

Access PDF A Sail Of Two Idiots 100 Lessons  
And Laughs From A Non Sailor Who Quit The Rat  
Race Took The Helm And Sailed To A New Life In  
The Caribbean

# **A Sail Of Two Idiots 100 Lessons And Laughs From A Non Sailor Who Quit The Rat Race Took The Helm And Sailed To A New Life In The Caribbean**

The History of British India Chasing the Horizon The Complete  
Idiot's Guide to Cheese Making House Rules Singlehanded Sailing A  
Sail of Two Idiots: 100+ Lessons and Laughs from a Non-Sailor  
Who Quit the Rat Race, Took the Helm, and Sailed to a New Life in  
the Caribbean Things I Wish I'd Known Before I Started Sailing,  
Expanded and Updated The Sea Is My Brother Sailing: A Woman's  
Guide The Willpower Instinct Letting Go of Lisa Adventures of  
Huckleberry Finn The Two Faces of January Sailing to Jessica Three  
Men in a Boat Illustrated A Sail of Two Idiots Sailing the Dream The  
Devil's Dictionary (or The Cynic's Wordbook: Unabridged with all  
the Definitions) Farewell to Manzanar Seasoned by Salt All in the  
Same Boat The Complete Idiot's Guide to European History, 2e The  
Complete Idiot's Guide to Sailing The Scottish Fairy Book Sailing a  
Serious Ocean The Odyssey of Homer How to Avoid Huge  
Ships Voyage of the Liberdade There's a Yacht More to Life:  
Loving, Working and Playing in Paradise The Sailor's Word-  
book The Sailing Bible El Paso: A Novel Lunatics, Imbeciles and  
Idiots An Utterly Impartial History of Britain Time Machine 4: Sail  
With Pirates Best Served Cold The Motion of the Ocean The Girl in  
the Mirror The Complete Idiot's Guide to the Perfect Marriage The  
Wine-Dark Sea (Vol. Book 16) (Aubrey/Maturin Novels)

## **The History of British India**

There are, roughly speaking, two distinct types of Scottish Fairy  
Tales. There are what may be called "Celtic Stories," which were

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handed down for centuries by word of mouth by professional storytellers, who went about from clachan to clachan in the "Highlands and Islands," earning a night's shelter by giving a night's entertainment, and which have now been collected and classified for us by Campbell of Isla and others. These stories, which are also common to the North of Ireland, are wild and fantastic, and very often somewhat monotonous, and their themes are strangely alike. They almost always tell of some hero or heroine who sets out on some dangerous quest, and who is met by giants, generally three in number, who appear one after the other; with whom they hold quaint dialogues, and whom eventually they slay. Most of them are fairly long, and although they have a peculiar fascination of their own, they are quite distinct from the ordinary Fairy Tale. These latter, in Scotland, have also a character of their own, for there is no country where the existence of Spirits and Goblins has been so implicitly believed in up to a comparatively recent date. As a proof of this we can go to Hogg's tale of "The Wool-gatherer," and see how the countryman, Barnaby, voices the belief of his day. "Ye had need to tak care how ye dispute the existence of fairies, brownies, and apparitions! Ye may as weel dispute the Gospel of Saint Matthew." Perhaps it was the bleak and stern character of their climate, and the austerity of their religious beliefs which made our Scottish forefathers think of the spirits in whom they so firmly believed, as being, for the most part, mischievous and malevolent. Their Bogies, their Witches, their Kelpies, even their Fairy Queen herself, were supposed to be in league with the Evil One, and to be compelled, as Thomas of Ercildoune was near finding out to his cost, to pay a "Tiend to Hell" every seven years; so it was not to be wondered at, that these uncanny beings were dreaded and feared. But along with this dark and gloomy view, we find touches of delicate playfulness and brightness. The Fairy Queen might be in league with Satan, but her subjects were not all bound by the same law, and many charming tales are told of the "sith" or silent folk, who were always spoken of with respect, in case they might be

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within earshot, who made their dwellings under some rocky knowe,  
and who came out and danced on the dewy sward at midnight.

