

Atlas Of Chinese Tongue Diagnosis 2nd Edition

Diagnosis in Chinese Medicine Pocket Atlas of Pulse Diagnosis Traditional Chinese Medicine Diagnosis Study Guide Acupuncture in the Treatment of Children Modern Tongue Diagnostics in Chinese Medicine Atlas of Chinese Tongue Diagnosis Tongue Diagnosis in Chinese Medicine The Yellow Emperor's Classic of Medicine Chinese Nutrition Therapy Gray's Atlas of Anatomy E-Book Ear Acupuncture Chinese Natural Cures Healing Your Eyes with Chinese Medicine The China Study The Clinical Practice of Chinese Medicine The Tao of Healthy Eating Pocket Atlas of Oral Diseases Pocket Atlas of Chinese Medicine Atlas of Blood and Qi Disorders in Chinese Medicine Practical Atlas of Tung's Acupuncture Pocket Atlas of Tongue Diagnosis Dao of Chinese Medicine Differential Diagnosis in Dermatology Handbook of Contemporary Chinese Pulse Diagnosis Atlas of Clinical Diagnosis????? Practical Diagnosis in Traditional Chinese Medicine Acupuncture Diagnostic Methods & Point Selection The Secret of Chinese Pulse Diagnosis A Manual of Acupuncture Color Atlas of Oral Diseases Nuclear Medicine in Clinical Diagnosis and Treatment Pulse Diagnosis Color Atlas of Oral and Maxillofacial Diseases - E-Book Atlas of Acupuncture Atlas of Tongue Diagnosis Gold Mirrors and Tongue Reflections Tongue Image Analysis Simply Natural Baby Food Fundamentals of Chinese Fingernail Image Diagnosis (FID)

Diagnosis in Chinese Medicine

This book is a comprehensive introduction to the fundamentals of Chinese Fingernail Image Diagnosis (FID), a non-invasive clinical examination which can assess an individual's state of health. FID can be used as an auxiliary diagnostic method to provide diagnostic clues and proper guidance for treatment. One great strength of this method is its non-invasive nature. Formed by blood and Qi between the nail bed and nail plate, the fingernail image can be used to observe pathological changes within the body. This book equips readers with the knowledge needed to analyse fingernail images and assess them for diagnostic purposes. Covering the origins of Fingernail Image Diagnosis, methods of examination and the practical application of FID for assisting diagnosis in a wide range of common disorders, the authors provide a complete guide to FID, with illustrations, visuals and detailed case examples. This practical quick reference guide and introduction to FID will be useful for anyone interested in diagnostic techniques, especially those working in the fields of Chinese Medicine, integrative medicine and alternative healthcare.

Pocket Atlas of Pulse Diagnosis

Pulse diagnosis is a subtle yet highly effective instrument used in Chinese medicine for the diagnosis and prevention of disease. The method set forth in this book is unsurpassed in obtaining the greatest amount of physical and psychological information about an individual. Although based on traditional methods, it is contemporary because it recognizes that pulse diagnosis must continue to develop over time. In the hands of master pulse diagnostician Dr. John Shen, his apprentice Dr. Leon Hammer, and their students, it has evolved in recent decades to better reflect modern times and lifestyles. This handbook summarizes the key elements of Chinese Pulse Diagnosis: A Contemporary Approach in a portable edition. It is the result of the very hard work, by many practitioners, of extracting the essentials from each area of this subject. The present volume offers a clear and practical path toward a better understanding of traditional pulse diagnosis, while recasting its interpretation in the context of our own times. The book is organized in eighteen chapters. The early chapters consider such

general issues as terminology, classification of pulse qualities, historical comparisons of positions and depths, and a methodology for taking the pulse. The middle chapters provide an in-depth look at each of the individual pulse qualities, identified by felt sensation based on such characteristics as rate and rhythm, stability, volume, depth, size, and shape. The types of pathology associated with each of the qualities are also discussed. Later chapters examine the significance of the qualities when found across the entire pulse, or large segments of the pulse, and at different depths. The relationship of the pulse qualities to psychology and prognosis are addressed in separate chapters. The final chapters on interpretation and case histories draw everything together to show how this information can be formulated into a rational diagnosis. Key information in the book is organized and richly illustrated in over a hundred tables and graphic drawings. There is also a glossary of special terms, bibliography, and full index to the contents.

