Goddesses are alive within you and how they reveal intimate truths about yourself and others
- How Goddesses can serve as empowering guides in your personal and professional life
- Why especially black Goddesses/dark-skinned Mothers (e.g., Kali or Black Madonna) are a powerful symbol and catalyst for change in our times, both individually and collectively
- And much, much more!

“An empowering message and inspiration that can be drawn from the Goddess so humanity might evolve toward higher awareness.” —Karen Tate, author of *Walking an Ancient Path and Goddess 2.0*

Awaken to the Wisdom of Your Dreams

'The 64 Faces of Awakening Coloring Book' welcomes you into the gaze of the Wisdom

Read Book Awaken To The Wisdom Of Your Dreams Mirrors In The River

Keepers. This is not your ordinary coloring book. Page by page, you have the unique opportunity to welcome a beautiful, healing and transformative relationship into your life. The Wisdom Keepers are here to capture your imagination, awaken your gifts and leave you feeling seen, cherished and supported. Relax into their restorative, loving and compassionate presence. Would you like to send pictures of your own colored-in Wisdom Keepers to Rosy? She'd love to share some of these creative, playful expressions as an inspiration to others via the 64faces.com FB page and Instagram. Please send all pictures to: rosy@64faces.com And visit: 64faces on Instagram

Awaken Your Inner Wisdom

A look at the mythic, archetypal, and transformational aspects of Snake • Explores how and why Snake was transformed from esteemed advisor and guardian of ancient wisdom to a symbol of deception and evil • Examines Snake's healing powers, its role in awakening kundalini, and its connections to dreams, shamanism, alchemy, and the Goddess • Shares transformational stories and practical ways that Snake can help us travel through the imaginal realm, gather treasure from the psyche, and shed outgrown aspects of self Entwined with human consciousness since prehistoric times, Snake has always been associated with transformation--from the shedding of its skin to the rising of kundalini energy. In ancient times, Snake served as protector and advisor to gods, goddesses, and royalty. But with the story of Adam and Eve, Snake became the enemy--a tempter and deceiver. How did this happen and why do humans continue to fear and vilify Snake? Inspired by a vivid dream of an immense

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snake that lost its tail, animal communicator Dawn Baumann Brunke investigates the interwoven history of Snake and humanity and explores how we can once again access Snake's wisdom and harness its powerful ability to heal, transform, and awaken. Uncovering ties between Snake and Goddess, the author demonstrates how both were systematically suppressed millennia ago with the spread of a patriarchal perspective that valued mastery over nature, God over Goddess. Brunke reveals how myths that originally extolled the virtues of Snake and Goddess were refashioned, recreating their images as debased and untrustworthy. She explores why snakes show up in shamanic journeys and transformational dreams and how their unique presence in our world can serve as catalysts of change, truth-telling, and enlightenment. Examining Snake's role in awakening human consciousness, Brunke considers the alchemical role of the serpent as well as Snake's connections to ancient healing, modern medicine, and even the DNA molecule. She shares psycho-activating stories to help trigger transformation and provide graceful movement through the chaos of change. And she offers practical techniques to journey with Snake through inner worlds, to shed confining aspects of self, and to integrate experiences more holistically. Brunke shows how we need to re-embrace the ancient power of Snake to better support our return to a more balanced consciousness--one that reunites nature with spirit, sacred masculine with sacred feminine--as we strive for global change and personal awakening.

How to Awaken Your True Potential

Are you ready to discover the hidden resources of joy, love, and power within you?

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Paramhansa Yogananda, one of the best-loved spiritual teachers of modern times, offers step-by-step guidance to help you awaken your potential and to prepare you for the inner journey of awakening. You will discover the untold power that lies within, and learn how to take steps daily to live life with greater joy and meaning.

The Love of Religious Perfection, Or, How to Awaken, Increase, and Preserve it in the Religious Soul

Drawing on three decades of learning from the spiritual masters of Asia, an American lama illuminates the sacred wisdom and practices of Buddhism and shows readers how to integrate them into their lives, relationships, and careers. Reprint. \$50,000 ad/promo. Tour.

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