## **Chasing the Horizon**

"I know you'll want to read more after you finish *Sailing a Serious Ocean*. And be warned, you'll very likely want to sail with John, perhaps across an ocean." -- DALLAS MURPHY, AUTHOR OF *ROUNDING THE HORN*

After sailing 300,000 miles and weathering dozens of storms in all the world's oceans, John Kretschmer has plenty of stories and advice to share. John's offshore training passages sell out a year in advance and his entertaining presentations are popular at boat shows and yacht clubs all over the English speaking world. John's talent for storytelling enchants his audience as it soaks up the lessons he learned during his oftenchallenging voyages. Now you can take a seat next to John--at a lesser cost--and get the knowledge you need to fulfill your own dream of blue-water adventure. In *Sailing a Serious Ocean*, John tells you what to expect when sailing the oceans and shows how to sail safely across them. His tales of storm encounters and other examples of extreme seamanship will help you prepare for your journey and give you confidence to handle any situation—even heavy weather. Through his personal stories, John will guide you through the whole process of choosing the right boat, outfitting with the right gear, planning your route, navigating the ocean, and understanding the nuances of life at sea. Our oceans are beautiful yet unpredictable—water that is at one moment a natural mirror for the glowing sun can turn into a foamy, raging wall of fury. John knows our oceans, and he is one of the best teachers of taming and enjoying them. Before you set off across the big blue, turn to John for his inspirational stories and hard-learned advice and discover the serious sailor in you.

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## **The Complete Idiot's Guide to Cheese Making**

### **House Rules**

An account of author's trading voyage to South America in his bark "Aquadneck", of her loss leaving harbor in Brazil, of author's building there of the "Liberdade", a 35 foot junk rigged vessel, and of sailing her back to the United States.

### **Singlehanded Sailing**

## **A Sail of Two Idiots: 100+ Lessons and Laughs from a Non-Sailor Who Quit the Rat Race, Took the Helm, and Sailed to a New Life in the Caribbean**

Aimed at sailboat owners of all kinds, this reference book contains 200 entries packed with solid practical advice and valuable tips. Each entry is categorized alphabetically and prefaced by an arresting statement, such as "People always lie about how fast their boats are." The reference format offers readers the opportunity to open the book at any page and browse endlessly. Cartoons by SAIL Magazine cartoonist Tom Payne enliven the text. A comprehensive appendix covers some 50 technical topics. Includes a Foreword by Don Casey. "it is always interesting and very readable." — Sailing "Filled with practical advice, this book is a winner." — The Ensign "Vigor, who's written for several boating magazines, has brought his experience and sense of humor to bear on the less than ideal experiences of sailing—and he's even alphabetized themIt's fun to page through and you just might learn a thing or two."— Soundings: An Interdisciplinary Journal "This book is easy to read. It imparts some very valuable information in a fun package." — Good Old Boat

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"This is a great reference book for those just entering the world of sailing, and entertaining." — Latitudes & Attitudes "Vigor, who's written for several boating magazines, has brought his experience and sense of humor to bear on the less than ideal experiences of sailing—and he's even alphabetized them! It's fun to page through and you just might learn a thing or two." — Soundings

## **Things I Wish I'd Known Before I Started Sailing, Expanded and Updated**

You are the owner-captain of a luxury fifty-foot trawler motoring across the bay with your family and a few friends one balmy summer evening. Off in the distance, beyond the bridge spanning the waterway, you can make out the lights and shape of a containership moving down the channel. Have you ever wondered what action you must take to keep clear of that fast-approaching ship? This book will tell you how to do so quickly. Conscientious skippers are wise to read this book and discover if a ship's radar will pick up a small boat at night. It is fascinating to learn what is taking place on the bridge or down in the engine room of one of these leviathans as it heads your way. Can it be stopped before it hits you? Learn how to protect yourself and your loved ones by reading this book written for the private boat owner/captain.

## **The Sea Is My Brother**

In Mark Twain's classic tale of friendship and adventure, Huckleberry Finn escapes his evil, drunken father, befriends a runaway slave named Jim, and sails the Mississippi River! As Huck and Jim sail to freedom, they encounter con men and thieves and get in plenty of trouble along the way. Follow Huck's coming-of-age journey in the Calico Illustrated Classics adaptation of Twain's *The Adventures of Huckleberry Finn*. Calico Chapter Books is an

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imprint of Magic Wagon, a division of ABDO Group. Grades 3-8.