Traditional Chinese Medicine Diagnosis Study Guide

This book is organized around the 'four pillars' of TCM diagnosis: inspection, inquiry, listening and smelling, and palpation. In this text, each aspect is explained in a clear and systematic manner, with generous use of tables and illustrations. This is followed by a series of review questions for deeper understanding. A comprehensive self-examination consisting of 200 multiple choice questions, with a separate key to the answers, tests the reader's understanding of the important points of each aspect of diagnosis. These questions, many of which are presented in case study format, will help students prepare for the board exams.

Acupuncture in the Treatment of Children

The Pocket Atlas of Pulse Diagnosis unravels the mystery of pulse diagnosis. Detailed explanations of the 28 individual pulses are presented, along with simple diagrams that vividly illustrate how the different pulses should "feel" like under the fingers at each level of palpation. Useful comparisons of the different pulses are also included to aid the reader in understanding how to differentiate between the many types of pulses.

Modern Tongue Diagnostics in Chinese Medicine

In Chinese medicine, qi and blood are the most fundamental elements of the human body, and disorders affecting either of them can give rise to a variety of conditions. Dysfunctions or abnormalities of the channels, collaterals, and the various tissues and organs of the body are all related to changes in the qi and blood. Understanding and treating these disorders is therefore very important in clinical practice. Atlas of Blood and Qi Disorders in Chinese Medicine provides over a hundred vivid photographic examples of blood and qi disorders drawn from actual clinical practice along with a discussion of associated clinical manifestations, diagnostic procedures, and treatment principles and methods. Individual chapters are devoted to patterns of qi deficiency, blood deficiency, hot and cold blood, blood stasis, and bleeding as well as the tongue signs related to these disorders. The book also discusses associated eight parameter and organ theory, with many helpful summary tables at the end of each chapter.

Atlas of Chinese Tongue Diagnosis

Clinically focused, consistently and clearly illustrated, and logically organized, Gray's Atlas of Anatomy, the companion resource to the popular Gray's Anatomy for Students, presents a

vivid, visual depiction of anatomical structures. Stunning illustrations demonstrate the correlation of structures with clinical images and surface anatomy - essential for proper identification in the dissection lab and successful preparation for course exams. Build on your existing anatomy knowledge with structures presented from a superficial to deep orientation, representing a logical progression through the body. Identify the various anatomical structures of the body and better understand their relationships to each other with the visual guidance of nearly 1,000 exquisitely illustrated anatomical figures. Visualize the clinical correlation between anatomical structures and surface landmarks with surface anatomy photographs overlaid with anatomical drawings. Recognize anatomical structures as they present in practice through more than 270 clinical images - including laparoscopic, radiologic, surgical, ophthalmoscopic, otoscopic, and other clinical views - placed adjacent to anatomic artwork for side-by-side comparison. Gain a more complete understanding of the inguinal region in women through a brand-new, large-format illustration, as well as new imaging figures that reflect anatomy as viewed in the modern clinical setting. Evolve Instructor site with an image and video collection is available to instructors through their Elsevier sales rep or via request at <https://evolve.elsevier.com>.

Tongue Diagnosis in Chinese Medicine

Praise for the First Edition: This book is an excellent reference for acupuncturists. The illustrations are clear and anatomically precise. --acupuncture.com
Written by one of the world's leading experts on Western auriculotherapy, Ear Acupuncture -- now in a fully updated Second Edition -- provides readers with succinct descriptions of acupuncture points and practical advice on how to incorporate ear acupuncture treatment strategies and techniques into daily practice. Based on the work of auriculotherapy masters Nogier and Bahr, each practical two-page unit is comprised of concise text on the left-hand side supplemented by clearly labeled line drawings on the right. Localization points indicated in color depict each specific reflex zone. In cases where localization is particularly difficult, helpful enlargements of the region in question allow for easy identification. Features 360 high-quality drawings demonstrate key points and treatment options. Detailed coverage of nine new points, including the anger point, shen men point, super omega point, and more. Numerous cross-referenced indications tables allow quick access to needed information. This user-friendly guide is the ideal choice for students or teachers of acupuncture and pain management or for anyone involved in the practice of complementary medicine.

The Yellow Emperor's Classic of Medicine

This book contains over 150 easy, detailed recipes for infant and toddler foods. Whole, natural foods are used in these mostly vegetarian recipes. The few dishes containing fish or poultry specify vegetarian alternatives. No red meat, refined sugar, or refined flour is used in any recipe.

Chinese Nutrition Therapy

Introducing an essential new practical atlas for dental students and clinicians alike! The Color Atlas of Oral and Maxillofacial Diseases provides comprehensive, practical information on the most common oral and maxillofacial diseases and disorders. This new text uses a quick-access atlas format to help you easily look up clinical signs, diagnosis, and treatments. Nearly 750 high-quality images accompanied by brief narratives demonstrate exactly what clinical

signs to look for – making an intervention as timely as possible. Written by four of the top dental authorities in the world, this concise resource is sure to become a clinical favorite. NEW! Quick-access atlas format makes it easy to look up clinical signs, diagnosis, and treatment of oral and maxillofacial diseases NEW! Nearly 750 high-quality radiographs and color clinical photos facilitate the identification of lesions and diseases. NEW! Comprehensive, focused coverage highlight diseases that may affect the oral and maxillofacial regions. NEW! Full-color design and illustrations. NEW! Logical organization reflects the sequence in which content is generally presented to predoctoral students

Gray's Atlas of Anatomy E-Book

Tongue diagnosis is a vital instrument used in Chinese medicine both to assess the current health of a patient and to provide a basis for prognosis. It also informs the practitioner about the underlying strength or weakness of the patient's constitution. This new (2nd) edition of Atlas of Chinese Tongue Diagnosis contains over two hundred color photographs of tongues seen in a Western clinic. The photos provide a graphic representation of a wide variety of common disorders. Each photograph is accompanied by a description of the significant features of the tongue, the corresponding Chinese diagnosis for each feature, accompanying symptoms, Western diagnosis, and pertinent background information. The sequence of the photos within a chapter shows the increasing degree of imbalance among the body's energies. The presentation of the tongues is organized according to the nature of the underlying organ disharmony: Lungs, Spleen, Stomach, Kidney, Heart, Liver. Other chapters focus on particular aspects of the tongue such as pale tongues, cracked tongues, special coatings, as well as those associated with heat disorders and blood stasis. A final chapter surveys several cases that reflect how the tongue changed over the course of treatment, with before and after photographs. This systematic presentation provides the student and practitioner with a much deeper understanding of the methodology of tongue diagnosis in Chinese medicine. This second edition of the Atlas combines and reconfigures the content of the two volumes in the original edition into one new, integrated volume. The new edition retains most of the photos from the first volume and a number of case histories from the second. A few new photos that are particularly good examples of specific tongue colors or other signs have also been added. At the same time, some of the photos and case histories in the original volumes have been discarded to enhance the readability of the book and thus make it more useful as a single volume reference work. An extensive and detailed index provides access to virtually every aspect of the hundreds of tongues presented in this atlas, and their interrelationships.