## **Sailing: A Woman's Guide**

The sixteenth volume in the Aubrey/Maturin series, and Patrick O'Brian's first bestseller in the United States. At the outset of this adventure filled with disaster and delight, Jack Aubrey and Stephen Maturin pursue an American privateer through the Great South Sea. The strange color of the ocean reminds Stephen of Homer's famous description, and portends an underwater volcanic eruption that will create a new island overnight and leave an indelible impression on the reader's imagination. Their ship, the Surprise, is now also a privateer, the better to escape diplomatic complications from Stephen's mission, which is to ignite the revolutionary tinder of South America. Jack will survive a desperate open boat journey and come face to face with his illegitimate black son; Stephen, caught up in the aftermath of his failed coup, will flee for his life into the high, frozen wastes of the Andes; and Patrick O'Brian's brilliantly detailed narrative will reunite them at last in a breathtaking chase through stormy seas and icebergs south of Cape Horn, where the hunters suddenly become the hunted.

## **The Willpower Instinct**

Three Men in a Boat published in 1889, is a humorous account by English writer Jerome K. Jerome of a two-week boating holiday on the Thames from Kingston upon Thames to Oxford and back to Kingston. The book was initially intended to be a serious travel guide, with accounts of local history along the route, but the humorous elements took over to the point where the serious and somewhat sentimental passages seem a distraction to the comic novel. One of the most praised things about Three Men in a Boat is how undated it appears to modern readers - the jokes have been

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praised as fresh and witty

## **Letting Go of Lisa**

“It was the best of dreams, it was the worst of dreams, it was an age of consulting the nautical experts, it was the age of landlubber foolishness, it was the epoch of determination, it was the epoch of despair, it was the season of hurricanes, it was a spring of beachcombing” If you dream about chucking it all away and sailing toward an island life, read this first Renee and Michael didn’t have any boating experience and when their plans to remedy that fell through the two had to learn everything the hard way. Despite themselves they managed to get from Miami to Grenada, eventually dropping the anchor of their cruising catamaran at the island of their dreams. Determined to save future sailors from themselves, *A Sail of Two Idiots* includes lessons Renee and Michael learned and shares them with you as examples of what and what not to do. This a how-to guide wrapped in a funny story—kind of like getting your serving of vegetables from a slice of pizza. Read this and make your dream of sailing away a reality. Includes: “What Broke?” sections explores the ongoing maintenance and upkeep of a cruising multihull “Island” section provide assessments of the islands of the Caribbean

## **Adventures of Huckleberry Finn**

Sail ahoy! Travel back to the 17th century and become a swashbuckling pirate! Your mission is to find the wreck of the richest silver ship ever to sink in the Caribbean Sea, and bring back some of the treasure. The Time Machine series challenges young readers to use their imagination and decision-making skills to write their own story. Options in the text allow readers to choose any path they like within the plot. Readers must draw on background

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information about the period to make the right choices. This makes the series a great educational device for youngsters to learn about history and all the different cultures, events, and periods that shaped it. James Gasperini has written several books in the Time Machine series.

## **The Two Faces of January**

This carefully crafted ebook: "The Devil's Dictionary (or The Cynic's Wordbook: Unabridged with all the Definitions)" is formatted for your eReader with a functional and detailed table of contents. The book is a classic satire in the form of a dictionary on which Bierce worked for decades. It was originally published in 1906 as The Cynic's Word Book before being retitled in 1911. A number of the definitions are accompanied by satiric verses, many of which are signed with comic pseudonyms. It offers reinterpretations of terms in the English language which lampoon cant and political double-talk as well as other aspects of human foolishness and frailty. The definitions provide satirical, witty and often politically pointed representations of the words that it seeks to "define". The Devil's Dictionary has inspired many imitations both in its day and more recently. Ambrose Gwinnett Bierce (1842 – 1914?) was an American satirist, critic, poet, editor and journalist. Bierce became a prolific author of short stories often humorous and sometimes bitter or macabre. His dark, sardonic views and vehemence as a critic earned him the nickname, "Bitter Bierce".