Ear Acupuncture

Pediatrics has long been recognized as an important branch of traditional Chinese medicine, and there are many specialized texts in Chinese devoted to this topic. In its first two editions (1986, 1991), Acupuncture in the Treatment of Children became the leading English-language textbook in this field. In this broadly expanded third edition, the authors explore a number of new topics and revisit many of the old ones with fresh perspective. In addition to the thirty subjects covered in earlier editions are sixteen new chapters which examine a wide variety of topics, from basic childhood patterns, puberty and the stages of development, immunizations, and learning difficulties to hayfever, hyperactivity and attention deficit disorder, autism, Down's syndrome, cerebral palsy and infantile paralysis. There is a new outline of patterns commonly seen in children, and an extensive survey of pediatric symptoms and disorders that are treatable with acupuncture. The focus of this third edition is squarely on the problems of treating children in the Western clinic. New patterns that are unique to the lifestyles of children

in the West-and new wrinkles on old patterns-are presented candidly and with a refreshing lack of jargon. There are also many new case histories sprinkled throughout the text, bringing theory down to earth.

Chinese Natural Cures

Paradigm Publications brings the medicine and healing of the Oriental tradition to English-speaking readers. Our work is based on the premise that the West will successfully absorb Oriental traditional healing arts only by honoring the respect for language, tradition, and nature on which they were founded. Seeking to accurately transmit an Asian expertise that is rooted in bedside skills and highly trained sensory observations, our books for clinical professionals are produced by cooperative teams of Asian and Western clinical experts, scholars, and linguists. By adhering to voluntary, multi-author, multi-publisher standards, these works become part of a valuable library that is not limited by the interests of any one author or publisher. Based on similar principles, our books for discriminating readers offer the simple utility people need to apply these arts to their lives. The only English language ed. of the 16th-c. classic available.

Healing Your Eyes with Chinese Medicine

Providing clear information on the full range of acupuncture points and main channels in a systematic and clear way, this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but can also be used by experienced practitioners to extend their knowledge.

The China Study

This definitive acupuncture text, used for licensing examinations in many states, remains an essential reference for professionals and students.

The Clinical Practice of Chinese Medicine

Presents a sign-orientated approach to the diagnosis of both common and rare medical disorders that physicians may encounter in hospital or in the community. The comprehensive collection of clinical pictures, organised by anatomical region from scalp to sole, reflects actual clinical practice where a diagnosis has to be constructed from a single sign or a collection of signs. Fundamental, pathognomonic, and commonly seen non-specific clinical signs are presented with clinical features highlighted for rapid recognition and interpretation. In addition, the book provides guidance on appropriate bedside clinical tests for establishing diagnoses.

The Tao of Healthy Eating

An authoritative, oversized guide to traditional Chinese medicine recommends dozens of natural cures for ailments ranging from the common cold and insomnia to arthritis, impotence, and hypertension and explains how to promote longevity, strengthen bones, and maintain optimum health for a lifetime.

Pocket Atlas of Oral Diseases

This translation of the original Chinese text provides a guide to clinical examination and

differential diagnosis in traditional Chinese medicine. It examines the diagnostic method used in traditional Chinese medicine and relates it to T CM syndromes. Colour plates illuminate key diagnostic signs.

Pocket Atlas of Chinese Medicine

Book News, Inc., Portland, OR (booknews.com).

Atlas of Blood and Qi Disorders in Chinese Medicine

Based on the best-selling hardcover edition, the new edition of the Pocket Atlas of Oral Diseases provides complete information on the diagnosis and treatment of oral disease. Featuring 367 vivid color photographs, this Thieme Flexibook is the indispensable pocket reference for otolaryngologists, dentists, dermatologists and primary care practitioners.