## **Sailing to Jessica**

## **Three Men in a Boat Illustrated**

From the #1 New York Times bestselling author of Small Great

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Things and the modern classics *My Sister's Keeper*, *The Storyteller*, and more, comes a “complex, compassionate, and smart” (*The Washington Post*) novel about a family torn apart by a murder accusation. When your son can't look you in the eye...does that mean he's guilty? Jacob Hunt is a teen with Asperger's syndrome. He's hopeless at reading social cues or expressing himself well to others, though he is brilliant in many ways. He has a special focus on one subject—forensic analysis. A police scanner in his room clues him in to crime scenes, and he's always showing up and telling the cops what to do. And he's usually right. But when Jacob's small hometown is rocked by a terrible murder, law enforcement comes to him. Jacob's behaviors are hallmark Asperger's, but they look a lot like guilt to the local police. Suddenly the Hunt family, who only want to fit in, are thrust directly in the spotlight. For Jacob's mother, it's a brutal reminder of the intolerance and misunderstanding that always threaten her family. For his brother, it's another indication why nothing is normal because of Jacob. And for the frightened small town, the soul-searing question looms: Did Jacob commit murder? *House Rules* is “a provocative story in which [Picoult] explores the pain of trying to comprehend the people we love—and reminds us that the truth often travels in disguise” (*People*).

## **A Sail of Two Idiots**

This is the fascinating account of a one-year cruise, from Connecticut to Grenada and back, undertaken by an adventurous sailing couple.

## **Sailing the Dream**

From 55BC to 1945, *An Utterly Impartial History of Britain* elucidates, informs, but most of all laughs at the seemingly

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incomprehensible events that combine to make up the story of Great  
Britain.

## **The Devil's Dictionary (or The Cynic's Wordbook: Unabridged with all the Definitions)**

"It takes thousands of hours of sailing to get the kind of knowledge contained in this book." -- from the Foreword by Bruce Schwab  
The ONLY bible for how to sail your boat fast, safe, and alone Solo sailing is within any sailor's grasp with a little forethought--and this essential guide. Got a 35-foot sailboat? No problem. Is the wind blowing 20 knots? No problem. Are you racing offshore overnight? Even better. Singlehander Andrew Evans learned the hard way how to sail and race alone--with lots of mishaps, including broaches and a near tumbling over a waterfall--and in Singlehanded Sailing he shares the techniques, tips, and tactics he has developed to make his solo sailing adventures safe and enriching. Learn everything you need to know to meet any solo challenge, including: Managing the power consumption aboard a boat to feed the electric autopilot Setting and gybing a spinnaker Finding time to sleep Dealing with heavy weather

## **Farewell to Manzanar**

In the spring of 1943, twenty-one-year old Jack Kerouac set out to write his first novel. Working diligently day and night to complete it by hand, he titled it *The Sea Is My Brother*. Nearly seventy years later, its long-awaited publication provides fascinating details and insight into the early life and development of an American literary icon. A clear precursor to such landmark works as *On the Road*, *The Dharma Bums*, and *Visions of Cody*, it is an important formative work that hints at the hallmarks of classic Kerouac: the search for spiritual meaning in a materialistic world, spontaneous

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travel as the true road to freedom, late nights in bars engaged in intense conversation, the desperate urge to escape from society, and the strange, terrible beauty of loneliness.

## Seasoned by Salt

Instant International Bestseller "Ferociously entertaining. A novel like a triathlon: part evil-twin thriller, part howdunit (or did-she-do-it?), part juicy family drama. Drop Knives Out and Double Indemnity into the blender, shake some Dead Calm over the froth, power it on, and you've got a cocktail like *The Girl in the Mirror*—fresh, flavorful, and utterly intoxicating." —AJ Finn, #1 New York Times bestselling author of *The Woman in the Window*