Practical Atlas of Tung's Acupuncture

Pocket Atlas of Tongue Diagnosis

A guide that cuts through the haze of misinformation and delivers an insightful message to anyone living with or at risk from the following: cancer, diabetes, heart disease, obesity, Alzheimer's disease and /or osteoporosis. Dr Campbell illuminates the connection between nutrition and these often fatal diseases and reveals the natural human diet. He also examines the source of nutritional confusion produced by powerful lobbies, government entities and opportunist scientists. Part medical thriller, part governmental exposé.

Dao of Chinese Medicine

Praktische atlas van Tung's acupunctuur, een methode waarbij slechts weinig naalden worden gebruikt.

Differential Diagnosis in Dermatology

Handbook of Contemporary Chinese Pulse Diagnosis

This book is an introduction to diagnosis and treatment through looking at the tongue. Modern tongue diagnostics combines traditional Chinese medical tongue diagnostics with bi-holographic theory, using the holographic reflections on the tongue to diagnose disease, thereby improving the accuracy of the diagnosis in terms of what and where the illness is. This book introduces in detail the theory of the tongue midline as well as the positions where various organs are reflected on the tongue, as well as the appearances of the tongue corresponding to various pathological changes in these organs. This book is the first to publicize the author's many patented tongue diagnosis images, such as the panoramic hologram image which for the first time revealed the position and posture of the human body as it appears holographically on the tongue, the head and neck gland distribution image, the head and facial features map, and more. The author, aided by the experiences of previous scholars, discovered the position and posture of the human body as it appears holographically

on the tongue. The holographic state of the human body as it appears on the tongue is in a prone position, that is, the head area is reflected at the tip of the tongue with the face facing forward, the legs and buttocks are reflected at the back of the tongue, and the four limbs are reflected in a bent position on the two sides of the tongue. The author has discovered how the glands of the head and neck are mapped on the tongue, especially the map of the thyroid gland on the tongue, refuting the common belief about how the thyroid gland is reflected on the tongue. Contrary to common belief, the thyroid gland is not reflected on the two sides of the cervical vertebrae reflection area on the tongue, but instead is on the two sides of the upper jiao area (the upper third of the tongue). The author has determined the areas of the tongue where various organs are reflected, as well as the changes in tongue appearance corresponding to the diseases in these organs. For example, heart disease is often reflected on the tongue as cracks or sunken areas in the heart reflection area of the tongue. In many years of clinical experience using tongue diagnostics, I have attempted to combine tongue diagnostics with herbal medicine and acupuncture, and have attained significant improvements in clinical efficacy, and have created a shortcut for accelerating diagnosis and improving efficacy. This book will mainly introduce diagnosis and differentiation based on the tongue with some case study.

Atlas of Clinical Diagnosis

This is the first book offering a systematic description of tongue image analysis and processing technologies and their typical applications in computerized tongue diagnostic (CTD) systems. It features the most current research findings in all aspects of tongue image acquisition, preprocessing, classification, and diagnostic support methodologies, from theoretical and algorithmic problems to prototype design and development of CTD systems. The book begins with a very in-depth description of CTD on a need-to-know basis which includes an overview of CTD systems and traditional Chinese medicine (TCM) in order to provide the information on the context and background of tongue image analysis. The core part then introduces algorithms as well as their implementation methods, at a know-how level, including image segmentation methods, chromatic correction, and classification of tongue images. Some clinical applications based on these methods are presented for the show-how purpose in the CTD research field. Case studies highlight different techniques that have been adopted to assist the visual inspection of appendicitis, diabetes, and other common diseases.

Experimental results under different challenging clinical circumstances have demonstrated the superior performance of these techniques. In this book, the principles of tongue image analysis are illustrated with plentiful graphs, tables, and practical experiments to provide insights into some of the problems. In this way, readers can easily find a quick and systematic way through the complicated theories and they can later even extend their studies to special topics of interest. This book will be of benefit to researchers, professionals, and graduate students working in the field of computer vision, pattern recognition, clinical practice, and TCM, as well as those involved in interdisciplinary research.