Written with the chilling, twisty suspense of *The Wife Between Us* and *Something in the Water*, a seductive debut thriller about greed, lust, secrets, and deadly lies involving identical twin sisters. Twin sisters Iris and Summer are startlingly alike, but beyond what the eye can see lies a darkness that sets them apart. Cynical and insecure, Iris has long been envious of Summer's seemingly never-ending good fortune, including her perfect husband Adam. Called to Thailand to help her sister sail the family yacht to the Seychelles, Iris nurtures her own secret hopes for what might happen on the journey. But when she unexpectedly finds herself alone in the middle of the Indian Ocean, everything changes. When she makes it to land, Iris allows herself to be swept up by Adam, who assumes that she is Summer. Iris recklessly goes along with his mistake. Not only does she finally have the golden life she's always envied, with her sister gone, she's one step closer to the hundred-million-dollar inheritance left by her manipulative father. All Iris has to do is be the first of his seven children to produce an heir. Iris's "new" life lurches between glamorous dream and paranoid nightmare. On the edge of being exposed, how far will she go to ensure no one discovers the truth? And just what did happen to Summer on that

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## **All in the Same Boat**

At 35-years old, Kelly and Paul Watts sold their home and quit their jobs to sail around the world, without any sailing experience. Two days after purchasing their forty-two-foot sloop, they got caught in a forty-knot gale off the coast of Cape Fear, NC. Their sails ripped; the engine overheated; the GPS broke; they suffered hypothermia and severe seasickness. And yet they persevered on their journey, discovering the playful sea lions of the Galapagos, the seductive dance of the Polynesian girls, and the primitive beat of Tuvaluan music, all while learning how to sail and repair their boat. They narrowly avoided a shark attack in Suvarrow, fled from suspected pirates off the coast of Ecuador, and hit a submerged container – the fear of all sailors - near Midway Island. What started as a search to find meaning to “life without children,” only strengthened their desire to have a family. After fertility attempts failed in America and New Zealand, they unexpectedly adopted a two-month old baby in Kiribati. And so began the adventure of raising a baby on a boat in the middle of the Pacific, battling Dengue Fever and an epidemic of e-coli., almost losing their lives in a 60-knot westerly gale and navigating through the maze of international adoption paperwork. Told from Kelly’s conversational point of view, “Sailing to Jessica” will inspire anyone who is searching for meaning in their life to get up and find it.

## **The Complete Idiot's Guide to European History, 2e**

Discusses strategies for improving communication skills, steps for dealing with times of transition, and ways to cope with the daily hurdles found in marriage.

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## **The Complete Idiot's Guide to Sailing**

“[A] classic psychological thriller.”—USA Today Originally published in 1964, and the winner of the CWA Best Foreign Novel Award, Patricia Highsmith’s *The Two Faces of January* is a chilling tale of suspense, suffused with her trademark slow, creeping unease. In a grubby Athens hotel, Rydal Keener is bored and killing time with petty scams. But when he runs into another American, Chester MacFarland, dragging a man’s body down the hotel hall, Rydan impulsively agrees to help, perhaps because Chester looks like his father. Then Rydal meets Collete, Chester’s younger wife, and captivated, becomes entangled in their sordid lives, as the drama marches to a shocking climax at the ruins of the labyrinth at Knossos. A film version of *The Two Faces of January*, starring Viggo Mortensen, Kirsten Dunst, and Oscar Isaac (*Drive*, *Inside Llewyn Davis*) is in production. Adapted by Academy Award nominee Hossein Amini (*Drive*), and produced by Working Title and Timnick Films (*The Talented Mr. Ripley*), it will be released later this fall. “An offbeat, provocative and absorbing suspense novel.”—The New York Times “Patricia Highsmith is one of the few suspense writers whose work transcends genre.”—The Austin American-Statesman

## **The Scottish Fairy Book**

Become a cheese gourmet. *The Complete Idiot's Guide® to Cheese Making* is for both the hobbyist who will enjoy this traditional skill and organic food enthusiasts interested in wholesome, additive-free foods, offering readers the step-by-step process for making all variety of cheeses. ?Covers the processes of creating Mascarpone, Ricotta, Neufchatel, Queso Fresco, Farmhouse Cheddar, Monterey Jack, Colby, Traditional Cheddar, Feta, Gouda, Havarti, and many more cheeses ?The author created and sells a cheese-making kit

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voted best in the country by The Wall Street Journal ?The eat-local movement, along with recent food-safety scares, has piqued an interest in producing one's own cheese

## **Sailing a Serious Ocean**

NEW EDITION 2008 - including lots of photos! Chasing the Horizon is a delightfully demented Celebration of A Way of Life. It is an outrageously funny, often touching, and continuously shocking tale of a modern sea gypsy. Cap'n Fatty's story is too bizarre to be fiction. Father wears floral skirts; mother is a tad vague. Sister Carole isn't interested in her millionaire suitor; she's too busy smooching with the kid in the cesspool truck. Their strange live-aboard boat caravan includes Mort the Mortician, Backwards Bernie, Ruby Red the Conman, Barefoot Benny, Geeper Creeper, Para the Paranoid, Lusty Laura, Xlax, Shark Boy, the Pawtucket Pirate, Bait Broad, Colonel Crispy, Scupper Lips, Bob the Broker, the Pirate Queen, Otto the Owner, the Twin Slaves of Green Slime- and even a terribly long-winded fellow named (Hurricane) Hugo. All seem hell-bent on avoiding the cops, the creeps, each other, and especially the Dreaded Dream Crushers. Dive in!

## **The Odyssey of Homer**

Revenge. Getting even. Fighting back. Whatever it's called, it's supposed to warrant two graves or at least, that's how one old saying went usually, in the case of mere mortal Human beings. In the case of the Human race as a whole, it was less about that and more about survival. Having just survived the Big Nuke twenty years before, a recovering Earth just beginning to reap the rewards of interplanetary colonization was suddenly attacked by an alien race that didn't communicate, didn't negotiate and seemed absolutely intent on taking the entire solar system for itself. The

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only option the war-weary people of Earth, Mars and Luna had, was to beat their plough-shares back into swords and fight back! In the first six months, the best the fledgling Earth Defense Fleet could manage, was to push the savage Gimp back to the asteroid belt. For four long years since then, it was all they could do to maintain the stalemate, with each side waiting for the other to make a fatal mistake. Sooner or later the war would end, one way - or the other. For Alex Nikolls, a pilot fighting in the blackness of space on an almost daily basis, it couldn't come soon enough! For Francis Talon Commander In Chief of a strike force intended to bring the aliens to their knees, it was the culmination of a journey of self-glorification and ambition leading all the way back to the L.A. mafia and the killing of Marian Mureau's parents. For Marian Mureau, it meant more than just the end of the war - it signified the end of a life-long vendetta! Read more: <http://christinaengela.com/bibliography/novels/standalone-novels/best-served-cold/>

## How to Avoid Huge Ships

“Reveals the grisly conditions in which the mentally ill were kept . . . [and] harrowing details of the inhumane and gruesome treatment of these patients.”—Daily Mail In the first half of the nineteenth century, treatment of the mentally ill in Britain and Ireland underwent radical change. No longer manacled, chained and treated like wild animals, patient care was defined in law and medical understanding, and treatment of insanity developed. Focusing on selected cases, this new study enables the reader to understand how progressively advancing attitudes and expectations affected decisions, leading to better legislation and medical practice throughout the century. Specific mental health conditions are discussed in detail and the treatments patients received are analyzed in an expert way. A clear view of why institutional asylums were established, their ethos for the treatment of patients, and how they

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were run as palaces rather than prisons giving moral therapy to those affected becomes apparent. The changing ways in which patients were treated, and altered societal views to the incarceration of the mentally ill, are explored. The book is thoroughly illustrated and contains images of patients and asylum staff never previously published, as well as first-hand accounts of life in a nineteenth-century asylum from a patient's perspective. Written for genealogists as well as historians, this book contains clear information concerning access to asylum records and other relevant primary sources and how to interpret their contents in a meaningful way. "Through the use of case studies, this book adds a personal note to the historiography in a way that is often missing from scholarly works."—Federation of Family History Societies

### **Voyage of the Liberdade**

The true story of a baby-boomer couple who chuck their San Diego corporate lifestyle, then morph from life in a bamboo hut on a tiny Caribbean island to running mega-yachts for billionaires.