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Practical Diagnosis in Traditional Chinese Medicine

Acupuncture Diagnostic Methods & Point Selection

Together with taking the pulse, observing the tongue forms an integral part of the "examination" which is needed to make a Chinese medical diagnosis. This Color Atlas is concise and to the point. The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies, thus deepening the reader's understanding of tongue diagnosis. The clearly written text is augmented by high-quality, full-color images. Together with taking the pulse, observing the tongue forms an integral part of the "examination" which is needed to make a Chinese medical diagnosis. This Color Atlas is concise and to the point. The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies, thus deepening the reader's understanding of tongue diagnosis. The clearly written text is augmented by high-quality, full-color images.

The Secret of Chinese Pulse Diagnosis

"Great job on your book! It is the equivalent of a full subject course. It is a great study Bravo!!." Dr Ethne Munden, TCM Practitioner This reference manual is a useful tool for your acupuncture clinic as it brings a lot of practical and easily-accessible information to your fingertips. It explains the possible causes of disease according to Traditional Chinese Medicine (TCM), details the signs and symptoms related to different disorders, explains the major theories of pattern identification, provides diagnostic guidelines to help collect and analyze the information required to make an accurate assessment of your patients condition, and offers a number of basic principles to facilitate the building of point formulas. Finally, pulse and tongue diagnosis are explained in a comprehensive but accessible manner. Great as a reference manual for your acupuncture clinic or for the acupuncture student or novice.

A Manual of Acupuncture

"Kastner's Chinese Nutrition Therapy is an excellent introduction to Chinese dietetics for both, students and practitioners of Chinese medicine. - I wholeheartedly endorse his book." Nigel Wiseman For millennia, the Chinese have taught that a healthy, appropriate diet is an integral part of maintaining good health and healing myriad disorders, from the common cold and morning sickness to heart disease and diabetes. Here, Joerg Kastner demystifies Chinese Dietetics, one of the pillars of Traditional Chinese Medicine, and an ancient method for achieving well being. Joerg Kastner provides an introduction to the principles of Traditional Chinese Medicine and the "energetics" of foods. Emphasizing a holistic approach throughout, Chinese Nutrition Therapy provides readers with tools for integrating the principles of Chinese dietetics into their daily lives. The book includes a comprehensive classification of more than 300 readily available foods such as vegetables, grains, spices and herbs, fruit, meat, seafood, dairy products, oils and fats, and more. Numerous clinical examples and treatment suggestions artfully combine Western medical conditions with Chinese diagnostic techniques. An essential reference for students and practitioners of Traditional Chinese Medicine, this user-friendly book will also be valued by nutritionists, dieticians, physicians, and anyone interested in living a long and healthy life. Includes · A useful overview of the principles of Traditional Chinese Medicine and Chinese Dietetics · Descriptions of Chinese Dietetics in practice and discussions of dietary factors, such as seasonal adaptations and differing requirements for children and seniors · Practical tips on how to adapt Chinese nutritional therapy to Western products and cooking methods · Clinical examples covering the major organ systems · A handy "A to Z" list of common foods and their healing characteristics.

Color Atlas of Oral Diseases

Two of the major texts in the history of tongue diagnosis are presented and put into context in this volume, reaffirming the strength of tongue diagnosis as a core diagnostic method. These key texts are made available to western readers for the first time, with typical, traditional Chinese editions reproduced alongside the translation. The author provides an excellent overview of the tongue diagnosis theories in the major classics prior to the Yuan Dynasty (1271-1368), and discusses significant developments and publications. The Gold Mirror Records, first published in 1341, was a popular manual for centuries, appearing in many editions and variations. Tongue Reflections in Cold Damage, first published in 1668, developed the field of diagnosis as a whole by adopting the analysis of tongue colour as its main principle. Both texts are introduced with meticulous English translations and notes. This seminal text will give practitioners and students of Chinese medicine a sound understanding of the theory and practice of tongue diagnosis from the early texts, and will be of interest to academic readers of classic Chinese texts.