### **There's a Yacht More to Life: Loving, Working and Playing in Paradise**

The Sailing Bible is the complete, hands-on manual packed with detailed step-by-step diagrams, lively action photos, and helpful advice on getting the most out of your sailing at whatever level. Whether you are a dinghy or yacht sailor just learning the basics or wanting tips on sailing with the best, this is the book that will give you all the answers you are looking for. It's all in here! -What type of dinghy or yacht? -Cruising and racing -Launching, helming and capsizing -Mastering the trapeze -Sailing with a spinnaker -Managing a crew -Reading the weather -Racing techniques and tactics -Buoyage, tides, charts and navigation -Anchoring and

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marina berthing -Knots, ropes and flags -Boat etiquette and seamanship -Rules of the road, safety and emergencies -Boat maintenance and repair and much more This second edition has been revised throughout and brought completely up-to-date, including new techniques and new approaches to navigation, first aid and berthing. 'It's a beautifully designed book, with glossy photos, diagrams and clear text, and a great read whether you're just starting out or looking to improve your skills' Practical Boat Owner 'Lavishly illustrated, sharp photography a first-class introductory text' Yachting Monthly

## **The Sailor's Word-book**

Fascinating, fact-filled writing that delivers hundreds of years in the life of the European continent. Terrific supplementary reading for AP History students.

## **The Sailing Bible**

Three decades after the first publication of *Forrest Gump*, Winston Groom returns to fiction with this sweeping American epic. Long fascinated with the Mexican Revolution and the vicious border wars of the early twentieth century, Winston Groom brings to life a much-forgotten period of history in this sprawling saga of heroism, injustice, and love. *El Paso* pits the legendary Pancho Villa against a thrill-seeking railroad tycoon known only as the Colonel—whose fading fortune is tied up in a colossal ranch in Chihuahua, Mexico. But when Villa kidnaps the Colonel's grandchildren and absconds into the Sierra Madre, the aging New England patriarch and his son head to *El Paso*, hoping to find a group of cowboys brave enough to hunt down the Generalissimo. Replete with gunfights, daring escapes, and an unforgettable bullfight, *El Paso* becomes an indelible portrait of the American Southwest in the waning days of

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the frontier, one that is “sure to entertain” (Jackson Clarion-  
Ledger).

## **El Paso: A Novel**

### **Lunatics, Imbeciles and Idiots**

Nathan Malone has been homeschooled his whole life. He’s never spent much time with kids his own age and he’s never dated. His mother is now busy with his new twin sisters, so Nathan must enroll at the local high school for his senior year. On the first day, a girl on a motorcycle catches his eye and Nathan is excited to discover the girl is also in his English class. Not only does Lisa ride a motorcycle to school, but she’s a loner who seems to come and go as she pleases. She doesn’t care what anybody thinks of her. Nathan is intrigued—he’s never met anyone like her or had such strong feelings. When he and Lisa finally start spending time together, he’s the happiest he’s ever been. But Lisa has a tragic secret and, when she decides she’ll handle it herself, Nathan has to make a choice. Can he ever let go of Lisa? From the Hardcover edition.

### **An Utterly Impartial History of Britain**

During World War II a community called Manzanar was hastily created in the high mountain desert country of California, east of the Sierras. Its purpose was to house thousands of Japanese American internees. One of the first families to arrive was the Wakatsukis, who were ordered to leave their fishing business in Long Beach and take with them only the belongings they could carry. For Jeanne Wakatsuki, a seven-year-old child, Manzanar became a way of life in which she struggled and adapted, observed and grew. For her

father it was essentially the end of his life. At age thirty-seven, Jeanne Wakatsuki Houston recalls life at Manzanar through the eyes of the child she was. She tells of her fear, confusion, and bewilderment as well as the dignity and great resourcefulness of people in oppressive and demeaning circumstances. Written with her husband, Jeanne delivers a powerful first-person account that reveals her search for the meaning of Manzanar. Farewell to Manzanar has become a staple of curriculum in schools and on campuses across the country. Last year the San Francisco Chronicle named it one of the twentieth century's 100 best nonfiction books from west of the Rockies. First published in 1973, this new edition of the classic memoir of a devastating Japanese American experience includes an inspiring afterword by the authors.