Nuclear Medicine in Clinical Diagnosis and Treatment

For the past ten years, Andy Rosenfarb has successfully used acupuncture and Chinese medicine to treat a wide range of eye conditions. His treatments include moxibustion techniques, tuina (massage), microcurrent stimulation, Chinese herbs, and qigong exercises, along with “essential acupuncture” where essential oils are placed on acupuncture points. The culmination of his work—which includes a recent pioneering study involving metabolic testing—is this handbook for healing the kinds of conditions too often considered almost impossibly challenging or irreversible. The first half of *Healing Your Eyes with Chinese Medicine* explains Traditional Chinese Medicine and its perspective on the eyes, which is based on the idea that the eyes and the brain work in tandem, not isolation. The second half focuses on proven methods derived from Rosenfarb’s practice, including nutritional, supplemental, and lifestyle adjustments. Individual chapters cover eye disorders such as glaucoma, macular degeneration, retinitis pigmentosa, and many more. This book is intended as a practical manual to help readers understand their eyes and vision more comprehensively, and to learn new, affordable ways for retaining the precious gift of sight. From the Trade Paperback edition.

Pulse Diagnosis

In this exquisitely illustrated pocket atlas, written by a renowned team of international experts, readers will find a concise yet comprehensive synopsis of the entire field of Chinese Medicine.

Color Atlas of Oral and Maxillofacial Diseases - E-Book

Fully updated and revised, *Differential Diagnosis in Dermatology, Fourth Edition* has been greatly expanded and now includes entirely new chapters on specific areas such as mouth, tongue, lip and ear problems, acute erythematous rashes of the trunk and limbs, chronic erythematous rashes and lesions, and non-erythematous lesions. It also now includes

Atlas of Acupuncture

"This small, concise book on Chinese dietary therapy has been written specifically for lay readers. It is meant to replace two earlier book I have written on Chinese dietary therapy,

Prince Wen Hui's Cook, and Arisal of the Clear."--Preface.

Atlas of Tongue Diagnosis

Explores the ancient system of physiological medicine in China, and the system's applications in the field of modern medicine.