## **Time Machine 4: Sail With Pirates**

Doris Colgate, a nationally known sailor and sailing instructor, has written the ideal how-to sail book for women, with a practical, down-to-earth, low-key approach perfectly suited to women's learning styles. Sailing covers it all, from basic sailing techniques, to safety skills, to building confidence, to racing tactics. Doris Colgate, a nationally known sailor and sailing instructor, has written the ideal how-to sail book for women, with a practical, down-to-earth, low-key approach perfectly suited to women's learning styles. Sailing covers it all, from basic sailing techniques, to safety skills, to building confidence, to racing tactics. Perfect for the woman with a family, and for the woman thinking of getting her own sailboat. Inspirational anecdotes from other women sailors enliven the text.

## **Best Served Cold**

This work is one family's testament to the belief that you can lead a life of your choosing. It shows how to choose the right boat, prepare

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the crew and boat, make provision for long-term cruising, raise and educate children, get along in close quarters, and learn what you can leave behind.

## **The Motion of the Ocean**

The idea of learning to sail excites the imagination with fantasies of a carefree, simple way to relax. But in reality, a lot of work goes into mastering the technical aspects of sailing and learning how to get from one place to another without ending up in the water. Other sailing books go into more detail than the casual learner wants or needs. The Complete Idiot's Guide® to Sailing gives readers just what they need to know to get started and enjoy their time on the water. In it, readers get: - A primer on the different types of sailboats and tips for buying or renting - Detailed descriptions of the parts and controls of a sailboat - The roles and jobs of sailor and crew - How to get the boat into the water (if it isn't already) - The mechanics of sailing - Departing, anchoring, and docking - Handling, navigating, and weather - Sailing safety and emergency preparedness - The rules of the sailing road - Backup plans: engines and oars - Storing, hauling, and maintaining a sailboat

## **The Girl in the Mirror**

Choosing a mate is like picking house paint from one of those tiny color squares: You never know how it will look across a large expanse, or how it will change in different light. Meet Janna and Graeme. After a decade-long tango (together, apart, together, apart), they're back in love -- but the stress of nine-to-five is seriously hampering their happiness. So they quit their jobs, tie the knot, and untie the lines on a beat-up old sailboat for a most unusual honeymoon: a two-year voyage across the Pacific. But passage from first date to first mate is anything but smooth sailing. From the

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rugged Pacific Northwest coast to the blue lagoons of Polynesia to bustling Asian ports, Janna and Graeme find themselves at the mercy of poachers, under the spell of crossdressers, and under the gun of a less-than-sober tattooist. And they encounter do-or-die moments that threaten their safety, their sanity, and their marriage. Join Janna and Graeme's 17,000-mile journey and their quest to resolve the uncertainties so many couples face: How do you know if you've really found the One? How do you balance duty to others while preserving space for yourself? And, when the waters get rough, do you jump ship, or do you learn to navigate the worldtogether?

## **The Complete Idiot's Guide to the Perfect Marriage**

### **The Wine-Dark Sea (Vol. Book 16) (Aubrey/Maturin Novels)**

Based on Stanford University psychologist Kelly McGonigal's wildly popular course "The Science of Willpower," *The Willpower Instinct* is the first book to explain the new science of self-control and how it can be harnessed to improve our health, happiness, and productivity. Informed by the latest research and combining cutting-edge insights from psychology, economics, neuroscience, and medicine, *The Willpower Instinct* explains exactly what willpower is, how it works, and why it matters. For example, readers will learn: Willpower is a mind-body response, not a virtue. It is a biological function that can be improved through mindfulness, exercise, nutrition, and sleep. Willpower is not an unlimited resource. Too much self-control can actually be bad for your health. Temptation and stress hijack the brain's systems of self-control, but the brain can be trained for greater willpower. Guilt and shame over your setbacks lead to giving in again, but self-forgiveness and self-

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compassion boost self-control. Giving up control is sometimes the only way to gain self-control. Willpower failures are contagious—you can catch the desire to overspend or overeat from your friends—but you can also catch self-control from the right role models. In the groundbreaking tradition of *Getting Things Done*, *The Willpower Instinct* combines life-changing prescriptive advice and complementary exercises to help readers with goals ranging from losing weight to more patient parenting, less procrastination, better health, and greater productivity at work.

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