Gold Mirrors and Tongue Reflections

Part I: Diagnosis by Observation Section 1: Observation of the Body, Mind and Complexion 1. OBservation Of The Body Shape, Physique And Demeanor 2. OBservation Of The Mind, Spirit And Emotion 3. OBservation Of The Complexion Color 4. OBservation Of Body Movements Section 2: Parts of the Body 5. OBservation Of Head, Face And Hair 6. OBservation Of The Eyes 7. OBservation Of The Nose 8. OBservation Of Lips, Mouth, Palate, Teeth, Gums And Philtrum 9. OBservation Of The Ears 10. OBservation Of Throat And Neck 11. OBservation Of The Back 12. OBservation Of Women's Breasts 13. OBservation Of The Heartbeat 14. OBservation Of The Hands 15. OBservation Of The Nails 16. OBservation Of The Chest And Abdomen 17. OBservation Of Genitalia 18. OBservation Of The Four Limbs 19. OBservation Of The Legs 20. OBservation Of Excretions 21. OBservation Of The Skin 22. OBservation In Children Section 3: Tongue Diagnosis 23. TONgUE Diagnosis 24. TONgUE-Body Color 25. TONgUE Body Shape 26. TONgUE Coating 27. TONgUE Images And Patterns Part II: Diagnosis by Interrogation 28. INtroduction 29. PAIn 30. FOod And Taste 31. STools And Urine 32. THirst And Drink 33. ENergy Levels 34. HEAd 35. FAce 36. THroat And Neck 37. BOdy 38. CHEst And Abdomen 39. LImbS 40. SLeeP 41. SWeating 42. EArs And Eyes 43. FEeling Of Cold, Feeling Of Heat And Fever 44. MEntal-Emotional Symptoms 45. SEXual Symptoms 46. WOMen's Symptoms 47. CHildren's Symptoms 48. DIdagnosing The Causes Of Disease Part III: Diagnosis by Palpation 49. DIdagnosis by Palpation 50. PUIse Qualities 51. PAItpation Of Parts Of The Body 52. PAItpation Of Channels Part IV: Diagnosis by Hearing and Smelling 53. DIdagnosis By Hearing 54. DIdagnosis By Smelling Part V: Symptoms and Signs Section 1: Symptoms and Signs of Parts of the Body 55. HEAd And Face 56. FAce Color 57. EArs 58. NOse 59. THroat 60. MOUth, Tongue, Teeth, Gums, Lips, Palate And Philtrum 61. EYES 62. NEck, Shoulders And Upper Back 63. CHEst 64. LImbS 65. ARms 66. LEgs 67. LOwer Back 68. BOdy 69. DIggestive System And Taste 70. THirst And Drink 71. ABdomeN 72. DEfecation 73. URination 74. ANus 75. MEN's Sexual And Genital Symptoms 76. SWeating 77. SKin Signs 78. EMotional Symptoms 79. MEntal And Emotional Symptoms 80. MEntal Difficulties 81. SLeeP 82. FEeling Of Cold, Feeling Of Heat, Fever 83. VOice, Speech And Sounds Section 2: Gynecological Symptoms and Signs 84. MENstrual Symptoms 85. PRoblems At Period Time 86. PRoblems Of Pregnancy 87. PRoblems After Childbirth 88. BREast Signs 89. MIscellaneous Gynecological Symptoms Section 3: Pediatric Symptoms and Signs 90. CHildren's Problems Part VI: Identification of Internal Organ Patterns 91. HEArt 92. SPleen 93. LIver 94. LUngS 95. KIldneys 96. SMall Intestine 97. STomach 98. GAI-Bladder 99. LARge Intestine 100. BLadder Appendices Appendix 1: Case Histories Appendix 2: Prescriptions Appendix 3: History of Diagnosis in Chinese Medicine Glossary Bibliography Chinese Chronology

Tongue Image Analysis

Simply Natural Baby Food

A companion to *A Manual of Acupuncture*, there are 384 durable point reference and study cards covering all 391 of the 14 channel and extra (miscellaneous) points. Each card measures 4" x 6", and most are devoted to a single point. This second edition of the point cards offers a new terra cotta storage case, two-color cards, the addition of pinyin accents, and updated point locations and location notes to match the latest edition of *A Manual of Acupuncture*.

Fundamentals of Chinese Fingernail Image Diagnosis (FID)

The *Neijing* is one of the most important classics of Taoism, as well as the highest authority on traditional Chinese medicine. Its authorship is attributed to the great Huang Di, the Yellow Emperor, who reigned during the third millennium BCE. This new translation consists of the eighty-one chapters of the section of the *Neijing* known as the *Suwen*, or "Questions of Organic and Fundamental Nature." (The other section, called the *Lingshu*, is a technical book on acupuncture and is not included here.) Written in the form of a discourse between Huang Di and his ministers, *The Yellow Emperor's Classic of Medicine* contains a wealth of knowledge, including etiology, physiology, diagnosis, therapy, and prevention of disease, as well as in-depth investigation of such diverse subjects as ethics, psychology, and cosmology. All of these subjects are discussed in a holistic context that says life is not fragmented, as in the model provided by modern science, but rather that all the pieces make up an interconnected whole. By revealing the natural laws of this holistic universe, the book offers much practical advice on how to promote a long, happy, and healthy life. The original text of the *Neijing* presents broad concepts and is often brief with details. The translator's elucidations and interpretations, incorporated into the translation, help not only to clarify the meaning of the text but also to make it a highly readable narrative for students—as well as for everyone curious about the underlying principles of Chinese medicine.

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